

Vol. 25

April 2012



From The Pastor: "Easter & Afterlife"

Many books have been written about Heaven. The most recent best seller that people have talked about is Heaven is for Real, by Todd Burpo. I

think the popularity of such books show that people are searching for information about what there is after this life. I also think that the older we become the more we pay attention to what is bevond our finite existence on earth. Yet, which view of afterlife do we believe? Is this life followed by reincarnation or resurrection? There are many views of heaven and many questions about the afterlife.

What happens to us at death? What is heaven like? Will we know our loved ones there? Is there hell? Is there a judgment day? Who will go to heaven and who won't? Is there a purgatory? What will we do in heaven? Will we sing? Will we play golf? Will heaven be boring? Are those near-death experiences true? Are we resurrected immediately or does everyone wait until all are resurrected together? The more we understand about views of the afterlife the more questions we unearth.

Perhaps some of these questions are stirring around in your mind. After Easter, when our focus is on the resurrection of Jesus, we will begin a four week series on afterlife and what the Bible says about it. We hope you will join us on this informative and critically important journey through views of the afterlife. See you on Sunday!

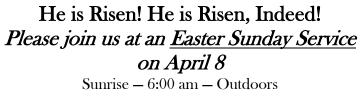
Grace and peace,

Office address: 6640 S Kings Ranch Road Gold Canyon, AZ 85118 Phone: (480) 982-3776 Fred Steinberg, Senior Pastor **Church E-Mail:** churchoffice@goldcanyonumc.org revstein78@gmail.com Prayer Chain: gcumcprayers@mchsi.com Web site: www.goldcanyonumc.org

No. 4



Music led by One in the Spirit or the Housers Childcare Provided at ALL Services



Traditional – 8:00 am & 9:30 am Country Western – 5:00 pm

Other Holy Week Events:

Maundy Thursday Service: April 5 – 7:00 pm Good Friday Service: April 6 – 7:00 pm

Sanctuary will be open for Silent Prayers Mon-Fri, April 2nd thru April 6th, 8-10 am Stephen Ministers will be available to pray with you Labyrinth available every day

"Following Jesus, Serving Others"



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

CONFIRMATION

Celebrate with us on *Sunday, April 22* as Ariella Brown, Morgan Cleary, Lillie Mogharbel, Ally O'Brien, Jane Rector and Taylor



Wehle are confirmed during the 9:30 am worship service. During the 10 weeks of meeting together, each student has been committed to reading God's Word, doing mission work and examining the road to follow Christ. We rejoice with them and pray for their continued faith journey. SPRING PRAISE AND WORSHIP CELEBRATION



Ladies, you are invited to come together on *Wednesday, April 11 from 7 – 8:30 pm* in the Koinonia Room for a night of fellowship as we lift our hearts and voices in Praise and Worship.

Cindy Hoff will be leading us from the keyboard along with a team of singers for this uplifting musical celebration.

REMEMBER... WOMEN'S RETREAT 2012

It's not too late to join the women of Gold Canyon UMC for our annual retreat from *April 27-29* at Living Water Retreat Center in Cornville, AZ. Katharine Keller will be presenting; Jody Topping and Fay Quanstrom will lead us in Sunday worship; and Cindy Hoff and her team will lead us in musical praise. You will be refreshed in the Lord and grow closer to other women. Cost is \$120. Registration forms are available in the church office or after Sunday worship.



Bidding Farewell

We will be saying farewell to the Brown family this spring. In their time with us Devona Brown has

faithfully served Gold Canyon UMC in the nursery during every worship service. She, her husband, Albert, and granddaughter, Ariella have also hosted Parents' Night Out once a month. We will miss their dedication to the ministry of this church. Devona will leave for Ohio at the end of April; Albert and Ariella will follow after school is out. Please wish them well when you see them.

Vacation Bible School Dates Set!

Please save the week of June 18th to 22nd

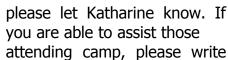
for "Operation Overboard" during which we will "go deep with God".

If you would like to be on the planning team for this fun-filled week with children, please contact Katharine Keller in the office.

Time For Summer Camp!

June and July are great months for camp at Mingus Mountain. Brochures are now available through Katharine in the church office. Explorers Camp (grades 3 – 6) is June 4-9 and will be led by Katharine Keller. The Senior High Camp (grades 9 – graduated seniors) meets July 2-7 and will be led by Jody Topping. And, there are other camps in between these dates.

The cost is \$310 per person for all camps, with deadline dates after which there is an additional fee of \$25, so please pick up the brochure soon. If you need scholarship help,





your checks to GCUMC and memo it: Mingus Camp.

If you are a youth and wish to help at Explorers Camp and you are under 18 years of age you must go through Cabin Assistant Training on Saturday, April 28 at First Mesa UMC. One cannot be a helper unless one goes through the training. The fee for a Cabin Assistant is \$150, however, scholarship monies may also be used for them.

Our Church History

"History of Our Church Music Program"

About the choir...Those ten years were the happy years for me. God had a purpose for this church and was always there when we needed him. I first started directing when Beth O'Hara had surgery and could no longer direct. We had no music and no place to practice. I brought

back music from the Presbyterian Church in Elko, Nevada. Previously, I had directed in Elko and knew there was a surplus of anthems. There were 17 singers when I first started directing. We practiced in a small of-fice in the strip mall on Kings Ranch Road. We found a piano that had been stored there but we needed an accompanist. That was when God led me to Nancy Bauman Virden. I had been singing with the Mountain Brook Choral when Nancy filled in several times as a substitute pianist . She was so good. I immediately went over and asked if she would help me build a choir at the Methodist Church. I told her the salary was small and we had no church yet, but with her by my side, I knew we could do it. I loved the challenges and I guess she did too, because she came to our first rehearsal in the office and stayed with me for the ten years I directed. What fun we had building the church choir and the music department together!

Mary Ann Warren (more next month)

Church Wish List

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church.

- Pave the North Parking Lot \$200,000
- Religious Statue for South Exterior Alcove of Sanctuary Building
- Playground \$10,000-50,000
- Pipes for the Electronic Organ
- Stain Glass for upper Sanctuary windows \$105,000 (\$3,000 per panel)

Gold Canyon United Methodist Church



Gold Canyon UMC Youth



Wendy Moore, Youth Director

Youth News Update From Wendy:

The confirmation class joined our youth group in a hike to Hieroglyphic Springs on February 26. Thank you to Kim and Pat, Katherine, Carol, Jill, Beth, and Jed for attending as adults. The youth had a great time!

The Uncommon Grace concert received enough donations to buy two shares for the mission trip! Thank you so much to those who supported us! If you want to contribute to our youth mission trip please do. The trip this year is a longer distance, and while we do everything to keep expenses down, the travel costs will be more this year. In any case, please pray for the youth, leaders, volunteers, and families we will help this summer. Thank you so much for your support!



How do we learn what it means to be Christian?

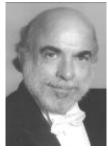
- One of the things that Pastor Fred does so well (and there are many!) is to present scripture and examples
 of its application from many perspectives (ancient times, modern times, old and young). We learn the history, the context of events, the meaning of words, and the message of Christ. Pastor Fred also incorporates sounds and visual imagery to help us remember the message. His sermons bring our minds and
 hearts closer to our Lord.
- Reading scripture helps God speak to us individually, from the perspective we need.
- Beautiful music helps us hear and feel the message of God's love.
- Fellowship and community within the church brings us God's love through interaction with other Christians.
- Study groups and classes focus on the exchange of ideas and information, sharing questions and answers.
- Service to others helps us learn to serve God by allowing him to work through us.
- Prayer lets us talk to God with our hearts and minds.

As most observed on Youth Sunday, our youth think at a deep level about life. They grapple with faith, as we all do, and they want to develop a strong faith.

Most people learn best when they do something rather than just reading about it. We want to put into action the message of Christ. Our youth learn by doing: They write and deliver sermons, volunteer time and energy to help around our community, work hard to help less fortunate families through mission work, support each other during tough times, and they represent Christians in their schools, sports, and how they conduct themselves in our community. They have hopes and fears and struggle with adversity.

On Good Friday, the youth will be performing an original play for you about the last hours of Christ's life. I want you to know how readily they embraced the idea, and how much they put their hearts and minds into the play it-self. If you ever wonder if our youth understand about life, or if they care, or if they "get it", now you know – They do!

Wendy Moore GCUMC Youth Director



Music Notes

I overheard someone say, "It's spring time now. So what happened to winter?!?" Someone else answered, "It happened on February 3rd between 3:00 and 5:00 am!" I guess that's about right. No matter what or when, it seems like it is always spring

in beautiful Gold Canyon! Thank you, Lord!

We continue to have some great opportunities for you to enjoy some great music. First, **One in the Spirit**, who leads music at our Country/Western Services except the last Sunday of the month, when the Housers sing, is giving a concert in the Koinonia Room of the Education Building on **Sunday, April 15 at 5:00 pm** in place of the Country/Western Service. For more information, contact David Ballard. This is always a fun get-together. Come and enjoy!

Sunday, April 22 at 3:00 pm, we are bringing in one of Great Britain's top instrumental duets, the Svyati Duo. Consisting of cellist Rebecca Hewes and organist Julian Collings, Svyati Duo takes its name from its first collaboration as cellist and conductor in a performance of Sir John Tavener's masterpiece Svyati for choir and cello solo. Since then it has established a tremendous rapport as the only regular cello and organ duo in the United Kingdom, gaining an outstanding reputation for its innovative concerts. Tavener became its patron in 2009, and it now pursuee a busy concert schedule, taking its seldom heard instrumental combination to venues across the United Kingdom, Europe, Asia and the United States. The duo maintains a diverse and exciting repertoire, ranging from baroque sonatas through to substantial romantic and contemporary works. The duo's tireless search for repertoire has rewarded it with many unjustly neglected works, and the duo has also commissioned several new pieces including 'Invisible Landscapes' (Russell Hepplewhite 2009), 'Vitis Flexuosa' (Timothy Salter 2010) and a substantial new Sonata (David Bednall 2011). The duo has also released two critically-acclaimed recordings on Regent Records label. This promises to be an unusual yet innovative program for us. I am very much forward to seeing/hearing this combination to see what, perhaps, our cellist Shirley Coad and I might do together.

Both of these programs are open to the public at no charge, a free will offering will be received. Every-

one is asked to please bring at least one nonperishable food item per person for the Gold Canyon United Methodist Church Food Bank. Bring your family, friends and neighbors to experience both of these great events! They will be very happy you did, and so will you!

Finally, on Sunday, April 29, the Interfaith Choral *Festival* will be presented at **Superstition Foothills Baptist Church** at 3:00 pm. This Festival features the combined Choirs of Superstition Foothills Baptist Church directed by Doug Stevens, Our Savior's Lutheran Church directed by Richard Wall, and Gold Canyon United Methodist Church directed by yours truly. Each choir will sing three anthems, then we will combine all three choirs together to sing three pieces directed by each of the three directors. A free will offering will be received that will go to benefit a charity yet to be determined. Also, please remember to bring an item or two for the Food Bank. I hope many from GCUMC will attend this event. This is the second time we have combined forces. The first time was at our Celebration of Veterans last November. Everyone really enjoyed sharing our music together so we decided to do it again this spring!

May we all have a very blessed Easter season filled with the realization that Christ died for us!

Blessings, indeed!

Doug

Doug Benton Director of Music Ministries

Deadline for May Roadrunner — April 10 Weekly Bulletin Insert Deadline: Noon Wednesday

Your GCUMC Publications are brought to you by: Bill Atkinson, Georgia Kirkpatrick, Kim Shroyer, Jody Topping & Suzanne Cherry with help from the Friday Bulletin Team and the Roadrunner Assembly Team

Gold Canyon United Methodist Church



News from the Health and Wellness Ministry of Monica Ortega-Watters and Susan Malloy, Parish Nurses Wishing You a Healthy 2012!

Greetings again!

I hope you have spent some time this past month evaluating your desire to establish some goals and resolutions to improve your life, in whatever area you desire - perhaps to see real results physically, emotionally, spiritually, or mentally. We all desire to have a life that is meaningful and understanding our own individual "whys" helps us achieve these goals.

Another way to determine this is to ask yourself guestions such as: "What is truly important to me"? "What do I admire and value?" "What do I want to be remembered for?" Write down your answers and consider your habits in the context of these values. Do your habits support or conflict with your values? An interesting guestion evolves from this ... If you make living by your values your goal, does that change the value you place on your habits? The truth is that when values and habits conflict, having reminders about values and developing plans to help live by those values can help change habits. Example: "I desire to be remembered for my willingness and ability to help others overcome health challenges, to be their Healthy Best." OK, to be effective I must evaluate my habits and if I choose to continue to value good health, I will need to become my healthy best by choosing healthy foods, effective supplements, getting rest and exercise, learn ways to reduce my stress levels and then I will accomplish that goal because I strongly desire to be an example to others and understand the benefits of Healthy Living. If I choose NOT to do these things, I can look forward to weight gain, no energy, have an inability to meet my goals, and become a failure. I am also highly likely to become seriously ill with the potential to develop Diabetes, Heart disease, Depression, or Cancer.

So the challenge is to look at your habits, see if they align with your values, and then identify harmful ones. Tracking these habits and discovering the environmental cues, emotional states (fear, anger, etc) and thoughts that trigger or precede the behavior will help you learn how to overcome them. Will this take some time and effort? You bet! Is it worth it? YES Indeed. These simple steps apply to all the areas of your life in which you want to do better. Keeping a journal or notebook to write your goals and resolutions and monitoring your progress will help you stay focused and achieve your goals in an efficient, effective way. Monitor progress daily in the beginning and then weekly until you really make that new behavior a habit.

Stress plays a huge part in driving us to create habits. According to Dr. Brian King PHD, "Stress activates serotonergic neurons in the dorsal raphe nucleus which is imbedded deep in the brain just below the Amygdala". types of stressors he is referring to are: psychological stress, lack of sleep, eating off schedule, and overdoing it. Not only do these types of stress activate, but they also *amplify* the firing of dopamine neurons which increase the drive to habitual behavior. Another thing that Serotonin and Stress will do is cause you to be more likely to have BAD habits. The neurons, previously mentioned, being activated by stress can facilitate fear conditioning. It has been proven that fear is a major cause in preventing behavior change and causing us to maintain our bad habits.

So what can we do to prevent ourselves from having bad habits? The List of preventative actions are: Correct our reward expectations; Recognize associations (ex: why do I do what I do?); Navigate social/peer pressure; Enrich our lives with positive activities, like volunteering, hobbies, participating in Bible studies with likeminded people, gardening, book clubs etc.; Remove the triggers, (ex: if snacking on high fat foods is a problem remove them all from the house and purchase some fresh fruit and nuts-just watch your portion sizes); Create a life balance-too much of any one thing can be detrimental to your wellbeing including: too much exercise, too much social activity, too much sleep, etc.; Develop in yourself a sense of control; fear will dissipate when you feel you have control over situations previously found to Pray and ask God for wisdom and to be stressful. take control of the situation-exercise your faith muscles, Improve your cognitive flexibility and problemsolving ability take on new challenges learn a new language, or skill- like photography or advanced computer skills (technology is always advancing-don't get left behind.

I hope this information will be helpful to you as you navigate your life in Christ to be all that you can be, and also your Healthy Best. After all, our bodies are the temple of the Holy Spirit and we want them to be clean, fit and ready for action when God has a special plan of action for us to further His Kingdom.

If I can be of any help to you in your journey toward Health & Well Being, feel free to contact me at 480-390-1496.

Blessings of Health & Wellness,

SUSAN MALLOY RN BSN GCUMC PARISH NURSE

GCUMC Permanent Endowment Fund

The Gold Canyon United Methodist Church has a Permanent Endowment Fund which was established several years ago. Did you know that it is possible to make a difference in the ministry of GCUMC even after you are gone? Gifts to the GCUMC Permanent Endowment Fund are invested and in turn only the gains are used to further the missions and ministries of the Church. The principal of the gift is held in perpetuity. This is a wonderful way for any donor to make a difference for many years into the future. The Permanent Endowment Committee has designated the income to be used for Buildings and Property; Scholarships, especially for those entering the ministry; Missions; and Undesignated. Undesignated can mean that a donor may select where he or she wishes the income to be used or leave it up to the Committee to decide. There is a generous donor who has given gifts over the past few years to the Endowment Fund, which were specifically given for the income to be used for scholarships. This income has provided the funds for the scholarships which the church has given to various members.

The Permanent Endowment can become a strong supporter of the Church and its missions, but only if members and others of the congregation remember the Fund with gifts at any time or with estate bequests of any size. Please consider gifts to support the Endowment and GCUMC. For more information on how to make a gift, call Pastor Fred at the church or Wally Quanstrom Chairman of the Endowment Fund Committee at 480-982-9314.

Electronic Funds Transfer (EFT)

.....Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers a new way to help our ministry. Our new electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTH-ING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course vou can cancel your authorization of transfer at any time by notifying us in writing. We believe that once you have enjoyed the convenience and savings of this new program, you won't want to go back. Contact the church office now.

We cannot give God anything; for everything is already His, and all we have comes from Him. We can only give Him praise, thanks, and honor. ~ Martin Luther

DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)

January	201	0	201	11	201	2	2011	2012
	Gen.	Build.	Gen.	Build.	Gen.	Build.	Worship All	Worship All
1st	\$26239	\$11021	\$32864	\$11858	31272	11275	1798	1951
2nd	19406	6367	18646	4324	19333	4140	1878	2041
3rd	19716	7478	23288	10140	25308	10232	1686	1871
4th	18131	11755	23947	8139	21324	9634	1841	1931
5th					0	0		
Total	\$83492	\$36621	\$98745	\$34461	97237	35279	7203	7794



WITHIN THE CHURCH FAMILY

By Hu & Wendy Rhymes, with a little help from Hattie, Muffin (& Sadie, too)

JUST A REMINDER: Please let the Rhymes know at whsadier@earthlink.net or call the church office if you WANT A NAME REMOVED FROM THE ROADRUNNER or SUNDAY PRAYER LIST or are having surgery or are in the hospital, if you wish a visit or want to be on the Sunday Prayer List.

FROM THE SADIE RHYMES' MISSION CORNER

The people come and thanks to all of you, the Food Bank can help them with food. Thank you again this month to Hattie & Muffin's veterinarian, Dr. Munion, for donating pet food. Thanks again to the Agnew, Houtcooper, Kimball & Lolly Skillman families for purchasing and/or bagging pet food so our furry friends can eat. We are also very thankful for those Food Bank helpers who are bagging while volunteering. We don't know who you are to thank you personally. THANKS TO ALL OF YOU WHO CON-TRIBUTE FOOD & PET FOOD AND THOSE WHO HELP IN THE FOOD BANK.

Love, Hu, Wendy, Hattie, Muffin and Sadie too!!!

WITHIN THE CHURCH FAMILY

Sympathies: Nellie DePoy, upon the death of her granddaughter, Talia DePoy; Jerri French, upon the death of her son, Todd; Sharla Gregg, upon the death of her mother; Family of Gail Harshberger, upon her death; Grace Markert, upon the death of her brother, Girard Francois; Family of Nancy Thompson, upon her death; Nancy Virden, upon the death of her husband, Jack; Nancy Villeneuve & Rebecca Deuel (Nancy's niece) & other nieces/ nephews/cousins, upon the death of Nancy's husband, Ray; and the families & friends of the above.

Concerns and/or Continued Prayers: Charles Allew, Pat Alsup, Bob Anderson (Don Anderson's brother), Richard Armstrong, John Banwell, Chris Barker, Jeremy Bigler, Leon Blumhagen, Devona Brown, Paul Buckshi, Bob Burgi, David & Jim Carter, Jack Challender, Jordan Clegg (grandson of Jim Collins & Jo Glasgow), Shirley & Roger Coad's granddaughter, Mary, Rebecca Colbry, John Coules, Cris Criswell, Bev Demeurisse, Ron Fenski, Curtis Gordon (Carol & John LaViolette's grandson), Brenda Esterline, Lacey & Kayla Eriksen (Norm & Ritchie Eriksen's granddaughters), Scott Fields, Bill Guthrie, Patty Jo Hamilton, Mike Hamerski, Marlene Hertzog, Bob Hessevick, Lloyd Hetherington, Ray Heyse, Marge Hodgin, Dee Hopps, Iris Hughes, Fran Huling, Rev. Joel Hurley, Wes Ingram, Helen Johnson, Darla Jones, Carla Love, Norma McKim, Kathleen Moore, George Morley, Calder Nolan, Jack Papazian, Jessica Payne (Herb & Jane Hesterly's granddaughter), Peggy Rose, Melia Santori, Kari Seidelman, Orville Slagle, Margie Steffak, John Toole, Emma Trout (Mary & Dick Trout's granddaughter), Bud VanBrunt (Cindy Hoff's dad), Ed Waltz (Mary Ann Atkinson's nephew), Mickey Wenzel, Pat Wiebe, Tom Wiff, Doug Zeaman and Lisa Buscher, on a MISSION in PERU until June, 2012 (Jeff/Jane Hayes' daughter), PRAYERS for the families & caregivers of the above. PRAYERS for requests in the "CONFIDENTIAL PRAYER" boxes & UNSPOKEN REQUESTS. Also, those FOOD BANK CLIENTS who have requested prayers. PRAYERS for our MILITARY personnel (Chris Everett, Felip Gonzales, Matthew Jacobson, Jacob Manbeck & Myles Strange), those in harm's way & those suffering from, PTSD & other maladies as a result of their military service & their families. Also, those who are POOR or HOMELESS & IN NEED OF EMPLOYMENT. PRAYERS for the families of SIDEWALK MINISTRY.

Still in Need of Prayers: John & Doris Adamson, Richard & Eleanor Armstrong, Tom & Dee Ashe, Patti Baker, Barbara Barnhill (Nancy Jonovich's daughter), Bob & Ruth Bennett, Cathy Bird, Irene & Jr. Blake (Paul Fillion's sister), Marge Bos (Dave Bos' mother), Kay Bottomley (Mike Vagnier's mother), Lyle Brewer, Barbara & Royce Brownfield, Gen Brunk (Jerri Manbeck's mother), Jeff & Karen Brown, Dr. Brad & Arlaine Bryant & Julie Bryant-Holver, Martha Burkinshaw, Jim & Carolyn Burt, Leon & Linda Schafle-Castonia, Mindy Couch (Don/Diane

Parker's daughter), Rev. Bob & June Deits, Chuck Dickinson, Laura Dinges, Adelyne Douglass, Janet Fillion (Paul & Joyce Fillion's daughter-in-law), Peter Fillion (Paul Fillion's brother), Dale & Inge Fitzpatrick, Gen Friesen, Sue & Dave Flitsch, Danna & Andy Gharavi, Ardeena Gillette, Bill Green, Arline Hacker, Gaylord Hart & kids, Kathy & Paul Fabish, Jan Helquist, Jim & Shirley Hill, Neil & Melva Houtcooper, Jim & Suzanne Jameson, Dawn Johnson (Todd Williams' aunt), Ginny & Joe Johnson, Helen Johnson, Gladys Kay (Jane Hayes' Mom), Mel & Mary Kilbo, Diane Kissner, Tom & Mariol Knapp, Thelma Lang (Pete 'n Kay Johnson's mother), Ardis Larson, Rick & Diane Lockwood Bob & Juana Mahlandt, Sue & Michael Malloy, Earl & Lorna Marifjeren, Tony Masucci (Colette Bos' father), Will Matthews, Colin Mattoon (Joe & Uni Kincade's nephew), Bryan McGann (Jeanette Lunstead's son), Corine McGinley (Diane Kissner's sister), Larry & Pat McMann, Wilbur McMann, Anita Mendoza (Lucy Kidwell's mother), Linda & Mike Mestek, Vivian Miller (Marcella Dorsey's aunt), Bill & Freda Moffatt, Judy Monk, Hedy Moore (Jed Moore's mother), Jim & Sandy Morganegg, Bill & Alice Myers, Bonny Nielsen, Ramona Orr (Kris Laux's mother), Roy & Marilyn Pearson, Shirley Plakos, Jim & Marcia Ritenour, Peter Ritsch, David & Judy Robertson, Virgil & Rose Scantlin, Ari Shreffler, Debbie Steedy, Lew & Doris Stichter, Rick & Sue Sutter, Marilyn Thomas, Lillian Thomas (Bill & Mary Thomas' mother), Kenneth Tippie (Jerry & Peggy Tippie's son), Gordon & Patty Truckle, Marven & Wanda Tufte, Jim & Charlene Van Slooten & Floy Kilbourn-their daughter, Nancy Villeneuve, Nancy Virden, Mary Ann Warren, Garnet White (Jody Topping), Delza Wilson (Jayne Urbach's mother), Reta & Bill Wilson, Pat Zirjacks and the families of the above.

DESIGNATED GIFTS FROM MEMORIAL/FUNERAL SERVICES

JACK VIRDEN:

GCUMC North Parking Lot Paving Fund

East Valley Hospice-1351 N Alma School Rd, Ste 250, Chandler, AZ 85224

LOU ANN CHRISTIE: Alzheimer Association



OU DON'T STOP LAUGHING BECAUSE YOU GROW OLD, YOU GROW OLD BECAUSE YOU STOP LAUGHING.

BUILDING FUND PLEDGE

A man was seriously ill & called for his pastor. "Pastor, if you pray for me to recover and I do, I will give \$10,000 to the new church you are building." The pastor prayed and the man got well. The pastor tactfully reminded the fellow of his pledge. The man replied, "I pledged that? Well, that should give you some idea of how sick I really was."

KINDNESS

A Sunday School teacher asked the students to explain what is meant by loving kindness. A little boy jumped up and said, "Well, if I was hungry, and someone gave me a piece of bread, that would be kindness. But if they put a little jam on it, that would be loving kindness."





GRIEF

... meets on Wednesdays at 9 :00 am in the Sea of Galilee Room. Email Laurie Christy for more infor-

MIND MENDERS

...meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

CANCER

...meets each Wednesday at 11:00 am in Room 101 -102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Tom or Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or by email at deeashe7580@gmail.com.

International Missions

"The world is my parish." – John Wesley

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

2012 International Mission Destination: Universidad Biblica Latinamerica, San Jose, Costa Rica

The nine member Gold Canyon International Mission Team experienced a rewarding week at the Universidad Biblica Latinamerica (UBL), San Jose, Costa Rica. We worked on the early stages of a four-year project to provide housing for married students and their families. The first phase of the project is building four modest two-story homes. When we arrived the footings had been dug by the previous team and hired workers. Piles of sand and gravel awaited action. The men on our team-Steve Crane, Harry Warren, Don Lindaman, and Wally Quanstrom-created a wheelbarrow relay and moved about fifty tons of gravel, sand, and bagged cement to the cement mixing area. (The terrain kept the trucks from dumping materials in a more desirable spot.) The women--Linda Crane, Carol Lindaman, Jane DeRemer, Lovena Warren, and Fay Quanstrom--divided into two sets of rebar fabricators, creating reinforcement units for foundations and block walls. The work was physically challenging for both the men and the women!

We very much enjoyed interactions and work with our missionary, Becky Harrell, and the long-term volunteers, as well as seminary students, and the hired workers on the job. We had the opportunity to hear the stories of several students and faculty members, deepening our appreciation for the role of the seminary to influence theological education, local churches, and individuals with the Gospel of Jesus Christ throughout Latin America. We were moved by the passion and sense of call that students expressed and were impressed by the linguistic skill and credentials of faculty. We were humbled by the work ethic of the hired fellows from Nicaragua. We were challenged by the modesty of the University President, who worked alongside us and said, "I would rather be called a believer," after being addressed as Madam President. Our hearts were warmed during daily devotional times and communion, shared inside a bamboo stand on campus. God blessed us with excellent weather for outdoor work and the Spirit's presence. It was a rewarding and delightful opportunity to serve the Lord.

Phase Two of the UBL project will be the building of a 16-unit apartment, also for student families, behind the four small homes of Phase One. We would like to continue our support of UBL with future trips to this location. God willing and with a good group of GCUMC volunteers, the next mission trip to Costa Rica will be January 10-18,2013.

If you would like to be part of the January 2013 team, you may reserve your place with a \$100 deposit, refundable until October 1. See Fay Quanstrom (480-982-9314), fay.quanstrom@gmail.com. Total cost of the trip including airfare, project materials, lodging, most meals, and an outing will be about \$1,200 per person. Perhaps this is a place God is calling you to service. Thanks to a generous Christmas Eve offering at GCUMC, the cost of materials for our work for the 2012 trip was covered. With continuing support from the congregation the cost of the next work trip may also be reduced.

Africa International Mission—From the Journal of Diana Linton. . . Uganda 2012

As my plane began its descent into Entebbe I remarked to the man sitting next to me about how dark it was outside. "Where are all the lights?" I said. The man explained to me that only 13% of the population in Uganda has electricity. I would later learn that those who have it often times lose power for indefinite periods of time, and that the flash light I packed was very useful. My van was the first to arrive at 14. Fourteen is a dream coming to fruition for my son-in-law, Tim. They refer to it as 14 because it is a 14 acre campus with a school building, a church building, a well, and an outhouse in Nyenga, Uganda, but formally it is has been named Nyenga Christian School. It was the first day of school, and the children would be coming from the surrounding villages. We really had no way of knowing how many children to expect. Three hundred children

showed up. The original plan was to accept kindergarten through third grade, however, nursery through fourth grade were enrolled. There was not enough space in the school building for all the children, so the overflow went to the church. I have so many stories to tell it is difficult to keep this to a paragraph. It was awesome to be a part of this. The plan for now is to provide a uniform, school supplies, and one meal a day. In the near future, more nutritional and medical objectives will be put into place. The larger vision is to educate, disciple, and equip these children so they might contribute to changing their world. Because children throughout Africa wake up to major challenges such as poverty, disease, and hunger every day, we took pictures of all 300 children, and are currently working to

get these pictures and profiles online so you can sponsor a child and improve the life of a child and a family. You can make a difference. I met several pastors from different districts who came to the school one day for a meeting. Another outreach Tim provides is a Pastors Conference held annually. He feels it is important to provide the pastors with what is needed to equip them to minister to their villages. That also includes Bibles, study materials, supplies, etc. The average life expectancy of these individuals is 47 years of age - a staggering statistic! I had the privilege to go to different villages to visit the homes of AIDS patients (the country's biggest health care challenge). We took them gifts of soap, tea, salt, sugar, and flour, and prayed with them and their families. Pastor Fred, our guide, said "When you go home tell them what you saw and what we need. Please tell them that."

Current UMCOR Emer- #3021317

gencies To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ####### (fill in the appropriate number)" on the memo line. 100% of your donation will go to those affected by the emergency.

Horn of Africa Crisis (Somalia) UMCOR Advance #982450

Japan Emergency Earthquake & Tsunami ~UMCOR Advance Liberia Emergency ~ UM-COR Advance #150300

Cote D'Ivoire Crisis ~ UMCOR Advance #982450

U.S. Disaster Response ~ Spring Storms UMCOR Advance #3021326 For more ways to help, or to donate online, go to: http://new.gbgm-umc.org/ umcor/



INTERNATIONAL MISSIONS CONTACTS:

Jackie Douglass: jackied.coaz@gmail.com / Nona Larson: enonal@hotmail.com John Paddison: johnpaddison@yahoo.com / Jean Paddison: azjean@yahoo.com Fay Quanstrom: fay.quanstrom@gmail.com / Wally Quanstrom: wally.quanstrom@gmail.com Jill Stoefen Fisher: jstoefish@q.com

Thinking Theologically — By Jody Topping, Pastoral Intern

For me, Psalm 46 is one of the most beautiful and spiritually uplifting passages in the Bible, especially during times when life doesn't seem to be going the way I would like it to go. "God is our refuge and strength" the Psalmist writes, "an ever present help in trouble". These words alone – found in the very first verse of the Psalm are enough to help me realize I am not alone in this world, that God is always with me, and from that knowledge, I can draw comfort and strength. But as we read further into Psalm 46, we find in verse 10 a passage of eight little words that are even more powerful and comforting: "Be still, and know that I am God..."

Recently one of my Iliff classmates (and a very dear friend) wrote a beautiful devotional relating to this passage from Psalm 46, and with her permission, I would like to share it with you now:

The modern world bids us to be distracted. In this distraction we believe we can be all things, do all things, demand all things. In this fracture of our abilities, we get downhearted when we have failed because society's demands are very high. We also have lost the art of patience in our rushing around to stretch ourselves so thin that we no longer know if we are coming or going.

Psalm 46:10 holds meaning for me because of the miraculous events that transpire as Jesus journeys to the cross. Even in the last hour, Jesus turns to God in prayer, is still, and listens for God's will amidst the chaos. It allows me permission to retreat, even if only for a moment, to times when I can hear God amidst the chaos of my world. I am also reminded that we are not called by God to be superhuman: this is not the state God desires us to live in. Instead, we are called to seek God always and to be still and know.

Prayer: Oh God of us all, help me to relax, stop, and be calm, even in chaos. Amen.

Beckie Henselmeier, Seminary Student at Iliff School of Theology, Director of Children's Ministry at First United Methodist Church of San Diego, wife and mother of two beautiful young daughters...in other words, one very busy young woman!!

I encourage you to take a moment out of your busy days to be still and listen for God's voice amidst the chaos. Feel free to use the following as a mantra during your quiet times as a reminder of God's promise to us all...

Be still and know that I am God… Be still and know… Be still… Be…

Sister Seminarians

Heather Rodenborg

Hello Church Family,

Well this last month has been crazy! As I write this, I've just started Spring Break. However, spring break

in seminary means writing a 30 page paper and a 10 page paper. Fun times! But I am happy to be done with midterms. One of the things that helped me through midterms was my resolve to stay healthy. Over the last three months I have taken up running again. I had started over the summer and was doing well until I fractured my foot. The fracture was actually due to not having the proper running equipment. The other day while I was running on the treadmill I made a connection between having the right running equipment and being equipped in our faith. With running, you have to have the proper shoes so that you don't hurt yourself, you have to make sure you stretch out both before and after the run, and you have to stay hydrated.

This is also true with our faith and discipleship. We stretch our faith by being challenged on new thoughts that are presented to us regarding scripture. We equip ourselves by praying, reading the scriptures, and being in community with others. When we don't stretch ourselves or have the right equipment, we can start to hurt. We can end up struggling in our faith, or even end up being absent in church. That's why I think it's important to have a work-out buddy. I have a few friends to whom I hold myself accountable regarding exercise and running; I don't go at it alone. This is the way it should be with the church and our faith as well. We need a few accountability buddies at church that can be in community with us and keep us on the path of spiritual healthiness. I hope and pray that you have someone that can be your church buddy. If you don't or you know of someone who needs one, step out and lend a hand. The journey is much more fun when you have someone to travel with.

Peace, Heather Rodenborg



Jody Topping

As I write this column for the April *Roadrunner* newsletter, I'm anxiously awaiting Spring Break at school, which began March 14... yeah, that's a Wednesday! And yes, it's right smack dab in the middle of Lent!! You would think that a theological school would at least try to align its academic calendar with the church's liturgical calendar...but no!! It's OK, though, since at least for a week I won't have to deal with school work in addition to all the wonderful things I'm doing as a Pastoral Intern at Gold Canyon UMC!

During the winter quarter, we had two projects to complete: one was something called a Religious Resource – essentially a short essay on ways we connect with God. Since music is one way I connect with the Divine, I wrote my Religious Resource on the different ways in which music helps me be closer to God. Here's a brief excerpt of what I wrote:

I like different kinds of music. Often when I'm making the 30 minute drive to Gold Canyon UMC where I'm serving my internship, I'll listen to the radio station Air1, which offers a mix of different contemporary Christian musical styles— some of it I would classify as "easy listening," while other selections are more "edgy," bordering on what I would call "hard rock." I like the variety they offer with their playlists, and it often gets me into the mindset I need for working at the church.

In contrast, when I'm walking on my treadmill or exercising at the gym, I like to listen to selections from an album that my son brought to my attention when he was a teenager called "Symphony and Metallica." Yes, folks the album is a collaboration between the heavy metal rock band Metallica and the San Francisco Symphony. I never thought I'd like heavy metal music ever, but this particular album is awesome...and it's great music to exercise to! The combination of the electric guitars with the strings from the orchestra is phenomenal, and the way the tempos move from slow to fast and back to slow again is perfect for treadmill walking.

Other times, when I'm feeling a bit pensive, I like to listen to something a little less raucous, like...Yo Yo Ma's collaboration with Mark Meyer and Mark O'Connor called "Appalachia Waltz." The title track is especially beautiful, and often brings me to tears.

Recently I was introduced to a new CD called "Northern Lights." It's a collection of Choral Works by Norwegian composer Ola Gjeilo (pronounced "yay-lo") recently recorded by the Phoenix Cho rale....The music is especially beautiful, and is perfect for use during meditation or any type of spiritual centering. Just the other day I sat in the recliner in my home office, alone in the house and listened to the entire CD, and I must say, there were times when I felt physically and spiritually transported into the presence of God...

Music can transport me to that place I know I need to be – the place where God intersects with our human condition. As we all prepare our hearts and our spirits for the joy that will come when we celebrate the Resurrection on Easter Sunday, as well as in the weeks that follow, I invite you to find that special piece of music that connects you to the Divine presence of God. Find a quiet place where you can reflect upon the sounds of the instruments or voices, and feel God's presence surrounding your body and entering into your mind and soul. God bless...



Suzanne Cherry

"The Leper," Continued from March:

The moment passed, and Joseph shook his head to release himself of an overwhelming sense that he had been exposed. Looking to where he had

seen the man, he saw that indeed, someone was there – walking away, surrounded by a huge crowd of energetic and talkative followers. Dust puffed up around the bottom of the man's robe, his feet filthy from walking barefoot on the sand.

Surreptitiously, Joseph followed the clamoring crowd that buzzed around the man. Bees, he thought, they are like a bevy of bees around the gueen. Who could this man be who instigated such a fuss? As Joseph followed quietly, more and more people joined the group before him. He began to hear some of the words in the cacophony. As he listened, he gathered that the man they were following was named Jesus. The more he heard, the greater wonder Joseph felt in his heart. Some were saying that this Jesus was a great prophet; others whispered that he was nothing but a Nazarene. Nothing good comes from Nazareth, he heard uttered more than once. Yet, the crowd gathered and followed this Jesus through the village and out to the small hill where visiting preachers and healers often stood. Joseph had seen them before. Many of those who had spoken upon the hill in recent times were zealots - Jews bent on the violent overthrow of the resident Roman regime. Often, these men were arrested before they had completed their speeches. Other times, violence broke out and the men disappeared after a brief encounter with the centurions.

Joseph slowly came to the edge of the crowd at the

foot of the hill. He remained along the far edge, aware of the disgust exhibited by those who passed within a few feet of him. From his border vantage point, Joseph could hear the man upon the hill as if from a dream. The words of this man – this Jesus – were astounding! There was no violence in them; rather, they were filled with blessings for the most unobtrusive of individuals. The timbre of his voice rang out clearly. In strong and gentle words, he spoke of love. Love! Not revolution, no words of insurrection fell from the mouth of this man. As Joseph listened, something welled in his heart; a hope he had long forgotten grew like a tiny light in a deep, dark cavern.

"Blessed are the poor in spirit, for theirs is the kingdom of heaven," He uttered, and tears ran down the rugged cheeks of bent-backed fishermen.

"Blessed are those who mourn, for they shall be comforted," He declared, and lone women dressed in black laid their faces in their hands and sobbed.

"Blessed are the meek, for they will inherit the earth." He spoke, and young women with water jars upon their shoulders stopped, and looking up from the ground, smiled.

"Blessed are those who hunger and thirst for righteousness, for they will be filled," He announced, and young men bent their foreheads together and wondered.

"Blessed are the merciful, for they will receive mercy," He cried, and the wives of imprisoned zealots prayed silently for their beloved.

"Blessed are the pure in heart, for they will see God," He whispered, and young mothers passed their hands gently over the heads of their babes, and kissed the tiny fingers.

"Blessed are the peacemakers, for they will be called children of God," He said, and the grandparents nodded in the understanding of hindsight and the wisdom of the ages.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven," He avowed, and all who sat upon the hill at his feet looked about and shivered in apprehension.

To Be Continued in the May Roadrunner...

"One in the Spirit" is having their annual concert on Sunday, April 15th, at 5 pm, in the Koinonia Room. Come, clap your hands, tap your feet and sing along as "One in the Spirit" sings some of your favorite Country Gospel tunes. Please bring a non-perishable food item for the food bank. (this takes the place of the Country Western Service on this day)



Jane Hayes, Volunteer Coordinator

Volunteers Do Make a Difference

April ~ **Inspirational Values**

PERSISTENCE

Do you feel you are being constantly tested when trying to make an appointment or getting an answer to a bill? Persistence is definitely required for times such as these.



However, our church staff and volunteers are being tested for hours on end during the key Winter months. Consider working the sound booth for 5 services, 2 concerts, and a wedding on just ONE WEEKEND!

Please take the opportunity to thank the steadfast church staff and volunteers the next time you are at a church function.

CHRISTMAS MISSION REVISITED

ANGEL TEAM

I am still looking for a team of angels for our Christmas Mission 2012. I will have an organizational meeting in October.

Together, we will divide up the massive job and meet as a committee to tackle the huge program including, planning, setting up trees, duplicating tags, inventory, constant moving of items donated, phone messages, food storage and delivery, sorting, shopping, wrapping, and delivery. Each person will be on a sub-committee with others to make the program successful.

Several of you have been instrumental in the success of this program. Give me a call or send an e-mail if you would like to be on the



2012 ANGEL TEAM. It's not easy finding the halos, so I may have to do a special order to have them ready. Remember, our angels are not just women!!!



GREETERS

GCUMC 982-3776

Each week we have 16 greeters scheduled at our

doors to assist with bulletins and passing on a welcome to our visitors and congregation. Greeters may obtain a reserved sign for their seats while performing their duty.

Arrive 40 min. prior to service. CALL by Friday at 4:00 pm if you cannot make your assigned Service

Do you have the time? No, I don't mean your watch! Are you willing to



volunteer your spiritual gifts? Please look over this list of volunteer needs. If you can help with one or more of the

following, <u>complete and place this</u> <u>form in the collection plate, take it to</u> <u>the information table, or send it to the</u> <u>church office, 480-982-3776.</u>

Time	Job
30 + min.	Hospitality
75 min.	Shut-in Meals
40 min.	Greeter
60 min.	Bake Cookies
240 min.	Office Recep-
tionist	
Name	
Phone	
Phone	

Gold Canyon United Methodist Church

April Celebrations Birthdays

	-
Betty Lundberg	1
Rev. Fred Steinberg	1
Jo Glasgow	1
Peggy Epler	1
Taylor Lee Wehle	2
Cassea Mogharbel	3
Helen Morris	3
Herschuel Howell	3
Jody Topping	3 3 3 3 3 4
William Ramer	3
Daniel Gray	5 1
Elizabeth Kinder	4
	4
Laurie Logan	4
Lorna Marifjeren	
Bob Kostecka	5 5
Vern Rolf	5
Marian Denton	6
Phyllis Hirehovesik	6
Joyce Page	6
Nicholas Wood	6
Betty Kresge	6
Thomas Mullins	7
Eruca Ballard	8
Frank Ebneter	8
Gen Freisen	8
William Hick	8
Nancy Johnson	9
Carl Madzey	9
Lillie Mogharbel	9
Brad Bryant	11
Nedra Erskine	11
Glenn Hardesty	11
Bo Bohanmon	12
Doris Stichter	12
Carol Warkenthien	12
Ruth Dewinter	14
Gary Gingrich	14
Joe Kincaid	14
Jed Moorr	14
Ruth Steinkruger	14
Ardis Larson	15
Pat Cady	16
Sean Swails	16
John Coules	17
Amy Olson	17
Rick Reichert	17
Mary Ogden	17
Arlaine Bryant	18
Paul Cecil	18
Lucas Manbeck	
Lucas Manueck	18

18 Lynn Revis **Ruthmary Shull** 18 Beverly Svoboda 18 Crystal Copeland 18 April Owen 19 Jim Tambke 19 Uni Kincaid 20 Linda Crane 21 **Debbie Freitas** 21 Brown Karen 21 Carmean Bargman 22 Heidi Crane 22 22 Jeannette Hardman Harry Warren 22 Norman Wilke 22 Gene Kruschek 23 Scot Moore 23 Gerard Muratore 23 Sue Sutter 23 Jean Graham 24 Judy Hanshaw 24 Mickie Rosenstein 24 **Richard Schlager** 24 Dean Taylor 24 Gale Adair 24 Laverne Forest 24 **Bob Holst** 24 Mathew Anderson 25 25 Deborah Primeau 25 Carly Reid Sara Russell-Kukuk 25 John Anderson 25 Colette Bos 26 Dave Robertson 26 Anne Anderson 27 Duri Arquisch 27 Sharyn Bennett 27 Gracie Fitzgerald 27 27 Jan Helquist Dave Kidwell 27 Michelle Krstven 28 Lewis Stichter 28 Peter Wehle 28 Jeff Downing 29 Muriel Mercer 29 Len Sams 29 Bonnie Weaver 29 Melva Houtcooper 30 Sharon Johnson 30

Anníversaríes

Arthur & Janet Hergatt	2
Bill & Trudy Ramer	3
Tim & Trudy Carpenter	7
Len & Hazel Sams	11
Tom & Bette Wiff	11
Arne & Bonnie Eisentraut	15
Paul & Sara Vara	15
Norman & Barbara Wilke	15
Erik & Amy Olson	17
Chris & Susan Fitzgerald	18
Clare & Clara Goodman	18
Jim & Merry Bell	20
Michael & Susan Malloy	23
David & Barbara Osborn	24
Robert & Mickie Rosenstein	24
Brad & Janet Daniels	
Dwight & Tracy Callahan	
Scott & Monica Watters	30
Jerry & Ruth Ann Thacker	30

If your name isn't on this list (or you know of someone who should be), please call the church office with the information. We truly don't mean to leave anyone out.

Roadrunner Email

We encourage you to sign up to receive your Roadrunner by email. Complete the information below, tear it off and drop it in the collection plate or send it in to the church office.

PLEASE PRINT CLEARLY

Name:

Email Address:

Name:

Email address:

to enjoy events that include a 5-man

$\mathcal{W}.O.\mathcal{W}.$ Corner

It's April and the annual SPRING FLING is on the

calendar for Saturday, April 14th from 12:00 noon to 3:00 pm throughout the Gold Canyon United

Methodist Church campus. Please join your neighbors rock wall, clowns and face painting, free hot dogs, house, balloon art, a petting zoo and a blessing of the



by groups such as Superstition Search & Rescue, other community organizations will be set up to share informawhat our community has available. Entertainment by local art-

animals.



snow cones and popcorn, a bouncy Booths and displays Classic Car Club and tion and demonstrate ists will be ongoing

throughout the day.

This event is free of charge; donations are gladly accepted. Bring your family and friends for a fun filled spring afternoon at Spring Fling! See you there!!!

Commemorative Mugs!!!

Wouldn't you like to enjoy your morning coffee or tea or perhaps hot chocolate in an attractive Gold Canyon United Methodist Church Commemorative Mug? Stop by the Information Desk or the office and pick one up for only \$5.00 each. They also make great gifts! Your $\mathcal{W}.O.\mathcal{W}$. team designed the mugs and proceeds are used to support their outreach mission.

Sidewalk Ministries Spring Report

We are enjoying Sidewalk Ministries' new location at Avalon Elementary The support of dedicated volunteers/ School in Apache Junction. shepherds has made our sessions run so smoothly. This year our theme has been the service of Christ and how we can serve like He did. So one Saturday the project for the children was to make thank you cards for whomever they wished; one week it was to make thank you cards which were subsequently delivered to shut-ins. The little ones make loving, darling, VERY decorated cards that we are sure are a delight to the recipients. Lots of "love you!" But the cards to the shepherds pulled some heartstrings. Examples Include ~

- "Thank you for everything" from a young boy who is now 14 or 15.
- "Thank you and everyone else at sidewalk. I been coming since I was in 5th grade and you guys have changed my life", from another young boy of now 15 or 16. He delivered this to Ms. June with explicit directions that she share it with everyone so all shepherds would know they were being thanked.



What more can be said about the value of Sidewalk Ministries? Please join us if you can. More shepherds are always

welcomed and highly valued! Saturday mornings, Oct.—April @ 9:30. For more information, call Ms. June (Welker) at 480-986-0129.

Donations for Student Financial Assistance

Have you ever considered financially helping a student to advance his or her education and/or career training but weren't sure how to go about finding qualified applicants? If so, GCUMC can now be of assistance. A new scholarship program has been established to help students, young and not so young, with their financial needs.

There are established criteria that must be met before a potential recipient may receive any available funds. Brochures describing the criteria, along with more details about the program, are available in the "Information Rack"



Has life ever been moving along at the greatest of paces...there doesn't seem to be a speed bump big enough to slow you down...good health and happiness have currently been bestowed upon your loved ones...and, all of your recent prayers to God have primarily been ones of thanksgiving? If we have been blessed with those times, we have also no doubt experienced the reality that all of that can seem to change with the "flip of a switch". During times of stress, loss, or pain we often need someone to walk with us. A Stephen Minister can walk that path with you, and together you can explore the healing power of Jesus Christ.

GCUMC is graduating their most recent class, and adding 6 new Stephen Ministers to the team. They are extremely excited about their roles in this ministry. Kim Shroyer expressed "This has been one of the most tremendous growth experiences of my life For weeks all 6 of us have been drawing strength from our Stephen Leaders, from one another, and from God's word. We understand that the inner strength of all human beings comes from our faith in God, and desire to be the human companion for others wherever we are called to serve"...'*Rejoice with those who rejoice; mourn with those who mourn.'* Romans 12:15

If you would like to speak with a Stephen Minister you may contact the Church Office, or note it on your attendance record during worship.

Welcome Our New Stephen Ministers

Our new Stephen Ministers will be commissioned during each of the 4 worship services on Sunday, April 15th. Please welcome Betty Gale, Randi Olson, Will Rodgers, Barb Rodgers, Kim Shroyer and Kellie Valentine to the GCUMC Stephen Ministry team.

"Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God." Psalm 42:5



A Note From Bob....

As we head into April remember the Country Western Service goes on every week through the end of June.

One in the Spirit will provide the music on all but the last Sundays of April, May and June. The Houser's and Company will perform the last Sundays.

Beginning in April there will again be potluck dinners following the service on the last Sunday of the month. During July, August and September, there will be a country western service only on the last Sunday of the month, followed by a potluck dinner.

All services begin at 5 PM. It stays light longer so no one has to drive home after dark.

Voice of Alzheimer's Awareness Seminar

You are invited to a unique seminar on Saturday, April 28, 2012, 9 to 11:30 AM at Velda Rose United Methodist Church, Mesa. Admission is free.

You will learn new information that provides the first signs of hope in the fight against Alzheimer's Disease that presently affects 5.4 million people in the United States—and is projected to affect 20 million by the year 2050.

Dr. Pierre Tariot, Director of Banner Alzheimer's Institute in Phoenix will be one of three speakers. Dr. Tariot is in charge of the research program in which June Deits is a participant. The experimental drug she is receiving dissolves the plaque that forms on the brain with Alzheimer's.

Other speakers are **Maryann Makekau** and **Rev. Bob Deits**, co-authors of a new children's book, *When Grandma Forgets*. **Maryann** is the author of The Little Pink Book series for children. She travels the nation sharing hope at conferences, schools, camps, symposiums, military installations (She is an air force veteran), libraries and more. **Bob Deits** has been working in the field of loss and grief for 33 years. His book, *Life after Loss*, is in its 5th edition (2009) and is translated into 7 foreign languages. His wife, June, who formerly lectured with him and wrote a chapter in the current edition of Life after Loss, has been battling dementia since 2004. In 2009 her diagnosis was changed to Alzheimer's Disease. Bob is her sole caregiver.

Topics will include what's new in research, caregiver insights, tools for families and friends in coping with Alzheimer's and how to help children understand a grandparent with Alzheimer's. The three speakers will form a panel to receive questions after their presentations. Copies of *When Grandma Forgets* and Life after Loss will be available. A book signing will culminate the seminar.



United Methodist Women of Gold Canyon

Please join us in helping out with the Spring Fling on Saturday, April 14th from Noon to 3 pm We will resume our normal meeting in May.

St. Andrew's Visit ~ *Dear Friends of the*

Children's Clinic: By the time you read this, a total of 17 of us will have made our Spring (March 1) caravan to the Clinic, and 13 were first-time visitors. Thank you all so much! Your time, energy, donations, visit, and prayers are so appreciated. Our Team distributed the smaller stuffed animals, toured the facility, and had a lunch the ladies of Nogales prepared. Mark your calendars, as we have much to accomplish before **our Oc-tober 4 visit.** Again, THANK YOU! THANK YOU! Alyce, Gail and Phyllis

<u>Items Delivered:</u> 5 crochet afghans, 120 toiletry kits, 12 pkgs baby wipes, 3 foam neck supports, 42 cans prune juice, 2 lg. boxes of toys, 68 quilts/lap robes, \$200 check, 2 btles childrens Vitamins, 1 therapy ball, 10 bibs, 4 boxes Baby clothes, 3 knit hats/1 knit sweater, 48 cans Ensure, 6 lrg. bags Stuffed animals, 10 pkg. dry milk, 12 fleece blankets, 3 umbrella strollers, 5 pkgs baby diapers, 1 blender, 3 pr. Glasses, 2 blankets, 7 Izzy dolls, 20 pr. Baby socks, 2 boxes tennis balls, and many books, crayons and miscellaneous items.



BIBLE BANTER

MEETS EVERY (MONDAY, 9:30-10:30 AM MOUNTAIN BREW COFFEE HOUSE 6832 S KINGS RANCH RD \$5 THE NW CORNER OF US 60 AND KINGS RANCH RD)



Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!



Prayer Shawl Ministry

Calling all Knitters and Crocheters!

If you like to knit or crochet, enjoy meeting new friends, and like to do things for others, you are invited to check out the prayer shawl ministry. We meet the 1st and 3rd Thursday morning of each month during the winter months, at 10:00 am in room 101/102.

Our group makes shawls to give to church members and their families who are ill, grieving, dealing with cancer or those who are in crisis. We have patterns and supplies to get you started.

If you have questions, please call Nancy Miller at 480-882-3226 or email her at fnmiller61@msn.com.

STITCHES UNLIMITED...

...meets on the FIRST Wednesday of each month at 9:00 am in Room 101/102. Contact Melva Houtcooper for more information.

TAX HELP AVAILABLE ~

If you are struggling with preparing and funding your 2011 tax return, we might have a solution for you. A church member has volunteered to be available by appointment to help. *April dates left are the 4th, 5th, 11th & 12th.* Call the church office at 480-982-3776.

GCUMC SINGLES GROUP Come Get To Know One Another!

- **Who:** Any Single over the age of 50
- What: Gold Canyon Singles Monthly Potluck and Game Night
 When: 1st Saturday of every month Meet at 5:00 pm, Plan to eat at 5:30 pm
 Where: Gold Canyon United Methodist Church- Koinonia Room
- where: Gold Canyon United Methodist Church- Kolnonia Room

We will be meeting the 1st Saturday of every month for our main get together and branch off into groups of interest for other events to be announced at the monthly meeting. Bring your own table service and drink. Also, please bring the recipe for any homemade dish for our Cookbook. Questions? Call Rhonda Rapp at 480-357-1574.







SCRIP/BUS FUND ~ Did you know?????..... Over the past ten years, **at no cost to participants**, the church bus fund has earned over \$104,000 from the *Scrip* program (\$85,000 from Bashas', \$18,000 from Fry's). This is fantastic!! This money was used to purchase our bus and pay for gas, insurance and maintenance.

Now that we need to purchase a fifteen passenger **van** to accompany our bus (we are about \$10,000 short to buy this van before the youth go on their Mission Project to Busby, Montana this summer), we are asking *all* of you who shop at these two stores to reconsider using a Bashas' Community Support card and/or Fry's Gift card purchased at the church Information Desk on Sunday mornings or at the church office during the week. Each card starts with \$20, \$50 or \$100, and you recharge it as often as necessary just before you check out at the store (or at Customer Service), using your personal charge card, a check or cash; then use the card to pay for your purchases, and you can even use it for gas at Fry's!

Bashas' gives the church 6% of every dollar you load onto the card, Fry's 3%. Bashas' cards are honored at Bashas' grocery stores, A.J.'s Fine Foods and Food City. Fry's cards are accepted at Fry's grocery stores, Fry's Marketplace, and all other Kroger-owned stores throughout the US.

For many of you who in the past only used the "number program" at Bashas' which was a separate program and only earned 1%, be advised that it has not been in place for the past two years since they had to make a choice of their charitable programs at that time. If you have any questions, please give Betty Rolley a call at 480-380-0147. Thanks for your continued support.

Folders For Sale

GCUMC is selling Fold-



ers bearing the Church logo. They are identical to the new attendance books you sign on Sunday morning, except that they are blue and black. If you need a way to better organize your bible study notes, your ministry details, your everyday tasks, or you simply want to support your church, please stop by the information desk or church office to purchase.

They are \$12.00 each and all *proceeds are going to the North Parking Lot Fund.* Thanks for your support!



Easter Lílíes

Easter is just around the corner. Now is the time to order lilies for this year.

If you wish to order an Easter lily or lilies, please complete the order blank below and include the \$10.00 payment for each flower ordered. The form, along with payment, may be mailed to Gary Stemple, 8295 E. Sweet Acacia Dr, Gold Canyon, AZ 85118; placed in the offering plate; or dropped off at the office. Please make all checks payable to the church and note "Easter lily" in the memo section. The Easter Lilies will be placed in the Sanctuary and the Koinonia Room for your enjoyment on Easter Sunday. You may take your lilies home after the Sunday services.

Please order an Easter lily in Memory of

– Please order an Easter lily in Honor of				
_ Total amount attached: \$				
Y Name:	0	u	r	
Telephone Number:				



Gold Canyon United Methodist Church 6640 S Kings Ranch Road Gold Canyon, AZ 85118 Phone: 480-982-3776 Fax: 480-671-0028 Office Email: churchoffice@goldcanyonumc.org www.goldcanyonumc.org

GCUMC Staff				
Senior Pastor	Fred A. Steinberg <u>revstein78@gmail.com</u>			
Minister of Pastoral Care	Hu Rhymes: whsadier@earthlink.net			
Associate Pastor	Bob Deits: bobnjune@cox.net			
Pastoral Intern	Jody Topping jody@goldcanyonumc.org			
Director of Education	Katharine Keller <u>Iadiebug1214@gmail.com</u>			
Director of Music Ministries	Douglas J. Benton <u>bellmaster@earthlink.com</u>			
Associate Director of Music	David Ballard <u>ballardsaz@earthlink.com</u>			
Director of Youth Ministries	Wendy Moore <u>GCUMCYouth@earthlink.net</u>			
Pianists	Carol Ballard/ Linda Jones/ Marty Robison/Nancy Virden			
Office Manager	Suzanne Cherry churchoffice@goldcanyonumc.org			
Administrative Associate	Katherine Keller/Kim Shroyer			
Volunteer Coordinator Parish Nurse	Jane Hayes Susan Malloy/Monica Ortega-Watters			
Nursery Care Giver	Devona Brown			
Facility Care Taker	Rick Ceynar			
E mail Braver Chain, sources and states				

E-mail Prayer Chain: gcumcprayers@mchsi.com

@goldcanyonUMC

www.facebook.com/goldcanyonumc

SUNDAY SCHOOL SCHEDULE Children's Sunday School classes begin in the Worship Service with their families.

Children are led to their classrooms after the Children's Sermon.

 ς **b** 8:00 AM ~ Adult ~ Room 101/102

- ςむ 9:30 AM ~ Children

Addressee or Current Resident



Afterlife Sermon Series

What happens to us at death? What is heaven like? Will we know our loved ones there? Is there hell? Is there a judgment day? Who will go to heaven and who won't? What will we do in heaven? Is there a purgatory? Are those neardeath experiences true? We will explore these questions on Easter and the next four weeks. We hope you will join us as we talk about the afterlife.

April 8 ~ Easter, In Need of a Witness April 15 ~ Afterlife & The Bible-What Happens When We Die? April 22 ~ Afterlife & The Bible-View of Hell April 29 ~ Afterlife & The Bible-View of Judgment May 6 ~ Afterlife & The Bible-View of Heaven