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## FROM THE PASTOR:

### “PRAYER”

Pastor Tim Keller in his book titled Prayer says:

Prayer is one of the most common phenomena of human life. Even deliberately nonreligious people pray at times. Studies have shown that in secularized countries, prayer continues to be practiced not only by those who have no religious preference but even by many of those who do not believe in God. One 2004 study found that nearly 30 percent of atheists admitted they prayed "sometimes," and another found that 17 percent of nonbelievers in God pray regularly. The frequency of prayer increases with age, even among those who do not return to church or identify with any institutional faith. Italian scholar Giuseppe Giordan summarized: "In virtually all studies of the sociology of religious behavior it is clearly apparent that a very high percentage of people declare they pray every day—and many say even many times a day.

So where are you with your prayer life? I know some of us pray daily and some of us pray hardly at all. Some of you have told me stories of how your prayers have been answered. And yet there are those who have been praying for a certain outcome for years with no success.

A movie released in September titled “War Room” has drawn people to talk about the power of prayer. In the last week five people have told me I need to go see it. So I promise that before I start the prayer series I will see the movie. I know most Christians feel they could improve their prayer life. I

have rarely had someone tell me that they are satisfied with how they pray or how often they pray.

Jesus taught about prayer. He encouraged us to persevere in prayer. Prayer is an important component of our Christian identity. So in October we will have a two week sermon series on the “Place for Prayer.” We will look at some helpful strategies to strengthen our prayer life. And then we will take a realistic look at how we may struggle with unanswered prayer.

I will see you Sunday.

Grace and peace,

*Fred*



## “PLACE FOR PRAYER” SERMON SERIES

- ✝ Oct. 11 – How to Pray
- ✝ Oct. 18 – Mystery of Unanswered Prayer

“FOLLOWING JESUS, SERVING OTHERS”



## CHRISTIAN EDUCATION

by Katharine Keller

*“Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities.”*

## SIDEWALK CHILDREN’S MINISTRY



October is here, welcome back to many of our winter residents, and volunteer Shepherds. Our first Sidewalk Saturday will be October 24th, 10am—12pm, and runs through April 23rd, meets at Avalon school in Apache Junction. Please consider volunteering in this unique ministry, helping to nurture children through God's word with Bible stories, songs, Scripture lessons, games, and crafts.

**We are in need of bus/van drivers & riders to transport the children to/from our ministry site using Church vehicles on a rotating schedule, typically 1-2 Saturdays a month from 9am—12:30pm.** All volunteers must complete a background check, which is done through the Church Office.

There are many opportunities to serve in Sidewalk, such as: providing lunch one Saturday for children, baking goodies or donating snacks, sharing a special talent, being a Guest Speaker, being a Shepherd, leading a small group in Bible lessons, or helping with games & crafts.

You are invited to join us at one of the upcoming volunteer meetings scheduled for Tue., Oct. 6th at 4:00pm, or Tue., Oct. 20th at 4:00pm in the Education Building. Please call Sherry Hussein for more information at (480)529-9621.

Thank you GCUMC Congregation for your continued support of Sidewalk Ministry. God Bless you all!



## COMMUNITY FALL FESTIVAL



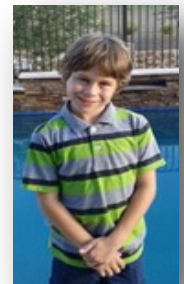
FREE Community Harvest Festival at Gold Canyon United Methodist Church. Come join us for some fun and food on Sunday, October 25 from 3pm—5:pm. There will be a free hot dog meal, entertainment, activities and games for kids, hay wagon ride, and a mechanical bull for older teens and adults! Costume parade with treats for the kids is at 3:30. We will once again have craft vendors as well, so you may want to do some Christmas shopping! Join us afterwards at 5 pm for the Country Western service with the Houser Gang leading the music!

## MONTHLY MINION



Each month we highlight a child or siblings in our children’s programming. This month we want to introduce you to Jack Cleary!

- **Favorite animal:** “Shark”
- **Favorite activity:** “Football”
- **What they like about church:** “I can listen to Jesus.”
- **What they think God is like:** “A sweet man with a good heart.”



## KIDZ KANYON

At Kidz Kanyon we have begun our fall semester with new curriculum, studying the Creation on Sunday and beginning our yearly collection for Heifer International, working on “Using our Bible” and “Outdoor Cooking” badges in Pioneer Club and ice skating for our first Field Trip Friday. We continue to offer new events and opportunities for all ages.

Remember we have a Facebook page highlighting our GCUMC Children’s Program. If you are on

Facebook, search for GCUMC “Kidz Canyon” to see what’s trending from birth through 6th grade and view pictures of our activities.

Check out the following articles for more details on our October events!

- ✝ **Bible Classes for 3rd & 4th Graders: Oct. 3 & 10**
- ✝ **Outdoor Movie “Cinderella”: Oct. 9**
- ✝ **Field Trip Friday to Vertuccio Farms: Oct. 16**
- ✝ **Harvest Festival: Oct. 25**

## 3RD & 4TH GRADE BIBLE CLASSES

Bible classes for 3<sup>rd</sup> and 4<sup>th</sup> graders will be held Saturdays, Oct. 3 and Oct. 11 from 10am–11:30am in the Education Building. The student should be present for both classes, please. Each student will receive a Bible after the second class. Please register by calling the church office, talking to Katharine or signing up at the Information Desk.



## OUTDOOR FAMILY MOVIE NIGHT!

We will be showing “Cinderella” on **Fri., Oct. 9<sup>th</sup>** at **7:00pm** on our new outdoor screen (*if bad weather, we will go inside*). There’s no charge and free popcorn... so bring your lawn chair and enjoy the fun!



## FIELD TRIP FRIDAY

October’s Field Trip is on **Fri., Oct. 16 at 9:00am** to Vertuccio Farms located on Power Rd. The cost is \$8 per person with a can of non-perishable food, and transportation will be provided. Lots of fall activities on-site!



The photo to the right is from September’s Field Trip Friday outing to AZ Ice in Gilbert.



## HARVEST FESTIVAL



Our annual Harvest Festival is **Sunday, Oct. 25 from 3pm–5pm** and will be loads of fun for all!! There will be free food, candy apples for \$1, hay wagon ride, entertainment, games and inflatable obstacle course for the kids, face painter and Black Jack the magician. We will have at least 13 crafters selling their super wares and for the first time for teens and adults – **A MECHANICAL BULL!** The costume parade will take place at **3:30**; and don’t forget the Housers will be playing at the Country Western Service at 5:00pm. Too much not to miss... so join us and bring a friend!

## CONFIRMATION



Confirmation is a period of time when youth 6<sup>th</sup> grade and older attend interactive classes to learn more about the tenets of our faith with an invitation at the end to become members of Gold Canyon United Methodist Church. We will begin our 13-week Confirmation Class in January of next year. If you have a student in that age group who would like to go through this process, please contact Katharine by November, so that she can begin assembling materials. The day we meet will be determined by the participants’ schedules.

## ADULT STUDIES & CLASSES FOR FALL



### Adult Education

Please scan the list of adult classes and small groups listed in the next column. You may now sign up for one or more! If you are out-of-town and wish to join a class when you return, please call or email the church so that we can get an accurate headcount. Also, if you have questions about any of the classes/groups, please contact Katharine in the Church Office.

- ✝ **DISCIPLE 1: *Becoming Disciples through Bible Study*** Thursdays beginning Sept. 24 from 7pm–9pm  
Facilitator: Suzanne Jacobson-Cherry  
(childcare available up to 5 years of age)

- ✝ **\*NEW\* DISCIPLE 1:** *Becoming Disciples through Bible Study*  
Thursdays **DAYTIME** beginning Oct. 1 from 9pm–11:30am  
Facilitator: Chris Miller
- ✝ **DISCIPLE 2:** *Into the Word/Into the World*  
Tuesdays beginning Sept. 21 from 12:30pm—3pm  
Facilitator: Fay Quanstrom

✝ **Bible 101:** *(Basics on the Bible & how to use it)*  
Tuesdays Oct. 6—Nov. 11 from 7pm–8:30pm  
Facilitator: Katharine Keller

✝ **Beliefs 101:** *Essentials of Our Faith*  
Tuesdays Nov. 17–Dec. 15 from 7pm–8:30pm  
Facilitator: Fay Quanstrom

✝ **Emotional Wellness**  
Wednesdays Oct. 7–Nov. 18 from 2pm–3pm  
Facilitators: Fay Quanstrom & Mary Johnston

✝ **Advent Study**  
Tuesdays Dec. 1—Dec. 22 from 1pm–3pm  
Facilitator: Fay Quanstrom

- ✝ **Small Groups** (*Fellowship & Bible Study*)
- Montessa area
  - Superstition Mountain Road area
  - Apache Junction area

*If you are interested in signing-up for one of these options, please call the Church Office or register on Sunday morning.*

## FINANCIAL PEACE UNIVERSITY



Is scheduled for **Wed., 10/28–12/31** from **6:00pm–7:30pm**. What would your life look like if you had no debt and were in control of your money? Are you ready to take the 1<sup>st</sup> step? Join

GCUMC as we present Financial Peace University, a 9-week class that will change your life! You'll learn to get control of your money, stop struggling to make ends meet, tell your money what to do and change your family's future. Dave Ramsey breaks through the common financial jargon and explains how money really works in a simple, easy-to-understand style, you'll actually have fun as you learn about saving, budgeting, investing, insurance and more. Sign-up in Narthex of either building. The cost for the course materials is \$93 plus shipping and tax (*only one per family needed*) and scholarships are available.

## LADIES 1-DAY RETREAT



**LADIES!...** Mark your calendars for our 1-Day Women's Retreat scheduled for Sat., Feb. 6th, 2016 at the Arizona Golf Resort. The theme next year is: *Lavender Springs Spa*.

## FEED MY STARVING CHILDREN



On Saturday, Oct. 17th Gold Canyon UMC has the opportunity to go to Feed My Starving Children in Mesa to pack food for hungry children around the world. Feed My Starving Children is a non-profit Christian organization committed to feeding God's children hungry in body and spirit. The approach is simple: children and adults hand-pack meals specifically formulated for malnourished children, and these meals get shipped to their distribution partners. FMSC meals have reached nearly 70 countries world wide in their history. We have 40 slots for people aged 6+ to help between the hours of 11:30–1:30. It is first-come, first-served, so if you'd like to join us please contact the office to sign-up. FMSC will appeal for donations at the end of our packing time; this helps to buy the food and pay for the shipping of the boxes. (*This is totally optional, but it does help*) Please contact Katharine with any questions.

## GREETERS & LITURGISTS MINISTRY



If you desire to either be a Greeter or a Liturgist in our worship services, you will need to meet briefly with Katharine Keller to discuss the expectations for either position.

## INFORMATION DESK



We are looking for smiling faces, a warm personality and a helping heart to staff our Information Desk at the 8am and 9:30am services. Especially when winter visitors have returned, the Desk gets delightfully busy! Training is provided, and it's helpful if you can do once a month... but your service will be welcomed whenever you can assist! Please contact Katharine in the Church Office.



# COUNTRY NEWS



Every week a few more people are back for the 5 PM Country Western Service. That includes both singers, musicians and congregation.

It's the way it is in this part of the country as we welcome back winter residents from all over the United States and Canada—and folks who took off for the mountains when the thermometer got above 110.

The only things “hot” at 5 is the country gospel music and the enthusiasm of all who come. As in the past the Housers and their gang will provide the music for the last Sunday of each month while One In the Spirit plays and sings for the rest of the Sundays.

You don't need to dress western to feel at home—but you sure are invited to if you feel like it. I think the part of dressing up I enjoy the most is wearing a western hat in church. Every time I do I think of a few people in another church who were really upset because some of the youth wore baseball caps for Youth Sunday. My residual adolescent self chuckles at the memory and celebrates how far we have come.

You come, too, whenever you can. I can promise you two things: You will receive a warm welcome and you will leave being glad you came!

Peace and joy,  
Bob Deits



*Help support **Team Outreach...***

**GCUMC  
COFFEE MUGS!**

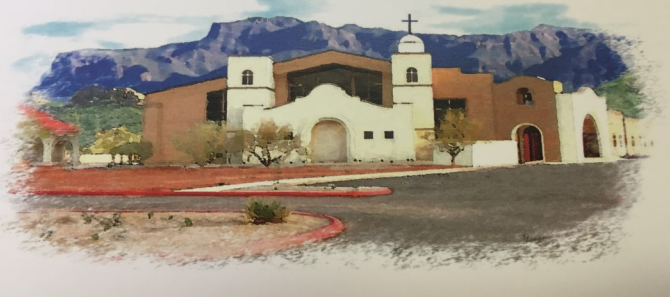


**2 FOR \$10**

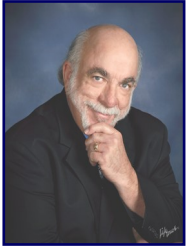
*Available at the Info Desk or Church Office!*

Also available are all-occasion church cards:

- Package of 12 for \$10
- Checks should be made out to GCUMC



## MUSIC NOTES by Doug Benton



Fall has arrived! Here in Gold Canyon, we probably haven't noticed it much yet, but if we go up into the beautiful mountains of northern and eastern Arizona, it is indeed very noticeable. The Aspens on San Francisco Peaks will be turning into their fall Gold color which changes the color of the entire mountain as one drives up to Flagstaff! Thank you, God, for your gift of nature in all of her colors!

Many have asked for the Schedule of Events which you will find on page 8 of this Roadrunner. A couple of programs I would like to emphasize are **Kiriku Handbell Ensemble from Japan** – they will perform for us on Sunday, February 14 at 2:00 pm. This is the finest handbell ensemble in the world! We are indeed very lucky to get them to perform for us! Bring your “honey” to this concert, get your mind blown experiencing the best of the best, then go out for a romantic Valentine’s Day Dinner. Kiriku will probably need home stays. More information will be given as we get closer to the date. You can watch Kiriku Handbell Ensemble on YouTube. Needless to say, I am very excited about this event!

The other program I want to emphasize is the **Northern Arizona University Shrine of the Ages Chorale** who will sing for us again on Tuesday, February 23 at 7:30 pm. This is one of the finest collegiate chorales in the USA and will leave the next day to perform for the Western Division Conference of the American Choral Directors Association. Some of you might recall that Dr. Edith Copley, NAU Director of Choral Studies, brought the Shrine of the Ages Chorale to Gold Canyon to sing for us several years ago to a nearly packed house. This group will definitely need home stays. Again, more information will be given as we get closer to the date.

**Chanters Men’s Chorus** is beginning again on Thursday, October 22 from 5:30-6:30 under the direction of John Nuss. You do not have to be a member of the Chancel Choir to sing in Chanters,

unless you want to sing in the Christmas Concerts. Otherwise, Chanters will sing at a couple of nursing homes during the holidays and for occasional Special Music for our Worship Services. If you have any questions, give John or myself a call at the church.

Some of you would like to sing in the Christmas Concerts (Saturday, Dec. 12 at 3:00pm and 6:00pm) but not necessarily on Sunday mornings – “I would rather sit with my spouse”, etc. Well, again, if you can sing on pitch and read music at least a little, you are welcome to sing in our Christmas Concerts. We rehearse on Saturday mornings from 9:30-Noon beginning October 17. However, you must commit to this. If you have to miss more than two rehearsals, then you probably should not try to sing with us.

Of course, if you would like to sing with the **Chancel Choir**, please just come early to a Thursday night rehearsal. We rehearse from 6:50-8:30pm in the Music Room. Again, all we ask is that you can sing on pitch and read music at least a little. You should come try us out – we have much more fun than we probably should have!

We need some experienced Handbell Ringers to join our **Canyon Carillon**. If you have experience and would like to ring with us, please call me at the church. Our rehearsals are on Tuesdays, 6:30pm—8:00pm in the Sanctuary.

May God bless us, everyone!

*Doug*

Douglas J. Benton  
Director of Music Ministries



## 2015-2016 PERFORMANCES AND EVENTS

10/25/15	Sun	3-5pm	<b>Harvest Festival</b> for kids, families and the entire community
11/08/15	Sun	2:00pm	<b>10<sup>th</sup> Annual Celebration of Veterans &amp; Returning Warriors</b>
11/13/15	Fri	7:30pm	* <b>Footworks</b> outstanding dance ensemble!
12/12/15	Sat	3:00pm	<b>14<sup>th</sup> Annual Choral Christmas Concert</b> with bells, brass, harp
12/12/15	Sat	6:00pm	<b>14<sup>th</sup> Annual Choral Christmas Concert</b> with bells, brass, harp
12/24/15	Thu	4:00pm	<b>Family Christmas Eve Service</b> with Candle Lighting
12/24/15	Thu	5:30pm	<b>Gift of Music</b> half-hour of special Christmas music
12/24/15	Thu	6:00pm	<b>Traditional Christmas Eve Service</b> with Candle Lighting
12/24/15	Thu	7:30pm	<b>Gift of Music</b> half-hour of special Christmas music
12/24/15	Thu	8:00pm	<b>Traditional Christmas Eve Service</b> with Candle Lighting
12/24/15	Thu	11:00pm	<b>Christmas Eve Service</b> with Communion and Candle Lighting
1/08/16	Fri	7:30pm	<b>George Dyer</b> outstanding tenor from Branson, MO
1/10/16	Sun	2:00pm	<b>Theater for the Thirsty</b> Christian drama troupe
1/15/16	Fri	7:30pm	* <b>Four Freshmen</b> Yes – <i>THE</i> Four Freshmen!!!
1/23/16	Sat	9:00-4:00	<b>Gold Canyon Arts Festival</b> Free by Gold Canyon Arts Council
1/31/16	Sun	2:00pm	<b>The Legacy Quartet</b> Southern Gospel and so much more
2/09/16	Tue	5-7pm	<b>Fat Tuesday Pancake Dinner</b> for entire families and community
2/10/16	Wed	7:00pm	<b>Ash Wednesday Service</b> with Choir, communion and ashes
2/12/16	Fri	7:30pm	* <b>Fandango</b> spicy mix of Latin, Spanish and Classical sounds
2/14/16	Sun	2:00pm	<b>Kiriku Handbell Ensemble</b> from Japan – the finest in the world!
2/23/16	Tue	7:30pm	<b>NAU Shrine of the Ages Choral</b> one of the best in the USA!
2/28/16	Sun	5:00pm	<b>Houser Gang in Concert</b> our outstanding Country/Western family
3/04/16	Fri	7:30pm	* <b>Metales M5 Brass</b> unique brass quintet from Mexico
3/06/16	Sun	2:00pm	<b>The Incredible Rice Brothers</b> piano/cello virtuosos return again!
3/13/16	Sun	2:00pm	<b>Gene Lowry</b> outstanding jazz pianist (and preacher) in concert!
3/20/16	Sun	3-5pm	<b>Eggs-Stravaganza</b> for kids, families and the entire community
3/24/16	Thu	7:00pm	<b>Maudy Thursday Service</b> with the Choir and Communion
3/25/16	Fri	7:00pm	<b>Good Friday Service</b> Choir sings Dubois' <i>7-Last Words of Christ</i>
3/27/16	Sun	6:00am	<b>Easter Sunrise Service</b> in the north parking lot
3/27/16	Sun	8, 9:30am	<b>Easter Festival Services</b> with Choir, Handbells and Agape Brass
3/27/16	Sun	10:50am	<b>Easter Praise Service</b> with <i>Uncommon Grace</i> leading worship
3/27/16	Sun	5:00pm	<b>Easter Country/Western Service</b> with <i>the Houser Gang</i>
4/01/16	Fri	7:30pm	* <b>Franc D'Ambrosio</b> outstanding Broadway tenor in concert
4/17/16	Sun	2:00pm	<b>Interfaith Choral Festival</b> at Our Savior Lutheran Church

\* Indicates a ticketed event for a fee, sponsored by the Gold Canyon Arts Council Canyon Sounds series. All other concerts are sponsored by the Gold Canyon United Methodist Church Performing Arts Series and are open to the public at no charge though a free will offering will be received. We ask that everyone please bring at least one non-perishable food item for the Gold Canyon United Methodist Church Food Bank.



GOLD CANYON UNITED METHODIST CHURCH  
 6640 South Kings Ranch Road ♦ Gold Canyon, AZ 85118  
 480-982-3776 ♦ [www.goldcanyonumc.org](http://www.goldcanyonumc.org)





## CONGREGATIONAL CARE MINISTRY VOLUNTEER OPPORTUNITIES



Hearts and Hands, a part of our Congregational Care Ministry (CCM), provides support and friendship to homebound members and those who are lonely or need community resources. To volunteer or refer someone in need please call Carol Johnson at (602)750-2008 or Harriette Downing at (480)983-6844 or speak with one of our Associate Pastors. The next CCM Training will be 10/8 from 1:00pm–4:00pm in the Emmaus Room... Men AND Women are welcome!



### PASTORAL & CONGREGATIONAL CARE

*Joel Hurley, Coordinator of Pastoral Care*

Four pastors are on-call to make visits to members and friends of Gold Canyon UMC. Please feel free to call the church office at (480)982-3776 and one of the pastors will respond to your request. After hours, you may call or email one of the pastors directly:

**Rev. Fred Steinberg, Sr. Pastor**  
revstein78@gmail.com / 480.982.3776

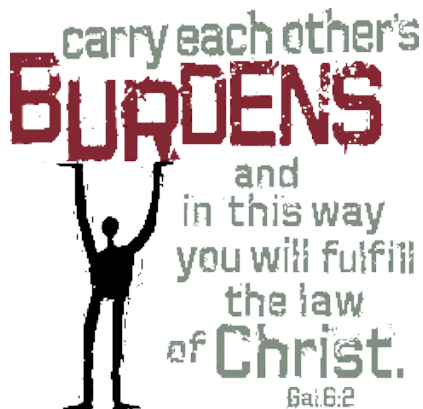


**Rev. Bob Deits, Assoc.**  
bobnjune@cox.net / 602.615.6634

**Rev. Fay Quanstrom, Assoc.**  
fay.quanstrom@gmail.com / 480.458.8420

**Rev. Joel Hurley, Assoc.**  
joelhccjl@gmail.com / 602.291.0464

If you know someone in the congregation who is hospitalized, ill at home and/or needs the prayers of the community, please let one of the pastors or the church office know so they can be included on the prayer list.



### STITCHES UNLIMITED OR QUILTS FOR ST. ANDREWS CLINIC



Thanks to all of you who have been quilting at home and bringing quilt tops and finished quilts to be distributed to the children who come for treatment at St. Andrews Clinic. We have had a great response.

Now that many of our winter residents are returning we hope that you will stop by and see what we are doing and join us. We make up quilt top kits for you to take home and sew or bring your machine and work along with us. There are jobs for those of you who like to cut fabric to go into our kits, kits to assemble, quilts to quilt, binding to be added. Bring your lunch and join this great group of quilters. If you are new to quilting or would like to learn, come join us. We would be glad to get you started. We meet the last Tuesday of each month from 9 till around 2 in the Emmaus Room behind the kitchen.

Thank you to those who have donated fabric for our quilts. We are very fortunate that because of you we have not had to purchase any of the fabric that goes into making all these quilts. We very much appreciate your help.

Remember Matthew 25:40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'"

For questions or more info call Bonnie Becker at (480) 250-9652.





## GLOBAL MISSIONS OPPORTUNITIES

Fay Quanstrom, Associate Pastor

*"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."*

**"The world is my parish." – John Wesley**



### ✝ "Save the Date" for Global Missions Brunch—November 14

Global Missions invites everyone to our complimentary annual brunch, this year on November 14 at 9:30am in the Koinonia Room. In addition to a tasty meal you will be treated to first hand interaction with Fred Curry, founder and director of Rice and Beans Ministry along with two of the mission's Costa Rican assistants, Rosa and Gabby.

### ✝ Participate in the Costa Rica Work Trip

January 16—23 the work team from Gold Canyon will be doing food ministry and home improvements with Rice and Beans Ministry in Alejuela, Costa Rica. We'll fly directly from Sky Harbor to San Jose and stay in a large, secure home. Your cost is your plane fare, about \$750 round trip, room & board of \$40 per day, and a contribution of \$300 toward materials for the project. This comes to under \$1500 for an amazing hands-on, international experience sharing God's love and grace. For an even richer experience, brush up on your Spanish! Fay Quanstrom, who will be leading the group, will be happy to answer your questions.

### ✝ Designate a Gift When You Can't Go Yourself

GCUMC's Global Missions Projects are part of UMCOR, United Methodist Committee on Relief, and the Global Advance ministries. They are:

- Rice and Beans Advance #3021052
- Personal Energy Transportation (PET) Advance #982665
- Genilma Boehler, Missionary at UBL Advance #3021277
- Fellowman International (Honduras)
- International Disaster Response Advance #982450 *(for emergency relief where help is most urgently needed)*



To donate to UMCOR, please write your check to GCUMC and write "UMCOR Advance ##### (fill in appropriate number)" on memo line. 100% of donation goes to those affected. 100% of UMCOR Advance designated gifts go directly to the specific ministry.

For more ways to help, or to donate online, go to: <http://new.qbgm-umc.org/umcor/> or follow UMCOR on Twitter at @UMC\_UMCOR





## MIND MENDERS

... is a support group for caregivers of Alzheimer's and other dementia disease patients and **meets on the 2<sup>nd</sup> & 4<sup>th</sup> Friday each month at 10am in the Education Building.** Join us! *Contact Jeanette Lunstead at 480-671-9888 or the church office for more info.*



## CANCER SUPPORT

... provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. During **June—October** the group meets the **1st & 3rd Wednesday** of the month at **10:30am** in the **Emmaus Room**, and every Wednesday the remainder of the year. Contact Dee Ashe at (480)924-5483, (480) 685-7175, or send an email to her at [deenashe7580@gmail.com](mailto:deenashe7580@gmail.com).



## GRIEF SUPPORT

... is for those who have experienced a major loss such as the death of a loved one or divorce. The leader of the group, Rev. Bob Deits, has been working extensively with these issues for 36 years and addressed them in his book, *Life after Loss*, now in its 5th edition. Please accept Bob's invitation to attend the Grief Support group he leads every **Monday from 1:00pm—2:00pm in the Education Building.** For questions or if you wish to speak with Bob privately, you can call him at (602)615-6634.

## GENESIS PROJECT



This summer has been a significant challenge for the Genesis Project volunteers and clients. The heat and humidity has been overwhelming for our HVAC equipment. Through it all the volunteers continued to prepare and serve delicious and healthy meals. Hopefully by next summer we will be able to afford an upgrade to our equipment.

We are a blessed organization. Thank you for your continued support and prayers!

## COME GET ENERGIZED!

Join Uncommon Grace at the 10:50am Praise and Worship Service on Sunday morning, as we lift our voices to our Lord and sing



current songs you hear on the radio! Your hearts will be filled with joy each and every Sunday as we praise our Lord with uplifting music and hear God's message!

## FOOD BANK UPDATE

*Jeff Downing, Food Bank Manager*

The Food Bank is trying a few changes to better serve our clients. We have reorganized the contents of our food bags to better address the situations that families with financial problems face on a daily basis. We have increased the contents of our bags and created an additional level that addresses larger family needs. August has been our busiest month of the year so far, and any donations you can assist us with are greatly appreciated.



Our attempt to initiate evening hours has not resulted in any significant increase in clients so far. We are attempting to contact more clients to advise them of the change in our hours. This will help us determine if the evening hours are beneficial. We might reduce the evening hours to once a month, so we can still serve, but not place an undue burden on our volunteers.

# HARVEST FESTIVAL!

SUN., OCT. 25 FROM 3PM-5PM

Free Food!

Mechanical Bull (teens & adults)

3 Craft Vendors!

Games & Children's Activities



Hay Wagon Rides!



Interactive Bubble Activities!



Face Painting!

Candy Apples for \$1

Costume Parade at 3:30pm

**GREAT FAMILY EVENT... INVITE A FRIEND!**

Country Western Service follows at 5pm with the Housers!



6640 S. Kings Ranch Rd. • Gold Canyon, AZ 85118  
(480)982-3776



## COLD & FLU SEASON IS UPON US!



The FLU and COLD season is coming on fast and there are a variety of natural ways to protect yourself. Aside from the ever important frequent “washing” of your hands, taking Vitamin C (doses ranging from 1000-2000mg), Vitamin D3, getting enough rest and exercise, another way that is becoming more popular and

medically proven to boost your Immune system is the taking of PROBIOTICS.

Probiotics are live “friendly” bacteria found in your mouth, nose, in your joints, under your arm pits and between your toes as well as your gut. The “friendly” bacteria live in a person’s intestinal tract is what I am focusing on. The two most common are Lactobacillus & Bifidobacterium. From this group there are different species such as Lactobacillus acidophilus and Bifidobacterium bifidus, and within each species there are different strains or varieties. The Probiotics help move the food through your gut and they treat other common conditions such as Irritable Bowel Syndrome, Inflammatory Bowel Disease, Infectious diarrhea caused by viruses, bad bacteria and parasites and Antibiotic diarrhea. They may also help with skin conditions like eczema, urinary and vaginal health and PREVENT COLDS & FLU and allergies.

You can incorporate these in your body by consuming fermented foods such as yogurt, kombucha, sauerkraut, miso, tempeh, kefir, soft cheeses and sourdough. There are food products that have incorporated or been fortified with added probiotics. It is also possible to purchase as dietary supplements which come in a wide range of strengths and combinations. Check out The Good Apple, Sprouts or try online Vitacost.com for great pricing. Brands to look for are Culturelle or Enzymatic Therapy Pearls (regular or IC) as an example. Always start small- more is not always better. Probiotic amounts are measured in CFU billions per capsule or pearls, so I suggest starting at one billion per day to see how you will respond to them. Generally speaking, they are safe to use. Mild side effects especially in the first couple of days are common- upset stomach, diarrhea, gas and bloating this will disappear after a few days. There is, like with drugs, a potential for allergic reaction. Stop immediately and talk with your doctor if that occurs.

Remember that if you do feel the signs of cold or flu coming on, please stay away from other folks who may have other health issues that can be severely compromised by getting a cold or flu viruses. This is one time sharing is not recommended. J

Blessings of Health & Wellness,  
Susan Malloy RNBSN GCUMC Parish Nurse

### HONEY-DO HOME REPAIR MINISTRY



Do you know someone who needs minor repairs around the home, but has little or no resources or can no longer do it? We do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, moving some furniture, replacing a door lock or other small projects. Referrals and/or requests can be made by calling John or Nancy at (907)232-8203 or at [goldcanyonhoneydo@att.net](mailto:goldcanyonhoneydo@att.net).

### DESERT DINERS



Desert Diners is a group of 4 couples (or singles) that take turns hosting a meal once a month. It can be in your home, restaurant, a park or wherever you choose. It’s a great way to meet new people. New groups for Desert Diners will be starting up in October. If you are in a group that is not working out for you, or if you just want to try a new group, now is the time to do so. If you are not in a group and want to join one, now is the time to do that as well. If interested contact Carol Lindaman at [carollindaman@gmail.com](mailto:carollindaman@gmail.com).



## P.S. I LOVE YOU

P.S. I love you. I've often felt like maybe that is what God is saying to me when I mess up, do stupid things, act in an unkind way, or fail to act in the manner that I should. When I step out of bounds of my Christian path, in spite of Him and what He has taught, there is always love and grace for me...like that little postscript at the end of a letter...no matter what, I love you.

When I think about that kind of grace and love, I strive to treat others in that manner. I, of course, like to hope that I can be like Jesus, always treating others with such grace and kindness and equality. But, as with all of us, my days are marked with lessons in humility. I might catch myself in a judgmental moment, avoiding contact with a particular individual, or not taking any action at all in a situation – and often that can be because of biases or perceptions I have.

Country singer Randy Travis sang a song years ago titled Three Wooden Crosses. Whether or not you like country music, this song is simply a story, and a very powerful one. (Give it a whirl, pull it up on [www.youtube.com](http://www.youtube.com) and listen.) Here's a quick sampling of the lyrics:

*A farmer and a teacher,  
a hooker and a preacher,  
Ridin' on a midnight bus bound for Mexico.  
One's headed for vacation,  
one for higher education,  
An' two of them were searchin'  
for lost souls.  
That driver never ever saw the stop sign.  
An' eighteen wheelers can't stop on a dime.  
There are three wooden crosses on the right side of  
the highway,  
Why there's not four of them,  
Heaven only knows.*

Listening to the tune gives you the full power of its message. But just reading this excerpt should leave you thinking.

Do you form an opinion in your mind about which of those 4 individuals on that bus made it? Do some of your life experiences have you jumping

to conclusions about the worth of one, over another? Have you ever possibly looked at yourself as the unworthy one? The one God might not say "I love you" to? Have you ever thought of reaching out to someone, but talked yourself out of it? Or, have you needed to be heard but not known where to go?

Think about God's postscript to everything you do in your life. Remember the example Jesus set for our lives.

Powerful words I read once were – "A decision not to act is a decision," and "How we treat others in their moments of crisis tells us much about ourselves." I think sometimes how we treat ourselves in our own moments of crisis is also very telling.

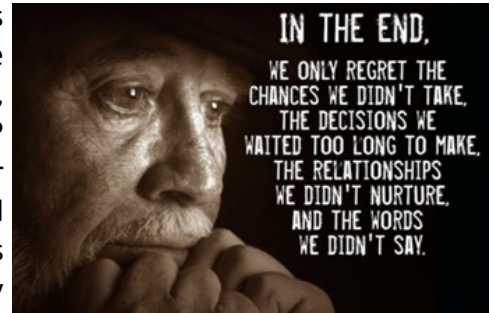
Take action today. Reach out to someone new, someone who might need a hand or encouragement, someone you might have looked past at some other time in your life.

Or, if you are in a place where you could use a confidential, listening ear to show you some grace as well, to say P.S. I love you, to you; consider asking to speak with a Stephen Minister.

You may make a confidential request to a Stephen Leader by emailing a Leader at:

[stephen.ministry.gcumc@gmail.com](mailto:stephen.ministry.gcumc@gmail.com), calling (480) 283-4861, or checking the box beside "Desire a Stephen Minister" on the Sunday morning attendance pad.

by Kim Shroyer,  
on behalf of the Stephen Ministry Team



*"<sup>23</sup> Then he said to the crowd, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me." ~ Luke 9:23 (NLT)*



**OUR HISTORY**

*by Velma Carlson*

**WELCOME NEW MEMBERS!**

**MINISTRY OF MEMORY**

Several people have questioned the need for a Church Committee on Records and History. “We are a new church,” and “We have no history,” they said. What are you saving?

Representatives of the Twelve Tribes in the Old Testament were commanded in Joshua 4:6-9 to pile stones in the River Jordan as a memorial to the crossing. They are there to this day as a memorial to share God has done for them.

We, too, have reminders which proclaim the Lord’s work among us. We feel that God has commanded us to preserve the past as a memorial to what God has done for us.

The United Methodist Church provides for officers of the local church to care for its History, Heritage and Legacy. This Committee takes care of the objects, records, documents and other materials which remind us of our past. The Committee holds the story of the works of the Holy Spirit among the people of God here in our church. This ministry is a solemn responsibility.

The Committee dedicates themselves to preserving the history and proclaim it in honor of our Lord and Savior.

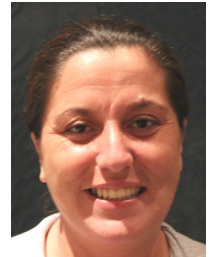
If you are interested in joining us, we would welcome you. Please leave your name and number with the Church Office and we will contact you. We need your help and support!



*Thomas Ahlman*



*Gary & Kathy Boldt*



*Alisha Cleavenger*



*Yolanda, James & Jamie Fransen*



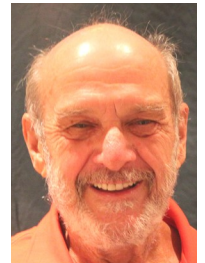
*Ben & Carol Fye*



*Sharla & Bill Gregg*



*Verna Hansen*



*Jim Meskimen*



*Shirley Rogers*





Jane Hayes, Volunteer Coordinator  
GCUMC (480)982-3776



**HANG IN THERE!... TIME TO GET TOUGH!**

“I quit.” Exactly the way I have felt the past 3 weeks of trying a new painting medium: acrylics. I actually have other words for acrylics, but I am sure you have felt this way when you volunteer. Escape or flight is such a common way to settle unsolved problems.

**Ten Simple Ideas to Make it for the Long Haul:**

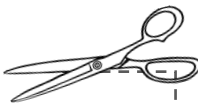
1. Remain spiritually healthy.
2. Keep up friendships within your volunteer work.
3. Learn more about giving of yourself with joy.
4. Take an occasional break!
5. Communicate.
6. Keep learning (try new things).
7. Remain accountable and ask a friend to give your encouragement.
8. Maintain a positive heart.
9. Think forward and not in the past.
10. Encourage others and give honor to them, too.

So, I have not given up on acrylics. I hope to hear you have not given up on a similar area in your life.

**LOST & FOUND**

We have a “Lost & Found” box in the Church Office... If you think your missing item may be with us, stop by!

**SMALL groups**



**AN INVITATION**

*If you would like to be a part of a small group that shares struggles and joys of the Christian journey, please complete this form and place in the Offering Plate.*

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**WATCH GCUMC SERVICES LIVE!**



For livestreaming of the 8:00am & 9:30am services, go to [www.livestream.com](http://www.livestream.com) (a few minutes before service)

- ⇒ Click on “Watch” and “Search Events &Accounts...” and type in “Gold Canyon United Methodist Church”
- ⇒ Select GCUMC under “Accounts”
- ⇒ You can also view past services on the webpage.

**PUBLICATION DEADLINES**

**November Roadrunner** — 8am, Friday, 10/9/15  
**Weekly Bulletin** — 12pm Wednesdays

Your GCUMC Publications are brought to you by Riechia Ralston, Dee Ashe and Georgia Kirkpatrick with help from the Friday Bulletin Team, the Roadrunner Assembly Team, and many other treasured volunteers.







✝ Can you offer your time and efforts one service a Sunday each month? We need volunteers for the 8:00, 9:30 and 10:50 services. Please call the Church Office if you can help!



✝ **Sunday Coffee Fellowship Goodies:** We've all seen the yummy platters of fresh fruit & cheese, and sweets to accompany our coffee during Sunday Coffee Fellowship. **Everyone is always welcome to enjoy this plethora of goodies,** and, although there is no charge, your contributions are important to the continuance of this hospitality. Please help keep this aspect of our Team Outreach welcome alive with your contribution.



✝ **PowerPoint Volunteers Needed:** 8:00am service. Contact Cris (480)772-8227.

✝ **Funeral/Memorial Reception Servers:** Needed to set-up/serve at Memorial Receptions (we already have an active list of food donation volunteers). Please contact Marilyn at 480-288-1963 if you can assist this invaluable ministry that helps families in their time of need.

✝ Do you sing and/or play an instrument? Do you have a passion for worship music? If so, the **Uncommon Grace Praise Team** needs YOU! If you are interested, please send an email to: [ChurchOffice@GoldCanyonUMC.org](mailto:ChurchOffice@GoldCanyonUMC.org)

✝ **Church Bus Drivers:** We're always looking for additional volunteers. This is a really rewarding volunteer opportunity for anyone who can drive... and our Sunday riders really appreciate being able to still attend services in our Sanctuary. If you can help, please contact the Church Office at (480)982-3776.



## SCRIP BUS & VAN FUND



Did you know Bashas', Albertsons and Fry's help non-profit organizations — like GCUMC — by giving us a rebate on all purchases made when you use their cards **that are obtained from and/or connected to GCUMC?** The money earned helps pay for the church bus and van (*gas, licenses, maintenance, insurance, etc.*), and we've already raised \$144,000 from these grocery store programs! After expenses are covered, the balance of the funds goes toward **the purchase of a covered structure to protect these vehicles.**

⇒ **AmazonSmile:** Who doesn't shop on Amazon? Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the GCUMC SCRIP Bus & Van Fund whenever you shop on AmazonSmile... *same selection... same prices!* To benefit GCUMC the next time you shop, just go to:

<https://smile.amazon.com/ch/86-0621002>

⇒ **Albertsons (1% rebate)** offers a key tag you swipe each time at checkout.

⇒ **Bashas' (6% rebate) Community Support Cards** can be purchased (cash or check) from the church in denominations of \$20, \$50 or \$100, and be used at all AZ store locations, including AJ's Fine Foods and Food City. When the card balance gets low (shown on store receipt), you can reload it at the Customer Service Desk or at the register **before** your order is rung up (up to \$500) using cash, credit/debit card.



⇒ **Fry's VIP Card (up to 3% rebate)** Register your VIP card online with GCUMC's affiliation #80092, or you can come to the Church Office and we'll be glad to help. It all adds up! ***(Please remember to renew your Fry's VIP card online during August!)***

Additional info is available at the Information Desk on Sunday, in the Church Office, or from Betty Rolley at (480)380-0147. Thank you for your continued participation!

## DONATIONS & ATTENDANCE

*Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)*

AUG	2012	2012	2012	2013	2013	2013	2014	2014	2014	2015	2015	2015
	General	Building	Worship All	General	Building	Worship All	General	Building	Worship All	General	Building	Worship All
<b>1st</b>	17488	10240	447	15975	15810	412	21561	8288	466	14313	5642	525
<b>2nd</b>	11121	3975	453	9818	4455	408	7071	2715	444	10428	4085	564
<b>3rd</b>	10115	3791	426	11004	3379	462	13089	5834	430	16314	6994	633
<b>4th</b>	8288	3308	529	7399	2353	510	6440	2573	476	777	1652	577
<b>5th</b>	-	-	-	6699	3090	-	9855	3723	497	12964	3462	827
<b>TOTAL</b>	47001	21313	1855	50895	29087	3267	58015	23132	2313	61796	21835	3126

### GCUMC DIRECTORIES



...are available in the Church Office or at the Information Desk on Sundays. If any of your info needs to be updated, be sure to let the Church Office know so we can update our database. If you weren't able to participate in the photo sessions, you can purchase a Directory for \$10.00.

### HIT THE "EASY" BUTTON!



If you need a convenient way to make recurring contributions, check out our electronic giving options! As the pace of life speeds up, electronic giving is a great way to make contributions!

Please note, if you use any type of electronic payment system to satisfy your pledge and you change your pledge, you must also make the change to your electronic payment provider. Please call the Church Office if you have questions.

### 12 Reasons Why I As a Pastor Have Decided To Quit Attending Sporting Events

1. The coach never came to visit me.
2. Every time I went, they asked for money.
3. The people sitting in my row didn't seem very friendly.
4. The seats were very hard.
5. The referees made a decision I didn't agree with.
6. I was sitting with hypocrites—they only came to see what others were wearing!
7. Some games went into overtime and I was late getting home.
8. The band played some songs I had never heard before.
9. The games are scheduled on my only day to sleep in and run errands.
10. My parents took me to too many games when I was growing up.
11. Since I read a book on sports, I feel that I know more than the coaches, anyway.
12. I don't want to take my children because I want them to choose for themselves what sport they like best.

### Wish List

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

- ✚ Playground - \$20,000-40,000
- ✚ Stained Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel)
- ✚ Building Fund Loan Payoff (2015: Prepaid \$47,000)
- ✚ Organ Pipes
- ✚ Food Bank Building - \$200,000



## CHURCH CALENDAR & KEY

- BP = Back Patio
- ER = Emmaus Rm
- KR = Koinonia Rm
- NAR = Noah's Ark Rm
- SoG = Sea of Galilee
- EB = Education Bldg
- K = Kitchen
- MR = Music Rm
- S = Sanctuary
- YR = Youth Rm

*This calendar is subject to change; For more info, visit [www.goldcanyonumc.org](http://www.goldcanyonumc.org) or call the Church Office*

<b>Thu Oct 1</b>	9am	Disciple 1 (ER)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	6:50pm	Choir Rehearsal (MR)
<b>Fri Oct 2</b>	7pm	Disciple 1 (ER)
	3pm	Hearts & Hands Ministry Mtg (SoG)
	5:30pm	AA (ER)
<b>Sat Oct 3</b>	10am	3rd/4th Grade Bible Class (ER)
	2pm	Funeral: Joe Guerero (KR)
	3pm	Funeral Reception: Joe Guerero (KR)
<b>Sun Oct 4</b>	All day	Feast of St Francis of Assisi
	8am	Sunday Morning Bible Study (ER)
	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	5pm	Country Worship (KR)
<b>Mon Oct 5</b>	6:30pm	Youth Group (7th-12th) (YR/ER /K)
	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoG Rm)
	3pm	Stephen Ministry (ER)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
<b>Tue Oct 6</b>	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	4pm	Sidewalk Volunteer Mtg (KR)
	4:30pm	Sidewalk Mtg (Sea of Galilee)
	5:30pm	One in the Spirit/Houser Gang Rehearsal (KR)
	5:30pm	Team Outreach (ER)
	6pm	Canyon Carillon Bells Rehearsal (S)
	7pm	Bible 101 (ER)
<b>Wed Oct 7</b>	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
	2pm	Emotional Wellness (ER)
	5pm	Pioneer Club (ER)
<b>Thu Oct 8</b>	9am	Disciple 1 (ER)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)

	11:15am	Yoga-Chair (KR)
	1pm	CCM Training (ER)
	4pm	GCUMC Men: Football & Food (Offsite)
	6:50pm	Choir Rehearsal (MR)
	7pm	Disciple 1 (ER)
<b>Fri Oct 9</b>	10am	Mind Menders (ER)
	5:30pm	AA (ER)
	7pm	Family Movie Night (EB Patio)
<b>Sat Oct 10</b>	10am	3rd/4th Grade Bible Class (ER)
	2pm	Ladies Outing: "Godspell" (Offsite)
<b>Sun Oct 11</b>	8am	Sunday Morning Bible Study (ER)
	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	5pm	Country Worship (KR)
<b>Mon Oct 12</b>	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
	All day	Columbus Day (regional holiday)
	9:30am	Bible Banter (Common Grounds Café)
	1pm	Grief Support Mtg (SoG)
	6:30pm	Coffee With the Pastor (Choir Rm)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
<b>Tue Oct 13</b>	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	5:30pm	One in the Spirit/Houser Gang Rehearsal (KR)
	6pm	Canyon Carillon Bells Rehearsal (S)
	6pm	Trustee Mtg (Pastor Fred's Ofc)
	7pm	Bible 101 (ER)
<b>Wed Oct 14</b>	9:30am	Music Library Activities (MR)
	2pm	Emotional Wellness (ER)
	5pm	Pioneer Club (ER)
<b>Thu Oct 15</b>	9am	Disciple 1 (ER)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	6:50pm	Choir Rehearsal (MR)
	7pm	Disciple 1 (ER)
<b>Fri Oct 16</b>	9am	Field Trip Friday (Vertuccio Farms)
	5:30pm	AA (ER)
<b>Sat Oct 17</b>	9:30am	Choir Rehearsal (S/Choir Rm)
	11am	Funeral: Ron Olson (KR)
	11:30am	All Church: Feed My Starving Children (Offsite)
<b>Sun Oct 18</b>	8am	Sunday Morning Bible Study (ER)
	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB) 9:30am
		Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	5pm	Country Worship (KR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
<b>Mon Oct 19</b>	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoG)
	3pm	Stephen Ministry (ER)
	6:30pm	Ad Council Mtg (MR)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)

**(CALENDAR CONTINUED ON PAGE 21)**

# OCTOBER CELEBRATIONS



Brownfield, Royce 10/01  
 Larsen, Jan 10/01  
 Ramacher, Marcielle 10/02  
 Webber, Linda 10/02  
 Enerson, Joanne 10/03  
 Hulcher, Glenn 10/03  
 Kohan, Theodore 10/03  
 Pease, Thomas 10/03  
 Potter, Penny 10/03  
 Thomas, Heidi 10/04  
 Becker, Jack 10/05  
 Crosswhite, Jason 10/05  
 Douglass, Jaclyn 10/05  
 McClung, Sharrylann 10/05  
 Rodgers, Will 10/05  
 Cowles, Elizabeth 10/06  
 Rasmussen, Alvin (Al) 10/06  
 Rogers, Joanne 10/06  
 Wion, Sheldon 10/07  
 Elms, Wilbur Jack (Jack) 10/08  
 Hunter, Betty Lou 10/08  
 Muir, Barbara 10/08  
 Batt, Kathleen (Kay) 10/09  
 Becker, Bonnie 10/09  
 Behan, Constance (Connie) 10/09  
 Calihan, Lillian 10/09  
 Carl, Elizabeth (Sandi) 10/09  
 Webber, Charles (Don) 10/09  
 Burgi, Jenelu 10/10  
 Ewing, John 10/10  
 Johnson, Peter 10/10  
 Klassen, Grant 10/10  
 Magnus, Katherine (Kathi) 10/10  
 O'Brien, Allison 10/10  
 Poppe-Smart, Kimberli 10/10

Vander Stoep, Paul 10/10  
 Roberson, Rinda 10/11  
 Callahan, Tracy 10/12  
 Cogswell, Marilyn 10/12  
 Larson, Craig 10/12  
 Wolfskill, Angie 10/12  
 Borders, Linda 10/13  
 Cascaden, Lisa 10/13  
 Graves, Donna 10/13  
 Keenan, Timmy 10/13  
 Miller, Fred 10/13  
 Miller, Gene 10/13  
 Saathoff, Craig 10/13  
 Sifferath, Warren 10/13  
 Breuklander, Paul 10/14  
 Eubanks, Rosalie 10/14  
 Schiager, Roger 10/14  
 Wolfskill, Tyler 10/14  
 Pautvein, Joan 10/15  
 Carnahan, Karen 10/16  
 Korver, Douglas (Doug) 10/17  
 Carnahan, Bob 10/18  
 Denman, Peter 10/18  
 Kreil, Adam 10/18  
 Norton, Lester 10/18  
 Rogers, Shirley 10/18  
 Workman, Paul 10/18  
 Adams, Robert (Robie) 10/19  
 Kopnick, John (Jack) **10/19**  
 Butler, Paul 10/20  
 Fendley, Cecil 10/20  
 Liles, Cheryl 10/20  
 Ofstedahl, Ted 10/20  
 Rowland, Deborah (Debbie) 10/20  
 Thomas, William 10/20

Adams, Michael 10/21  
 Dauenhauer, Richard (Dick) 10/21  
 Elms, Juanita 10/21  
 Fillion, Joyce 10/21  
 Brown, Ariella 10/22  
 Charette, Carl 10/22  
 Christie, Jack 10/22  
 Fendley, Alexis 10/23  
 Neumann, Eleanor 10/23  
 Sheridan, Sean 10/23  
 Donovan, Rebecca 10/24  
 Kopnick, Pamela 10/24  
 Tucker, Rush 10/24  
 Korver, Carol 10/25  
 Mogharbel, Jeromy 10/25  
 Myers, Wilburn (Bill) 10/25  
 Van Noy, Richard (Dick) 10/25  
 Williams, Kateland 10/25  
 Hutnak, George 10/26  
 Miller, Michael (Mike) 10/26  
 Campbell, Jane 10/27  
 Daniels, Janet (Jan) 10/27  
 Galbraith, Ava 10/27  
 Kitson, Maxine 10/27  
 Hayter, Keith 10/28  
 Viviani, Jack 10/28  
 Hays, Doran 10/30  
 Martin, Darla 10/30  
 Weinhold, Eldon 10/30  
 Eriksen, Norman 10/31  
 Graba, Sylvia 10/31  
 Newkirk, Linda 10/31  
 Sauerbrunn, Diane 10/31

*If your name isn't on this list (or you know of someone who should be), or if you find an error, please call the office with the information. We truly don't mean to make mistakes or to leave anyone out!*

# ... AND MORE!



- Hergatt, Arthur (Art) & Janet 10/02
- Hoerter, Daniel & Coleen 10/02
- Enerson, David & Joanne 10/03
- Gregg, Bill & Sharla 10/05
- Nolan, Calder & Lavoyce 10/05
- Seabright, Randy & Mary 10/06
- Matthews, Lowell & Shirley 10/08
- Richardson, Douglas & Georgia 10/10
- Rowland, Philip (Phil) & Deborah (Debbie) 10/11
- DeWinter, Donald (Don) & Ruth 10/12
- DuPont, Gene & Wendy Christian 10/12
- Mullins, Thomas (Tom) & Victoria 10/12
- Sifferath, Warren & Sharee 10/13
- Fuerherm, Roy & Donna 10/15
- Klaers, Nicholas (Nick) & Mary 10/15
- Ervin, Richard & Jo Ann 10/16
- Ofstedahl, Ted & Sherrill (Sherrie) 10/18
- Sweeney, Kenneth (Ken) & Lorene 10/20
- Wing, Don & Mary Ann 10/21
- Hodges, Clarence & Shirley 10/24
- Myers, Wilburn (Bill) & Alice 10/24
- Edwards, William (Bill) & Marlene 10/25
- Allensworth, John & Jacquelyn (Jaci) 10/29
- Storley, LeRoy & Renee 10/29



## (CALENDAR CONTINUED FROM PAGE 19)

<b>Tue Oct 20</b>	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	4:30pm	Sidewalk Mtg (Sea of Galilee)
	5:30pm	One in the Spirit/Houser Gang Rehearsal (KR)
	6pm	Canyon Carillon Bells Rehearsal (S)
	7pm	Bible 101 (ER)
<b>Wed Oct 21</b>	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
	2pm	Emotional Wellness (ER)
	5pm	Pioneer Club (ER)
<b>Thu Oct 22</b>	5:30pm	Chanters Men's Chorus (MR)
	9am	Disciple 1 (ER)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
<b>Fri Oct 23</b>	6:50pm	Choir Rehearsal (MR)
	7pm	Disciple 1 (ER)
	10am	Mind Menders (ER)
	10am	Piano Tuning (S/MR)
<b>Sat Oct 24</b>	5:30pm	AA (ER)
	6am	GC Garden Club Plant Sale (S Parking Lot)
<b>Sun Oct 25</b>	9:30am	Choir Rehearsal (S/Choir Rm)
	8am	Sunday Morning Bible Study (ER)
	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	3pm	Community Harvest Festival (Campus)
	5pm	Country Worship (KR)
<b>Mon Oct 26</b>	6:30pm	Youth Group (7th-12th grade) (YR/ER/K)
	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoG)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
<b>Tue Oct 27</b>	7pm	CoDA Mtg (ER)
	9am	Stitches Unlimited (ER & Sea of Galilee)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
	11:15am	Yoga-Chair (KR)
	5:30pm	One in the Spirit/Houser Gang Reh (KR)
	6pm	Canyon Carillon Bells Rehearsal (S)
<b>Wed Oct 28</b>	7pm	Bible 101 (ER)
	8:30am	Newsletter Team (MR)
	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
	2pm	Emotional Wellness (ER)
	5pm	Pioneer Club (ER)
<b>Thu Oct 29</b>	5:30pm	Chanters Men's Chorus (MR)
	6pm	Financial Peace University (KR)
	9am	Disciple 1 (ER)
	9am	Yoga-Regular (KR)
	10:15am	Yoga-Gentle (KR)
<b>Fri Oct 30</b>	11:15am	Yoga-Chair (KR)
	6:50pm	Choir Rehearsal (MR)
	7pm	Disciple 1 (ER)
	5:30pm	AA (ER)
<b>Sat Oct 31</b>	All day	Halloween
	9:30am	Choir Rehearsal (S/Choir Rm)



## MUSIC OPPORTUNITIES

**Orchestra:** If you play an instrument, join us!

**One in the Spirit:** This group leads music at the Country Service on Sundays at 5:00pm.

**Youth Bell Choir:** This handbell choir is for youth in Junior and Senior High School.... you don't have to read music to join!

**Uncommon Grace:** This contemporary Christian Praise Team consists of excellent musicians at the 10:50am Praise Service.

## ADULT EDUCATION OPPORTUNITIES

**Adult Fellowship Class:** Meets Sundays at 8:00am in the Education Building.

**Bible Banter:** A time for coffee and stimulating conversation at Common Grounds Café to discuss ways in which we can live as faithful Christians in today's world.

**DISCIPLE Bible Studies:** In-depth studies that aim to transform lives and develop strong Christian leaders.

**Women's Bible Studies:** Studies by Priscilla Shirer, Beth Moore, and others, combined with rich fellowship provide solid Bible learning along with spiritual growth.

**Women's Retreats:** Two per year: An overnight weekend retreat at a Christian camp in the fall and, a one-day retreat at a resort near the church in the spring.

**Other Study Opportunities:** Advent and Lenten topical studies, Bible-based 8-week electives, and small neighborhood groups.

## CARING FOR OUR CONGREGATION

In addition to the Support Groups listed on page 11, below are other opportunities to get involved in:

**Church Ladies Adventure Club:** A variety of monthly events are planned for "adventuresome" ladies from September through May.

**Financial Peace University:** What would your life look like if you had no debt and were in control of your money? Join GCUMC as we present this 13-week class that will change your life!

**Hiking Group:** Men and women trek together in God's beauty.

**Men's Group:** Fun, food and fellowship while doing a variety of activities and venues.

## CARING FOR OUR COMMUNITY

**Children's Books:** A mission that provides reading material to Food Bank clients using donated books as gifts to encourage children to read.

**Christmas Families:** The GCUMC congregation helps local families in need celebrate Christmas (referred by Sidewalk Ministries and Project Help).

**Citrus Gleaning Team:** Volunteers glean citrus unwanted by homeowners for donation to the United Food Bank.

**Genesis Project:** GCUMC members join with others in Apache Junction for outreach and evangelism through feeding the homeless and hungry.

**Habitat for Humanity:** A team of individuals that builds a home for a local family in need.

*... and more!*

*To become part of one of the above groups, or any others that are listed in this Newsletter, please contact the Church Office, and we'll put you in touch with the appropriate individual!*



# HARVEST FESTIVAL WORD SEARCH



N U O I N T A R I N  
 E O T G C A Z A R E  
 B O S U S W E E T S  
 A P U M P K I N I S  
 D T R E A T S N R M  
 E E C C E R Y F O I  
 B N P A O I K O Y R  
 R U F N I C J I Y N  
 C D L D L K L I E E  
 W A T Y U M G A T A

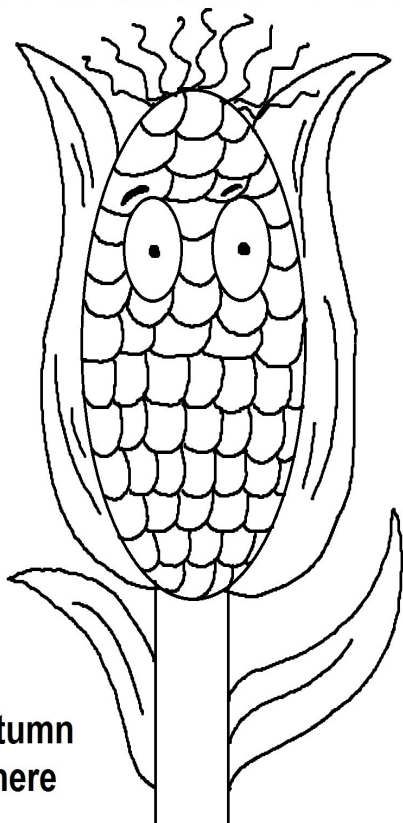
Find the following hidden words:

- candy
- cupcake
- pumpkin
- sweets
- treat
- trick
- yum
- gum
- boo



I AM A  
CHILD  
OF  
GOD.

## God Made Corn

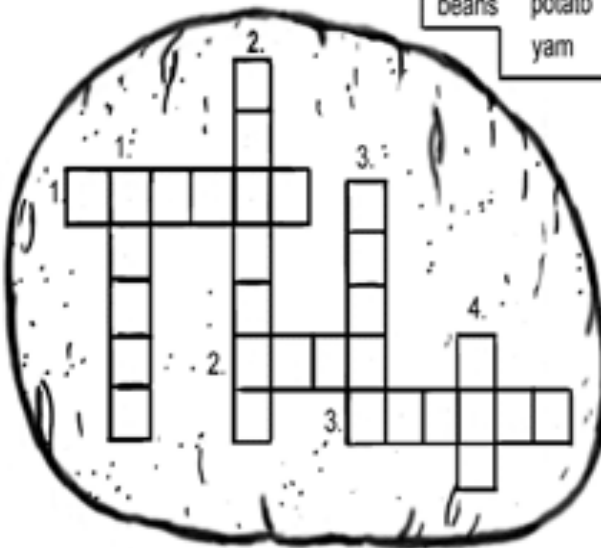


Autumn  
is here

### Vegetable Group Crossword Puzzle

To solve the crossword puzzle, match each word with a picture clue. Fill in the crossword blanks with the correct words.

**Word Bank**  
 onion lettuce  
 squash corn  
 beans potato  
 yam



Down

- 1.
- 2.
- 3.
- 4.

Across

- 1.
- 2.
- 3.





# GOLD CANYON UNITED METHODIST CHURCH

6640 S Kings Ranch Road, Gold Canyon, AZ 85118

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**Email:** churchoffice@goldcanyonumc.org

**Web:** www.goldcanyonumc.org

**Non-Profit Organization**  
**U.S. Postage**  
**PAID**  
**Apache Junction, Arizona**  
**Permit No. 64**

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Parish Nurse	Susan Malloy	
Pianists	Carol Ballard Linda Jones Marty Robison Nancy Virden	
Treasurer	Cris Criswell	
Volunteer Coordinator	Jane Hayes	
E-mail Prayer Chain		gcumcprayers@gmail.com

 [www.facebook.com/goldcanyonumc](http://www.facebook.com/goldcanyonumc)

 [@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

**Addressee or Current Resident**

## SUNDAY SCHOOL SCHEDULE

*Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.*

- ✝ 8:00am Adult Fellowship Class
- ✝ 9:30am Children
- ✝ 9:30am Youth
- ✝ 10:50am Children



### ***Please help GCUMC Save Postage!***

Make the switch and receive your Roadrunner Newsletter by email! You can even have it sent to multiple emails in the same household! Just fill out the below and place your completed form in the offering plate, mail it to us, or turn it into the church office. You can also email your request to [churchoffice@goldcanyonumc.org](mailto:churchoffice@goldcanyonumc.org).

1. Name \_\_\_\_\_ and \_\_\_\_\_

E-Mail \_\_\_\_\_

2. Name \_\_\_\_\_ and \_\_\_\_\_

E-Mail \_\_\_\_\_

## WORSHIP SCHEDULE

**8:00am & 9:30am**

TRADITIONAL ~ Sanctuary

**10:50am**

PRAISE ~ Koinonia Room

**5:00pm**

COUNTRY ~ Koinonia Room

*(Last Sunday of the Month Only in June, July & August)*

**Childcare Provided at ALL Services**