

Office address:

6640 S Kings Ranch Road Gold Canyon, AZ 85118 Phone: (480) 982-3776 Fred Steinberg, Senior Pastor

Church E-Mail:

churchoffice@goldcanyonumc.org

Pastor's E-Mail: revstein78@gmail.com

Prayer Chain: gcumcprayers@mchsi.com

Website: www.goldcanyonumc.org

Vol. 26 April 2013 No. 4

So ite tak

From The Pastor: "Road to Restoration"

Some people love to restore items to their former glory. It takes a lot of time, money and energy to do so but the thrill of

taking a hunk of junk and restoring it to its former condition is a thrill. My family recently rented a small house in Salt Lake City for a ski vacation in which the owner had restored the exterior and completely reworked the interior. I imagine the restoration required gutting the interior and remodeling every part of the design. The result was a beautiful, livable house in an older neighborhood.

I know some of you have restored motorcycles and automobiles. The work requires paying attention to detail and a plan. The effort required is tremendous and some people's garages are the places of transformation that might require years to complete. Can you imagine the joy of driving your own fully restored Harley Davidson motorcycle or a fully restored 1968 Dodge Challenger?

Starting on April 7th we will look at what is required to restore a life. Sometimes people feel like their life has taken a turn for the worse and there is no hope for restoration. The damage is too deep and the possibility for change isn't possible. Jesus excelled at restoration work. He was willing to pay the price and find a way to complete the toughest restoration jobs.

In a new sermon series entitled, "Road to Restoration" we will look at the steps required to restore a life to what God created it to be. In the three weeks following Easter we will see how God sees a vision of what we can be and takes us through the transformation to a life fully restored.

Grace and peace,





"Road to Restoration" Sermon Series

In this sermon series, Pastor Fred Steinberg will help us think about the Christian life in a way you will not soon forget as he helps us understand the restoration required to help a classic car run again. This lighthearted and fun sermon series will lead us to a serious pursuit of life as God intended. Join us as we ready ourselves for the greatest road trip of all!

April 7 - A Wreck

April 14 - Turning the Key

April 21 - On the Road



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

COME ROCK WITH US AT VACATION BIBLE SCHOOL!

Our Vacation Bible School theme this year is *Kingdom Rock ~ Where Kids Stand Strong for God!* Our team has



already begun making exciting plans. So save the dates:

June 17 - 21st

We're looking for volunteer adults and youth to be "guides" for VBS groups of 5-6 children. This is not a teaching position, but one of a shepherd, leading children to each activity and doing small group discussion (questions will be provided by the activity leader). If you love children and love the Lord you will be great for this position. Please contact Katharine in the church office if you want to help. You can also help by providing **Donations for Kingdom Rock**, a list of items need follows:

Thanks for

helping out!

- Pool foam noodles-any color (\$1 at the dollar store)
- Sponge balls
- Small wading pools
- English muffins
- Pizza Sauce
- Confetti cake mix
- White Frosting
- Goldfish crackers
- Small round pretzels
- M&M's
- Small Bottled water
- 12 oz. empty plastic bottles/with caps
- Play-Doh

Sidewalk Children's Ministry



Several dedicated volunteers from GCUMC have been nurturing children through God's word Ribl

children through God's word, Bible stories, games, and songs for many years now. Shepherds meet every Saturday 10 am - 12 noon, October-April, in Apache Junction. If you are looking for an uplifting volunteer opportunity to fill your heart with joy, this is for you. Sidewalk is an outreach ministry for children, many of whom do not attend church. They are fed spiritually, then nutritiously with lunch provided.

This summer many of the children from Sidewalk will have the opportunity to experience Vacation Bible School at GCUMC. Several of the children attended a Sunday school class at church, and many enjoyed the Easter Eggstravaganza on March 24th.

For more information on Sidewalk opportunities, you may indicate your interest by e-mail to slhussein@mpsaz.org, or call Sherry at 480-275-0438. We can use your skills and talents anytime from 9 am to Noon, Saturday of your choice, at Avalon Elementary School, Apache Junction. Come be a part of this rewarding ministry!

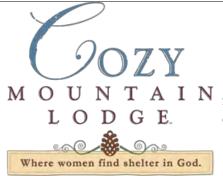
Money Raised! On Saturday, March 2nd, hundreds of folks gathered on our parking lot for a community-wide garage sale. As a part of this event \$245 was raised for our Sidewalk Ministry. The Hungarian potter, John Zsitvay, who was attending GCUMC until his return to Hungary, donated more than 25 of his creations that were sold to support this ministry. Sidewalk reaches children within the Apache Junction community who otherwise might not have a Christian experience. We wish to thank Don Schaefer and Noreen Beatty for handling this pottery sale.

SUMMER CAMP AT MINGUS ~



Will you consider sending your child to camp this summer in the beautiful setting of Mingus Mountain near Prescott? Church camp offers a great opportunity to learn about God while exploring God's creation, and this year, the Conference has lowered the cost to \$285. Katharine will be co-dean of the elementary camp with Rosemary Anderson on *June 3–8*, and Jody Topping will dean Senior High Camp during the

week of July 1. Brochures and registration forms are now available – please contact Katharine or Jody if you are interested. Remember, scholarship money is available to assist those children and youth who want to go to camp. It is a terrific experience they won't want to miss!



WOMEN'S WEEKEND RETREAT ~ **April 12 – 14, 2013**

Are you in need of a relaxing day in the mountains, some time to slow down, savor a warm beverage while chatting with friends, and enjoy the beauty of the great outdoors? Every woman longs for a day (or two) like this — even those who live hundreds of miles from the nearest mountain!

Join us in Cornville, AZ for a weekend where we will enjoy time with other women and with God. When you participate in a weekend like this, there is some Bible study, some quiet time, and <u>lots of fun!</u>

This will be our last full weekend retreat, so don't miss out on this time to "get away." Once again we will be staying at the Living Water Retreat Center, a perfect place to be free of distractions and our busy lives.

Cost is \$150 per person for room, board and retreat materials. Registration forms are available now in the office or at the Information Center on Sunday mornings. **Registration deadline is Friday, April 5.** Complete payment is due upon registering. Please call Katharine Keller in the church office to expedite your registration. The planning team can't wait to share this weekend experience with you!

Update on Habitat for Humanity – Winter 2013 Project

We are continuing our work on the renovation build with Habitat for Humanity in Apache Junction. It has been more challenging than a "normal" build, making it difficult to predict what tasks we will be doing week by week and sometimes having to cancel a Saturday build day because of problems requiring professional help. But we still hope to complete the house by late April. So far, Gold Canyon has provided

workers for 4 out of the 8 Saturdays the Coalition has worked, and we even provided volunteers on another Saturday for a different build in the same area. We have also had some great folks from our church provide lunch twice and coffee twice. We really want to thank all of our volunteers for their hard work and flexibility, and our donors for contributing over \$10,000 of the \$30,000 required to build this house. You are awesome!

We **still welcome your contributions** to start getting ready for next year. Please make your check to GCUMC and indicate "Habitat for Humanity" in the memo, or make your contribution online at www.GoldCanyonUMC.org. **A few more volunteers for Saturdays in**

April are also needed. We will keep you posted as we near the completion and dedication. Thanks so much for your ongoing support of this ministry. If you have questions or desire information here is our info:

Joe and Maureen Morton 602-284-2826



Prayer Shawl Ministry



This ministry meets on the 1st & 3rd Thursday of each month through April, at 10:00 am in the Education Building. All knitters and crocheters are invited to come! Please join us to make shawls and lap robes to give to members of our church family and friends who are ill or in need of comfort. Contact Nancy Miller for details, 480-882-3226.



Gold Canyon UMC Youth



Gold Canyon United Methodist Youth Group News

Wendy Moore, Youth Director



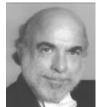
The **2013 Mission Trip to Mescalero, New Mexico** will be here before we know it. The actual dates are July 14 through July 20. We have reserved spots for 25 people including chaperones. We already have **13 people signed up to go.** If you have had a chance to attend our Shareholder's Thank You dinner, then you have heard first hand from the youth how much these mission trips mean to them. This year will be no exception; it will change the lives of all who go. We will be serving the tribe of the Mescalero Apache people, doing a variety of jobs. This is a Challenge Camp which means that there could be re-roofing homes, building decks, repairing drywall, or painting.

Not only do we serve physical needs of the residents, our service and outreach provides the opportunity to share spiritually as well. Our youth experience the joy of service to others, and are provided excellent faith based morning and evening programs to support their work each day. Each year, the organizers provide a theme for the week's events. It is a powerful combination to hear the biblical perspective of service to others, focus on Christ's service and sacrifice, and then go into the community to put those ideas into action.

So, we are actively selling shares for our trip and would love to have you be a part of our 2013 Mission Trip as a shareholder. The cost per share is \$400, half a share is \$200, a quarter share is \$100, but any amount is greatly appreciated and makes you a shareholder. Be a part of a life changing trip, for our youth, the people they will be serving, and hopefully you when we come back and share our stories with you. If you have any questions, please don't hesitate to call Wendy Moore at 480-459-1809.

Thank you to all who help make our Mission trips successful, through donations, prayer and support. Scott Moore has already raised 2 shares through the sale of his artwork!

Also, thank you to all the youth who participated in the Eggstravaganza!!!! Being involved with the W.O.W. Team is so good for our youth. They get to know people in the church whom they might not otherwise meet.



Music Notes

Christ is Risen! He is Risen, Indeed! Hallelujah! Amen!

This cry and shout of Christians around the world was once again heard on Easter Sunday. I hope your

Easter was filled with the joy, awe and love of Christ Jesus! My profound thanks to the Chancel Choir and soloists for the incredible experience of Theodore Dubois' Seven Last Words of Christ on Good Friday. What a profound way to experience Christ's death so that we can truly understand and appreciate His resurrection! There is nothing as joyous as bells, brass, timpani, choir and an incredible congregation all celebrating Easter singing "Christ the Lord is Risen Today"!!!

We are now saying "Goodbye" to many of our winter residents as they leave for, uh, "cooler" climates, though none of us locals really understand why! Personally, I am very thankful for those of you who have sung in the Chancel Choir, rang handbells with the Canyon Carillon and played your instruments with us in the Orchestra. You have all blessed me, and indeed all of us, in many ways with your dedication, musicianship and willingness to share your talents. Thank you!!!

Our Performing Arts Series had a very successful season with some truly outstanding musicians, some much needed donations to our Food Bank, and a whole lot of new people who came into our church. A total of 7,106 people (more than half were first time visitors!) attended our 10 events and donated \$29,630.42. After expenses, we realized \$6,776.39 which pays for extra musicians for our Commitment Sunday, Good Friday, Easter Sunday and other special services, in addition to helping ensure future events and pay for other music expenses not covered by our budgets.

This month we have a very special program: our *2nd Annual Interfaith Choral Festival* with the choirs from Superstition Foothills Baptist Church, Rev. Doug Sanders, director, Our Savior's Lutheran Church, Richard Wall, director, and our own Chancel Choir. The Festival will be held on **Sunday, April 21 at 3:00 pm** at **Our Savior's Lutheran Church**, 5301 S Kings Ranch Rd, one mile north of GCUMC. Each choir will sing a couple of anthems then we will combine the three choirs together and sing anthems conducted by each of the three directors. Like last year, this will be an afternoon of some great music and fellowship! A free will offering will be received and all of the pro-

ceeds will go to benefit music students in the Apache Junction Unified School District. Bring your family, friends and neighbors to the Lutheran Church and help support our Chancel Choir, and music students! Also, please bring a non-perishable food item for the GCUMC Food Bank.

I pray for safe travels to all who are heading to their "other" home, and to those who just like to drive around and visit God's wonderful beauty here in the desert and in the mountains. Wherever you go, know that God is with you and gives you the opportunity to experience His beauty when we take a deep breath and open our eyes and ears to something beautiful outside of ourselves. May God continue to bless us with His great and many gifts; the greatest being, of course, the gift of His son, the Christ!

Christ is Risen! He is Risen Indeed! Hallelujah! Amen!



Doug

Douglas J. Benton Director of Music Ministries

Pastor Fred, Doug, Staff and Board,

Thank you for again inviting *Legacy Quartet* to minister and worship with you and your won-



derful people, in your beautiful church. It was a glorious day honoring our Lord.

Thank you for your warmth and friendship. It's incredible! And thank you for the generous offering of \$3,918.95. We pray that you all and The Lord were happy with Legacy's part. We can't wait for January 26, 2014!

Our deepest love and best to you all,

Norm and Kay, Steve & Vicki, Doug & Melissa, and Mitch



News from the Health and Wellness Ministry of Susan Malloy, Parish Nurse Wishing You a Healthy 2013!

Boosting Your Immune System 101

What exactly is my Immune System? It is an enormously complex system involving a great number of components including these 7: White blood cells - aka leukocytes (number in a ratio of 1 WBC per 669 red blood cells working together with other components to fight infection); Interferons (biologic response modifier-promote and prolong a disease free state of being); Cytokines (soluble proteins secreted by cells acting as messenger regulating the Immune system response; Chemokines (encourage higher concentration of proper chemical substances needed for a healthy immune response; Antibodies (a protein made by B lymphocytes that react with a specific antigen (immunoglobulin) to protect and promote healthy organs; Prostaglandins (hormonal-like substances that alter the diameter of blood vessels, raise body temperature in response to infection and play a crucial role in blood clotting. The body releases prostaglandins in response to injury (burn, break, or sprain that could lead to inflammation, redness and swelling); Cell signaling molecules (the means by which cells communicate with all body systems — disruption due to bacteria, fungi, virus or nutrient deficiency can cause miscommunication resulting in illness or disease.

What is the Immune System's Function? To protect the body from bacteria, virus, fungus, and mycoplasmas (another type of further differentiated bacteria).

How can I Boost/Protect my Immune System? One way (and there are others equally important) is by following a daily antioxidant regimen that protects against immune-suppressing "free" radicals. Free radicals have been linked to Immune system damage that accompanies normal aging. While aging is inevitable immune system destruction is not.

One BIG ANSWER-Nutritional Immunology - a concept that suggests the ingestion of appropriate nutrients can enhance human immune response and, the ingestion of Micronutrients are now known to play a key role in many of the metabolic processes that promote surviving critical illnesses. Three of the most well know diseases that can be positively impacted with the ingestion of appropriate nutrients and micronutrients are Alzheimer's, Cancer and Heart Disease.

ONE VERY IMPORTANT NUTRIENT, **VITAMIN D3,** can have a very positive effect on the aging process. It can prevent diseases identified above and can promote a healing environment inside your body to reduce or negate the disease already in existence. This VITAL NUTRIENT can help you immensely, by eliminating inflammation, the spark that creates the "fires of destruction" in your body creating ...Alzheimer's, Cancer, Heart Disease.

What is startling is that the Very Lowest Levels of Vitamin D3 were found in the older adult. Also, this information has been recently offered as the explanation for higher infection and death rates in the elderly during FLU & COLD season. Vitamin D3 has been shown to stimulate cells to produce powerful killers of virus, bacteria, and fungi known as antimicrobial peptides. Interestingly and very important is that the higher the dose of Vitamin D3, the higher the level of these anti-infectious peptides.

My findings support checking supplements to see if you are getting any Vitamin D3 and then begin supplementation right away with a dose no higher than 10,000 IU's preferably divided by 2 (5,000 IU at breakfast and 5,000 at lunch or dinner). That way you will be assured to get it going into your system and assimilated properly. If you take the second dose at bedtime or later than 6:00 pm, you may be too energized and unable to get adequate sleep. A suggested approach would be to begin with (5,000 X 2/daily) for a total of 10,000 IU for the next 6 months, then at your next visit with your physician ask him/her for a Vitamin D 25-hydroxy TOTAL lab test.

It is recommended that older adults should reach at least 65-80 ng/ml and maintain it there. For some, keeping it near the 80-90 range may be of significant health value especially if you suffer from one of the diseases mentioned or even others. But BE AWARE....beyond 100 ng/ml is TOXIC so more is not necessarily better. Remember each person is unique.

What Vitamin D3 can do for you - it is well known for its role in supporting the health of our bones and skeletal system and now, due to some intriguing studies, has been shown to be a key factor in the prevention of three of the greatest health threats facing Americans today, Alzheimer's, Cancer and Heart Disease. There have been a number of studies that prove the positive effects of higher levels of Vitamin D3 with regard to the diseases noted.

Where can I find this Antioxidant/Vitamin D3? The most cost effective /reasonably priced product is available through Puritan Pride at www.puritan.com or call 1-800-645-1030. Other suggested locations with availability are Wal-Mart, CVS, and Walgreens.

I trust you found this information helpful and I have motivated you to start on your path to wellness. If you would like more information or want to know other ways to improve your health, feel free to contact me at 480-390-1496.

Blessings of Health & Wellness, Susan Malloy RN BSN Parish Nurse

DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)

February	20)11	20	12	201	13	2012	2013
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	\$32864	\$11858	\$31272	\$11275	\$31041	\$15856	1951	1867
2nd	18646	4324	19333	4140	32791	8060	2041	1954
3rd	23288	10140	25308	10232	27779	21527	1871	1902
4th	23947	8139	21324	9634	22042	7235	1931	2705
5th			0	0	0	0		
Total	\$98745	\$34461	\$97237	\$35279	\$113653	\$52678	7794	8428



Electronic Funds Transfer (EFT)

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers a

new way to support our ministries. Our new electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTH-ING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by

notifying us in writing. We believe that once you have enjoyed the convenience and savings of this new program, you won't want to go back. Contact the church office now.



Tax Preparation Assistance Available!

U.S. Individual Inc sistance in the prepara-

tion of, and associated fees related to, your 2012 IRS & State tax returns? If so, make an appointment with a GCUMC member volunteer who is willing to help prepare your returns. Please call the office at 480- 982-3776 or visit the Church office to make your appointment. Still some April slots available!

Tax-free IRA Contribution to Church Possible

The American Taxpayer Relief

Act has renewed through December 31, 2013. Individuals aged 70.5 or older may make a tax-free contribution from an IRA to a qualified charity (e. g. GCUMC). **NO income tax** incurred on up to \$100,000 per year donation via an IRA. Please direct questions to your IRA custodian/financial advisor, or to Terry Parsons: 480

-982-6578.



Pastoral & Congregational Care



COPING WITH GRIEF AND LOSS

Over the last few months, our congregation has lost several members of our church family to death. Even though as Christians we know that death is not the end, we also know that losing someone we love or care for deeply can be very, very painful. Sometimes we don't know if it's OK to outwardly show our grief, or we think we've been grieving too long and we just need to stop, cold-turkey. The truth is, we all experience grief in different ways; there is no right or wrong way to grieve, but there are healthy ways for us to cope with the pain that grief can bring. When we realize that grief is a natural response to loss, and we use these healthy ways of coping, in time, we can be renewed enough to move on with our lives. We hope that the following excerpts provided by HelpGuide.org*, will be useful whether you are grieving the death of a loved one, the end of a relationship, the loss of a job or career, or even the loss of your own identity through retirement or other life-changing moments.

Grief is a natural response to any loss in life. It's the emotional suffering you feel when something or someone you love is taken away. The more significant the loss, the more intense the grief will be. However, even subtle losses can lead to grief. For example, you might experience grief after moving away from home, graduating from college, changing jobs, selling your family home, or retiring from a career you loved.

Everyone grieves differently. Grieving is a personal and highly individual experience. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and the nature of the loss. The grieving process takes time. Healing happens gradually; it can't be forced or hurried – and there is no "normal" timetable for grieving. Some people start to feel better in weeks or months. For others, the grieving process is measured in years. Whatever your grief experience, it's important to be patient with yourself and allow the process to naturally unfold.

While loss affects people in different ways, people experience the following symptoms when they're grieving: shock and disbelief, sadness, guilt, anger, fear, or even physical symptoms like fatigue, nausea, lowered immunity, weight loss or weight gain, aches and pains, and insomnia. Just remember that almost anything you experience in the early stages of grief is normal — including feeling like you're going crazy, feeling like you're in a bad dream, or questioning your religious beliefs.

Healthy Ways of Coping with Grief

Get Support. The single most important factor in healing from loss is having the support of other people. Even if you aren't comfortable talking about your feelings under normal circumstances, it's important to express them when you're grieving. Sharing your loss makes the burden of grief easier to carry. Wherever the support comes from, accept it and do not grieve alone. Connecting to others will help you heal.

Take Care of Yourself. When you're grieving, it's more important than ever to take care of yourself. The stress of a major loss can quickly deplete your energy and emotional reserves. Looking after your physical and emotional needs will help you get through this difficult time. Taking care of yourself means facing your feelings and expressing them in tangible or creative ways; looking after your own physical health; not letting anyone tell you how to feel, and not telling yourself how to feel either; and planning ahead for grief "triggers," such as anniversaries, holidays, and other milestones that can reawaken memories and feelings.

If necessary, seek professional help. It's normal to feel sad, numb, or angry following a loss. But as time passes, these emotions should become less intense as you accept the loss and start to move forward. If you aren't feeling better over time, or your grief is getting worse, it may be a sign that your grief has developed into a more serious problem, such as complicated grief or major depression. If this happens, it is better to seek professional help from a grief counselor or professional therapist.

If you are experiencing grief and loss, we have a number of resources available through Gold Canyon United Methodist Church, including both Professional and Lay caregivers who will walk alongside you as you grieve. Our Pastors, Director of Congregational Care, Congregational Care Ministers, and Stephen Ministers are all available to be with you as you go through the grieving process. We have a grief support group that meets with Rev. Bob Deits every other week on Tuesday mornings, and can also recommend several books and other resources, including **Pastor Bob's book called** *Life After Loss*. We know that the grieving process can be very difficult and emotionally draining. We hope you will allow us to walk with you along that journey so that together, we can help you return to a life that is both fulfilling and full of joy. [*For more information, go to http://www.helpguide.org/mental/grief_loss.htm]

STEPHEN MINISTRY



Spring Has Sprung!

As you read this, Easter has passed or is just about to! Whether you are with us here in Arizona, or reading this April message from afar, you are no doubt beginning to see changes in the season all around you. Here in sunny Gold Canyon you can't drive down Highway 60, or any other navigable road in the area for that matter, without seeing what appears to be an explosion of color. Reds, blues, yellows, greens and oranges are bursting from fissures in rocks, hillsides jutting up from the desert floor, cracks in the roadway, and from parched ground that appears unable to sustain life. There is new life all around us. It's pretty apparent that is God's handiwork.

Have you ever gardened? Or an even greater feat, farmed in high volume in a large operation? If you have done either, then you know what a long process there is between planting and reaping the reward of a bountiful harvest. Listed here at its very minimum, this process includes seed selection, soil preparation, planting, watering, feeding, shading, protection from insects, and harvesting.

Going through that process from seed, to blossom or fruit, takes time. It takes the seed down a path of change where many different things could happen along the way. The seed could become a tall seedling, short seedling, heavy seedling, thin and wispy seedling, bright seedling, subdued seedling, strong seedling, frail seedling, seedling full of fruit, seedling with limited fruit, seedling living to full maturity, or seedling not reaching maturity.

What does all of this rambling about gardening really have to do with us - do you see similarities in the gardening process discussed here, and our lives? When the gardener is doing what the gardener should be, he or she is planting, nurturing, pruning, watering and harvesting. Isn't God the Gardener of our lives?

He has been with us from the womb and every step along the way.

However, as change occurs in our lives we are often like the seedling, never quite knowing what will happen tomorrow or how things will turn out. Try as we might, trusting in God our gardener isn't as easy as we'd always like it to be. Change can intimidate us, make us uneasy or fearful, and set us off "balance". For example, some of us may be ecstatic at the prospect of going back to our home states for the summer months, but some of us may be less than enthusiastic. Maybe we are leaving good friends and support systems here in Arizona, maybe we have a major decision to make in the coming months, or any number of other things.

Think about this – God created each of us with his own loving hand. And, he "plants" us together with other believers. Together with other believers we can bloom to create a beautiful landscape.

Did you know that Stephen Ministers are simply other believers? Did you know that even if you are leaving Gold Canyon UMC this month for another state, your GCUMC Stephen Minister can still be with you via long distance relationship? If you have never considered a Stephen Minister, but feel like you could use someone to walk beside you as you weather some change in your life, consider asking for a call from a Stephen Minister by checking the box in the Sunday morning attendance book in your row, or calling the church office at 480-982-3776 and asking for Kim.



But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. Amen ~ 2 Peter 3:18 (NRSV)



Global Missions

"The world is my parish." - John Wesley

'...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

April 2013 – Global Missions

Fellow Man International

We keep the Fellow Man International Mission and Lisa Armstrong in our thoughts and prayers, and support their efforts through the sales of Green Parrot coffee. Lisa continues to manage the Mission in Honduras from Kansas, while local leadership facilitates the day to day running of the Mission. What follows is a letter from Lisa received last month. Contributions may be made to the Mission by designating "Fellow Man International" on your checks.



Dear Friends of Fellow Man International,

As the new year begins, it seems like the perfect time to improve and enhance communications with those who have been so faithful in supporting our efforts in Honduras. The FMI staff and I communicate on nearly a daily basis through Skype, email and by phone. Dr. Marvin Pineda, the project's physician as well as Yaely Cardona, the mission's administrative assistant frequently send pictures of the mission's activities. I would very much like to share the many pictures and stories of the work being carried out at the Fellow Man project. It is important you know what a difference your support is making for so many living in this small corner of Honduras.

I am thrilled to inform you things are going very well at the mission. The clinic's waiting room is filled every day with people in need of medical

care. The rainy season, has been especially harsh this year. The road to the clinic has been impassible on a number of occasions, yet the staff in all of their dedication has chosen to walk when even the four-wheel drive vehicle can't make it all of the way up the mountain. I am so proud of the job everyone is doing. The staff's commitment to the well-being of their fellow man is evident.

Once again, please accept my deepest appreciation and gratitude for your support of our project and the Honduran people it serves. Without you, none of this would be possible. Thank you for helping us to spread the message of Christ's hope and love to those in need. I look forward to keeping you in touch in the weeks and months to

Costa Rica



mission Our team to Cos-

ta Rica, along with the efforts of our membership, was appreciated by Becky Harrel and the faculty and staff of UBL. A Feb 21, 2013 letter from Becky follows:

Dear Brothers and Sisters in Christ at Gold Canyon UMC:

On behalf of the Universidad Biblica Latinoamerica, we thank you for your presence with us January 10-18 2013 and for your hearts for the Lord and His people. Please find attached receipt #142777 noting receipt of \$5,875 for lodging, meals and transportation for 16 individuals, plus \$5,600 donated for materials for construction, making a total wire transfer of \$11,475 less \$12 wire transfer fee, for a total deposit of \$11,463. We also greatly appreciate the additional donation of the hot water heater for the kitchen and

Dona Emma's use.

Your prayers and support for this seminary and her students, faculty and staff are greatly appreciated as we celebrate 90 years of ministry in Latin America and the Caribbean in 2013. We look forward to your return to us in 2014.

Bendiciones, Blessings to you and yours,

Becky Harrel



We began our Imagine No Malaria campaign on Easter Sunday. Our fund-raising effort is only one part of this campaign. Throughout the next several months we will include information and updates on the global campaign to increase our understanding of the disease of malaria, its impact on the people of Africa, and our efforts to help wipe out malaria. The following excerpt comes from the Imagine No Malaria website:

"The United Methodist Church is not alone. Imagine No Malaria has partners to help make beating malaria a reality. We work with the United Nations Foundation, The Global Fund to Fight AIDS, Tuberc culosis and Malaria and the Bill and Melinda Gates Foundation. These organizations are global leaders in the fight against malaria and other diseases of poverty.

Why do they need us? The United Methodist Church brings some very unique resources to the table. The financial support of 11 million United Methodists worldwide is a significant part of it. But there's much more. The United Methodist Church has worked in Africa for nearly 200 years. We operate churches, school, hospitals and clinics across the continent in places where no one else will go. Wherever the road runs out, you'll find us bringing hope to the hopeless and empowering the powerless.

These partners recognize the United Methodist Church is a key to healthcare delivery in Africa. As a result, your donation is multiplied many times by the support it provides."

You may contribute to the Imagine No Malaria campaign through Gold Canyon UMC by writing "Imagine No Malaria" on the memo section of your check, or by contributing to UMCOR directly. The UMCOR code is #3021190. If you contribute directly through UMCOR, please indicate that GCUMC is your church so that your contribution will go toward our \$26,000 goal.



<u>Current UMCOR</u> <u>Emergencies</u>

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ###### (fill in the appropriate number)" on the memo line. 100% of your donation goes to those affected by the emergency.

Imagine No Malaria ~ Advance #3021190

<u>Wings of Caring - Projects</u> ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

<u>Midwest Emergencies - Projects</u> ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

<u>Disaster Response, International - Projects</u> ~ Advance #982450 - Quick response to meet emergency needs around the world.

<u>Japan Emergency ~ Earthquake & Tsunami ~ Advance</u> #3021317

<u>Liberia Emergency</u> ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

<u>U.S. Disaster Response</u> ~ Spring Storms Advance #3021326

For more ways to help, or to donate online, go to: http://new.gbgm-umc.org/umcor/ -Or follow UMCOR on Twitter at @UMC UMCOR

Buy a Handcrafted Cross to Support Global Missions!

The Global Missions team is selling hand crafted wooden crosses to support Global Missions. Wally Quanstrom and Harry Warren, the creators of these crosses, are members of the



Global Missions Team and mission team to Costa Rica. The workmanship in these 18" high by 12" wide crosses is exquisite. Original design crosses will be sold for \$30.00.

Custom made (special requests for particular scriptures or other wording) crosses are also available for \$40.00.

Please look for the crosses at our Global Missions table in the courtyard.



Fair Trade coffee, tea and chocolate are available for purchase between worship services on Sundays. Every purchase you make contributes to people and missions around the world.

GCUMC 982-3776



Volunteers Do Make a Difference

April

Home Based MicroVolunteer Actions That Benefit So Many Causes



"Change the World ~ From Just your Armchair" Continued...

Useful ways to help go by the fancy name of micro-volunteering, as they are completed in up to 30 minutes of time.

With over 800 microvolunteer actions to choose from on the database, these 7 areas seem worth consideration:

www.helpfromhome.org/our-projects/help-from-seniors

Here are a few ideas from Craftwork:

Quilt Making, Knit or Crochet Preemie, Knit a Teddy Bear or Make a Bag, Dog Blankets or Snuggles, and Homemade Cards. The items can be donated to local hospitals, Child Crisis Center, Police Departments, Fire Departments, Soldiers or Veterans, Dog Rescue, and so many other groups dealing with people or animals in crisis.

If you are willing to give our Volunteers a vacation break,
PLEASE CALL me!
We can always use assistance.

SUMMER IS COMING!

It's that time of year when many of you will be leaving for cooler climates until Fall or Winter.



THANK YOU FOR YOUR WORK THIS YEAR!

PLEASE SEND ME NAMES OF THOSE WONDERFUL VOLUNTEERS TO RECOGNIZE!



Do you have the time? No, I don't mean your watch! Please look over this list of volunteer

needs. If you can help with one or more of the following, <u>complete and place this</u> <u>form in the collection plate, at the in-</u> <u>formation center, or church office,</u> <u>480-982-3776.</u>

<u>Time</u>	Job
30 + min	Hospitality
40 min	Greeter
90 min	Rides to Doctors
60 min	Bake Cookies
240 min	Office
	Receptionist
Name	
Phone	
Phone	



Scholarships Applications Being Reviewed for 2013 Fall Term!

The GCUMC Scholarship Committee is pleased to have received applications

from several Fall 2013 prospective students. Applicants will receive written notification of any scholarship award by May 1, 2013.

Donations Always Being Accepted for Student Financial Assistance

Have you ever considered financially helping a student to advance his or her education and/or career training but weren't sure how to go about finding qualified applicants? If so, GCUMC can now be of assistance. A scholarship program has been established to help students, young and not so young, with their financial needs. There are established criteria that must be met before a potential recipient may receive any available funds.

Brochures describing the criteria, along with more details about the program, are available at

Church Wish List

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

Pave the North Parking Lot - \$200,000 Playground - \$40,000-50,000 Stained Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel) Organ Pipes Building Fund Loan Payoff

SUPPORT GROUPS

MIND MENDERS

Meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

CANCER

Meets each Wednesday at 11:00 am in Room 101/102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or at deeashe7580@gmail.com.

GRIEF

Led by Rev. Bob Deits, this group meets the 1st & 3rd Tuesday each month from 11 am to noon in the Sea of Galilee Room - Ed. Bldg. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-396-4838.

ONLINE GIVING AVAILABLE!

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy, convenient and costs nothing!

[www.goldcanyonumc.org]

Thinking Theologically with Jody Topping—



This morning I sat outside and watched the sunrise. I heard the birds holding engaging conversations through their "tweets" and "caws". I watched the quail and the

jackrabbits scamper about as they searched for something to eat. The morning air was cool and quiet. And as the sun started peaking over the horizon to the east, every moment was a burst of new color...from a light yellow to a brilliant orange to a deep crimson red. It was a wonderful way to start the day a new day full of promise, renewal, and hope.

As I sat there watching the sun come up in the east, it occurred to me that as Easter people, every new day is a reminder of the Resurrection. When the women came to the tomb after Jesus was crucified and his lifeless body was laid to rest, they discovered that the tomb was empty. Jesus' body was gone. Luke's gospel tells us that the women saw two men in "clothes that gleamed like lightening" (24:4 NIV). They asked the women "why do you seek the living among the dead?" Jesus was no longer dead, but alive. His ministry was renewed and restored. Through His Resurrection, Jesus offered the people hope for a better day...a better life through Him and through God's love for

Through His Resurrection, Jesus offers us new hope for a better day. Each new day brings promise and renewal. When we wake up each morning, hopefully our bodies are renewed and refreshed from the restful sleep of the night before. There is a sense of newness about the morning, opening up the possibility that we can do things differently than we did the day before. Each day is an opportunity to live our lives as Resurrection people. "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" (2 Corinthians 5:17). May we all, as God's chosen ones, live as Resurrection

people. May we face each new day renewed and refreshed so we can help bring about the Kingdom of God here on earth. As Easter people, let us face each new day with promise, renewal, and hope. God bless...

BIBLE BANTER

(NEETS EVERY (NONDAY, 9:30-10:30AM, MOUNTAIN BREW COFFEE HOUSE 6832 S KINGS RANCH RD \$5 (NEAR THE NW CORNER OF US 60 AND KINGS RANCH RD)

Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!

ARE YOU IN NEED OF PASTORAL OR CONGREGATIONAL CARE?

If so, please call our Director of Congregational Care, Jody Topping at the church office (480-982-3776) or on her cell phone (480-766-9272).

Our Pastoral and Congregational Care team is available to visit and pray with you no matter what the reason. If you would like to receive prayer prior to surgery, please call and let us know when and where the surgery is taking place. We will also wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer prayer support. And if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.

Also, keep your eyes open for the Pastoral and Congregational Care news in each Roadrunner Newsletter (on page 8 of this month's issue).

A Note From Bob... Country Western News



The next country western concert will be by *One In the Spirit*, Sunday, April 14, at 5 pm in the Koinonia Room (where the country western service is held each week).

Have you noticed how this group is growing in numbers and musical skills? Their dedication is beyond any reasonable expectation as they provide the music for all but the last Sunday every month.

I look at them as our "cross-over" group who bring us gospel songs of the Gaithers and others in addition to traditional cowboy country western tunes.

Bring your friends and come enjoy a great hour of music.

Change in Schedule

This year we are going to try something different during the summer months. Instead of providing a country western service every week through June and then going monthly (on the last Sunday) for July, August and September, we will go weekly through May and go monthly for June, July and August-going back to weekly in September.

Mark your calendars and plan to come on by. "Y'all" will find a welcome that is warmer than the summer weather!



Bob Deits

Deadlines:

May <u>Roadrunner</u> is April 10th
Weekly <u>Bulletin Insert</u> is Noon Wednesday
Your GCUMC Publications are brought to you
by: Bill Atkinson, Georgia Kirkpatrick, and Kim

Life after Loss Reaches a Milestone

Bob Deits' book, *Life after Loss*, will reach the 25th anniversary of the first publishing in April.

Now, 25 years later with the current edition being #5, the book is still selling and still recognized as one of the most useful books ever written in the field of loss and grief.

The first edition in 1988 had 217 pages; the 5th edition, published in 2009, has 283 pages. It is translated into 7 foreign languages (Spanish, German, French, Russian, Chinese, Greek and Hebrew).

Bob leads a grief support group here at GCUMC on the 1st and 3rd Tuesdays of the month at 11 am in the Sea of Galilee Room.

To speak with Bob regarding the Grief Support group, or book, you may call 480-396-4838







Imagine No Malaria

\$10 will save one life from malaria.

How many lives can you save?
Contact the church office for more information!

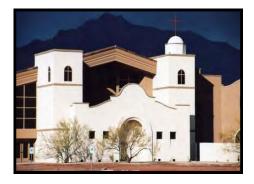
Our Church History ~ History Committee Update Early Church Memories

Memories from Joyce Gingrich (more next month)

The church began to grow. In 1993 a new pastor was assigned to Gold Canyon, Rev. David McPherson. He was very eager to see the church grow.

Finally, in 1994 or 1995, the conference sent a consultant to meet with members of the church to try and ascertain if it was prudent to continue supporting a church in Gold Canyon. The consultant set up appointments and we met with him as couples or singles. Gary and I were the last appointment, and I will never forget how angry we were when he told us he felt there was no logical or financial reason to keep our church going.

All of us who met with him were compelled to prove him wrong! Pastor McPherson found a building location and planned a "Miracle Sunday" to raise the money to buy the property. It was truly a miracle that our small group raised the money. In March of 1996, we broke ground for our first building in our current location!



The rest, as they say, is history! As for me, I know God led us here and what a great journey it has been!

Joyce

++++++++++++++++++







Over the past ten years, at no cost to participants, the church bus fund has earned over \$127,000 from the Scrip program. This is fantastic!! This money was used to purchase our bus and pay for gas, insurance and maintenance. With your continued support we just purchased a new fifteen passenger van to accompany our bus!! Now we will put funds toward paying off that van, and providing for maintenance and service.

We are asking all of you who shop at these two stores to consider using a Bashas' Community Support card and/or Fry's Gift card purchased at the church Information Center on Sunday morning or at the church office during the week. Each card starts with \$20, \$50 or \$100, and you recharge it as often as necessary just before you check out at the store (or at Customer Service), using your personal charge card, a check or cash; then use the card to pay for your purchases, and you can even use it for gas at Fry's! Bashas' gives the church 6% of every dollar you load onto the card, Fry's 3%. Bashas' cards are honored at Bashas' grocery stores, A.J.'s Fine Foods and Food City. Fry's cards are accepted at Fry's grocery stores, Fry's Marketplace, and all other Kroger-owned stores throughout the US.

If you have any questions, please give Betty Rolley a call at 480-380-0147. Thanks for your continued support.





(Our Hospitality and Outreach Team – Witness Our Wonder)

Spring Eggstravaganza! At least 81 excited children rushed around to find eggs and their sweet contents.

More children scampered up the rock wall, "battled" each other on the bouncy jousting unit, with others crawling through the obstacle bouncer or just bouncing with glee in the bounce house. Oh to be young! It was an absolute delight to see so many young and old parade with their Easter hats and also manage the bunny hop as well. The face painter, the balloon lady, the activities for the tinier tots, and the Resurrection Egg craft were all popular. We can't forget the "show" of the Shriner vehicles, the presence of the fire engine and the antique police car. Ten dogs and two chicks were blessed with caring prayer, photos were

snapped, tours of the church were provided, our food bank was represented, our nurse was on stand-by, and of course, we can't forget that people enjoyed terrific hot dogs! This was such a

mighty team effort - many, many thanks go out to ALL the volunteers it took to stuff eggs, set up, direct traffic, staff each area, tear down, but most of all be such a friendly outreach to all those who spent the day with us.



All members and a guest are invited to the SMF Potluck Social on $\it Sat, April 6^{th}$ at $\it 5pm$ in the Koinonia Room. This will be our last large gathering until next season. En-

tertainment provided by Tressa Rice, local performer, pianist and song writer; and guest singer Joshua Little. Call Judy (480-646-1713) or Velma (480-215-8031 to reserve a seat. We will receive a free will offering.



Please send name, address, phone number and e-mail to Ella Sander at eusander@yahoo.com; Phone # 480-474-1488. Come join the fun!



Prepare and Wear

Commemorate GCUMC's upcoming 25th anniversary by buying t-shirts or totes with our logo on them!

Shirts/\$15; Totes/\$10

Look for Velma Carlson at a table near the refreshment area on Sunday mornings. Cash is best, or Velma can advise to whom to address a check. The sale of these items *will go through the month of May*, stop for the summer months and resume in the fall.

Lost & Found ~ Have you ever thought you lost something at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, etc. If you think your item may be with us, stop by the office.

Folders For Sale

GOLD CANYON GCUMC Folders, bearing the Church logo, are for sale at the Information Center and church office. The cost is \$12.00 each and all **proceeds go to the North Parking Lot Fund.** Thanks for your support!

GCUMC

Permanent Endowment Fund

Benjamin Franklin said something like this, "The only things for certain are death and taxes." One can make many observations and arguments about this but the basic point is sound, that all humanity has certain things in common and not living forever is one of them. Therefore, it follows that everything we have will sometime in the future belong to someone or something else. Therefore, the real question is "will we determine what will happen to our possessions, or will it just happen?"

During my brief tenure as chairman of your permanent endowment committee, I have learned a bit of how GCUMC functions and how we relate to our Desert Southwest United Methodist Conference. One of the resources we have available is the Desert Southwest United Methodist Foundation (DSWUMF). The DSWUMF has financial planning capabilities that it would be very difficult for a local church to match, and I wanted to share with you some of them. These capabilities can facilitate some creative decisions for you and your family, and possibly save on taxes as well.

Let's look at just a few in the immediate gifts category. You could donate your home or real property to our church and receive an immediate tax deduction and avoid capital gains taxes. You could designate the church as the beneficiary or owner of an insurance policy as a future gift to the church. You could make a retained real estate gift, where you designate the ownership of your home to the church while continuing to occupy it for your lifetime. There are several other ways in this category including gifting appreciated securities which

avoids capital gains taxes and earns an income tax deduction.

Deferred gifts include having a bequest in your will, a living trust, or a charitable gift annuity. With a charitable gift annuity you can enter into a contract with the DSWUMF and the DSWUMF pays your designated annuitant a regular fixed payment for life, and then distributes the remainder to your church. There are certain tax benefits to this as well.

Life income gifts include Charitable Remainder Trusts, providing fixed income for your lifetime, Charitable Remainder Unitrust, a hedge against inflation, and a Charitable Lead Trust that can reduce gift and estate taxes.

Many of the aforementioned are complex and of course must be accomplished in compliance with all tax regulations. This is what the DSWUMF can help you do. If any of this sounds like it would work for you, please contact the Pastor in the Church Office or Wally Quanstrom, Chairman of the Permanent Endowment Committee, at 630-309-3298. One last thing - you can designate your gift for any purpose within the mission of our church that you would like. There is no charge for consultation.



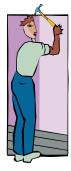
Stitches Unlimited ~ Quilts for St. Andrews Clinic

Did you know...the Stitches Unlimited group *makes and donates quilts* to the St. Andrews Clinic? The quilts we make range from infant size (about 40" x 40") to quilts for older kids (about 42" x 60"). Donations of quilts of any size are accepted. We have kits already cut for simple ABC style quilts, with directions included. We also have the backing and bat-

ting. We **sew toiletry bags** for St. Andrews as well. Those kits and instructions are also available.

Come join us on the **first Wednesday of every month** at 9:00 am in room 101/102. We work **year round**. Bring your sewing machine and sew (we do have a couple of machines here), your rotary cutter and cut kits, iron, or pick up some kits to sew at home.

We will also *gladly take donations* of cotton, flannel, light weight denim, light weight corduroy fabric, and fleece, in solids, tone on tone, and kid friendly prints. Monetary donations are also welcome. Slightly used sheets (or new) are good for backing too. For questions or more info call Bonnie Becker at (480) 629-8796.



"Honey Do" Home Ministry



Do you know someone who needs minor repairs around the home but has little or no resources? We can do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, replacing a door lock or other small projects. Referrals or requests can be made by contacting: goldcan-yonhoneydo@att.net or calling John or Nancy at 907-232-8203. Still need male and female volunteers with various skills!

Upcoming Event—Chris Tomlin On Tour ∼ Contemporary Christian singer, Chris Tomlin, is coming to the Phoenix area on Wednesday, May 1 at Grand Canyon University. The concert runs from 7:30 – 11:00 pm. If you are interested in going, please contact Penny Potter at (480) 983-5657 for more information.



Springtime at St. Andrew's Clinic

Dear Friends.

Thanks to everyone who made the trip to the clinic, or supports the St. Andrew's Ministry in any way. Our group of nine enjoyed a beautiful spring day.

You all contributed so generously of your time, your donations, and your prayers. THANK YOU! And, on behalf of all the children and parents who come to the clinic, another THANK YOU! It is a blessing to be a part of the Christian family of Gold Canyon United Methodist Church.

Alyce, Gail, and Phyllis

5 bottles Ensure

15 bottles Pediatric Electrolyte

2 Milk of Magnesia

7 cans Similac

3 Lg bottles prune juice

4-6 pkgs. Prune juice

5 extra large containers of

Children's vitamins

15 pkgs. Baby wipes 24 bottles Similac

1 - 42 count diapers

188 Quilts

Tennis balls

1 stroller

1 blender

1 pkg. baby washcloths

3 pkgs. Baby bibs

3 washcloths

19 afghans

129 sewn bags for toiletry kits

Several small decorative pillows

4 pillows

1 Lg. bag miscellaneous toys, stuffed animals, and puzzles 1 Lg. bag coloring books

And crayons

Check for \$146.00 (money collect-

ed in change jar at Info. Center

2 down throws 155 toiletry kits

\$200 check

20 sets of crocheted and knitted

baby outfits

List of Contributions from Gold Canyon United Methodist Church

Questions about St. Andrews? Want to become involved? Call:

Alyce Ancell 480-983-2510; Gail Crawford 480-268-0918 Phyllis Gray 480-671-1551



April Celebrations

Birthdays





Anniversaries

2-Apr Arthur & Janet Hergatt 3-Apr Bill & Trudy Ramer 7-Apr Tim & Trudy Carpenter Lee & Joni Nelson 8-Apr Patrick & Judy Walsh 11-Apr Len & Hazel Sams Tom & Bette Wiff 15-Apr Arne & Bonnie Eisentraut Paul & Sara Vara Norman & Barbara Wilke 17-Apr Erik & Amy Olson 18-Apr Chris & Susan Fitzgerald Clare & Clara Goodman 20-Apr Jim & Merry Bell Lou & Nancy Jappe 23-Apr Michael & Susan Malloy 24-Apr David & Barbara Osborn Robert & Mickie Rosenstein 26-Apr Larry & Jenny Lindsay 27-Apr Brad & Janet Daniels 29-Apr Dwight & Tracy Callahan 30-Apr Scott & Monica Watters Jerry & Ruth Ann Thacker



If your name isn't on this list (or you know of someone who should be), please call the church office with the information. We truly don't mean to leave anyone out.

GCUMC Calendar April 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Church Office Closed 9:30 am Bible Banter Mth Brew Coffee House 2 pm Disciple 1—K Rm 3 pm Stephen Min101/102 5:00 pm Disciple 4- Feather's 7 pm Al-Anon—101/102	2 9 am Yoga–K 11 am Grief Support–S of G 1 pm WOW Mtg–K Room 1:30 pm Disciple 2-SofG 1 pm Lenten Study–K Rm 2 pm Disciple 1 Rm 101/102 6 pm One/Spirit Reh–K Rm 6:30 pm Canyon Carillon-Sanc	13 11am Cancer Suprt—M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 5:30 pm Joyful Noise —M 6 pm Youth Handbell—M 7 pm Orchestra-M, S	4 9 am Yoga–K 10 am Prayer Shawls– 101/102 1 pm Stephen Ministry Training–101/102 4:30 pm Girl Scouts–SofG 7 pm Choir – M 7 pm Lenten Study–K Rm	5 5:30 pm AA–101/102 7:30 pm GCA Canyon Sounds–Clarinet & Jazz Concert– Sanctuary	6 9 am Choir Goodbye Brunch–K Room 10 am Sidewalk Ministry -Avalon Elementary 2 pm Tom Ashe Memorial–Sanctuary 5 pm Singles Potluck Social–K Room
7 8 am Traditional/Adlt Sun Schl 9:30 am Traditional/ Chld, Yth, 10th-College Sun Schl 10:50 am Praise/Chld Sun Schl 12:30 Disciple 5—Tonole Home 5 pm CW Worship—K 6:30 pm Youth—Ed.	8 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1—K Rm 6:30 pm Playground Mtg - SofG 7 pm Al-Anon—101/102	9 9 am Yoga–K 1:30 pm Disciple 2-SofG 2 pm Disciple 1 Rm 101/102 6 pm One/Spirit Reh–K Rm 6:30 pm Canyon Carillon-Sanc	10 11am Cancer Suprt—M 4:30 pm Spirit Club-SofG 5 pm Disciple 3—101/102 5:30 pm Joyful Noise —M 6 pm Youth Handbell—M 7 pm Orchestra-M, S	11 9 am Yoga–K 1 pm Stephen Ministry Training–101/102 4:30 pm Girl Scouts–SofG 7 pm Choir – M	12 10 am Mind Menders— 101/102 5:30 pm AA—101/102 Women's Retreat— Off Site	13 10 am Sidewalk Ministry -Avalon Elementary Women's Retreat—Off Site
8 am Traditional/Adlt Sun Schl 8:30 am Traditional/ 9:30 am Traditional/ Chld, Yth, 10th-College Sun Schl 10:50 am Praise/Chld Sun Schl 12:30 Disciple 5—Tonole Home 5 pm CW Worship—K 6:30 pm Youth—Ed.	15 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1—K Rm 3 pm Stephen Min101/102 7 pm Al-Anon—101/102	16 11 am Grief Support—S of G 1:30 pm Disciple 2-SofG 2 pm Disciple 1 Rm 101/102 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon- Sanc.	17 11am Cancer Suprt—M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 5:30 pm Joyful Noise —M 6 pm Youth Handbell-M 7 pm Orchestra-M	18 10 am Prayer Shawls— 101/102 1 pm Stephen Ministry Training—101/102 4:30 pm Girl Scouts—SofG 7 pm Choir — M	19 5:30 pm AA—101/102	20 10 am Sidewalk Ministry -Avalon Elementary
21 8 am Traditional/Adlt Sun Schl 9:30 am Traditional/ Chld, Yth, 10th-College Sun Schl 10:50 am Praise / Chld Sun Schl 5 pm CW Worship—K 6:30 pm Youth—Ed.	9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1—K Rm 7 pm Al-Anon—101/102	23 1:30 pm Disciple 2-SofG 2 pm Disciple 1 Rm 101/102 6 pm One/Spirit Reh–K Rm 6:30 pm Canyon Carillon-Sanc	24 8 am Newsletter Team-M 11am Cancer Suprt—M 4:30 pm Spirit Club-SofG 5 pm Disciple 3—101/102 5:30 pm Joyful Noise —M 6 pm Youth Handbell-M 7 pm Orchestra-M	25 1 pm Stephen Ministry Training—101/102 4:30 pm Girl Scouts—SofG 7 pm Choir — M	26 10 am Mind Menders— 101/102 5:30 pm AA—101/102	27 10 am Sidewalk Ministry -Avalon Elementary
8 am Traditional/Adlt Sun Schl 9:30 am Traditional/Chld, Yth, 10th-College Sun Schl 10:50 am Praise / Chld Sun Schl 3 pm Interfaith Choral Festival—Our Saviors Lutheran, Gold Canyon 5 pm CW Worship—K 6:30 pm Youth—Ed.	9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1—K Rm 7 pm Al-Anon—101/102	30 1:30 pm Disciple 2-SofG 2 pm Disciple 1 Rm 101/102 6 pm One/Spirit—K Rm 6:30 pm Canyon Carillon- Sanc.	Key AA=Alcoholics Anonymous 101/102=Room 101/102 Kit = Kitchen	Sanc =Sanctuary ous Music or M =Music Room 02 Ed.=Education Building		WOW=Witness our Wonder (Outreach) K = Koinonia Room SofG=Sea of Galilee Room

Gold Canyon United Methodist Church

6640 S Kings Ranch Road Gold Canyon, AZ 85118 Phone: 480-982-3776 Fax: 480-671-0028

Office Email:

churchoffice@goldcanyonumc.orgwww.goldcanyonumc.org

Non-Profit Organization
U.S. Postage
PAID
Apache Junction, Arizona
Permit No. 64

Addressee or Current Resident

GCUMC Staff

Senior Pastor Fred A. Steinberg: revstein78@gmail.com

Associate Pastor Fay Quanstrom:

fay.quanstrom@gmail.com

Associate Pastor Bob Deits: bobnjune@cox.net

Director of Jody Topping

Congregational Care jody@goldcanyonumc.org

Director of Education Katharine Keller

ladiebug1214@gmail.com

Director of Douglas J. Benton
Music Ministries bellmaster@earthlink.net

Associate Director David Ballard

of Music ballardsaz@earthlink.com

Director Wendy Moore

of Youth Ministries GCUMCYouth@earthlink.net
Pianists Carol Ballard/Linda Jones/

Marty Robison/Nancy Virden

Office Manager Kim Shroyer

churchoffice@goldcanyonumc.org

Administrative Associate Katherine Keller
Volunteer Coordinator Jane Hayes
Parish Nurse Susan Malloy
Nursery Care Giver Sherry Hussein
Facility Care Taker Rick Ceynar

E-mail Prayer Chain: gcumcprayers@mchsi.com



www.facebook.com/goldcanyonumc



@goldcanyonUMC



Please Help GCUMC Save Postage!

Make the switch! Get your Roadrunner Newsletter by E-mail. You can receive it at multiple e-mails in the same household. Fill out your name(s) and e-mail(s) below. Place in offering plate, mail it to us, or turn it in to the church office. You can also e-mail us with your e-mail addres at churchoffice@goldcanyonumc.org.

Th	ank You!	00	,		
1.	Name			and	
	E-Mail				
2.	Name			_ and	
	E-Mail				

SUNDAY SCHOOL SCHEDULE

Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.

- **V** 8:00 AM ~ Adult ~ Room 101/102
- **♀** 9:30 AM ~ Children
- �� 9:30 AM ~ Youth
- 10:50 AM ∼ Children

WORSHIP SCHEDULE

8:00 & 9:30 AM Traditional ~ Sanctuary

10:50 AM Praise ~ Koinonia Room

5:00 PM Country Western ~ Koinonia Room

Childcare Provided at ALL Services