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Fred Steinberg, Senior Pastor

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Vol. 27

September 2014

No. 9

**From The Pastor:
"North Parking Lot Open"**

The newly paved north parking lot is now open! By the time you read this article some of you will have parked in it. As of the creation of this newsletter, the landscaping and striping still had to be completed as you can see in the photograph.



I want to say a big thank you to those who donated and supported the project. We received about \$160,000 in special gifts to offset the project. The balance of the cost of the parking lot was rolled into our Building Fund Loan. This was possible because in January of 2013 we were able to re-finance our Sanctuary Building loan so that our monthly payments dropped significantly. As a result of the savings, we determined we could add a little more to the loan to finance the repair of the south lot and pave the north lot. Any future donations to our Building Fund will repay the loan on the Sanctuary and the parking lot.

The design of the new lot will change some traffic patterns on Sunday. Pinal County required us to

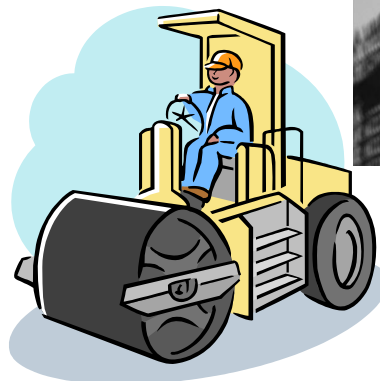
close one of our entrances and create a new one on the far north end. So, before you turn please make sure the entrance you always used still exists or you may find yourself in the landscape instead of in the parking lot.

I will see you Sunday.

Grace and peace,

Fred

Now gone.....



Following Jesus, Serving Others"



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

MIDWEEK PROGRAM FOR CHILDREN

Our exciting and fun-filled mid-week program for boys and girls kindergarten through sixth grade resumes on **Wednesdays, beginning September 17th**. It runs every Wednesday – except for breaks – from 4:30 pm to 6 pm.

Pioneer Clubs is a Christ-centered relationship-oriented program with participative learning. At each meeting there is Bible exploration, Bible memory, skill-building activities, games and service projects. The students earn badges for their "work". Dinner is also served. Although sign-up began mid-August, you may contact Katharine if your child will be participating. There is a \$25 fee for the year (this partially covers the materials and dinners). As always, if there is a need for scholarships, please let Katharine know.



Sunday School Classes for Children



Classes for children, nursery through the sixth grade, are offered every Sunday throughout the year during the 9:30 and 10:50 services. The children, preschool and older, come to worship first with their parents or guardians, are invited to gather up front in the Sanctuary for the children's message, then dismissed to their classes. Occasionally, around holidays, we have family worship, when children first grade – sixth remain with their families in the church service.

All of our teachers are caring individuals, love kids and love the Lord. If your child has not yet participated in Sunday School, there is no time like the present. If you are new to the church and have questions about Sunday School or would like to teach, even if it's on a substitute basis, please contact Katharine.

SIDEWALK CHILDREN'S MINISTRY



Sidewalk Children's Ministry meets every Saturday from 10 am-12 noon at Avalon school in Apache Junction, October - April. Sidewalk is an outreach ministry for children and many do not attend church. We have a wonderful group of volunteers from GCUMC that are dedicated to Sidewalk. Each Sidewalk session is filled with spiritual nurturing through God's word in Bible stories, games, songs, and crafts. Lunch is included. If you are looking for an unique volunteer experience where you have

the opportunity to change a child's life.....Sidewalk is for you!

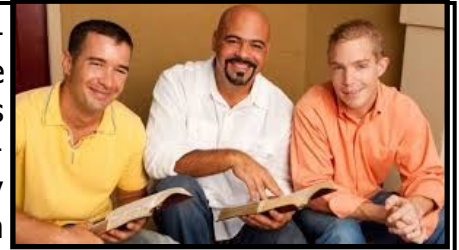
The children are back to school, which brings stability to a child's life. They are in a safe place, bodies and minds being nourished, with many children eating free breakfast and lunch at school. Please continue praying for all the children and their families.

Looking ahead....our first Sidewalk Saturday will be October 18th. Volunteers will meet Thursday, October 9th at 4pm. Please join us to find out how you can serve in this wonderful children's ministry. We are in need of bus/van drivers with rotating schedules to transport the children. For more Sidewalk opportunities, please call Sherry Hussein at 480-834-3512 or 480-529-9621. **Many thanks to everyone at GCUMC who support Sidewalk through your donations, time and talents.** God Bless you all.



BIBLE BANTER ~ Join with other "Banterers" at 9:30 am most Monday mornings at the Mountain Brew Coffee House, 6832 S Kings Ranch Road (*near the NW corner of US 60 and Kings Ranch Rd*). **We use Bible verses associated with a topic to encourage conversation and reflection on the verse.** Members of the group are from GCUMC and other area churches. All you need is a willingness to share your "experience of strength and hope." So if you're looking for a serious, scholarly Bible study, Bible Banter may not be for you. If you are looking for an exchange of ideas and heartfelt comfortable conversation, please join us.

MEN'S 2014 RENEWAL WEEKEND ~ The Desert Southwest Conference is sponsoring a Men's Renewal Weekend in Prescott, AZ. The theme this year is **"Healing the Pain of three Holocausts"** and is being led by three distinguished speakers - a Navajo, a Jewish Holocaust survivor and an African American. The dates are **Friday through Sunday, October 3-5 at the United Christian Youth Camp in Prescott.** Cost is \$150 for lodging and 5 meals, with discounts being available. Please go online to www.desertsouthwestconference.org/umm for a downloadable .pdf version of the retreat brochure and registration form.



This retreat is for all men of the church and their friends, 13 years of age and older. Young men ages 13-18 will only pay ½ the regular cost. If you have any questions regarding this upcoming retreat, please contact Rev. Cliff Asay at 623-518-6266.



MOTHER DAUGHTER RETREAT ~ Join us **September 19-21st at Mingus Mountain Camp**, our Methodist camp near Prescott, for a retreat for mothers and daughters of all ages from around the Conference. This is a weekend during which we can spend some time away from the regular routine of life, get connected with each other and with God. **Our theme will center around "Being Real".**

We begin at 7 pm on Friday with a dessert buffet and end after lunch on Sunday. Katharine is will drive the church van for all who are interested in attending. Cost is: 12 years of age and older \$105; 11 and under \$55; and an additional youth \$25. If you need scholarship money in order to attend, please contact Katharine. We hope many of you will be able to take advantage of this great weekend opportunity!

"Where Mom's Connect"

"Where Moms Connect" is returning in the fall beginning Thursday, September 11th. Our theme this year is "A Year of Adventure". This group is about a faith-based approach to "momhood" and finding the support and encouragement that can come through meeting with other moms. Each session helps women connect with each other, with a topic and with God, but without homework. Some of the sessions include: When Life is a Circus, What's Right with You, Children and Spiritual Growth, Fighting Fair, The Art of Listening, to name only a few.

This group will meet for 18 consecutive sessions. Please note – these sessions are not contingent on the one before, so if you can't come one week, you will not be "out of the loop". "Where Moms Connect" will be offered twice on Thursdays – 10:00 am (with childcare) and 6:30 pm. We developed nice bonds last year in our groups. If you are interested in this program, please contact Katharine.



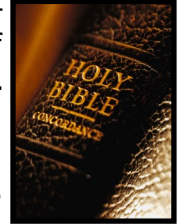
ADULT CLASSES FOR THE FALL

Please take note of the following adult electives offered this fall. They will all be led by Pastor Fay Quanstrom and one by the Vorseths. Sign-up for these offerings any Sunday or call the church office. There will be some cost for materials associated with each class. **(We are still looking for a DISCIPLE I facilitator, so please contact Katharine if you are interested)**



CONGREGATIONAL CARE MINISTRY (CCM) TRAINING ~ This three-hour survey of the basics of congregational care (formal and informal opportunities for laity, do's and don'ts, praying with those one visits, conversation tips, using Scripture and music, legal considerations) is offered twice each year. Those who take this training have opportunities to sit with those waiting during surgery, the bereaved, first-time visitors and others. **Will meet Wednesday, September 17 from 1 – 4 pm in Room 101/102.**

DISCIPLE 4 ~ Under The Tree of Life -The Writings, John, and Revelation. This 32-week curriculum covers Hebrew Bible narratives, as well as Poetry and Wisdom, the Gospel of John and the Book of Revelation. **Pre-requisite: DISCIPLE I. Will meet Mondays from 1 – 3 pm in Room 101/102.** Facilitator – Fay. **Begins Monday, September 29 – May.** Cost: \$35 for workbook.



EMOTIONAL WELLNESS: Overcoming depression and anxiety through proven non-pharmaceutical means ~ This class combines video and live presentations with the introduction of a new depression-fighting practice each week. Participants use personal accountability and evaluation systems to track weekly improvement. Pertinent Scriptures are also part of the curriculum. Although this is not a support group, there is opportunity for sharing and encouragement of one another. **Will meet Mondays 3:30 – 5 pm in Room 101/102.** Facilitator – Fay. **Runs 7 weeks beginning September 29.** Cost: \$10

THE FEASTS OF ISRAEL ~ This class studies the major Feasts celebrated by the Jewish people for millennia. Learning origins and meaning will help you appreciate the Jewish faith. Understanding how the symbolism of the Feasts if fulfilled in Christ will enrich your faith and deepen your appreciation for the Jewish heritage of Christianity. **Will meet Thursdays, two different times – 9-11 am and 3-5 pm in Room 101/102 for six weeks beginning October 2.** Facilitator – Fay. Cost: \$10

JESUS IN THE GOSPELS ~ This study looks closely at the Gospel texts. The focus requires attention to detail. Differences in the first three Gospels will be used to detect some aspect of what each Gospel writer wants to highlight about Jesus. The Gospel of John will be examined at the end of the study. **Pre-requisite: DISCIPLE I. Will meet Wednesdays from 5 – 7:30 pm in Room 101/102.** Facilitators: Duane and Sue Vorseth. **Starting Oct. 8 – May.** Cost: \$35 for workbook.

SPIRITUAL GROWTH THROUGH JOURNALING ~ This class encourages spiritual growth by providing a variety of approaches for encountering God through writing. We will discuss and practice getting started with journaling, using journaling as a spiritual discipline and moving toward personalized insights. Your writing will not be evaluated; sharing will be voluntary. Bring a notebook, Bible and pen or pencil. **Runs 6 weeks with two options to meet: Tuesdays 1 – 2:30 pm in 101/102 beginning September 2 or Wednesdays, beginning September 3, 9-10:30 am at the Starbucks on the Trail in AJ.** Facilitator – Fay. Cost: \$10.



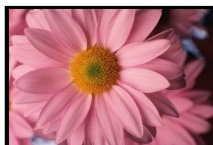
TEACHER PROFILE OF THE MONTH: Rev. Fay Quanstrom will be teaching diverse adult classes and small groups over the course of this year - Congregational Care, DISCIPLE 4, The Feasts of Israel, and Emotional Wellness, to name a few. Fay and Wally have two children and four grandchildren. Her previous employment included being a teacher and Senior Pastor. She travelled around the world in 2002, the Serengeti and the Great Barrier Reef being some of her favorite locations. Her most memorable moments were the birth of her children. Fay's favorite Scripture verse is Ps. 27:1 ~ "The LORD is my Light and my Salvation. The LORD is the Strength of my life; of whom shall I be afraid?" We praise God for Fay's contribution to our adult teaching ministry here at Gold Canyon UMC.

COME JOIN US AT 10:50 PRAISE SERVICE!



WOW! The Praise Band has grown by leaps and bounds in just the last few months. This church is ever so blessed. Many Sundays, we have guest musicians to either sing solos or to join in with the band. Please come and visit the Praise Worship Service at 10:50 to sing praises to the Lord and to hear God's message. Your hearts will be filled with joy each and every Sunday. A few of Uncommon Grace's newer songs include: *"The Only Name (Yours Will Be)"*, *"Beautiful One"*, and *"Praise You with the Dance"*.

STAFF AND VOLUNTEERS SAY "GOOD-BYE" TO KIM SHROYER



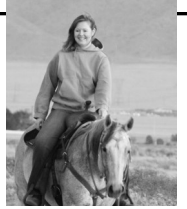
THANK YOU! *We are grateful to all our friends at GCUMC for your support and prayers. It was appreciated more than words can say.....Fred and Marion Hofmann*



Gold Canyon UMC Youth

**Gold Canyon United Methodist
Youth Group News**

Wendy Moore,
Youth Director



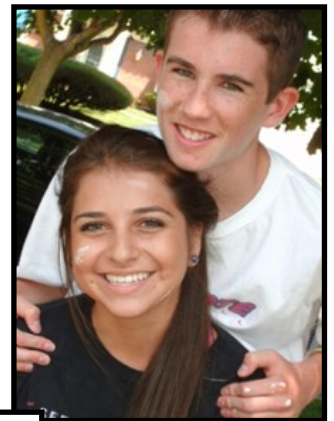
Washington Crossing State Park



Arrival at Work Camp



Helping Residents



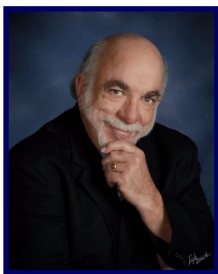
Service



Energy!



More photos to follow next month... Please check out the bulletin board in the Education Building for more pictures. Our experience this year was life changing for our youth, our adult leaders, and the residents we helped. Thank you for your support!



Music Notes

September has cometh! And with that comes new opportunities for education, service and fun! We have opportunities for all three as they relate to music. I hope you will take a look and see where and you and your family might be able to participate in our Music Ministries programs.

Chancel Choir leads music at our two Traditional Services on Sunday mornings. Rehearsals are on Thursday evenings from 6:50 – 8:30 pm in the Music Room. No audition. If you can sing on pitch, read music at least a little, and love to serve the Lord, please come and join us. We have a lot of fun making music!

Canyon Carillon is our adult handbell choir. Previous experience is necessary. If you are interested, please call Doug. Rehearsals are Tuesday evenings from 6:30 – 8:00 pm in the Sanctuary beginning September 9.

Chanters Men's Chorus, directed by John Nuss, sings in church, in our Choral Concerts, and for local nursing homes. This group is open to all men who love to sing. Rehearsals will be on Thursday evenings from 5:30 – 6:30 pm in the Music Room. Watch the bulletin for the first rehearsal date.

Joyful Noise is for grades 5-8, directed by Kathy Nuss. We meet on Wednesday evenings from 6:00 – 6:45 pm in the Music Room beginning September 17. Come find out what all the fun is all about!

GCUMC Orchestra Have you ever played an instrument? Do you still play one? Do you still have it? Dust it off and bring it with you to join our Orchestra! We play once per month in the Traditional Services. Open to senior high school students through senior adults! Come have fun making music together – again! Rehearsals are on Wednesday evenings from 7:00 – 8:00 pm in the Music Room beginning on November 5.

Youth Handbell Team is for grades 7-12. No experience needed. Come and be a part of one of the most fun things you can do with a group. Learn about teamwork – the importance of the individual in relationship to the group, and learn about music – even if you have never played an instrument before! Come and check it out! Yes – you will fit in this group perfectly, regardless of who you are!

One in the Spirit, directed by David Ballard, leads our Country/Western Service on Sundays at 5:00 pm in the Koinonia Room. For rehearsal times and dates, give David a call. Open to all who love the Lord and love foot-stompin' country/western mu-

sic! Yup! We have fun here too!!!

Uncommon Grace, our excellent Praise Band, leads our Praise Worship Service on Sunday mornings at 10:50 am led by David Ballard. If you have a desire to be a part of this group as an instrumentalist or singer, give David a call. He would love to talk with you!

The **Pipes for the Organ Committee** has begun to function now examining possibilities for how big or small the optimum pipe package would be, placement, adjustments to the Choir area, fund raising, etc. We continue to accept gifts for the Pipes for the Organ Fund. If you would like to donate, please put "Organ Pipes" in the Memo section of your check. A very big *Thank You!* to all of you who have already donated and continue to donate to this fund. I will keep you updated as we proceed.

I truly hope you and your family will find one or more activities in which to participate and continue to learn while having fun working together serving our Lord. If you have any questions, please give me a call at the church. I am really looking forward to getting "back in the music groove" this month! I hope to see many of you here!

Blessings to all,

Doug

Douglas J. Benton
Director of Music Ministries



Publication Deadlines:

October Roadrunner,

September 10th

Weekly Bulletin,

Noon Wednesday



Your GCUMC Publications are brought to you by: Dee Ashe and Georgia Kirkpatrick, with help from the Friday Bulletin Team, the Roadrunner Assembly Team, and many other volunteers along the way!



TEAM OUREACH

Mark your calendars now for the **Harvest Festival** on **Sunday, October 26 from 2-5 pm on our church campus**. There will be lots of activities for families to enjoy together, INCLUDING a chili cook off. Is chili one of your specialties? Those wishing to participate in the chili cook-off challenge should speak to Katharine. Although we will provide free chili meals to our guests, we will have individuals make and bring their own chili creations, which will be judged with prizes awarded.

We are introducing something new to the event... namely craft booths. If you are a crafter of any sort, we are inviting you to not only set up a booth to sell your wares, but also demonstrate them, if you are able. Do you sew, knit, crochet or quilt? Do you make jewelry? Do you create notecards? Do you make things out of wood? Etc....**Please note: this opportunity is only for Gold Canyon UMC crafters, not those from the community. Look for more details in the bulletins and October Newsletter.** If you are interested, please contact Katharine Keller for an "entry" form.



"Stitches Unlimited" or Quilts for St Andrews Clinic

I know these are the "hot dog" days of summer. Kids are getting back to school and there is not much to do but to stay in where it is cool and quilt. Anyway, that is what I do. **Our thanks to all of you who have been quilting at home and bringing in completed quilt tops.** We have a good supply and the October trip to St. Andrews is right around the corner. However, we can always use more and there is always a need for your quilts.

We have been working all summer. We meet on the last Tuesday of the month from 9 until about 2. We have been bringing our lunches and work as long as we can. There is fabric to sort and cut into quilt kits, binding to be cut and sewn together, quilt kits to be put together, quilt tops to sew, toiletry bags to sew and ironing of fabric. Even if you don't sew and would like to help out, we would love to have you join us.

Our quilts are usually no bigger than 40X60 so they can be easily quilted on a domestic sewing machine. We do simple quilting designs such as stitch in the ditch, simple meander or "X" the squares. These are good quilts on which to practice your skills.

We also gladly take donations of fabric: cotton, flannel, denim, light weight corduroy, seersucker and fleece in solids and kid friendly prints. Any size pieces are great. Donations of any quilts and crocheted afghans are also welcome. Remember Matthew 25:40: 'The King will reply, "I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me"'.

Sunday Snacks



Coffee hour at GCUMC comes complete with lovely snacks, overseen by our wonderful volunteers. **This Hospitality Ministry is in need of volunteers - you can do this once a month and alternate if that works for you! Please contact Jane Hayes through the church office for more information on how you can be of service.**

You have no doubt noticed the appealing platters of fresh fruit and cheese in addition to a variety of sweets are available to accompany your coffee. **Everyone is welcome to enjoy the coffee hour tables.** There is no charge, however, your contributions of change and folding money are important to the continuance of this hospitality. Please help keep this aspect of our Team Outreach welcome alive with your contribution!

DONATIONS AND ATTENDANCE*Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)*

July	2012		2013		2014		2013	2014
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	14777	6970	15451	14851	16989	10258	443	482
2nd	10129	6342	11505	7571	9701	5770	469	543
3rd	11709	3043	10106	4248	11301	5484	429	445
4th	7450	2913	16841	4313	6766	2173	532	443
5th	8265	1865	—	—	—	—	—	—
Total	\$52,330	\$21,133	\$53,903	\$30,983	\$44,757	\$23,685	1,873	1,913

Electronic Funds Transfer (EFT)

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers an easier way to support our ministries. Our electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here's how it works: you authorize a specific amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be allocated to our General Fund, Building Fund, Missions, Youth or the Pastor's Discretionary Fund. Of course you can cancel your authorization of transfer at any time by notifying us in writing. We believe that once you have enjoyed the convenience and savings of this program, you won't want to go back. Contact the church office now!

**ONLINE GIVING AVAILABLE!**

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy, convenient and costs nothing!
[www.goldcanyonumc.org]

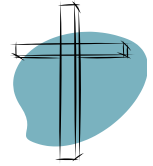
**Church Wish List**

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Below are some items that will better enable us to fulfill our mission as a church:

- ✚ Pave the North Parking Lot - \$400,000
(Received \$142,000 so far)
- ✚ Streaming Worship Equipment - \$25,000
- ✚ Playground - \$20,000-40,000
- ✚ Stained Glass for upper Sanctuary windows \$105,000 (\$3,000 per panel)
- ✚ Organ Pipes
- ✚ Building Fund Loan Payoff (2014: prepaid \$5,000)
- ✚ Food Bank Building - \$200,000



Pastoral & Congregational Care



Four pastors are on call to make visits to members and friends of Gold Canyon UMC. Please feel free to call the church office at 480-982-3776 and one of the pastors will respond to your request. Or, after hours, you may call or email one of the pastors directly:

Rev. Fred Steinberg, Senior Pastor

revstein78@gmail.com
480-982-3776

Rev. Bob Deits, Associate

bobnjune@cox.net
602-615-6634

Rev. Fay Quanstrom, Associate

fay.quanstrom@gmail.com
480-458-8420

Rev. Joel Hurley, Associate

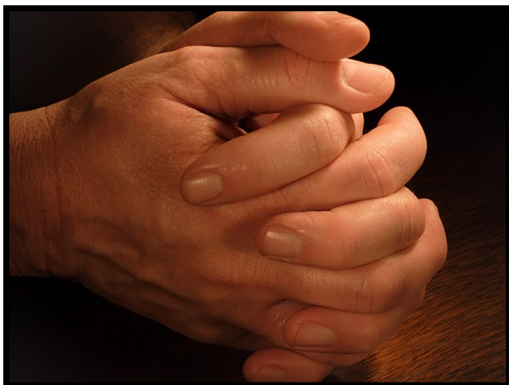
ioelhccjl@gmail.com
602-291-0464



***Jesus said, "Take care of my sheep!"
John 21:16***

Additionally, if you know of someone in the congregation who is hospitalized, ill at home or needs prayers of the community, please let the church office or one of the pastors know so they can be included on the prayer list.

Joel Hurley, Coordinator of Pastoral Care



Become a Prayer Partner!

Your prayers are important! Here's what one person for whom we prayed for many weeks has to say: ***"It is with gratitude and awe that I can say God has pulled me back from the brink. It is because of the prayers of my church family that God's grace is keeping me here. Thank you."***

The printed prayer list included in the Sunday worship folder now appears on just one side of the sheet. This means that when it's posted on your bulletin board or refrigerator the whole list will be visible and easily used. The entire prayer list, including on-going needs, is available to all Prayer Partners. **You can become a Prayer Partner by calling the church office with your e-mail address.** Each Monday or Tuesday you will receive an up-to-the-minute message from "gcumcprayers" that includes the requests spoken on Sunday. Prayer Partners also receive additional urgent requests that come in during the week. You are invited to share in this quiet but powerful ministry.

SUPPORT GROUPS

MIND MENDERS

Meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

CANCER

This group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. **Meetings are Wednesdays at 11am in Rm 101/102 of the Education Building beginning September 17th.** Contact Dee Ashe at 480-924-5483, or 480-685-7175; or email her at: deease7580@gmail.com.

GRIEF

New Meeting Time! This group meets in the Sea of Galilee Room - Education Bldg. at **1pm every Monday.** Rev. Bob Deits leads the group each week. The group is open to anyone who has experienced a major loss, including death of a loved one, divorce, loss of body part to surgery, job loss and relocation. If this fits you or someone you know, this group will provide great help. For more information call Bob at 602-615-6634.



Habitat for Humanity

In the fall, we will begin planning for next year's build, which will be in either Apache Junction or Mesa. It is not too early to start contributing funds for next year. We look forward to seeing our experienced volunteers and some new ones as well. For more information, call Joe and Maureen Morton at 602-284-2826 or email at MoandJoeM@aol.com.



The AZ Living Well Institute in Apache Junction will be offering a **FREE 6 week self-management workshop** entitled **"Tired of Living Life Interrupted"**. This highly interactive workshop is designed to help people who are living with Chronic Pain find creative ways to improve the quality of their lives. This is a Stanford University based workshop and provides the opportunity for you to learn new ways to manage your pain along with others who are living with similar ongoing conditions.

The Free program meets once a week for 6 weeks from 1:00pm to 3:30pm on Tuesdays Starting September 2, 2014. It will be held at the **AZ Living Well Institute** at 2066 W Apache Trail Ste 116. (Ocotillo & Apache Trail-North-East Corner behind Thunder Mountain-Gift and Postal shop)

Topics include:

- *Dealing with frustration, pain, anger, sadness & fatigue
- *Balancing activity and rest
- *Making a difference through diet
- *Medication and Interventions
- *Getting a good night's rest

******Please CALL to register as seats are limited and fill quickly. Contact Chris Ackerson at 480-982-3118 Ext 119 or Jenna Burke at 480-982-3118 Ext 114. Healthy Snacks will be provided.**

During weeks 3-6, participants will be led through 15 minutes of "Moving Easy" exercises selected for those with chronic pain. This is not a lecture course. This is a highly interactive workshop with discussion encouraged.

I trust you will consider this opportunity to learn, meet others who also struggle with the same issues and gain tools to help you improve your life.

Blessings of Health & Wellness,
Susan Malloy, RN

Struggling with Depression?



Depression can be a room engulfed in flames and you can't breathe for the sooty smoke smothering you — and suicide is deciding there is no way but to jump straight out of the burning building. You think a desperate lunge from the flames and the land of the living seems the lesser of

two unbearables. That's what you're thinking — that if you'd do yourself in you'd be doing everyone a favor. You don't try to kill yourself because death's appealing - but because life's agonizing.

It's crazy how the stigma around mental health can drive you right insane.

Our Bible says Jesus said, "It is not those who are healthy who need a doctor, but those who are sick." Jesus came for the sick, not for the smug. Jesus came as Doctor and He makes miracles happen through medicine. When the church isn't for the suffering, then the Church isn't for Christ. The Jesus I know never preached some Health Prosperity Gospel, some pseudo-good news that if you just pray well, sing well, worship well, live well and deposit all that into some Divine ATM you get to take home a mind and body that are well.

The real Jesus turns to our questions of why, why this sickness, who is to blame, and he says it like a caress to the aching, "You're asking the wrong question. You're looking for someone to blame. There is no such cause-effect here." (John 9:3 The Message)..."This happened so the power of God could be seen in him." (John 9:5 NLT).

Depression. I want us to turn to the hurting, to each other, and promise it till we're hoarse: "We won't give you some cliché - but something to cling to - and that will mean our hands. We won't give you some platitudes - but some place for your pain - and that will mean our time. We won't give you some excuses - but we'll be some example - and that will mean bending down and washing your wounds. Wounds that we don't understand, wounds that keep festering, but wounds that can never make us turn away.

Because we are the Body of the Wounded Healer and we are the people who believe the impossible - that wounds can be openings to God. There's no shame in saying that your heart and head are broken because there's a Doctor in the house. It's the wisest and the bravest who cry for help when lost.

If only we know what fire every person is facing - there isn't one person we wouldn't help fight their fire with the heat of a greater love. Light can pry through the dark. A shaft can come through a window like a lifeline. Our God bares His scars and reaches through the fire to grab us, "Come - escape into Me."

Excerpted from the writings of Ann Voskamp

*If you are struggling with depression or if you are trying to understand someone who is depressed, consider attending the **Emotional Wellness** series beginning September 29, 3:30-5pm.*

Bashas'



Fry's

SCRIP BUS & VAN FUND

Are you using your Bashas' Community Support card each time you shop for groceries or pharmacy needs? Each time you do the church earns **6%**. And the Fry's VIP card is all you now need after you register it online(pick up directions) netting us up to **3%**. There is also an Albertson's key tag that gives us **1%** (It all adds up!) All these can be picked up in the church office. After meeting upkeep expenses on our bus and van (gasoline, licenses, maintenance, insurance, etc.) the next item needed is a covered structure to protect them from the Arizona sun and heat. The bus brings people to church on Sunday mornings and the youth/adults and supplies to summer work retreats.

If you aren't already participating in the Script program at these generous grocery stores (Bashas', Fry's and Albertsons), find out how easy it is to do so **at no cost to you**. Information is in the office during the week and at the Information Center on Sunday mornings. Thanks for your continued participation.





St. Andrew's Children's Clinic Collections Continue

The time is near for our trip to St. Andrew's Children's Clinic in Nogales, AZ. The date is **Thursday, October 2nd**. If you would like to experience this rewarding trip, a sign up sheet is on the bulletin board in the Narthex. Space is limited, so don't wait to sign up.

In addition to the volunteers that participate, GCUMC provides much needed items from the wish list below. **If you have any questions please contact Alyce Ancell, 480-983-2510, Gail Crawford, 480-268-0918 or Teri Lukas, 480-274-3982.**



We would also request that you **collect small stuffed animals (new or used)** to be given to the children while they wait for their appointments. **Please deliver any items to the church office by September 22nd.** In addition, we supply quilts made by our quilting group to the families.

Please Help Supply Any of the Items Below if you are able:

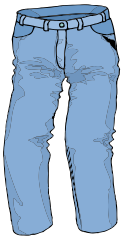
- AA batteries for speech
- Hearing devices
- Benefiber
- Blenders
- Clorox wipes
- Disposable Diapers (small)
- Disposable bibs
- Eyeglass frames (children's sizes)
- Hearing aids (used)



- Milk of Magnesia
- Pediasure (generic ok)
- Exercise balls for physical therapy (45 and 55cc)
- Powdered milk
- Prune juice-single serve size
- Receiving blankets
- Vitamins (children's with iron)
- Hand sanitizer and wipes
- Toiletry items (travel size toothbrush, tooth-



Genesis Project, Homeless & Other Needs



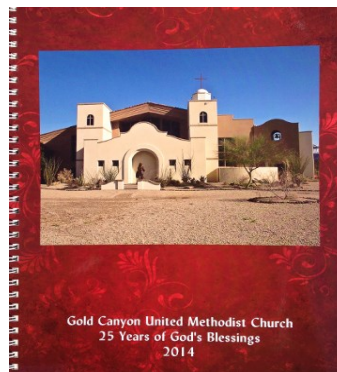
The Genesis Project, where we help feed the homeless and clothes are distributed, can still use **men's jeans - used or new - sizes 32 - 38**. If you can donate jeans, please bring them to the office and mark them for Genesis.

The homeless in our area can really use **tents, tarps** and **bicycles**.



Please contact:
Gail Crawford at 480-268-0918 if you can help with any of these items.

Our Pictorial Directory Is Here!!



Our beautiful pictorial directory is here and available in the Church office or at the information desk on Sunday's.

How wonderful it will be to be able to identify our fellow worshipers along with contact information to keep in touch.

If any of your information is incorrect or has changed recently, please contact the Church office in order to correct our database.

If you were unable to participate in the photo session you can purchase a directory for \$10.00.



Global Missions

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

God's Garden in Honduras

Fellowman International, an international mission project that GCUMC supports, is gardening for God. By producing vegetables and making them available to the local population, nutrition is improved, hunger is alleviated, and intensive productivity is demonstrated for outlying communities to replicate. Produce raised at the mission in Honduras provides food for local needy situations, while some is sold locally and some is transported to the city to be sold commercially. Each of these outlets provides benefit for the mission and the cause of Christ in a challenging location.

Gardening and food production has recently received a boost through the creation of raised concrete-bordered beds, amended soil, and nematode eradication. An abundant harvest rewarded all who had worked on the project and provided much-needed nourishment.

Feeding the hungry is just one aspect of Fellowman International's outreach, sharing God's love with residents of rural, mountainous Honduras. The indigenous staff is working with two former staff members who had fallen into destructive habits, reaching out to them with a high-accountability program that included employment opportunity. These men painted the FMI building, restoring its role as a lighthouse to the community, while restoring the men themselves to a place of dignity and productivity.

Through plants, paint, and people, God's love and grace is shared, making a difference in the lives of Hondurans! You can be a part of this work by designating a gift to International Missions. Let's reach around the world with our mission support!

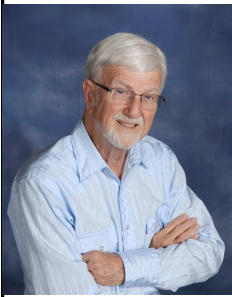


RAISED-CONCRETE BEDS



GOD'S BOUNTIFUL GARDEN





A Note From Bob...

Country Western News

The time has come! **The Country Western worship service at 5pm on Sundays will be offered every week, starting September 7th and running through May, 2015.**

I'm ready, the musicians and singers are ready - and we hope you are ready to join us for a joyful celebration of God's grace and love!

The last of the once-a-month services will be offered on August 31 with the Houser's providing the music.

I am grateful to David Ballard for arranging such wonderful music for the 3 Sundays we met during the summer and to the singers and musicians who performed so well.

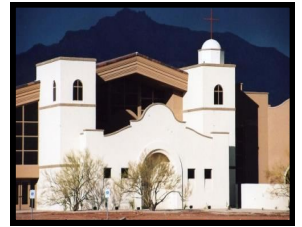
I hope to see many of you as we head into the Fall and winter seasons.

Peace and Joy,
Bob Deits



Our Church History History Committee Update:

Early Church Memories



Memories from Ginnie and Joe Johnson

Social groups evolved from the Men and Women's Saturday morning breakfasts and the bowling teams. Lifelong friendships were formed from these groups.

The church office was located in the small shopping area on Kings Ranch Road where I worked as church secretary for six months. We were tucked into a small room filled to capacity with file cabinets, copy machines and desks.

We were starting the new building at that time. There were many committee meetings and meetings with the contractor. Joe served on the Trustee Committee and planning board. We were busy! Joe and Clay and other men from the congregation worked every day with the carpenters sweeping and cleaning after them and helping them when they could. A friend of Joe's cast the metal cross that hangs over the entrance to the first building. Joe and Paul hung it.

We love the Gold Canyon United Methodist church. We have watched with joy and awe as God has blessed our congregation.



Current UMCOR Emergencies: To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in appropriate number)" on memo line. 100% of donation goes to those affected.

Philippines, Typhoon Disaster Relief ~ Advance #240235

Imagine No Malaria ~ Advance #3021190

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~

Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency - Earthquake & Tsunami ~

Advance #3021317

Liberia Emergency ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response - Spring Storms ~ Advance #3021326

For more ways to help, or to donate online, go to: <http://new.gbgn-umc.org/umcor/> -
Or follow UMCOR on Twitter at @UMC_UMCOR



Jane Hayes, Volunteer Coordinator

GCUMC
480-982-3776

Volunteers Do Make a Difference

Can we create Kindness? I enjoy watching a Friday night television show, What Would You Do. This show engages unsuspecting people with moral decision making situations in public places such as restaurants. The show staff sets up the actors to portray a situation the unsuspecting clients frequently interact with demonstrating their personal convictions. Once the situation becomes a heated issue, the staff come forward from their hidden cameras to explain the show. Frequently, I have noticed people demonstrate *Passion for Life*.

I am hopeful, you can find your *Passion for Life* as a volunteer serving others. If you take the time to discover your personal *Passion for Life*, then, you may find the people you enjoy serving. Your involvement with this group of people may further encourage you to love, care, and become close to them to better understand their lives, needs, hurts, and joys. At this point, you may find this is a personally rewarding experience for you!

I am very impressed with Mid Carlozzi, who heads the Genesis Project. This group feeds the hungry numerous times each week. They currently are in need of a new location. GCUMC has several volunteers like La Voyce and Calder Nolan, Gail Crawford, Tom Feather, Dave and Jan Hahn, Mike Paul, Noreen and Mid Carlozzi, Joe Johnson, and Donna Johnsen who demonstrate their commitment. Should you have donations for this project, there is a constant need! It is such a joy to know these people have found their *Passion for Life*.

If you are willing to offer some of your Spiritual Gifts as a GCUMC volunteer, PLEASE CALL ME!



Do you have the time? If you can help with one or more of the following volunteer needs, PLEASE **complete and place this form in the collection plate, at the Information Center, or church office, 480-982-3776.**

<u>Time</u>	<u>Job</u>
30 + minutes	Hospitality
75 min.	Shut-in Meals
40 min.	Greeter
60 min.	Bake Cookies
240 min.	Office Receptionist

Name _____

Phone _____

Hospitality Needs You!

Can you offer your time and efforts one service a Sunday each month?

We need a volunteer for the 8:00, 9:30 and 10:50 services.

Please call the Church Office for training in our kitchen.





September
2014

The Happiest Place on Earth

Have you ever been to Disneyland? And, even if you haven't, have you heard the slogan used to describe it – *The Happiest Place on Earth*? My husband and I were recently blessed with the opportunity to take our 19 year old son and a buddy of his to Disneyland the week before they went back to college. Since the "kids" with us are adults now, (well, basically) we had a blast. We were on the same page with what we wanted to do and ran from ride to ride, enjoying every minute...and that included the "food rides"! We slept in each morning, closed down the park each night, enjoyed the fireworks and, in general, loved every minute.

However, if you've been to the park, you might recognize this scenario:

The park opens early in the morning and is packed with parents in Mickey Mouse ears, pushing strollers and pulling toddlers by the hands to see Pooh Bear and all their friends. The children are giggling, happy, eating candy or chocolate covered pineapple for breakfast and posing for pictures. Mom and dad are picturing what the photo album will look like and can't wait to forward pictures to family and talk about the trip for years to come. Then, about 3, 4 or 5 in the afternoon that picture changes a tad. Those same little ones are red-faced from the sun, in tears from fatigue and no naps being dragged from 60-90 minute line to line, and sugar overload. Some families are arguing and at times it's hard to decide who might be unhappiest, the children or the adults. My youngest son was 3 ½ years old on his first trip (also my first visit, so I was in awe as well!) so I remember a similar day as described above, until we learned how to pace ourselves.

How is it that one can be unhappy, grumpy, snippy, or miserable while in "the happiest place on earth?" It's a hard thing to figure. But, when you look at it from the broad view of our lives and our humanness, you can see how it happens. Relatively speaking, we are uncomfortable at a given time, so become 'unhappy'.

Now let's look at another scenario...the day in the

life of a visitor to the GCUMC Food Bank. (Although somewhat hypothetical, this scenario is a very real depiction):

A 63 year old woman awoke one day to the realization that she was without a job for the first time in her adult life and her only means of income was a \$100/month Social Security check. She learned of the food bank and called the church for directions, 3 times, because she continually became lost. When she finally arrived, she was in tears, out of embarrassment at having to ask for assistance such as this as well as sheer relief that she had not been in an accident while at one point going the wrong way on the freeway to get here! Her trials in getting here had her arriving almost an hour past food bank closing time. Thankfully the food bank volunteer had stayed waiting for her arrival and was able to fulfill her needs. For that woman, that day, was one she would ultimately call a success...a good day...one for which she was grateful.

These two stories tell us that life is all about **perspective**. However, sometimes it's difficult for us to maintain a balanced perspective on our own lives. Sometimes having an unbiased, outside viewpoint to help us sort through what we are dealing with can help. A fellow Christian who can listen, and be a sounding board as you work to keep your perspective in balance, just might be the answer. If you think a non-judgmental and confidential ear might be helpful as you wrestle with a challenge, or if you think you might like to be a part of the Stephen Ministry team at GCUMC, just check the box beside "desire a Stephen Minister" on the Sunday morning attendance pad, or contact our Stephen Leaders through the church office at 480-982-3776, or churchoffice@goldcanyonumc.org.

"No one fixes broken things better than God...God can unravel any ball of twine we hand Him, no matter how snarled and knotted it may be. We may not like the methods he chooses, for he often works through the trials of life and even our own failures." (excerpt from *What Follows After* by Dan Walsh)

God Bless you all,
Your GCUMC
Stephen Ministry Team



GCUMC Calendar SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7</p> <p>8 am Traditional Worship 8:30 Uncommon Grace 9:30 am Traditional Worship & Child, Youth Sun Schl 10:50 am Praise Worship & Pre-K Sunday School 6:30 pm Youth—Ed.</p>	<p>1</p> <p>Labor Day 9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Grief Support—S of G 7 pm Al-Anon—101/102</p>	<p>2</p> <p>1 pm Spiritual Journaling 101/102</p>	<p>3</p> <p>9am spiritual Journaling -offsite</p>	<p>4</p> <p>6:50 Choir Rehearsal-Music rm.</p>	<p>5</p> <p>5:30 pm AA-101/102</p>	<p>6</p>
<p>14</p> <p>8 am Traditional Worship 8:30 Uncommon Grace 9:30 am Traditional Worship & Child, Youth Sun Schl 10:50 am Praise Worship & Pre-K Sunday School 6:30 pm Youth—Ed.</p>	<p>15</p> <p>9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Grief Support—S of G 3 pm Stephen Ministry-101/102 6:30 Coffee with the Pastor 7 pm Al-Anon—101/102</p>	<p>16</p> <p>1 pm Spiritual Journaling 101/102</p>	<p>17</p> <p>9am spiritual Journaling -offsite 11 am Cancer Support 101/102 1-4 pm Congregational Care 101/102 4:30-6 Pioneer Club S of G & K rm</p>	<p>18</p> <p>10-11:30 am Where Mom's Connect 6:30 8 pm Where Mom's Connect 6:50 Choir Rehearsal</p>	<p>19</p> <p>5:30pm AA—101/102</p>	<p>20</p>
<p>21</p> <p>8 am Traditional Worship 8:30 Uncommon Grace 9:30 am Traditional Worship & Child, Youth Sun Schl 10:50 am Praise Worship & Pre-K Sunday School 6:30 pm Youth - Ed.</p>	<p>22</p> <p>9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Grief Support—S of G 7 pm Al-Anon—101/102</p>	<p>23</p> <p>9 am Stitches Unlimited—101/102 1 pm Spiritual Journaling 101/102</p>	<p>24</p> <p>9am spiritual Journaling -offsite 11 am Cancer Support 101/102 4:30-6 Pioneer Club S of G & K Rm.</p>	<p>25</p> <p>10-11:30 am Where Mom's Connect 6:30 8 pm Where Mom's Connect 6:50 Choir Rehearsal</p>	<p>26</p> <p>10 am Mind Menders -Rm 101-102 5:30 pm AA—101/102</p>	<p>27</p>
<p>28</p> <p>8 am Traditional Worship 8:30 Uncommon Grace 9:30 am Traditional Worship & Child, Youth Sun Schl 10:50 am Praise Worship & Pre-K Sunday School 6:30 pm Youth - Ed.</p>	<p>29</p> <p>9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Grief Support—S of G 1-3 pm Disciple 4 3:30-5pm Emotional Wellness 101/102 7 pm Al-Anon—101/102</p>	<p>30</p> <p>1 pm Spiritual Journaling 101/102</p>	<div> <div> Key AA=Alcoholics Anonymous 101/102=Room 101/102 Kit = Kitchen Sanc =Sanctuary Music or M =Music Room </div> <div> Ed.=Education Building WOW=Witness our Wonder (Outreach) K = Koinonia Room SoftG=Sea of Galilee Room </div> </div>			

Birthdays**September Celebrations*****Anniversaries***

1-Sep Michelle Cassella
Donna Gale
Jim Serrine
Renee Storley
Ashley Williams
Steve McDaniel
2-Sep Ginny Johnson
Diana Linton
Lowell Matthews
Iona Grills
Ronald Jurgens
3-Sep Curt Johnson
4-Sep Wendy Christian
Rick Ziegrowsky
5-Sep Norma Gaulke
Darrell Mitchell
Christina Pappalardo
Mary Johnson
6-Sep Pamela Ingram
Daniel Petticrew
Marilyn Rogers
7-Sep Jerry Dean Mercer
8-Sep Mike O'Donnell
Betty Jacobsen
Kim Shroyer
9-Sep Rodger Burris
Jim Jameson
Riley Kate Jones
11-Sep Dick Leet
Janeane Miller
Gina Pezzino
12-Sep Bob Bills
Margaret Crites
Harriette Downing
13-Sep Jan Hegna
Sally Pepin
Jeff Schaefer
14-Sep Bob Ingram
Douglas Richardson
Scott Watters
16-Sep Bob Parke
Joe Rosenberg
Jeanine Acree
17-Sep Heather Rodenborg
Ron Trout
Patti Messmer
Patrick Walsh
18-Sep Sandy Billeter
Cynthia Reichert
James Van Slooten
19-Sep David Bos
Laura Parsons
Phil Rowland
Paul Vara
Randy Seabright
20-Sep Terry Confer

Randi Olson
Nyla Mansdorfer
Karl Koch
Lora Lee Evans
21-Sep Dee Ashe
Wes Hodges
Patrick McGinness
Jenny Ohnstad
Tristan Williams
Alexandra Houseman
Donna Johnsen
Nancy Jappe
22-Sep Sherry Blankenship
Steve Lukas
Nancy Miller
Robert Pappalardo
Reta Wilson
Bonny Nielsen
Jacob Adams
23-Sep Dee Keyser
Carter Olson
Darlyne Dresbach
24-Sep Jeff Brown
Bob Flint
Jayne Rolf
25-Sep Jack Donovan
Torchy Doschadis
Mike Morris
Rohn Vi
26-Sep Bud Rolley
Bobbie Koch
27-Sep Conrad Schmidt
Blanche Fritz
28-Sep Leo Gerst
Richelle Heinauer
Bruce Mercer
Barbara Oldham
Wayne Beam
29-Sep Rich Manbeck
Shirley Plakos
Tom Robison
Amber Schmidt
30-Sep Noah Gingrich
Beverly Hart
Bonnie Eisentraut
Lillian Thomas



1-Sep Larry & Patsy Arehart
Norman & Ritchie Eriksen
Gene & Marilyn Kellough
2-Sep George & Ann Adkins
Mark & Margie Bird
4-Sep Alan & Lisa Kinzel
John & Bonnie Lane
5-Sep Caroll & Carol Dage
Bob & Sue Mott
8-Sep Doug & Carol Korver
9-Sep Steve & Teri Lukas
10-Sep Jay & Barbara Williams
12-Sep Bill & Sharyn Bennett
Vern & Dorothy Halsted
14-Sep Pete & Marilyn Peterson
Conrad & Judy Schmidt
15-Sep Hank & Judith Bowman
Dick & Ann Schwartz
16-Sep Gary & Faye Nord
20-Sep Andy & Janice Anderson
Paul & Joan Butler
23-Sep Lyle & Bobbi Aasheim
Jeff & Harriette Downing
Arthur & Jayne Urbach
27-Sep Ron & Chris Houser
29-Sep Jim & Marcia Ritenour
30-Sep Steve & Peggy Kinder



If your name isn't on this list (or you know of someone who should be), or if you find an error, please call the office with the information. We truly don't mean to make mistakes or to leave anyone



Gold Canyon United Methodist Church

6640 S Kings Ranch Road, Gold Canyon, AZ 85118

Phone: 480-982-3776

Fax: 480-671-0028

Office Email: churchoffice@goldcanyonumc.org

www.goldcanyonumc.org

Non-Profit Organization

U.S. Postage

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Apache Junction, Arizona

Permit No. 64

GCUMC Staff

Senior Pastor	Fred A. Steinberg: revstein78@gmail.com
Associate Pastor	Bob Deits: bobnjune@cox.net
Associate Pastor	Fay Quanstrom: fay.quanstrom@gmail.com
Associate Pastor	Joel Hurley: joelhccjl@gmail.com
Director of Education	Katharine Keller: ladiebug1214@gmail.com
Director of Music Ministries	Douglas J. Benton: bellmaster@earthlink.com
Associate Director of Music	David Ballard: ballardsaz@earthlink.com
Associate Director Of Music	Cynthia Hoff: cynthialeehoff@gmail.com
Director of Youth Ministries	Wendy Moore: GCUMCYouth@earthlink.net
Pianists	Carol Ballard, Linda Jones, Marty Robison & Nancy Virden
Office Manager	Kim Shroyer: churchoffice@goldcanyonumc.org
Admin. Associate	Dee Ashe
Treasurer	Kathy Serrine
Financial Secretary	Georgia Kirkpatrick
Volunteer Coord.	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care-taker	Rick Ceynar

E-mail Prayer Chain: gcumcprayers@mchsi.com

www.facebook.com/goldcanyonumc [@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

Addressee or Current Resident

SUNDAY SCHOOL SCHEDULE

Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.

✝ 9:30 AM ~ Children

✝ 9:30 AM ~ Youth/College Age/Young Adult

✝ 10:50 AM ~ Children

**** The 8 am Sunday Fellowship Class will begin meeting again in September**

WORSHIP SCHEDULE

8:00 & 9:30 AM

Traditional ~ Sanctuary

10:50 AM

Praise ~ Koinonia Room

5:00 PM

Country Western ~ Koinonia Room

(Last Sunday of the Month Only in June, July & August)

Childcare Provided at ALL Services



Please Help GCUMC Save Postage!

Make the switch! Get your Roadrunner Newsletter by e-mail. You can receive it at multiple e-mails in the same household. Fill in your name(s) and e-mail(s) below. Place in offering plate, mail it to us, or turn it in to the church office. You can also e-mail us with your e-mail address at churchoffice@goldcanyonumc.org. Thanks!

1. Name _____ and

E-Mail _____

2. Name _____ and

E-Mail _____