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Vol. 28 August 2015 No. 8

FROM THE PASTOR: "Some Scaffolding"

In August, you will see some scaffolding in the Sanctuary Choir Loft. Evidently the choir has been in the dark for some time. About half of the lights over the choir have burned out during the past ten years and the choir is finding it more and more difficult to read their music. Since we couldn't pay Doug enough to climb up and replace the lights, we are bringing in some scaffolding so an electrician can replace them.

It will take a couple of days to remove all the existing light fixtures above the choir loft and replace them with LED lights. The new lights should last about 30 years. And since the choir will be able to read their music I would think our singing will be better than ever. We will experience one Sunday in August in which we are under construction. Don't worry, no hard hats will be needed by the congregation.

As I was thinking about the need to scaffold in the Sanctuary, I couldn't help but think that as Disciples of Jesus we are always under construction.

We worship, study the Bible, meet with other Christians and pray to construct a stronger faith. So when you see the scaffolding, think

about the renovation we need sometimes. We need God's mercy, grace and forgiveness to be rebuilt. And when the renovation is successful we become a stronger light to the world. And we remember Jesus' words, "Let your light shine before others, so they may see your good works and give glory to your Father in heaven."

I will see you in worship for some renovation work so that God's love might shine through you.

Grace and peace,

Fred

Light So Shine
before men, that
they may see your COOD WORKS,
AND Glorify your FATHER
which is in Heaven.





CHRISTIAN EDUCATION

by Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

KIDS' KAPERS

Kid's Kapers was very busy in July! We visited a museum, packed food for the



hungry, celebrated the Fourth of July with a picnic, visited a working farm and enjoyed a swim party. Please enjoy our activities vicariously through the pictures below.





SUNDAY SCHOOL FOR INFANTS THROUGH YOUTH



Vacations will end this month and school will

begin. Some of the children have been attending Sunday School throughout the summer, but for those who have been gone much of the summer, below is the list of Sunday School classes, times, teachers and assigned rooms. If you have any questions, please contact Katharine in the church office.

8:00am

 Childcare only for babies through preschool (Nursery, upper level of main church; Sherry Hussein)

9:30am

- Childcare for babies and toddlers (Nursery, upper level of main church; Sherry Hussein)
- Preschool

 Kindergarten (Noah's Ark Room in the Education Building; Phyl Paul)
- 1st-3rd Grades (Emmaus Room located behind the kitchen of the Education Bldg; Joyce Schenck & Nellie Moore)
- 4th–6th Grades (Sea of Galilee Room in the Education Bldg.; Katharine Keller & Jan Daniels
- 7th–12th Grades (Youth Room in the Education Bldg; Beth Steinberg)

10:50am

 Childcare/Sunday School Toddlers – 1st Grade (Noah's Ark Room in the Education Bldg.; Sherry Hussein)



Thy word is a lamp unto my feet and a light unto my path.

Our midweek program for boys and girls from 1st—6th grade will begin meeting Wednesday, September 9th. Pioneer Clubs is a Christian organization that teaches Bible truths, as well as doing fun activities, all the while earning badges that the students wear on sashes or vests. We will meet every Wednesday, unless otherwise indicated, from 5:00pm—6:30pm from September through early May in the Education Building. Dinner is a part of our time together; and music will be incorporated in this time period, as well. There is a fee of \$30 for the year, which will help cover meals and materials. *However*, we want all to participate, so please see Katharine if a scholarship would help.

Fabulous Fridays!

Now that our local schools have gone to a 4-day week, we would like to offer a fun Friday event once a month. This is still in the planning stages, so if you have any suggestions of activities or places to visit, please email Katharine at ladiebug1214@gmail.com. For activities off-site transportation will be provided; and there will most likely be a fee for all activities.

COMPASSION BEARS

During the summer we have encouraged worshippers to give a Compassion Bear to anyone they

know who is ill, lonely or going through a rough time. On these new cuddly bears is a note that says: "This bear sat on a chair at Gold Canyon United Methodist church in Gold Canyon, AZ. It has been blessed as it has heard Scripture read, the Word preached, hymns sung and prayers prayed. It comes to you as a special reminder of God's healing power and wonder love." If someone comes to mind to you for whom a teddy bear would be meaningful, please stop at the Information Desk any Sunday or contact Katharine in the church office.

ADULT SMALL GROUPS & CLASSES

Adult

A small group can be a great setting for fellowship, Bible study and prayer. Starting in September we plan to have three or more home groups:

- One located in the Mountain Brook community that will include people in Peralta, Montesa, and GCRVR.
- Another centered on Superstition Mountain Drive, and
- ♣ A third group in Apache Junction.

About thirty people have indicated their interest and there is always room for YOU! Each group will choose its own focus and study from several options – book, video series, and topical workbooks.

In addition to small groups, we will be offering various adult studies as well as DISICPLE classes. The offerings will include: Emotional Wellness (7 weeks), Marriage Enrichment (16 weeks), DISCIPLE classes (18 and 32 weeks), Bible 101 (for adults who consider themselves novices when using the Bible), and Basic Beliefs (discussion of doctrines of our faith).

Details will appear in the August and September bulletins, as well as in the September newsletter. We hope you will consider participating in these opportunities for fellowship and spiritual growth



On Saturday, October 17th Gold Canyon UMC has the opportunity to go to Feed My Starving Children in Mesa to pack food for hungry children around the world. Feed My Starving Children is a non-profit Christian organization committed to feeding God's children hungry in body and spirit. The approach is

simple: children and adults hand-pack meals specifically formulated for malnourished children, and these meals get shipped to their distribution partners. FMSC meals have reached nearly 70 countries around the world in their history. We have 40 slots for people age 6 and up to help

between the hours of 11:30 - 1:30. It is first come, first served, so if you would like to join us please contact the office to sign up. The organization will appeal for donations at the end of our packing time; this helps to buy the food and pay for the shipping of the boxes. (This is totally optional, but it does help) Katharine can answer any questions about this "outing."



25th from On Sunday, October 3:00pm—5:00pm the Hospitality and Outreach is sponsoring our annual Harvest Festival. Among other fun activities, we will once again be asking members of the congregation if they would like to have a booth to sell their crafts. Katharine will begin to take names of those who would Please contact her and like a booth. specify what kind of items you would be offering.



More details about our efestival and community Harvest Festival will be in the

September newsletter, so stay tuned!



SAD FAREWELL

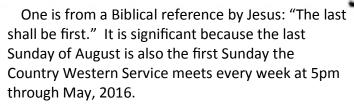
It is time to say goodbye to Richelle Heinauer. Richelle graduated 3rd in her class from AJHS and will

attending ASU Barrett Honors College as a communications major in the Fall. She has been a great asset to the 10:50am Praise Band for about two years (vocals, piano and saxophone) and her last day with Uncommon Grace is August 9th. A few of her favorite Uncommon Grace songs are: On Our Side, You are Holy (Prince of Peace) and Praise Adonai. We will miss her very much and wish Richelle the very best as she begins this new chapter in her life, and we look forward to seeing her now and again.

A Personal Note From Bob...

COUNTRY NEWS

The month of August is significant for the Country Western Service in two ways.



The summer is going by rapidly. When we come to the last Sunday of August, which is August 30th, there will only be one more month before the winter residents begin returning.

David Ballard is planning some new music and I'm planning some sermons with a distinct cowboy flair. For instance, one that you will hear in November is a question: "If a Four Letter Word is Bad, Is a Nine Letter Word Worse?" We will see if you contemplate the same word as me.

I have enjoyed the occasions this summer when I have preached for the morning services and the times when I have helped Fred, Joel or Fay with a service when they were preaching. But, I'm ready to break out my jeans, western shirt and hat weekly at 5pm in the Koinonia Room and celebrate the Good News country style with One In the Spirit and the Housers.

Oh, the second way that August is significant is that by the time we reach the end of the month I will have reached the four-score and two-year level of antiquity. My attitude toward this is expressed in the song by Country Singer, Garth Brooks: "I'm too young to be this darn old"—only he didn't say "darn."

See Y'all at 5:00pm on August 30th!

Bob Deits





GCUMC Youth Group News

By Beth Steinberg, Youth Director



UPCOMING EVENTS!

ቼ Sun., 8/2	Youth Group	6:30pm—8:30pm (GCUMC Education Bldg.)		
廿 Sat., 8/8	BACK TO SCHOOL POOL PARTY!	6:30pm—8:30pm		

6925 S. Russet Sky Way, Gold Canyon Food, Fun & Swimming at Ally O'Brien's house near GCUMC

(480)582-7639

Sun., 8/16 6:30pm-8:30pm (GCUMC Education Bldg.) **Youth Group**

Sun., 8/23 **Youth Group** 6:30pm—8:30pm (GCUMC Education Bldg.)

廿 Sun., 8/30 Youth Group 6:30pm—8:30pm (GCUMC Education Bldg.)



UPCOMING SEPTEMBER EVENT... WATER GAME NIGHT! ...EXPECT TO GET WET!







SUNDAY BIBLE STUDY CLASS

(7th—12th Grades)

Sunday mornings at 9:30am **Education Building**

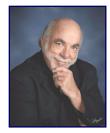
Creative Bible lessons & discussions!

YOUTH GROUP

(7th—12th Grades)

Sunday nights 6:30pm-8:30pm **Education Building**

Fun, faith-based programs and fellowship!



MUSIC NOTES

August – the time of "ahhh"! A time for relaxation, re-creation and restoration of our minds, bodies and souls, as people throughout the world take this time to vacation, go "on

holiday", or just take time-off from "regular" activities. Wherever you roam this month, I pray you will take the opportunity to pay attention to the great music — rhythms, melodies, harmonies — found in nature. God has given us such wonderful natural instruments of music like birds, wind in trees, rivers, and even planes, trains and automobiles. Indeed, such incredible beauty, if we will but take the opportunity to be aware and appreciate.

The last three weeks have been very rewarding for me! My daughter, Regina, graduated from Neurosurgical Residency at Mayo Clinic in Rochester, MN. I could not be a prouder parent! She and her fantastic husband, Mark, a neurophysiologist (I hope I spelled that right!) are taking their two girls, Brooke and Daphne, and moving to Ft. Collins, CO this month. I plan on visiting them towards the end of August. Can't wait!

Then I participated in the Western Region Convention of the American Guild of Organists in San Diego, saw and heard many incredible organs and organists, and I was positively reminded why I became an organist! Based on the incredible performances I heard, particularly from several very young organists, I know that the pipe organ is indeed in a resurgence of popularity, and the future looks very bright for the "King of Instruments", as Mozart declared.

Following that, I participated in the AZ Chapter of the American Choral Directors Association Summer Conference in north Phoenix. I accepted the position of Repertoire and Standards Chair for Music in Worship for the next two years (yeah, I simply don't have enough to do!), directed a Church Music Reading Session and taught a class in Creative Use of Handbells in Worship. The highpoint of this event, was the incredible performance of Maurice Duruflé's REQUIEM, performed by Corona del Sol High School's A Cappella Choir and the St. Thomas the Apostle Choir, with organ and chamber orchestra, conducted by Greg Hebert, President of AzACDA, and director of both choirs. My batteries have indeed been musically recharged!

My thanks to all the soloists and ensembles who are singing this month and leading worship while the Chancel Choir has some well-earned time off. If you are here during our services, I hope you will tell these dedicated people how much you appreciate their efforts in trying to help make our worship experience as meaningful as possible.

The Pipes for the Organ Fund keeps growing weekly. We are in the process of finalizing the façade, which I personally like very, very much! We are still waiting to find out the approximate cost of renovating the Choir Area and hope to be able to get a total goal established within the next few months. This is indeed a very exciting process. Once we get drawings and costs somewhat finalized, we will share that with you and I know you will be pleased! The end result will be stunning visually, the sound will be much broader and will not be nearly as focused or as seemingly loud as is it is now. Yes, the pipes will be actual wind-blown pipes. Rodgers has built very successful combination pipe/electronic organs for decades and ours should be one of the best in the Arizona!

Looking to the future, our Chancel Choir will begin rehearsing on Thursday, September 3 at 6:50 pm in the Music Room. If you would like to come and sing with us, you are very welcome to do so. There is no audition. All I ask is that you can sing on pitch and read music at least a little. If you are interested, but not sure, come try it out and see what you think! Again, you are welcome! If this is your first time with us, please come a few minutes early so we can get you registered and give you a folder with music.

Next month I will include a complete schedule for all of our music opportunities and activities. We are very blessed here at Gold Canyon United Methodist Church with a plethora of greatly talented and dedicated people who enjoy making music! I hope you will be one also!

Blessings,

Doug

Douglas J. Benton
Director of Music Ministries





HAVE YOU CONSIDERED SERVING AS A CCM?

Have you considered serving as a CCM? If you have a heart for others, especially those who are lonely and limited in their ability to get out-and-about you might consider this special form of ministry. Rewarding opportunities are available!

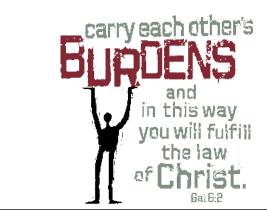
Training for Congregational Care Ministry is offered on an as-needed basis. This three-hour session provides a concise overview of personal ministry.

First you will learn about being the kind of person who can effectively minster to others by preparing yourself spiritually.

- You will learn how to manage conversation, pray aloud, and bring the grace of Jesus by way of Holy Communion and anointing.
- In addition you will learn about the way the law intersects with ministry.

In short, you will leave the training feeling prepared to visit and bring a bit of sunshine to someone in need of it. For those who have time and interest beyond doing basic visits, the Hearts and Hands group of Congregational Care Ministry reaches out with a variety of practical involvements with the homebound.

Watch for the next CCM training session or contact Fay Quanstrom at (480) 458-8420 with your questions or to express your interest.



PASTORAL & CONGREGATIONAL CARE

Joel Hurley, Coordinator of Pastoral Care

Four pastors are on-call to make visits to members and friends of Gold Canyon UMC. Please feel free to call the church office at 480-982-3776 and one of the pastors will respond to your request. Or, after hours, you may call or email one of the pastors directly:

Rev. Fred Steinberg, Sr. Pastor revstein78@gmail.com 480.982.3776

Rev. Bob Deits, Assoc. bobnjune@cox.net 602.615.6634



Rev. Fay Quanstrom, Assoc. fay.quanstrom@gmail.com 480.458.8420

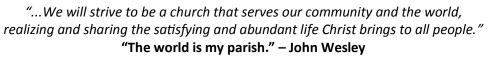
Rev. Joel Hurley, Assoc. joelhccjl@gmail.com 602.291.0464

If you know of someone in the congregation who is hospitalized, ill at home and/or needs the prayers of the community, please let one of the pastors or the church office know so they can be included on the prayer list.



GLOBAL MISSIONS

Fay Quanstrom, Associate Pastor





WHAT EVERY MISSIONARY NEEDS

Through the Global Missions network of the United Methodist Church GCUMC has connections with hundreds of missionaries serving the cause of Christ around the world. These servants of Jesus Christ depend on our prayers as well as our financial support. How does a person pray for someone serving in another world area whom you may never even have met? What is their day-to-day life like?

What is needed in their lives? As a praying church we include the needs of our missionaries and world areas of special interest to our congregation.

- Lisa Armstrong and Fellowman International in Honduras
- Genilma Boehler, professor at Universidad Biblica Latinamerica
- PET- Personal Energy Transportation devices are shipped to many world areas
- Rice and Beans Ministry, Costa Rica, where our mission teams

Many of the needs are very much like one's own. This list will set you to thinking and praying for our missionaries and their ministries.

- ₩ISDOM and STRENGTH for the ministry
- CULTURAL ADJUSTMENT affects all aspects of everyday life
- TRANSPORTATION concerns include safety, vehicle reliability, and theft prevention
- HOUSEHOLD BUDGET is affected by local currency value changes, especially inflation
- HEALTH care and medical needs may be tricky in remote areas
- FAMILY RELATIONSHIPS often experience extra pressure
- HOMESICKNESS and LONELINESS, increased by separation from family members
- MISSION WORK requires spiritual and physical stamina

God bless those who serve on our behalf in world mission areas!

God bless those who serve as prayer warriors on behalf of those who go!

THIS MONTH'S SPECIAL NEEDS

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ###### (fill in appropriate number)" on memo line. 100% of donation goes to those affected.



- Nepal Earthquake Relief Fund ~ Advance #982450
- Personal Energy Transportation ~ Advance #982665-5
- Liberia Emergency: Advance #150300
- Cote D'Ivoire Crisis: Advance #982450
- Imagine No Malaria: Advance #3021190
- Wings of Caring Projects: Advance #08595A (Supports evangelism, education, transportation & medical emergencies in rural areas)
- Philippines, Typhoon Disaster Relief: Advance #240235
- **Disaster Response, International Projects**: Advance #982450 (Quick response to meet emergency needs around the world)

For more ways to help, or to donate online, go to: http://new.qbgm-umc.org/umcor/ or follow UMCOR on Twitter at @UMC UMCOR



MIND MENDERS

... is a support group for caregivers of Alzheimer's and other dementia disease

patients and meets on the 2nd & 4th Friday each month at 10am in the Education Building. Join us! Contact Jeanette Lunstead at 480-671-9888 or the church office for more info.

cancer

CANCER SUPPORT

... provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. During June—October the group

meets the 1st & 3rd Wednesday of the month at 10:30am in the Emmaus Room, and every Wednesday the remainder of the year. Contact Dee Ashe at (480)924-5483, (480)685-7175, or send an email to her at deeashe7580@gmail.com.

GRIEF SUPPORT

... is for those who have experienced a major loss such as the death of a loved one or divorce. The leader

of the group, Rev. Bob Deits, has been working extensively with these issues for 36 years and addressed them in his book, *Life after Loss*, now in its 5th edition. Please accept Bob's invitation to attend the Grief Support group he leads every **Monday from 1:00pm—2:00pm** in the Education Building. For questions or if you wish to speak with Bob privately, you can call him at (602)615-6634.

FOOD BANK UPDATE

Thank you to all our supporters. Your assistance through the summer months is greatly appreciated. Yes, if you choose, you can still direct any donations to be dedicated to the Food Bank by indicating that in the memo area of your check.



It is true that our clients do <u>not</u> go North or East during the hot summer months; they stay here in the Gold Canyon area. Some without air conditioning, some outside 24 x 7 in the hot Sonoran desert. The number of clients a month does not decrease, in fact summer months are some of our busiest. In addition, we buy the majority of our food and meat purchases in the summer months as the United Food Bank's inventories are at their lowest levels.

Currently, as this article is being written, we need to replace our two used commercial freezers, and this will be a major expense for the Food Bank. Unfortunately because they are old and draw a lot of electrical current, they are tripping breakers, and we're at great risk of loosing our frozen food (meat) inventory. In fact, one of the freezers has a failed compressor which would have cost \$2100 to repair. Newer design commercial freezers draw about 40% less electricity, which will make them less likely to lose power and less expensive to operate.

Did you know that the Food Bank Ministry requires about 65 volunteer hours each week? We are currently looking for a volunteer who can help with our communication efforts. The effort would include writing an article like this for the "Roadrunner" each month, writing thank you letters for donations and creating Food Bank needs information for the weekly bulletin. If you are interested please contact Jeff Downing at 480-560-3866. The position could possibly be accomplished with only one hour per week at the church, and two to three a month at home. A computer and email ability would be beneficial for this work. Thanks again, to all the Food Bank volunteers.



2015 Men's Retreat 2015

Men, Save the Date for the Desert Southwest Conference United Methodist Men's Renewal Weekend scheduled for Fri.—Sun., 9/25—9/27 at the United Christian Youth Camp in Prescott, AZ. Watch for additional info as it becomes available!



YOU'RE INVITED TO GET ENERGIZED!

Join Uncommon Grace at the Sunday 10:50am Praise & Worship Service, as we lift our voices to our Lord and sing current songs you hear on the radio! . Your hearts will be filled with joy each and every Sunday as we praise our Lord with uplifting music and hear God's message!

SMALL Groups AN INVITATION

If you would like to be a part of a small group that shares struggles and joys of the Christian journey, please complete this form and place in the Offering Plate.

NAME:		;
PHONE:	 	
EMAIL:	 	_:



STITCHES UNLIMITED / QUILTS FOR ST. ANDREWS CLINIC

Our thanks to all of you who have been quilting at home and bringing in completed quilt tops. We have a good supply and the October trip to St. Andrews will be here before we know it. However we can always use more, as there is always a need for your quilts. The children and families are very appreciative.

We've been working all summer, meeting on the last Tuesday of the month from 9 until about 2. We have been bringing our lunches and working as long as we can, since there is fabric to sort and cut into quilt kits, binding to be cut and sewn together, quilt kits to put together, quilts tops to sew, and ironing of fabric. Even if you don't sew and would like to help out we would love to have your help.

Our quilts are usually no bigger than 40x60 so they can be easily quilted on a domestic sewing machine. We do simple quilting such as stitch in the ditch, simple meander, or X the squares. These are good quilts on which to practice your skills. Donations of any quilts and crocheted afghans are also welcome.

In addition to comfort quilts for the kids, we make and fill toiletry bags for the families. Your donations of those small soaps you get when you travel, tooth paste, tooth brushes, shampoo, combs, and hand lotions are also welcome. Please designate any donations to go to St. Andrews.

Remember Matthew 25:40 "The King will reply, "I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me." For questions or more info call Bonnie Becker at (480) 250-9652.





THE EYES HAVE IT!



In the August edition of the Roadrunner, we are be focusing on the importance of early detection of glaucoma. Glaucoma is an eye disease damaging the part of the eye called the optic nerve that

causes loss of sight, and this damage can occur in a number of ways. Persons at the highest risk include: 1) people over the age of 55, 2) blacks over the age of 40, 3) those

with a family history of the disease, and 5) folks who have conditions like high blood pressure and diabetes. In addition, it has been found that eye injuries, long-term use of steroid medications, and a highly stressful life can bring about glaucoma. These groups should have annual eye exams starting at age 40, while everyone else should strive to have an eye exam every two to four years up to the age of 50 then yearly after that, especially if you need glasses." (Source: BAIN)

The human eye can be compared to a camera with both eyes capturing images through the lens. The eye's cornea and iris are comparable to a camera's aperture, which provide focus. The optic nerve is like a camera's "USB cord" for you tech-savvy readers. It conveys what we see to the brain which translates it, just as the USB cord transmits images to the computer so we can sort and print our favorites. This definition is just another "Ah Ha!" moment of the realization how intricately God designed us. He is an amazing Creator. We so often take these things for granted, but please take a moment to give God thanks for your eyes. What a precious gift they are. While you may not need a USB cord to see the images of the world around you on your camera, you certainly **do** need your optic nerve. Unfortunately, even if every other part of your eyes work fine, damage to the optic nerve can cause blindness, because the brain is unable to get the message of what you are seeing.

"Glaucoma affects an estimated 65 million people worldwide. (source: Glaucoma Research Foundation) It is known to be the second leading cause of blindness, right after Macular Degeneration, and it can affect EVERYONE-including babies to senior citizens, and even the family dog." "It is estimated that in the United States alone, more than 4 million Americans suffer from glaucoma, however only half of them know it. (source: Bakalar) This indeed is a frightening condition because you can become blind before you even comprehend you have a serious problem. This is due to the fact that there are no symptoms to alert you to the fact that the optic nerve is being damaged by increasing intraocular pressure which is sometimes not even the culprit. Peripheral vision is the first to go away, which is easily overlooked because people can just turn their heads. However, once vision is lost there is NO way to restore it. Treatment options consist of eye drops, laser surgery and a more invasive surgery called a trabeculectomy in which a new drainage system for the eye is created. Even in this high-tech world, currently there is no known cure. Scientists are hard at work on future diagnostic and treatment tools to aid in prevention and possible recovery. If you get diagnosed, be sure to seek the care of a qualified glaucoma specialist.

A common misconception exists about glaucoma – thinking the condition is strictly a condition caused by intraocular pressure. What qualifies the diagnosis of glaucoma is the damage to the optic nerve. Some folks have an elevated pressure but do not have damage to the nerve. There is a normal-tension glaucoma which occurs without the buildup intraocular pressure and this is suspected to be caused by reduced blood flow in the area of the optic nerve. That lack of blood flow is what causes the damage to the optic nerve. There are actually seven types of glaucoma. Please take it upon yourself for the sake of prevention to follow up within your age range and family history issues to seek eye care/examinations on a regular basis as listed in the first paragraph of this article.

Blessings of Health & Wellness,
Susan Malloy RNBSN GCUMC Parish Nurse

stephen

SHORT SEASONS



My mom has a little dog whom she is madly in love with. Due to health issues, the recent 2 years since she got Rumble have been very difficult years for her and my step-father. They have been relatively homebound, and the joy that little fella has

brought them is hard to quantify. She recently described some mischievous things he was doing, and how he had her on her toes all the time. She then told me that she read an article about dogs in which a woman said "be kind to these 'little people', after all, you only have them for about ten summers and winters".

That statement really struck me, especially as to how it applies to people. We go through life and we have times of great love and happiness. But of course, mingled with those come times of great frustration, impatience, anger, anxiety, and probably many other emotions you can think of. How we respond to the good is usually pretty consistent – we are happy and upbeat! But how do we respond to those other times?

Speaking for myself, I know that I often don't respond very admirably. I can get in a foul mood, I can be short and snippy with others, I can be unfair and moody, and not always kind...you understand. (at least I hope so, because if it's just me then I'm in trouble!)

One of our esteemed Stephen Leaders once told me that his mother used to say to him, "You should have plenty of patience, you've never used any of yours!" That has given me a chuckle every time I think about it. But it has also served to make me think, and keep me in check at times.

Whether we have loved ones and friends in our lives for 2 seasons or 80 seasons, it's a short time isn't it? In our busy lives it's often easy to forget that. We think we can deal with that relationship tomorrow, we can correct that wrong next week, or next year we will focus on mending that fence. We will go that extra mile when we retire. Is missing out on even one season worth it?

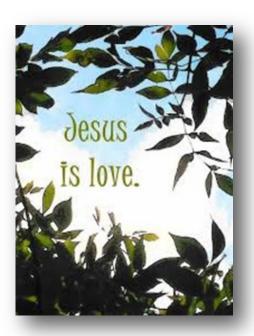
Now don't think I'm saying that we can all walk through life, 24 hours a day, 7 days a week, with a sunny disposition toward everything. To suggest that is to set ourselves up for sure failure. But we can be cognizant of God's love for us and Jesus' love for others. We can keep our focus on walking in that path in the forefront of our minds, and we can use others to give us strength.

If you are in a place in which you think a confidential, listening ear might help you clear your mind for some better seasons ahead, you might consider asking to speak with a Stephen Minister.

If you would like to inquire about the Stephen Ministry or ask for one to be assigned to you, simply make a confidential request to a Stephen Leader at: stephen.ministry.gcumc@gmail.com, or check the box beside "Desire a Stephen Minister" on the Sunday morning attendance pad, or 480-982-3776.

by Kim Shroyer, on behalf of the Stephen Ministry Team





"To be a Christian means to forgive the inexcusable because God has forgiven the inexcusable in you."

— C.S. Lewis



CHOOSING A CHURCH

We moved to Gold Canyon from Montana and became full-time Arizona residents. So far the heat has not bothered us, and we plan to stay in Arizona.

We were active members of our church in Montana, and started looking for a church here. After trying out several churches, we discovered Gold Canyon United Methodist Church, and we were delighted with the Pastor, the service, the music and all of the friendly people. We love the sermons Pastor Fred gives, and have been members of GCUMC for three (3) years.

Before moving here, Hank did art work and framing in Montana. Judith was a military nurse for twenty-five (25) years and still does nursing special assignments in other countries. Needless to say, she has had some interesting experiences!

We especially liked all of the Outreach Programs GCUMC has, and the variety of services that are available. We also enjoy the coffee/social time following the service.

Hank and Judith have a blended family of five children, with one daughter living on a ranch located

on the Arizona/New Mexico border.



Hank & Judith Bowman

Thoughts from Hank & Judith Bowman



Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

- ₽ Playground \$20,000-40,000
- Stain Glass for upper Sanctuary windows \$105,000 (\$3,000 per panel)
- Building Fund Loan Payoff (2015: Prepaid \$47,000)
- ♣ Organ Pipes
- Food Bank Building \$200,000

HONEY-DO HOME REPAIR MINISTRY

Do you know someone who needs minor repairs around the home, but has little or no resources or can no longer do it? We do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, moving some furniture, replacing a door lock or other small projects. Referrals and/or requests can be made by calling John or Nancy at (907)232-8203 or at goldcan-yonhoneydo@att.net.



BIBLE BANTER SUMMER SCHEDULE

6/28—9/1 Mondays, 9:30-10:30am In the home of Marsha Lundell

Join us for coffee and stimulating conversation to discuss ways in which we can live as faithful Christians in today's world... and please bring your Bible and theological topics of conversation you would like us to explore!

Contact Marsha at MarshaLundell@gmail.com with any questions.



Jane Hayes, Volunteer Coordinator GCUMC (480)982-3776

VOLUNTEERS DO MAKE A DIFFERENCE

DO YOU HAVE AN IDEA THAT'S BEEN IN YOUR MIND TO START A NEW INNOVATIVE PROGRAM?

"Be strong and courageous. Do not be terrified; Do not be discouraged, for the Lord your God will be with you wherever you go." ~ Joshua 1:9 ~

If you have ever been in this situation, remember these important guidelines as suggested by Doug Fagerstrom, author of "The Volunteer: A Personal Toolkit for the Dedicated Volunteer:" Be Passionate, Be Zealous, Be Specific, Be Creative, Be Imaginative, Be Innovative, Be Inclusive, Be an Initiator, and Be Introspective. If we but listen to the needs of the people and discover God's will to help meet the needs along with the Bible, prayer, and listening to others, we cannot have nearly the doubts. Christian leadership is all about change... and nothing grows without change. Change does require new things, so I encourage you to try some of those scary, new things!



SUNDAY COFFEE FELLOWSHIP

Please remember help keep this aspect of our Team Outreach welcome alive with your contributions of yummy treats for Sunday Coffee Fellowship!

If you are willing to share some of your Spiritual Gifts as a GCUMC Volunteer, please call Jane in the Church Office (480)982-3776

WATCH GCUMC SERVICES LIVE!



For livestreaming of the 8:00am & 9:30am services, go to www.livestream.com (a few minutes before service)

- ⇒ Click on "Watch" and "Search Events &Accounts..." and type in "Gold Canyon United Methodist Church"
- ⇒ Select GCUMC under "Accounts"
- ⇒ You can also view past services on the webpage.

A Word of thanks.....

I'd like to express my heartfelt appreciation for all the hugs, telephone calls, cards and electronic messages of condolence I received upon the death of my mother. I am truly blessed to have such a caring church family at GCUMC. Thank you!

Georgia Kirkpatrick





Hospitality needs **YOU**! Can you offer your time and efforts one service a Sunday each month? We need volunteers are for the 8:00, 9:30 and 10:50 services. Please call the Church Office If you can help!



We have been losing our Sunday bus drivers, causing a serious need for new/additional volunteers. This is a really rewarding volunteer opportunity for anyone that can drive... as our Sunday riders really appreciate being able to still attend services in our Sanctuary. If you can help, please contact the Church Office at (480)982-3776.



Do you sing and/or play an instrument? Do you have a passion for worship music?

Open auditions for the "Uncommon Grace Praise Team" will be announced in the near future. If you are interested, please send an email to:

ChurchOffice@GoldCanyonUMC.org

WANTED

SCRIP BUS & VAN FUND









Did you know Bashas', Albertsons and Fry's help non-profit organizations — like GCUMC — by giving us a rebate on all purchases made when you use their cards **that are obtained from and/or connected to GCUMC?** The money earned helps pay for the church bus and van (gas, licenses, maintenance, insurance, etc.), and we've already raised \$144,000 from these grocery store programs! After expenses are covered, the balance of the funds goes toward the purchase of a covered structure to protect these vehicles.

⇒ AmazonSmile: Who doesn't shop on Amazon? Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the GCUMC SCRIP Bus & Van Fund whenever you shop on AmazonSmile... same selection... same prices! To benefit GCUMC the next time you shop, just go to:

https://smile.amazon.com/ch/86-0621002

- ⇒ **Albertsons** (1% rebate) offers a key tag you swipe each time at checkout.
- ⇒ Bashas' (6% rebate) Community Support Cards can be purchased (cash or check) from the church in denominations of \$20, \$50 or \$100, and be used at all AZ store locations, including AJ's Fine Foods and Food City. When the card balance gets low (shown on store

receipt), you can reload it at the Customer Service Desk or at the register **before** your order is rung up (up to \$500) using cash, credit/debit card.

Register your VIP card online with GCUMC's affiliation #80092, or you can come to the Church Office and we'll be glad to help. It all adds up! (Please remember to renew your Fry's VIP card online during August!)

Additional info is available at the Information Desk on Sunday, in the Church Office, or from Betty Rolley at (480) 380-0147. Thank you for your continued participation!

DONATIONS & ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)

JUNE	2012	2012	2013	2013	2013	2014	2014	2014	2015	2015	2015
	General	Building	General	Building	Worship All	General	Building	Worship All	General	Building	Worship All
1st	17478	10240	15975	15810	525	15752	7549	556	20185	18531	617
2nd	11121	3975	9818	4455	593	12000	3327	537	12497	3768	627
3rd	10115	3791	11004	3379	449	12923	6570	522	15741	5892	501
4th	8288	3308	7399	2353	516	8521	2660	468	9432	3285	632
5th	-	-	6699	3090	508	7200	2640	485	0	0	0
TOTAL	47001	21313	50895	29087	2291	56396	22746	2568	57855	31476	2377



HIT THE "EASY" BUTTON!

If you need a convenient way to make recurring contributions, you are encouraged to check out our electronic giving options. As the pace of life speeds up, you may find

electronic giving a most welcome way to make contributions. For more info, just call the Church Office.

Please note that if you use any type of electronic payment system for satisfaction of your pledge and you changes your pledge for 2015, you must also make the change to your electronic payment provider. Call the Church Office if you have questions.



LOST& FOUND

We have a Lost and Found box in the Church office that contains items such as jewelry, sunglasses, keys, etc. If you think your missing item may be with us, stop by!

GCUMC DIRECTORIES

... are available in the Church office or at the Information Desk on Sundays, and is a great resource to identify new friends and fellow worshippers! If any of your info needs to be updated, please let the Church Office know so we can update our database. If you weren't able to participate in the photo sessions, you can purchase a Directory for \$10.00.

PUBLICATION DEADLINES

September Roadrunner — 8am, Monday, 8/10/15 **Weekly Bulletin** — 12pm Wednesdays

Your GCUMC Publications are brought to you by:

Riechia Ralston, Dee Ashe and Georgia Kirkpatrick with help from the Friday Bulletin Team, the Roadrunner Assembly Team, and many other treasured volunteers.





CHURCH CALENDAR & KEY

BP = Back Patio EB = Education Bldg
ER = Emmaus Rm K = Kitchen
KR = Koinonia Rm MR = Music Rm
NAR = Noah's Ark Rm S = Sanctuary
SoG = Sea of Galilee Rm YR = Youth Rm

This calendar is subject to change; For more info, visit www.goldcanyonumc.org or call the Church Office

Sat Aug 1	9:30am	Kids Kapers
		Home Depot, 1545 S Crismon Rd, Mesa
Sun Aug 2	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Aug 3	9:30am	Bible Banter (Summer Schedule/Offsite)
	1pm	Grief Support Mtg (SoG)
	3pm	Stephen Ministry (ER)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
Tue Aug 4	5:30pm	One in the Spirit/Houser Gang Reh (KR)
Wed Aug 5	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
Thu Aug 6	6:50pm	Choir Rehearsal (MR)
Fri Aug 7	5:30pm	AA (ER)
Sun Aug 9	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Aug 10	9:30am	Bible Banter (Summer Schedule/Offsite)
	1pm	Grief Support Mtg (SoG)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
Tue Aug 11	5:30pm	One in the Spirit/Houser Gang Reh (KR)
Wed Aug 12	9:30am	Music Library Activities (MR)
Thu Aug 13	6:50pm	Choir Rehearsal (MR)
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Fri Aug 14	10am	Mind Menders (ER)
	5:30pm	AA (ER)
Sat Aug 15	All day	Assumption of Mary
Sun Aug 16	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Aug 17	9:30am	Bible Banter (Summer Schedule/Offsite)
	1pm	Grief Support Mtg (SoG)
	3pm	Stephen Ministry (ER)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
Tue Aug 18	5:30pm	One in the Spirit/Houser Gang Reh (KR)
Wed Aug 19	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
Thu Aug 20	6:50pm	Choir Rehearsal (MR)
Fri Aug 21	5:30pm	AA (ER)
Sun Aug 23	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Aug 24	9:30am	Bible Banter (Summer Schedule/Offsite)
	1pm	Grief Support Mtg (SoG)
	6:30pm	Coffee With the Pastor (Choir Rm)
	7pm	Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
Tue Aug 25	9am	Stitches Unlimited (ER & SoG)
	5:30pm	One in the Spirit/Houser Gang Reh (KR)
	6pm	Trustee Mtg (Pastor Fred's Ofc)
Wed Aug 26	8:30am	Newsletter Team (MR)
	9:30am	Music Library Activities (MR)
Thu Aug 27	6:50pm	Choir Rehearsal (MR)
Fri Aug 28	10am	Mind Menders (ER)
	5:30pm	AA (ER)
Sun Aug 30	8am	Traditional Worship (S)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
Man Aug 21	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Aug 31	9:30am	Bible Banter (Summer Schedule/Offsite)
	1pm 6:30pm	Grief Support Mtg (SoG)
	6:30pm 7pm	Ad Council Mtg (MR) Al-Anon (SoG)
	7pm	CoDA Mtg (ER)
	, hiii	SSETTING (LIT)
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AUGUST CELEBRATIONS



Arquisch, Rosemary 08/01 Ballard, David 08/01 Crosswhite, Carol 08/01 Larrew, Duane 08/01 Nuss, Kathy 08/01 Tufte, Wanda 08/01 Klaers, Mary 08/02 Morris, Claudia 08/02 Vagnier, Barb 08/02 Snyder, Toby 08/03 Adkins, George 08/04 Hodges, Shirley 08/04 Ofstedahl, Sherrill (Sherrie) 08/04

Walker, Linda 08/04

Fuerherm, Roy 08/05

Little, Margaret (Margie) 08/05

Barnes, Dick 08/06 Storley, LeRoy 08/06 Fitzgerald, Ashton 08/07 Johnson, Joe 08/07

Klaers, Nicholas (Nick) 08/07

Saathoff, Skylar 08/07 Hall, Lindsey 08/08 Houseman, Evan 08/08 Johnson, Pete 08/09

Laich, Evelyn (Flossie) 08/09

Moore, Wendy 08/09 Ramsey, Bill 08/09 Hughes, Stephen 08/10 Renfer, Paul 08/10 Criswell, E G (Cris) 08/11 Kellough, Marilyn 08/11

Wilke, Barbara 08/11 Acree, David 08/12 Burzlaff, David 08/12 Ervin, Jo Ann 08/12 Hayes, Jane 08/12

O'Donnell, Cheryl 08/12

Schaefer, Donald (Don) 08/12

Jelinek, Don 08/13 Wiff, Tom 08/13

Adams, Markee 08/14

Bennett, Ruth 08/14

French, Jerri 08/14

Galbraith, Toni 08/14 Halverson, Judy 08/15

Miller, Roger 08/15

Cline, Donald 08/16

Hurley, Donna 08/16

Lilly, Sue 08/16

Lindaman, Don 08/16 Atkinson, Judy 08/17

Bentley, Martha 08/17

Butler, Joan 08/17

Butterbrodt, Sandra 08/17

Vander Stoep, Karen 08/17 Edwards, William (Bill) 08/18

Hick, Adrian 08/18

Hulcher, Shirley 08/18

Pierce, Ione 08/18

Hall, Richard (Rick) 08/19 McClure, Bob 08/19

Nuss, John 08/19

Bogle, Evelyn (Evie) 08/20

Bos, Sara 08/20

Fitzgerald, Chris 08/20 Jones, Tara 08/20

Wright, Roy 08/21 Deits, Bob 08/22

DeVries, Deanna 08/22 Gingrich, Sharron 08/22

Linton, John 08/22

Schultheiss, Patricia 08/22

Vagnier, Mike 08/22

Welker, June 08/22

Braathen, Florence (Flo) 08/23

Hahn, Jan 08/23

Hochhalter, DeMaris 08/23

Jones, Linda 08/23

Osborn, Barbara 08/23

Steinkruger, Terry 08/23

Taylor, Jim 08/23

Adamski, Carol 08/24

Brogren, Ann 08/24

Rasmussen, Diane 08/24

Sunderland, Lois 08/24

Toole, Donna 08/24

Fuerherm, Donna 08/25

Johnson, Mark 08/25

Sheridan, Robert (Bob) 08/25

Winter, Karen 08/25

DuPont, Gene 08/26

Hayter, Diana 08/26

Svoboda, Ronald (Ron) 08/27

Wiff, Bette 08/27

Huffman, Eugene (Gene) 08/28

Rodgers, Barb 08/28

Zieglowsky, James 08/28

Burt, Carolyn 08/29

Cascaden, Brian 08/29

Sauerbrunn, Gary 08/29

Sweeney, Kenneth (Ken) 08/29

Hare, Bob 08/30

Fendley, Penny 08/30

Jacobsen, Robert (Bob) 08/31

Johnson, Glenn 08/31

Tambke, Norma 08/31

Toppin, James 08/31

Williams, Sandra (Sandy) 08/31

If your name isn't on this list (or you know of someone who should be), or if you find an error, please call the office with the information. We truly don't mean to make mistakes or to leave anyone out!

... MORE AUGUST CELEBRATIONS!



Luse, Robert (Bob) & Carol 08/01 Myers, Robert & Mary Catharine 08/01 Rosenberg, Joe & Rose 08/01 Larson, Craig & Sharon 08/03 Cascaden, Brian & Lisa 08/04 Petticrew, Keith & Nancy 08/04 Tabor, Gerald Lynn (Lynn) & Ilene 08/05 Gray, Daniel (Dan) & Phyllis 08/08 Graham, Richard (Rich) & Claudia 08/09 Goodrich, Philo (Bud) & Wozniak, Carolyn 08/10 Fabish, Paul & Kathy 08/11 Ralston, Tim & Riechia 08/11 LaViolette, John & Carol Ann 08/12 Kincaid, Joe & Eunice (Uni) 08/13 Schiager, Roger & Donna 08/13 Quanstrom, Walter (Wally) & Fay 08/14 Wilson, Roger & Peg 08/15 Barnett, Duane & Karen 08/16 Hughes, William & Kathryn 08/16 Mulhair, Bob and Delna 08/17 Jones, Morgan & Linda 08/18 Anderson, Don & Elizabeth 08/19 Graba, Joseph (Joe) & Sylvia 08/19 Renfer, Paul & Patricia 08/19 Fleck, James & Patricia 08/20

Hayter, Keith & Diana 08/21

Wilson, Don & Betty 08/21 Burzlaff, David & Julie 08/22 Heyse, Raymond (Ray) & Janice 08/22 Hulett, Gordon & Audrey 08/22 Annin, Frank & Karen 08/23 Cowles, James & Elizabeth 08/23 Gale, Richard (Dick) & Betty 08/23 Hall, Richard (Rick) & Cheryl 08/23 Svoboda, Richard & Beverly 08/23 Sheridan, Michael & Valerie 08/24 Robison, Tom & Marty 08/25 Russell, Robert (Bob) & Nancy 08/25 Confer, Terry & Lynne 08/26 Johnson, Pete & Kay 08/26 Ancell, Bob & Alyce 08/27 Hick, Adrian & Ryan-Hick, Pam 08/27 Behan, Jack & Connie 08/28 Feather, Thomas & Shirley 08/28 Fyfe, Bill & Angie 08/28 Kresge, Willard & Betty 08/28 Eby, Erwin & Shirley 08/29 McGinness, Patrick & Anne 08/29 Eshelman, Skip & Myrna 08/30 Hays, Doran & Louise 08/30 Beebe, Bill & Kathy 08/31 Jameson, James (Jim) & Suzanne 08/31

Congratulations

GOLD CANYON UNITED METHODIST CHURCH

6640 S Kings Ranch Road, Gold Canyon, AZ 85118

Phone: 480-982-3776 **Fax**: 480-671-0028

Email: churchoffice@goldcanyonumc.org

Web: www.goldcanyonumc.org

GCUMC STAFF

Senior Pastor Fred A. Steinberg revstein78@gmail.com Associate Pastor **Bob Deits** bobnjune@cox.net Associate Pastor Fay Quanstrom fay.quanstrom@gmail.com Associate Pastor Joel Hurley joelhccjl@gmail.com Dir. of Education Katharine Keller ladiebug1214@gmail.com Dir. of Music Ministries Douglas J. Benton bellmaster@earthlink.com Assoc. Dir. of Music David Ballard ballardsaz@earthlink.com Assoc. Dir. of Music Cynthia Hoff cynthialeehoff@gmail.com Dir. of Youth Ministries Beth Steinberg bethstein92@gmail..com Office Manager Riechia Ralston churchoffice@goldcanyonumc.org Admin. Associate Dee Ashe **Facility Care Taker** Rick Ceynar **Financial Secretary** Georgia Kirkpatrick Nursery Care Giver Sherry Hussein Parish Nurse Susan Malloy **Pianists** Carol Ballard Linda Jones Marty Robison Nancy Virden Cris Criswell Treasurer Volunteer Coordinator Jane Hayes E-mail Prayer Chain gcumcprayers@gmail.com @goldcanyonUMC www.facebook.com/goldcanyonumc

Please help GCUMC Save Postage!

Make the switch and receive your Roadrunner Newsletter by email! You can even have it sent to multiple emails in the same household! Just fill out the below and place your completed form in the offering plate, mail it to us, or turn it into the church office. You can also email your request to churchoffice@goldcanyonumc.org.

1.	Name	 _and
- 1	E-Mail_	
] 2.	Name_	 _ and
l	E-Mail	

Non-Profit Organization
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Permit No. 64

Return Service Requested

SUNDAY SCHOOL SCHEDULE

Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.

む 8:00am Adult Fellowship Class

ਹੇ 9:30am Children ਹੇ 9:30am Youth ਹੇ 10:50am Children

WORSHIP SCHEDULE

8:00am & 9:30am

TRADITIONAL ~ Sanctuary

10:50am
PRAISE ~ Koinonia Room

5:00pm

COUNTRY ~ Koinonia Room

(Last Sunday of the Month Only in June, July & August)

Childcare Provided at ALL Services
