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FROM THE PASTOR:

"A Better Way to Help"

Pauline Knafllich talks of seeing a man in a mall parking lot coming toward her and her daughter. He was waving and calling. He wanted money to buy food.

Pauline handed him some money and asked if they could pray together. He agreed, sat down on the curb, and put the money beside him. Pauline crouched on one knee, placed her hand on his shoulder, and prayed.

As she and her daughter rode home, her daughter said, "Mom, that man was hungry for food, but he was hungrier for attention. I never realized how lonely the homeless must be".

For a fleeting moment, three lives had come into contact, and as a result all three had been renewed.

I give thanks that our church is able to help so many people with food. We help feed those who are hungry by providing food through the Genesis Project in Apache Junction and the Food Bank. From January 1st to June 15th we gave food to 3,766 people through the Food Bank. That's an impressive number of people that we have been able to help through your generosity.

As the number of people drawn to help those in need has grown, we have run into difficulty. Many people are giving gifts specifically to the "Food Bank". Since we honor designated giving, we can only use those funds for food through the Food Bank. We can't use those funds for food at Genesis or any other need someone might have. We can't

use that money to pay rent or utilities so a family might have water or air conditioning. We can't use the money to help an individual get out of an abusive relationship. Our hands are tied to buy only food.

We find it is more helpful when designated gifts are given to the "Local Mission Fund." Then we have the freedom to buy food for the food bank, or pay a utility bill, or keep a family from being evicted. If you want to allow the Local Mission work area to use the funds as they see the needs, then I would encourage you to designate gifts to "Local Missions." If you give using this designation then our church will be able to more effectively deal with the broader needs of those who struggle to find the resources to live.

Thanks for helping those in need .

Grace and peace,

Fred



"FOLLOWING JESUS, SERVING OTHERS"



CHRISTIAN EDUCATION

by Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

JULY KIDS' KAPERS

Check out what's planned and be sure to register for any of the upcoming events by signing-up after worship or calling the Church Office. Payment may be made the day of the event. Contact Katharine if you have any questions.



Independence Day Picnic—GCUMC

Wed., July 1 from 6pm-8pm
No charge; Children's activities and "This is America, Charlie Brown" movie



Superstition Springs Farm (S. Hawes Rd.)

Sat., July 4 from 9:30am-11:30am
Ride on the church van or meet us there.
Cost is \$8 per adult, \$6.50 per child for tours and activities



Swim Party w/ Lunch at Ms. Katharine's

Wed., July 8 from 11:00am- 1:00pm
4054 E. Washington Ave., Gilbert
Please register by July 6



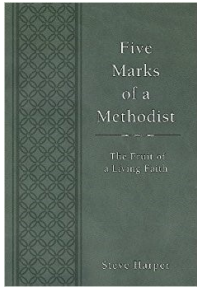
Bowling at Mesa East Bowl

Fri., July 24 at 10am
9260 E. Broadway
Cost is \$2 per game; \$3.25 for shoes; please register by July 17

HAPPY DAYS AT HOMETOWN NAZARETH—THIS YEAR'S VBS!

We want to thank the 13 teens and 41 adults who helped make this one of our most creative VBSs yet! It totally took a village to make this all come to fruition. These pictures just tell a little of how we went back in time. Jesus had a family, a name, a home, went to church and served others... AND WE DO TOO! Come join us next summer!





NEW 5-WEEK BIBLE STUDY!

On 6/28 at 8:00am we began a new 5-week study called "Five Marks of a Methodist" written by retired UM Elder and seminary professor, Steve Harper. Methodism's founder John Wesley identified five marks that confirm our identity as genuine and fruitful followers of Christ. The class will be facilitated by GCUMC member, Suzanne Jacobson Cherry. Ms. Cherry holds her Masters in Divinity from Claremont School of Theology and has authored a handful of books, devotionals, and studies; including "United Methodist History in a Nutshell." Please register by calling the church office, signing up at the Information Desk, or letting Katharine know. If you wish to purchase the book, it is \$10, but Suzanne says it is not imperative.



COMPASSION BEARS COME TO GCUMC

Recently we put stuffed teddy bears out on the chairs in the worship places. They have tags on them that say:

"This bear sat on a chair at Gold Canyon United Methodist Church in Gold Canyon, AZ. It has been blessed as it has heard Scripture read, the Word preached, hymns sung and prayers prayed. It comes to you as a special remind of God's healing power and wonderful love."

The bears are designed to be given to people who are struggling with physical or emotional concern, who need some hope in their lives, or just to show someone cares.



KIDS' KAPERS "NIGHT AT THE MUSEUM" MOVIE OUTING



Our first Kids' Kaper was seeing the movie, "Night at the Museum: Secret of the Tomb" and then enjoying free carousel rides.

A Personal Note From Bob...

COUNTRY NEWS

As you know, June was moved to Legacy Senior Living, 5625 East McKellips in May. Unfortunately, she recently fell and suffered a small fracture in her hip and had to undergo surgery to install three screws.

Thanks again to everyone for your prayers and to those who have dropped-in to visit June. I appreciate the gift of your time when it is impossible to predict whether she will be awake or in her "sleep mode." One thing I have learned over the last two years is that she is way more aware of people and what is going on around her than it appears on the surface. As it is with many people who have Alzheimer's she cannot communicate through speech very well, if at all.

If you would like to visit her, please call me at (602)615-6634 before trying to visit for the first time. When you see her, please do not be hesitant to take hold of her hand when you are talking to her. Even if her eyes are shut, talk as if you know she is hearing you because she is.

Being her caregiver since she was diagnosed with Alzheimer's in 2008 and caring for her at home until she was moved into the care facility in March, 2013, has been graduate level education with a "degree" from the school of hard knocks. I am putting a program together to help other caregivers, especially in the early years, understand dementia better and know how to cope with the changes, care for the person and survive the task. I plan to offer it next Fall. In the meantime, if you are faced with caring for someone with Alzheimer's, feel free to contact me.

Peace and joy,
Bob Deits



MIND MENDERS



... is a support group for caregivers of Alzheimer's and other dementia disease patients and **meets on the 2nd & 4th Friday each month at 10am in the Education Building.** Join us! *Contact Jeanette Lunstead at 480-671-9888 or the church office for more info.*

CANCER SUPPORT



... provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. During **June—October** the group meets the **1st & 3rd Wednesday** of the month at **10:30am** in the **Emmaus Room**, and every Wednesday the remainder of the year. Contact Dee Ashe at (480)924-5483, (480)685-7175, or send an email to her at deenashe7580@gmail.com.

GRIEF SUPPORT



... is for those who have experienced a major loss such as the death of a loved one or divorce. The leader of the group, Rev. Bob Deits, has been working extensively with these issues for 36 years and addressed them in his book, *Life after Loss*, now in its 5th edition. Please accept Bob's invitation to attend the Grief Support group he leads every **Monday from 1:00pm—2:00pm in the Education Building.** For questions or if you wish to speak with Bob privately, you can call him at (602)615-6634.



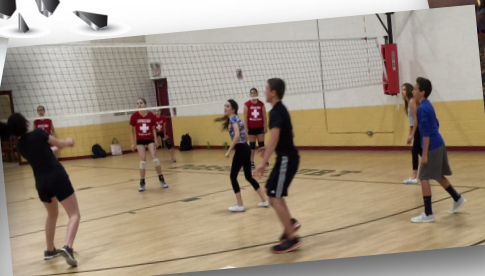
GCUMC Youth Group News

By Beth Steinberg, Youth Director



UPCOMING EVENTS!

- | | | |
|-------------------------|--|---|
| † Wed., 7/1 | H.S. VOLLEYBALL LEAGUE
<i>First Mesa UMC; 1 game only at 7pm</i> | Meet at GCUMC at 6:10pm; Return 9:00—9:30pm |
| † Sun., 7/5 | YOUTH GROUP | 6:30pm—8:30pm; GCUMC Education Building |
| † Wed., 7/8 | H.S. VOLLEYBALL LEAGUE
<i>Desert Foothills UMC; Games at 7pm & 8pm</i> | Meet at GCUMC at 6:00pm; Return around 10:30pm
(About an hour drive there) |
| † Sun., 7/12 | NO YOUTH GROUP | Youth on Mission Trip |
| † Wed., 7/15 | NO H.S. VOLLEYBALL GAMES | |
| † Sun., 7/19 | YOUTH GROUP | 6:30pm—8:30pm; GCUMC Education Building |
| † Wed., 7/22 | H.S. VOLLEYBALL LEAGUE
<i>Gilbert UMC; Games at 7 & 8pm</i> | Meet at GCUMC at 6:10pm; Return around 10:00pm |
| † Sun., 7/26 | TOP GOLF in Gilbert | Cost \$20—\$25; Take church van at 6:30pm or meet at 7:00pm there; Return around 9:45pm |
| † Wed., 7/29—Fri., 7/31 | H.S. VOLLEYBALL LEAGUE TOURNAMENT
<i>First Mesa UMC</i> | Times TBD |



SUNDAY BIBLE STUDY CLASS

(7th—12th Grades)

Sunday mornings at 9:30am

Education Building

Creative Bible lessons & discussions!

YOUTH GROUP

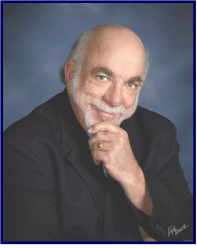
(7th—12th Grades)

Sunday nights 6:30pm—8:30pm

Education Building

Fun, faith-based programs
and fellowship!





MUSIC NOTES

As I am writing this, I am reminded of how beautiful Gold Canyon is in the spring time. Yeah, when you read this we will already have had several 110+ days, but so far, as of the first week of June, we are still in “spring” – mid 90’s. For us locals or “year-rounders”, “warm” is up to 108, then “hot” to 112, then “very hot” to 120, then “GET OUT OF THE STATE!!!” to 122 – that’s the all time record, set June 26, 1990. I came back from my concert tour of Finland the day before, and it was 112 at 9:30 pm! I experienced nearly 100-degree difference within just a few days!

What does this have to do with anything? God has given us weather extremes so we can appreciate the “good” weather that much more. We all have to deal with adversity, and with God’s help and grace, we get through it and rejoice when it is over. Now we can look forward to “Fall” weather!

Having said all that, I’m “getting out of the state” a bit early, just in case! Actually, I’m going to watch my daughter, Regina Benton Bower, graduate from Chief Residency in Neurosurgery (a 7-year residency) at Mayo Clinic in Rochester, MN on June 23. Yeah, I am a very proud papa! Of course, I’ll also get to spend some “spoiling” time with my two granddaughters, Brooke and Daphne and some “manly” time with son-in-law Mark! And, of course, the weather will be great – in the mid-70’s!

Summer time also means that all of you who would like to sing in the Choir only during the summer, now have the opportunity! The Chancel Choir will continue singing through July, then take August off. If you would like to join us, we would love to have you! No audition, just come and sing with us. All we ask is that you can match pitch and read music at least a little, and have a servant’s heart as we lead worship with our combined, God-given talent in music. There are very few activities as fulfilling – and fun! – as singing in the Chancel Choir! Come join us. Rehearsals are Thursday evenings from 6:30 – 7:30 in the Music Room.

Of course, there will be special music for the month of August, so if you would like to sing a solo or with an ensemble, call Cindy Hoff, our Assistant Director of Special Music, or call the church office. In August, we still need Anthems and Offertories, plus leading congregational singing.

I hope all of us can see some fireworks on July 4. I always look forward to this! I pray that we all stay safe during that weekend. I will be joining around 1,500 organists from around the western states at a convention in San Diego just prior to the 4th. Included is a very special 100th Anniversary Concert on the Spreckles Organ in Balboa Park! This is a very large 4-manual Austin Pipe Organ, and is the largest outdoor pipe organ in the world. It was installed in 1915 and has been played every Sunday afternoon since then, and now they have a Summer Concert Series – free! – every Monday evening. Isabelle Demers, who has played for us twice in concert, will play on July 27, and her teacher, Paul Jacobs, the only organist ever to get an Emmy Award on organ, will play on Aug. 17. Again all the Monday night concerts are free! If you are near San Diego, check it out. More info at Sprecklesorgan.org, click on Get the StopTab for Summer 2015.

We are finalizing the ranks (sets) of pipes we want to add to our Rodgers Organ. I hope to have a design of the case and an approximate cost within the next few months. We have also decided on how we will utilize the Choir Area and have now figured out a way to keep the handbells in back of the Choir and still have the pipes with the electronics behind them, as it should be. The end result will be a much broader sound without the acoustical problems we currently have with the speakers placed where they are now. Overall, it will be softer, yet broader, much more like sense-surround rather than a tight, focused sound. We are getting closer, but still have a way to go. I can’t tell you how excited I am about this project – especially now that we have figured out a way to keep the Choir, Handbells and Organ all together in the right configuration! I honestly don’t know why I didn’t see this a year ago, but I’m very glad we have discovered it now! I will keep you informed. If you would like to donate to the Pipe Fund, write the check to the church and in the memo just write “ORGAN PIPES”.

Love and blessings to all !

Doug

Douglas J. Benton
Director of Music Ministries





OUR PRAYING CONGREGATION

Prayer Partners are vital to our Prayer Ministry at GCUMC! We pray several times during worship, including the pastoral prayer time when new requests are shared. You may wonder how the prayer list works.

Submitting a Request. At each door in the Sanctuary Building and in the Koinonia Room you will find a lectern with yellow prayer cards. When you have a prayer need, you are invited to submit it by completing the information and placing it in the envelope attached to the lectern. Please provide all the information that you are able to give us. Sunday's requests are read at prayer time during worship and are printed for the two weeks following.

How the List is Organized. The prayer list is edited early in the week with called-in requests added until printing time. A GCUMC ministry and one of the churches on the Central East District are listed each week under **Ministries**. The requests turned in on Sunday appear under **Concerns Added This Week**. **Condolences** are listed for one week. Those receiving cancer treatment or with continuing needs because of cancer appear in the **Cancer** category. Those in **hospice** remain in that section unless they ask to be removed. When a person's surgery is past they are moved to **Post Surgery**. **Other Needs**, detailed when known, list additional persons for whom prayer has been requested.

Discovering Omissions. If you expect to find a name on the prayer list but don't see it, please submit a prayer card for that person. The pastoral care team follows up with hospital visits and phone calls to the best of their ability when enough information is given. When the day, time, and hospital are given we are much more able to provide pre-surgical prayer and post-surgical visits. Without the necessary information it's very difficult to be helpful.

Using the Prayer List. We all need prayer and prayer support, especially during health, personal, and family crises. Use the prayer list as a marker in your devotion book or Bible. Post it on your refrigerator to encourage your prayer life. Pray for one section of names each day. Make prayer part of your walk with God by using the prayer list regularly.

Being a Prayer Partner. The GCUMC Prayer Partners receive the updated prayer list by email by Tuesday each week. This list includes the "Continuing Concerns" section that is not printed for the bulletin. You are invited to become a Prayer Partner by letting the office know of your interest and supplying your email address. "More things are wrought by prayer than this world dreams of."



PASTORAL & CONGREGATIONAL CARE

Joel Hurley, Coordinator of Pastoral Care

Four pastors are on-call to make visits to members and friends of Gold Canyon UMC. Please feel free to call the church office at 480-982-3776 and one of the pastors will respond to your request. Or, after hours, you may call or email one of the pastors directly:

Rev. Fred Steinberg, Senior Pastor
revstein78@gmail.com
480.982.3776

Rev. Bob Deits, Assoc.
bobnjune@cox.net
602.615.6634



Rev. Fay Quanstrom, Assoc.
fay.quanstrom@gmail.com
480.458.8420

Rev. Joel Hurley, Assoc.
ioelhccjl@gmail.com
602.291.0464

If you know of someone in the congregation who is hospitalized, ill at home and/or needs the prayers of the community, please let one of the pastors or the church office know so they can be included on the prayer list.



GLOBAL MISSIONS

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

"The world is my parish." – John Wesley

WHERE GLOBAL MISSIONS DOLLARS GO

- ✚ **Universidad Biblica Latinoamericana:** One of the global missions that GCUMC specifically supports is Universidad Biblica Latinoamericana, located in San Jose, Costa Rica. UBL's theological education program is carried out in 19 centers in fourteen countries. It is widely recognized as a leading centre for theological education in Latin America and the Caribbean, preparing pastors and lay leaders for the growing Christian communities engaged in witness and service throughout the region. Associate, Bachelor and Master's degrees in Biblical and Theological specializations as well as a non-degree program, Biblical Pastoral Institute, are offered. Students normally begin their programs in satellite locations and complete their degrees on the San Jose campus. The University, jointly sponsored by the Methodist and Presbyterian denominations, has become increasingly ecumenical as it seeks to respond to the needs of the growing number of churches sending students to study in this diversified theological setting.
- ✚ **Missionary Genilma Boehler:** GCUMC also contributes to the support of Genilma Boehler, one of the UBL faculty. She holds several advanced degrees in Theology, including a doctorate from Superior School of Theology, Sao Leopoldo, Brazil. Dr. Boehler is from Brazil and is a member of the Methodist Church.
- ✚ **Mission Work Teams, Past and Future:** In the past five years four Gold Canyon teams of volunteers have worked on the campus of UBL to construct housing and brighten campus spaces by painting and landscaping. Our teams have gained appreciation for the University's ministry and contributed in measurable ways during their time on campus. A mission volunteer brings home precious stories of faculty and student lives, forever enriching the understanding of global missions.

The dates of the 2016 global missions trip are January 9-16. We will be flying to San Jose, Costa Rica and working with Rice and Beans Ministry. Participants will pitch in to help with a construction project in the morning and deliver food bags to needy homes in the afternoons. We will team with Costa Ricans for the work, for meals and for fellowship, making the week a rich and rewarding experience. Each volunteer pays for his/her own airfare (about \$800), room, board, and materials (about \$500). Now is the time to pray about your possible participation and plan for it. For more details please contact Fay Quanstrom (480-458-8420 or fay.quanstrom@gmail.com).

THIS MONTH'S SPECIAL NEEDS

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in appropriate number)" on memo line. 100% of donation goes to those affected.



- **Nepal Earthquake Relief Fund** ~ Advance #982450
- **Personal Energy Transportation** ~ Advance #982665-5
- **Liberia Emergency:** Advance #150300
- **Cote D'Ivoire Crisis:** Advance #982450
- **Imagine No Malaria:** Advance #3021190
- **Wings of Caring Projects:** Advance #08595A (*Supports evangelism, education, transportation & medical emergencies in rural areas*)
- **Philippines, Typhoon Disaster Relief:** Advance #240235
- **Disaster Response, International - Projects:** Advance #982450 (*Quick response to meet emergency needs around the world*)

For more ways to help, or to donate online, go to: <http://new.qbqm-umc.org/umcor/> or follow UMCOR on Twitter at @UMC_UMCOR

WORD SEARCH: PEOPLE FROM THE NEW TESTAMENT

N F S W X H O E Q R B R D R S I P M A S Z Y N B X M S C Q Q
 G T K Q M S A R U K L R A K J K Y C R H J R Q J O S E P H O
 A Z Q Y E T I M O T H Y C R A Y E D A D U E L X M Z K B T V
 K V D M P U M K J R O Z M G M W E P F P J Y Q S Y A X B I X
 R R K R Y W T S G D G K T P E K V D Z L I F C D H S R H I U
 W K K Q H F N M V J U O U X S S U I L E N R O C T T F Y N K
 O B Y U X K S A B A N R A B S M K B A P F O T A E A T U O Y
 I P A H T R A M L W M E V O I Y T E A U J T E D B B A U M E
 V D I G E J B Q T S O J M K U X B U Z J M M D G A I O T I J
 F L Q T I N L R X B A B Z B S K L M D K T C V K Z T N A S C
 U J U L C I U V Q S E Q X G P B S O U Z C F J I I H F O U I
 P I R L P C V R Z A X T V Y I V D F Q P S S Z X L A J M M S
 U N G H B T I G L I I B R Q W B N A E W R W L M E O J O H N
 P R I S C I L L A H Q Q T K C S U E A H C C A Z H V P X V N
 E W K V P X R G D T H U C W E P J B E I R S L N F W U C K X
 K U H V P H F U K T N E H P E T S G W Q K B T F B D M O D E
 U Y Q E S P C I K A S A D U J E P J S I Y H B A R S A B A S
 L D T E P A E D P M Q W Y T A B J I L E E S C G B J L D F P
 R E E R L U X P V B A U G Z J L A H W B V Y E G C E Y K V G
 R B H D E M Q P S Z C B O A A C R R A T N P G V K S D N G S
 T R Y Y T A K H D G Z C C Z A G Y P T P H I L I P U I G I Z
 O L M E M X Z W Y B Q E A C O B T K G H V F C L Z S A L M R
 M R L C P T L Q E Z T R B X E I L Z L N O T E K L Q A Q A X
 C S A X K U V A Z S U D R E S O A A D J W L H U Z S V V R S
 U C A I R H T U N S Y A L T D Q G H V J S N O O D C W Z K Q
 N U K P B Q Y U U D Y X E K L E M Z J F R P E M M V L B N I
 U W D M A T T H E W R D M Q Y E E D K N I D Z N E A Z E R W
 R D C J Q R V V B N G E E C S A S U E A D D A H T W S A M G
 S B M F R D Z K Y E J I W L T O X Z S C C A P X R Y M W R V
 R Y U M G X M K A Q U I L A L B O U H T L P D M S K W I A W

Andrew
 Aquila
 Barnabas
 Barsabas
 Bartholomew
 Cornelius
 Elizabeth
 James
 Jesus

John
 John the Baptist
 Joseph
 Judas
 Lazarus
 Luke
 Lydia
 Mark
 Martha

Mary
 Matthew
 Matthias
 Paul
 Peter
 Philip
 Priscilla
 Silas

Simon
 Stephen
 Tabitha
 Thaddaeus
 Thomas
 Timothy
 Zacchaeus
 Zebedee



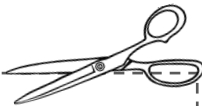
SMALL GROUP OPPORTUNITIES ARE COMING TO GCUMC!

If you would like to be part of a home group for fellowship, Bible study and prayer, the opportunity is coming! We are working toward at least three geographic groups: Mountain Brook, Superstition Mountain Drive, and Apache Junction.

Small groups will choose their own initial focus. We're making three suggestions: *One Thousand Gifts* as a study book, *The God We Can Know* (7 parts with video), or *Walking with God* (workbooks with various topics). The group could also choose its own material, perhaps a Bible book for verse-by-verse study, or books or movies with themes that evoke discussion. Katharine or Fay will be happy to help with materials.

Let us know of your interest by completing this form and turning it in to the office or placing it in the offering plate.

(Please tear here)



AN INVITATION

If you would like to be a part of a small group that shares struggles and joys of the Christian journey, please complete this form and place in the Offering Plate.

NAME: _____

PHONE: _____

EMAIL: _____



YOU'RE INVITED TO GET ENERGIZED!

Join Uncommon Grace at the Sunday 10:50am Praise & Worship Service, as we lift our voices to our Lord and sing new songs by artists that include Chris Tomlin, Matt Redman, Laura Story, Christy Nockels, MercyMe, and others. Your hearts will be filled with joy each and every Sunday as we praise our Lord with uplifting music and hear God's message! Check out page 15 of this newsletter for upcoming audition info!





THE EYES HAVE IT!



Greetings! I trust you are enjoying the great weather we have been having and preparing for the HOT summer ahead. My “focus”, as you may remember from May’s article, is on Eye Health. I never cease to be amazed as I drive about, how many folks of all ages do not wear sunglasses. It’s the first thing I put on as I head out the door. I trust after reading this, you will have a new respect for your sunglasses and gladly wear them. “Eh hem”... Not on the top of your head but on your face protecting those “peepers”.

“In a 2012 survey, less than 10,000 Americans polled recognized the health benefits of wearing sunglasses. 27% of them NEVER wear sunglasses.” (*1) That will become obvious as you start to look around you when you are out and about. Wearing “sun glasses” or “sun cheaters” (“cheaters” were the American slang for glasses) as they were known in the early 20th century, have come a long way from being “frumpy” to downright glamorous. They can be simple, yet stylish, accessories that will protect those two precious eyes from a host of conditions caused by both UV-A and UV-B Ultraviolet Rays. Buying a \$5.00 pair won’t cut it. Sunglasses don’t have to cost a lot of money and they can actually make your vision clearer when you are in the sun. So, do your due diligence and find a pair that is going to be the most effective, stylish, and within your budget, so you will be more willing to wear them.

“The Health conditions you can protect yourself AGAINST by wearing sunglasses are as follows: **1# Skin Cancer** - Up to 10% of all skin cancers are found on the eyelid. **2# Cataracts** – the World Health Organization reports that worldwide approximately 900,000 are blind because of cataracts (the cloudiness of the lens of the eye triggered by UV exposure). **3# Macular Degeneration** Over time, the UV light may play a role in damaging the macula lutea (an area of the eye with millions of light sensing cells, which allow us to see fine details clearly), potentially leading to blurriness and vision loss. **4# Pterygium** - The abnormal growth of tissue also called “surfers eye” may progress slowly from either cornea across the white part of the eye, possibly leading to inflammation or other disturbance in the eye. **#5 Photokeratitis** - essentially a sunburn to the eyes (temporary) caused by being outside, on the water or in a pool. It is very painful causing blurred vision, light sensitivity, and the sensation of having sand in your eyes.”(* 2)

May this be the “Wake Up” call you need to go out and purchase a good pair of sunglasses and begin wearing them whenever you are outside, remembering the sun comes out all four seasons! Here’s what to look for when shopping for your “Sun Cheaters” that will help keep the sun from robbing you of your ability to see for years to come, which is a worthwhile purchase—no matter what your age. Shop for large lenses that offer good protection from UV-A and UV-B rays. It is these UV radiation rays that can damage your eyes. Also, look for broad temple arms as they are needed to protect against stray light from the sides of your sunglasses. If you wear prescription glasses, a great company, called Cocoon, offers over your glasses protection. These are usually found when you purchase your eye glasses from an optometrist. One place located nearby is Image Eye Care on Idaho Road just south of Broadway on the East side of the road. Pricing seems to be uniform where ever you go, so feel free to check out others, as well. They are less expensive than getting prescription sun glasses.

Look forward to seeing you out and about with your Sunglasses on, protecting the precious gift of sight God gave us.

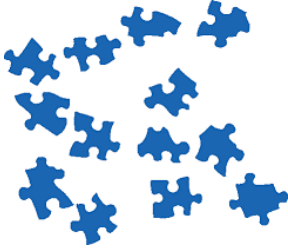
Blessings of Health & Wellness,
Susan Malloy RN BSN, GCUMC Parish Nurse

1*= www.oprah.com, 2014 “Look so Cool-Never Leave Home without them”

2*Prevent Blindness America 2010 Why Do I need sun glasses?



PIECES... TO PEACE



During the month of June, Pastor Fred did a sermon series in which he talked about compassion, humility and servanthood. It was very motivating, and I have talked with more than

one person who had their own mindset rejuvenated by focusing on what they can do for others. That is a beautiful thing.

However, I have found myself at varying points in my life, in a position in which I just didn't have the energy to give to others. I had a lot on my plate personally, I was stressed, I didn't have time for one more thing, I was down about things going on in my life, etc. No excuses, just reality.

That reality is, sometimes we can't be compassionate to others, until we are compassionate to ourselves. We need to be aware of where we've come from, where we are today and where we are going from here. That can be easier said than done and every now and then we have to be willing to explore how we got into a difficult position in order to find our way out.

In her book *The Orphan Train*, Christina Baker Kline says "You can't find peace, until you find all the pieces." In context with her story, she was saying that at times what may seem like a random, disconnected series of events (sometimes unhappy) are actually necessary steps in a journey toward self-acceptance and perspective. When we have our own lives in perspective, it's amazing what we can do for others.

If you'd like to be more compassionate with yourself, here's a thought – ask for the company of a Stephen Minister. You might ask how that would help? Well let's consider what a Stephen Minister is...

Stephen Ministers are simply those Christians who have chosen to walk with others through difficult times. They listen to those who need to

sort through a challenging time. They share and help carry some of the burdens that others are finding difficult to carry alone. They help facilitate decision-making when decisions have been hard to make.

Stephen Ministers aren't Pastors, but they are lay ministers with significant training, who often times can help you sort through emotional and spiritual speed bumps in your life. They can't do "it" for you, but they can be there with you.

If you think it's time you were compassionate with yourself, consider asking to spend some time with a Stephen Minister. Maybe their listening ear can help you put some things into perspective, find peace for yourself, and allow you the freedom to direct your compassion toward others.

If you would like to inquire about the Stephen Ministry or ask for one to be assigned to you, simply check the box beside "Desire a Stephen Minister" on the Sunday morning attendance pad, or contact Stephen Leaders through the church office: churchoffice@goldcanyonumc.org, or 480-982-3776.



By Kim Shroyer,
on behalf of the Stephen Ministry Team





CHOOSING A CHURCH

Eldon and I love the Gold Canyon United Methodist Church. We have been in Arizona about five (5) years and have been members now for about three (3) years. We were active in our church in Lakeville, MN before moving to Arizona. We attended other churches, but we chose Gold Canyon UMC because we enjoy the music and the friendly people. We enjoy Fred and his wife, Beth. The sermons are always interesting and challenging, and we appreciate the variety of services that are offered. The Cowboy Church is a new experience for us, but it is a delight!

Since it is a large church, we were afraid we would be unable to get acquainted with people, which is especially why we like the after-church coffee and social time. It gives us an opportunity to speak to people and get to know them.



Marilyn & Eldon Weinhold

We felt this church was Bible-centered and was a real light for Christ. We are enthusiastic about the opportunities that are offered to get involved in the community and church through small groups and the Dinners for Eight program.

wish list

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

- ✚ Playground - \$20,000-40,000
- ✚ Stain Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel)
- ✚ Building Fund Loan Payoff (2015: Prepaid \$47,000)
- ✚ Organ Pipes
- ✚ Food Bank Building - \$200,000



HONEY-DO HOME REPAIR MINISTRY

Do you know someone who needs minor repairs around the home, but has little or no resources or can no longer do it? We do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, moving some furniture, replacing a door lock or other small projects. Referrals and/or requests can be made by calling John or Nancy at (907)232-8203 or at goldcanyonhoneydo@att.net.



BIBLE BANTER SUMMER SCHEDULE

6/28—9/1 Mondays, 9:30-10:30am
In the home of Marsha Lundell

Join us for coffee and stimulating conversation to discuss ways in which we can live as faithful Christians in today's world... and please bring your Bible and theological topics of conversation you would like us to explore!

Contact Marsha at MarshaLundell@gmail.com with any questions.



Jane Hayes, Volunteer Coordinator
GCUMC (480)982-3776

VOLUNTEERS DO MAKE A DIFFERENCE

CONSIDER YOUR UNIQUENESS... *WHAT IS YOUR PASSION?*

Each of us has gifts to be used in almost every age of ministry, whether it be with children, youth, or adults. Actually, some of us do spectacular work for pets, and nature, too! So, God's gift to you is to minister to others — no matter the age, gender, or background.

A large part of preparing for your commitment is to simply identify your "mission field." Who has God called you to share your life, gifts, talents, and His love and grace?

- ✝ Who do I think about the most?
- ✝ Who do I find myself going out of my way to help and encourage?
- ✝ For whom do I pray the most?
- ✝ With whom do I find joy and energy when being involved in ministry?

Try these simple questions and if you have an idea of where you would like to try a ministry at GCUMC, give me a call. Of course, we have many staff members who will be willing to get you into a new passion!

If you are willing to offer
some of your Spiritual Gifts
as a GCUMC Volunteer,
please call Jane
in the Church Office
(480)982-3776

WATCH GCUMC SERVICES LIVE!



For livestreaming of the
8:00am & 9:30am services, go
to www.livestream.com (a few
minutes before service)

- ⇒ Click on "Watch" and "Search Events
&Accounts..." and type in "Gold Canyon United
Methodist Church"
- ⇒ Select GCUMC under "Accounts"
- ⇒ You can also view past services on the webpage.



HELP WANTED

Serving One Another

Hospitality Ministry



Hospitality needs **YOU!** Can you offer your time and efforts one service a Sunday each month? Volunteers are needed for the 8:00, 9:30 and 10:50 services. Please call the Church Office if you can help!



SUNDAY COFFEE FELLOWSHIP

We've all seen the yummy platters of fresh fruit and cheese, and variety of sweets to accompany our coffee during Sunday Coffee Fellowship.

Everyone is always welcome to enjoy this plethora of goodies. Although there is no charge, your contributions are important to the continuance of this hospitality. Please help keep this aspect of our Team Outreach welcome alive with your contribution!

Uncommon Grace Worship Team

AUDITIONS

Date/Time: TBA

**Do you sing and/or play an instrument?
Do you have a passion for worship music?**

Open auditions for the "Uncommon Grace Praise Team" will be announced in the near future. If you are interested, please send an email to:

ChurchOffice@GoldCanyonUMC.org

SCRIP BUS & VAN FUND

Bashas'

Albertsons

Fry's

amazon smile
You shop. Amazon gives.

Did you know Bashas', Albertsons and Fry's help non-profit organizations — like GCUMC — by giving us a rebate on all purchases made when you use their cards **that are obtained from and/or connected to GCUMC?** The money earned helps pay for the church bus and van (gas, licenses, maintenance, insurance, etc.), and we've already raised \$144,000 from these grocery store programs! After expenses are covered, the balance of the funds goes toward the purchase of a covered structure to protect these vehicles.



⇒ **AmazonSmile:** Who doesn't shop on Amazon? Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the GCUMC SCRIP Bus & Van Fund whenever you shop on AmazonSmile... *same selection... same prices!* To benefit GCUMC the next time you shop, just go to:

<https://smile.amazon.com/ch/86-0621002>

⇒ **Albertsons (1% rebate)** offers a key tag you swipe each time at checkout.

⇒ **Bashas' (6% rebate) Community Support Cards** can be purchased (cash or check) from the church in denominations of \$20, \$50 or \$100, and be used at all AZ store locations, including AJ's Fine Foods and Food City. When the card balance gets low (shown on store receipt), you can reload it at the Customer Service Desk or at the register **before** your order is rung up (up to \$500) using cash, credit/debit card.

⇒ **Fry's VIP Card (up to 3% rebate)** Register your VIP card online with GCUMC's affiliation #80092, or you can come to the Church Office and we'll be glad to help. It all adds up!

Additional info is available at the Information Desk on Sunday, in the Church Office, or from Betty Rolley at (480) 380-0147. Thank you for your continued participation!



DONATIONS & ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)

MAY	2012	2012	2013	2013	2013	2014	2014	2014	2015	2015	2015
	General	Building	General	Building	Worship All	General	Building	Worship All	General	Building	Worship All
1st	21908	7864	24388	10799	794	24648	14061	818	28015	10132	859
2nd	11590	5693	10306	3217	763	12712	2763	777	13248	5273	768
3rd	11608	4336	15695	9024	637	15108	8343	626	16815	6763	817
4th	11739	4244	9323	3653	532	7354	3128	590	11120	4549	562
5th	0	0	0	0	0	0	0	0	13452	3783	608
TOTAL	56845	22137	59712	26693	2726	59822	28295	2811	82649	30699	3704



HIT THE "EASY" BUTTON!

If you need a convenient way to make recurring contributions, you are encouraged to check out our electronic giving options. As the pace of life speeds up, you may find electronic giving a most welcome way to make contributions. For more info, just call the Church Office.

Please note that if you use any type of electronic payment system for satisfaction of your pledge and you changes your pledge for 2015, you must also make the change to your electronic payment provider. Call the Church Office if you have questions.

LOST & FOUND

We have a Lost and Found box in the Church office that contains items such as jewelry, sunglasses, keys, etc. If you think your missing item may be with us, stop by!

GCUMC DIRECTORIES

... are available in the Church office or at the Information Desk on Sundays, and is a great resource to identify new friends and fellow worshippers! If any of your info needs to be updated, please let the Church Office know so we can update our database. If you weren't able to participate in the photo sessions, you can purchase a Directory for \$10.00.



PUBLICATION DEADLINES

August Roadrunner — 8am, Monday, 7/13/15

Weekly Bulletin — 12pm Wednesdays

Your GCUMC Publications are brought to you by:

Riechia Ralston, Dee Ashe and Georgia Kirkpatrick with help from the Friday Bulletin Team, the Roadrunner Assembly Team, and many other treasured volunteers.





CHURCH CALENDAR & KEY

BP = Back Patio EB = Education Bldg
 ER = Emmaus Rm K = Kitchen
 KR = Koinonia Rm MR = Music Rm
 NAR = Noah's Ark Rm S = Sanctuary
 SoG = Sea of Galilee Rm YR = Youth Rm

This calendar is subject to change; For more info, visit www.goldcanyonumc.org or call the Church Office

Wed Jul 1	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
Thu Jul 2	6:30pm	Choir Rehearsal (MR)
Fri Jul 3	OFFICE CLOSED (Observance of July 4th)	
	5:30pm	AA (ER)
Sat Jul 4	Independence Day	
Sun Jul 5	8am	Traditional Worship (S)
	8am	Wesley Adult 5-Wk Class (ER)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER/K)
Mon Jul 6	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoGR)
	3pm	Stephen Ministry (ER)
	7pm	Al-Anon (SoGR)
	7pm	CoDA Mtg (ER)
Tue Jul 7	5:30pm	One in the Spirit/Houser Reh (KR)
Wed Jul 8	9:30am	Music Library Activities (MR)
Thu Jul 9	6:30pm	Choir Rehearsal (MR)
Fri Jul 10	10am	Mind Menders (ER)
	3pm	Hearts & Hands CCM Mtg (SoGR)
	5:30pm	AA (ER)
Sun Jul 12	8am	Traditional Worship (S)
	8am	Wesley Adult 5-Wk Class (ER)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)

Mon Jul 13	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoGR)
	7pm	Al-Anon (SoGR)
	7pm	CoDA Mtg (ER)
Tue Jul 14	5:30pm	One in the Spirit/Houser Rehearsal (KR)
Wed Jul 15	9:30am	Music Library Activities (MR)
Thu Jul 16	6:30pm	Choir Rehearsal (MR)
Fri Jul 17	5:30pm	AA (ER)
Sun Jul 19	8am	Traditional Worship (S)
	8am	Wesley Adult 5-Wk Class (ER)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER /K)
Mon Jul 20	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoGR)
	3pm	Stephen Ministry (ER)
	7pm	Al-Anon (SoGR)
	7pm	CoDA Mtg (ER)
Tue Jul 21	5:30pm	One in the Spirit/Houser Rehearsal (KR)
Wed Jul 22	9:30am	Music Library Activities (MR)
Thu Jul 23	6:30pm	Choir Rehearsal (MR)
Fri Jul 24	10am	Mind Menders (ER)
	5:30pm	AA (ER)
Sun Jul 26	8am	Traditional Worship (S)
	8am	Wesley Adult 5-Wk Class (ER)
	8:30am	Uncommon Grace Rehearsal (KR)
	9:30am	Children & Youth Sunday School (EB)
	9:30am	Traditional Worship (S)
	10:50am	Praise Worship (KR)
	10:50am	Pre-K Children's Sunday School (NAR)
	6:30pm	Youth Group (7th-12th grade) (YR/ER/K)
Mon Jul 27	9:30am	Bible Banter (Offsite)
	1pm	Grief Support Mtg (SoGR)
	7pm	Al-Anon (SoGR)
	7pm	CoDA Mtg (ER)
Tue Jul 28	9am	Stitches Unlimited (ER & Sea of Galilee)
	5:30pm	One in the Spirit/Houser Rehearsal (KR)
Wed Jul 29	8:30am	Newsletter Team (MR)
	9:30am	Music Library Activities (MR)
	10:30am	Cancer Support Group (ER)
Thu Jul 30	6:30pm	Choir Rehearsal (MR)
Fri Jul 31	5:30pm	AA (ER)

JULY CELEBRATIONS



Cassella, Cheyenne 07/01	Petticrew, Keith 07/10	Head, Diane 07/20
Hochhalter, Wayne 07/01	Jelf, William (Bill) 07/11	Gaulke, Donald 07/21
Krapek, Shirley 07/01	Gust, Dan 07/12	Houseman, Tyler 07/21
Nichols, Rex 07/01	Crane, Steven 07/13	Ortega-Watters, Monica 07/21
Osgood, Donald 07/01	Petticrew, Nancy 07/13	Burgi, Robert (Bob) 07/22
Coules, Dixie 07/02	Russell-Smeaton, Betty 07/13	Paddison, Jeanne 07/22
Dauenhauer, Connie 07/02	Formento, Russell (Russ) 07/14	Arbuckle, Nancy 07/23
Gladson, Chong 07/02	Guerrero, Janice 07/14	Stofferan, Marjorie (Marge) 07/23
Kinzel, Alan 07/02	Barnes, Doris 07/15	Tonole, Marjorie 07/23
Ryan, Bobbie 07/02	Crawford, Gail 07/15	Houseman, Scott 07/24
Brown, Albert 07/04	McClure, Joyce 07/15	Butterbrodt, William 07/25
Sullivan, Catherine 07/04	Sander, Ellamae 07/15	Roe, Earl 07/25
Weidner, Linda 07/04	Gale, Richard (Dick) 07/16	Toppin, Beverly 07/25
Cowles, James 07/05	Hughes, William 07/16	Hulett, Audrey 07/26
Johnson, Forrest (Bob) 07/05	Jungman, Charles (Chuck) 07/16	Ballard, Carol 07/27
Nielsen, Bill 07/05	Brace, Melodie 07/17	Ramer, Waltraud (Trudy) 07/27
Roe, Jeanine 07/05	Crow, Virginia (Jenny) 07/17	Sifferath, Sharee 07/28
Anderson, Edythe (Cooki) 07/06	Eriksen, Adelaide (Ritchie) 07/17	Tianen, Rachel (Rae) 07/28
Falk, Marilyn 07/06	Kappler, Wesley (Wes) 07/17	Cleary, Morgan 07/29
Hodges, Donna 07/07	Koch, Bernhard 07/17	Fabish, Kathleen (Kathy) 07/30
Toner, Robin 07/07	Kresge, Willard 07/17	Morris, Elgin 07/30
Brewer, Lyle 07/08	Owen, Pailey 07/17	Arehart, Patsy 07/31/
Holland, Lucas 07/08	Parsons, Terry 07/17	Johnson, Marlene 07/31
Adams, Herbert 07/09	Berry, John 07/18	Mitchell, Charlie 07/31
Gates, Dolores (Dee) 07/09	Martindale, Ginger 07/18	
Lang, Caryl 07/09	Thacker, Jerry 07/18	
Magnus, Clark 07/09	Bills, Jill 07/19	
Mott, Sue 07/09	Boone, Linda 07/19	
Ferrante, Doris 07/10	Hall, Rod 07/19	
Lunstead, Jeanette 07/10	Thomas, Mary 07/19	

If your name isn't on this list (or you know of someone who should be), or if you find an error, please call the office with the information. We truly don't mean to make mistakes or to leave anyone out!

... AND MORE JULY CELEBRATIONS!



Roller, Don & Jan 07/01
 McClure, Bob & Joyce 07/02
 Norin, Bob & Sharan 07/04
 Mitchell, Charlie & Lauren Collins-Mitchell 07/04
 Madzey, Carl & Cherie 07/05
 King, William & Kathleen 07/06
 Pepin, Jeff & Sally 07/06
 Tambke, James & Norma 07/06
 Van Noy, Dick & Mary Faith 07/06
 Eilers, Mark & Winona 07/07
 Hodges, Wes & Donna 07/07
 Rush, Kenneth (Ken) & Mylet 07/07
 Jorgenson, Orville & Muriel 07/08
 Jurgens, Ronald & Donna 07/08
 Merrick, James & LaVia 07/08
 Manbeck, Rich & Jerri 07/10
 Sheridan, Bob & Gloria 07/10

Hardesty, Glenn & Barbara 07/11
 Fite, Edward (Ted) & Joy 07/14
 Gingrich, Monty & Sharron 07/18
 Toole, John & Donna 07/19
 Adair, Robert & Gale 07/20
 Houseman, Scott & Alexandra 07/21
 Stemple, Gary & Sharon 07/21
 Dulaney, Steve & Janet 07/22
 LeQuire, Steve & Karen Kosanke 07/22
 Neil, Dean & Linda Broz 07/23
 Acree, David & Jeanine 07/24
 Rhoton, Matt & Heather 07/24
 Norton, Lester & Delores 07/28
 Collins, Jim & Joan Glasgow 07/30
 Crawford, Gene & Gail 07/30
 Morton, Joe & Maureen 07/30
 Olson, Robert (Carter) & Renee 07/31

Congratulations NICE GOING!
 GREAT! Way to Go!
 Yea! FELICITATIONS
 CHEERS Take A BEST
 BOW! WISHES!



GOLD CANYON UNITED METHODIST CHURCH

6640 S Kings Ranch Road, Gold Canyon, AZ 85118

Phone: 480-982-3776

Fax: 480-671-0028

Email: churchoffice@goldcanyonumc.org

Web: www.goldcanyonumc.org

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Permit No. 64

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Associate Pastor	Joel Hurley	joelhccjl@gmail.com
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Dir. of Music Ministries	Douglas J. Benton	bellmaster@earthlink.com
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Assoc. Dir. of Music	Cynthia Hoff	cynthialeehoff@gmail.com
Dir. of Youth Ministries	Beth Steinberg	bethstein92@gmail.com
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Admin. Associate	Dee Ashe	
Facility Care Taker	Rick Ceynar	
Financial Secretary	Georgia Kirkpatrick	
Nursery Care Giver	Sherry Hussein	
Parish Nurse	Susan Malloy	
Pianists	Carol Ballard Linda Jones Marty Robison Nancy Virden	
Treasurer	Cris Criswell	
Volunteer Coordinator	Jane Hayes	
E-mail Prayer Chain		gcumcprayers@gmail.com



www.facebook.com/goldcanyonumc



[@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

Addressee or Current Resident

SUNDAY SCHOOL SCHEDULE

Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.

- ✝ 8:00am Adult Fellowship Class
- ✝ 9:30am Children
- ✝ 9:30am Youth
- ✝ 10:50am Children

WORSHIP SCHEDULE

8:00am & 9:30am

TRADITIONAL ~ Sanctuary

10:50am

PRAISE ~ Koinonia Room

5:00pm

COUNTRY ~ Koinonia Room

(Last Sunday of the Month Only in June, July & August)

Childcare Provided at ALL Services

Please help GCUMC Save Postage!

Make the switch and receive your Roadrunner Newsletter by email! You can even have it sent to multiple emails in the same household! Just fill out the below and place your completed form in the offering plate, mail it to us, or turn it into the church office. You can also email your request to churchoffice@goldcanyonumc.org.

1. Name _____ and _____

E-Mail _____

2. Name _____ and _____

E-Mail _____