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No. 2

From The Pastor: "In the Care of My Son"



As Beth and I were preparing to travel to Costa Rica for the church service project at the Latin American Seminary in San José, we had to ask some inevitable questions. Who will take care of the house? Who will pick up the mail? Who will cover the plants when it gets below freezing at night? Who will take out the trash? Who will respond to any house repair emergencies? The answer of course was our son Tim. He could take care of all those things. So we left our property in the care of our son. Of course he is 20 and we hoped he would remember to take care of everything. We left him some reminders but it was all up to him. Is the property his? No, his parents still own it. It was in his trust for 10 days. We hoped to find it in the same shape we left it. And who knows maybe we might find it in better condition that when we left it. It was up to Tim.

In a similar way all that we are given in this world is given to us for a short time. When we die we must let it go. It is in our trust to be used wisely. Part of the Christian life is learning to use all our resources wisely. We learn to live the life of someone who is a steward. The real question is what do we do with what we are given? How do we use it? Do we use it only on ourselves? Do we give a portion back to God in thanksgiving? Do we help others with our resources? It is up to us.

A Christian lifestyle is a life of generosity. Jesus said it is more blessed to give than to receive. It is true. The only way you learn this is by practicing it. And it takes faith to step forward and give. That's the reason this year's logo for our Stewardship Campaign is a tree. A healthy growing tree requires deep roots. Only roots of deep spiritual conviction can support

growth and fruits of our faith. Learning how to be generous requires some important decisions in our life. Some root level decisions. This month, we will focus on growing those deep roots. We hope you will join us for our series entitled, "Growing Deeper in Faith."

Grace and peace,

Fred

"Growing Deeper in Faith" Sermon Series

All gardeners know that the only way a tree can grow is if it establishes a strong root system. When the winds blow and the hot days arrive only a deep root system will allow a tree to survive and even thrive. In the first two weeks of this month we will focus on growing stronger spiritual roots by working on our stewardship. We hope you will join us for these two Sundays of fertilizing growth.

Feb. 3 – Living in the Spirit of Generosity

Feb. 20 – Sustainable Stewardship



New Worship Schedule – Began January 6th

8:00 Traditional Worship

9:30 Traditional Worship

11:00 New Traditions

5:00 pm Country Western Worship

"Following Jesus, Serving Others"



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

NEXT FAMILY WORSHIP SUNDAY –

We have a special treat for all three worship services on Sunday, February 17.

"Chosen Garment: The Whole Bible in One Act", a one-man "performance" by

Steve Mosley will be presented to the whole congregation. This would be a presentation which appeals to children first grade and above, as well as adults. On that Sunday our elementary age group will remain in worship to enjoy and learn. Children kindergarten age and under will go to Sunday School or the nursery. **There will be no children's message that day**, so please take your young child directly to the classroom.



Kingdom Rock ~ Where Kids Stand Strong for God!

ANNOUNCING THE DATES AND THEME OF VACATION BIBLE SCHOOL: Moms,

Dads, Grandparents and all who love children – Mark your calendars for **Kingdom Rock; Where Kids Stand Strong for God!** our 2013 Vacation Bible School, **June 17 – 21.** Stay tuned for more details as the planning team prepares for the excitement. If you think you may like to volunteer during that week in some capacity, please contact Katharine in the church office.

Sidewalk Children's Ministry

From October-April, this ministry meets every Saturday 10 am-12 noon, at Avalon Elementary school, in Apache Junction. Sidewalk is an outreach ministry for children, many of whom do not attend church. We have a wonderful group of volunteers from GCUMC who are dedicated to Sidewalk. Each Sidewalk session is filled with spiritual nurturing **through God's word, Bible** stories, games, songs, and crafts. Lunch included.

If you are looking for a unique volunteer experience where you have the opportunity to change a child's life....Sidewalk is for you! Some children from



the Sidewalk ministry will be visiting our church Feb. 3rd, providing a short presentation for the congregation, then attending Sunday school. Thank you cards from the children are on the church bulletin board. They are so grateful for all the wonderful gifts they received from the Christmas Angel Tree program. For more information on Sidewalk opportunities, you may indicate your interest by email slhussein@mpsaz.org or text/call 242-9397, with the Saturday you are free to serve. We can use your skills anytime between 9 and noon the Saturday of your choice at Avalon School. Come be a part of this rewarding mission!

(Understand the vision! www.ministryWITH.org)

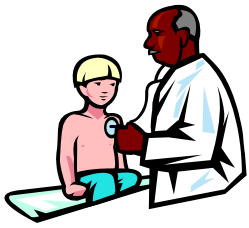
Conference Sidewalk Vision: [http://](http://desertsouthwestconference.org/churchmembers/missions/sidewalk/vision/)

desertsouthwestconference.org/churchmembers/missions/sidewalk/vision/

Blessings,
Amy and Sherry

SUMMER CAMP AT MINGUS ~ Will you consider sending your child to camp this summer in the beautiful setting of Mingus Mountain near Prescott? Brochures will be coming out soon, but know the camp has lowered the cost to \$285 this year. Katharine will be co-dean of the elementary camp with Rosemary Anderson **June 3 – 8** and Jody Topping will dean Senior High Camp the **week of July 1.** We will let you know when more information becomes available. Remember, we do have scholarship money to assist those children desiring to go. It is a terrific experience!





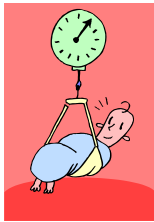
St. Andrew's Clinic ~ Forty Years— Unbelievable!

St. Andrew's Clinic is celebrating its 40th year of helping impoverished children of Mexico.

Once every month St. Andrew's Church in Nogales, AZ allows the Clinic to use their facility. Physicians and helpers from the United States volunteer their services. Each month about 250 children receive free medical assistance. Our church has supported the clinic since 2002. Members of our congregation, residents of Gold Canyon and friends from everywhere, including Canada, contribute to the Clinic by addressing their "Wish List".

This spring our trip is scheduled for Thursday, March 7, 2013. Sign-up sheets are posted in the Narthex and Education Building along with "Wish List" items. If you wish to witness first hand this incredible Center, you are welcome to join us. Please, give us your phone number also.

Questions? Call: Alyce Ancell 480-983-2510; Gail Crawford 480-268-0918; Phyllis Gray 480-671-1551



Ugly Quilts

A group of volunteers from the east valley meet each Thursday morning at First United Methodist Church in Mesa. They make sleeping bags for the homeless. They are made from blankets, bed spreads, sheets, curtains, and any other material that might be thrown away, but can be sewn together to make a warm sleeping bag. They have been doing this for almost 20 years and to date have made 14,360 sleeping bags for men, women, and children. Gold Canyon UMC has given out 97 of these home-made sleeping bags over the last four years.

During cold weather there is an on-going demand for these. Bring any blankets, bed spreads, sheets or other large pieces of fabric to the church, and it will be pieced together to keep someone **warm on a cold night here in the valley.** Men's ties are also needed. Four ties are sewn to each sleeping bag and used to tie the bag after it is rolled up. This is another way to give our ties and offerings!

Thank you, Charles Fullmer (480-354-3897)

GCUMC SINGLES GROUP— We are alive and well, and now known as "Singles Moving Forward"

Singles Moving Forward! ~ Saturday, Feb 9th meet at the Harkins Theater on Superstition Drive at 2:30 pm for the 3 pm showing of **"Lincoln"**. Those wishing to will go to dinner afterward.

Please join us for fun, food, events and fellowship!

For more info Contact Ella at: 480-474-1488, or esusander@yahoo.com.



Prayer Shawl Ministry ~

This ministry meets on the 1st & 3rd Thursday of each month through March, at 10:00 am in Room 101/102. All knitters and crocheters are invited to come! Please join us to make shawls and lap robes to give to members of our church family who are ill or in need of comfort. Contact Nancy Miller for details, 480-882-3226.

Stitches Unlimited Quilts for St. Andrews Clinic

Did you know?! The Stitches Unlimited group **makes and donates quilts** to the St. Andrews Clinic. The quilts we make range from infant size (about 40" x 40") to quilts for older kids (about 42" x 60"). Donations of quilts of any size are accepted. We have kits already cut for simple ABC style quilts, directions included. We also have the backing and batting. We **sew toiletry bags** for St. Andrews as well. Those kits and instructions are also available.

Come join us on the **first Wednesday of every month** at 9:00 am in room 101-102. We work **year round**. Bring your sewing machine and sew (we do have a couple of machines here), your rotary cutter and cut kits, iron, or pick up some kits to sew at home.

We will also **gladly take donations** of cotton, flannel, light weight denim, light weight corduroy fabric, and fleece, in solids, tone on tone, and kid friendly prints. Or \$. Slightly used sheets (or new) are good for backing too. For questions or more info call Bonnie Becker at (480) 629-8796.





Gold Canyon UMC Youth



Wendy Moore, Youth Director

Gold Canyon United Methodist Youth Group News

By the time you read this we will have had our "Thank You" dinner for our Busby mission trip. The dinner was January 26th. Our youth provide the best reasons for why these trips are so important. In their own words we learned how lives are changed. It's important for our congregation to know how much their support means to our youth and those they serve. Thank YOU!

Youth Sunday was January 20th and we will have photos from that event in our next newsletter. I hope that you find reassurance in the next generation. They are truly a special group. We are so glad to have enthusiastic kids who want to make a positive difference.

Our Senior High youth, who are graduating, are already making plans for college. While we will miss them, we are excited for them as they venture into the world to make it a better place. They will be invited to join our Young Adult group. We are also happy to see new faces in our Junior High group as friends are invited to join us.

Please have a safe and happy new year!



Live Nativity Christmas Eve



Crazy Fun at Youth Group
(Santa Shave Cream!)

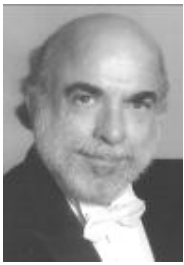


Christmas Caroling

***Take a Look at Our
December Activities!***



Flash Mob at the Mall—Singing with Joy



Music Notes

February – the month of love! We celebrate romantic love between humans this month, but Christ's love – *agape* love – is available for us all the time. Christ loves us even when no one else can! *That* is certainly something to celebrate – anytime!

We invite our winter residents to join any of our music groups. The **Chancel Choir** (adult) rehearses on **Thursday nights at 6:50 pm**. If you would like to join us, please come a few minutes early to fill out a registration form so we can get you a folder and music. It would also be helpful if you would let us know that you would like to sing with us, we can then be ready for you ahead of time. You do not have to audition, but we do ask that you are able to read music at least a little, and, of course, be able to sing on pitch. We sing at all three morning services with a single warm-up/rehearsal on Sunday mornings at 7:25 am. The Choir leaves immediately after singing the Anthem at the 11:00 New Traditions service, so you can leave around 11:10-ish on Sundays. If you have any questions, please give me a call at the church.

If you have experience ringing handbells, you are certainly welcome to join the **Canyon Carillon** (adult handbell choir) which meet on **Tuesdays from 6:30 to 8:00 pm**. Give me a call if you are interested.

Do you enjoy playing an instrument? We have an **Orchestra** and are always looking for more instrumentalists. Music is not real challenging, so dust off your instrument and come join us on **Wednesdays at 7:00 pm**.

For kids, we offer **Joyful Noise** – a choir for grades 4-8. Directed by Kathy Nuss, we meet in the Music Room on **Wednesdays from 5:30-6:00**, after Spirit Club, which meets at 4:30 in the Sea of Galilee Room in the Education Building.

For youth, please consider the **Youth Handbell Team** which meets in the Music Room on **Wednesdays from 6:00-6:45**. Come find out what the fun is all about!!!

Our **Performing Arts Series** continues this month with three very different performers. First, an internationally renowned Christian concert pianist **Jerry Nelson** who will perform on **Sunday, February 10 at 3:00 pm**. He is also a composer, orchestrator and recording artist who has performed on all continents. Jerry has teamed up with Dino and Anthony Burger, and has accompanied such artists as Glen Campbell, Sandi Patti, Tom Netherton and Steve Amerson. As a composer, arranger, conductor and studio producer, he has conducted orchestras from London and Tel Aviv to Nashville and Los Angeles. Come and enjoy our fabulous 9'3" Petrof *Mistral* Concert Grand Piano as played by one of the great Christian pianists of our day!

Next, we have our own incredible baritone, **Don** 5

Engbrecht who will be joined by the great voices of **Wade and Cynthia Hoff**. They will perform on **Sunday, February 17 at 3:00 pm**. Don will perform a mix of popular standards, sacred, gospel and Broadway songs that will carry you back to yesteryear, along with some special music by the Hoff's. Come, enjoy an afternoon of great music!

Finally, we present the ever popular **Country/Western Concert** featuring **the Houser Gang!** This will be on **Sunday, February 24 at 5:00 pm** in place of the Country/Western Service. This concert will be held in the Sanctuary. One of the most popular programs we feature all year, Ron, Chris, Tara and Brett, with their friends, will raise the roof with toe-tappin', foot-stompin' music that will stir your very soul and fill it with God's grace! Get here early for this one as the Sanctuary fills up fast!

I also want to let you know about our first concert in March. We are presenting two young, true musical prodigies, **Johnny and Chris Rice - the Rice Brothers!** They both play piano and cello exceptionally well. In fact, Chris was just named a Gold Medal Winner of the Corpus Christi International Piano Competition (just days before I wrote this!) which gives him a recital in Carnegie Hall! The program will be titled, "the Heart of Chopin" and will be part of their *100 churches project* that they will talk about. Come and witness a concert by these two incredible, young musicians that will be long remembered. All these concerts are presented at no charge as free will offerings will be received. We have no budget for these events, so we rely on your generosity to afford us to bring these exceptional, Christian performers to you. In addition to a generous financial offering, everyone is asked to please bring at least one non-perishable food item per person for the GCUMC Food Bank. You can find a listing of specific needs each week in the service bulletin.

Thanks to all of you who have donated, and continue to donate, to our **Pipes for the Organ Fund**. We have established a committee now to look into the possibilities of used pipes or new pipes. These are true, wind-blown pipes that can be successfully added to our Rodgers Organ. Rodgers has built combination pipe/digital organs successfully for many decades. I will report more about our progress in the March *Roadrunner*. If you are interested in serving on the *Organ Pipe Committee*, please give me a call. We could use a few more interested people. You can see a picture of what the front of the Sanctuary could look like in the Narthex above our Information Center.

This is a musically exciting time for our church! I hope you will take advantage of everything we offer. If you have any questions about any of the above, please give me a call.

Blessings and agape love to all, Douglas J. Benton, Director of Music Ministries

Doug



News from the Health and Wellness Ministry of Susan Malloy, Parish Nurse

✝ Wishing You a Healthy 2013!

February is called the "LOVE" month. When we think of love we think of our HEARTS. By now, we know that Heart disease is the Number #1 Killer of women and men. New findings have caused the American Heart Association (AHA) to join the newly formed *Alliance for the Rational Use of NSAIDS* (non-steroidal anti-inflammatory drugs) to bring awareness to the public of the health risks associated with NSAIDS. Would you believe that about 98 million NSAID prescriptions were filled in 2012 alone and about 23 million in the USA use over the counter NSAIDS on a daily basis. What you NEED to know is that these drugs are NOT benign: they can harm the kidneys, gastrointestinal tract and cardiovascular system. Patients who had their first heart attack and continue to take NSAIDS for a variety of reasons like arthritis, back or knee pain, muscular aches and pains are 41% more likely to have a second heart attack within 5 years as compared to those who do not take NSAIDS is an example of their deadly effects.

In 2007, the AHA published an update for clinicians on the use of NSAIDS. The key message of the scientific statement was for clinicians to use an NSAID that is "associated with the least risk - from a cardiovascular perspective - in the lowest dose necessary to treat the patient's pain over the shortest period of time".

The scientific statement noted the evidence at that time indicated that selective COX-2 inhibitors (celecoxib [Celebrex], for example) have adverse cardiovascular effects that include increased risk for myocardial infarction, stroke, heart failure, and hypertension. The risk is greatest in those with a prior history of cardiovascular disease or in those already at high risk for heart disease.

"Many patients don't realize there is the potential for adverse events associated with NSAIDS," Jennifer Wagner, LPN, ASN, executive director of the Western Pain Society, the founding member of the Alliance, told *Med-Page Today*. "In particular, people can get into trouble when they unknowingly combine NSAIDS, such as an over-the-counter flu medication, on top of a known NSAID."

Next month I will talk more about how to address inflammatory conditions without deadly side effects by utilizing better diet and Supplementation along with strengthening exercises etc.

Okay now that I have your attention.....When we say we love our spouses, family and friends do we mean it to the point of going outside our comfort zone to be willing to discuss matters of the heart such as preparing a Living Will and Durable Medical Power of Attorney (DMPOA) and are we willing to take the time to sit down

with our loved ones and discuss our wishes?

One of the most precious gifts my sister and I received from our parents was their willingness (with some prodding of course) to discuss their thoughts and wishes about end of life issues and the completion of a Living Will (medical)and Durable Medical Power of Attorney. Putting off this discussion is not wise as we do not know for sure how long God will grant us life. What a blessing to have those conversations before a loved one is on their death bed, when we can be rational and make clear our desires and wishes. I recently attended the East Valley Committee on Aging during which many issues were discussed. Of huge concern was the lack of having these legal documents prepared so that you and your family can be assured of receiving the kind of care that YOU desire when faced with serious health care decisions. When your desires have been documented with your signature (notarizing required in Missouri, North Carolina, South Carolina and West Virginia) health care professionals are required to honor those directives.

These important issues should be discussed with your spouse and/or grown children. As Parish Nurse I will also be happy to assist you in the completion of these documents. Once completed, a copy should be provided to each family member and your doctor. Keep a copy in a safe place and carry one with you in your car and a small form that indicates you have a Living Will.

The following websites provide additional information is www.agingwithdignity.org or www.azag.gov/life_care

While I wish you a Wonderful Valentine's Day my hope is that you will share your LOVE by taking the time and responsibility to complete these directives and then go about and enjoy your life. Your family will be so grateful to finally address the "elephant" in the room...Mom...Dad what are your wishes for end of life?.

Whew! It was a huge relief and blessing in the few short years with my parents that followed the completion of that dreaded paperwork when my sister and I **knew exactly what our parents' wishes were. We honored those requests with love and respect at their time of need and death.**

Blessings of Health & Wellness to you and yours.

Susan Malloy RN BSN
GCUMC Parish Nurse



DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... **Romans 13:8 (NIV)**

December	2010		2011		2012		2011	2012
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	20183	9598	31813	9465	30444	14544	1392	1343
2nd	18945	8770	18080	5353	22901	9260	1392	1530
3rd	19452	2863	26888	14267	22884	4650	1344	1462
4th	24471	15778	20740	10048	14146	4810	432	1331
5th	—	—	6238	0	20170	5529	2417	1265
Total	\$83051	\$37009	\$103759	\$39132	110545	38793	6977	6931



Electronic Funds Transfer (EFT)

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers a new way to help our ministry. Our new electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to **the church's account**. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by

notifying us in writing. We believe that once you have enjoyed the convenience and savings of this new program, you won't want to go back. Contact the church office now.

Tax-free IRA Contribution to Church Possible ~



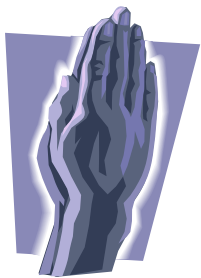
The *American Taxpayer Relief Act* has renewed through December 31 2013. Individuals aged 70.5 or older may make a tax-free contribution from an IRA to a qualified charity (e. g. GCUMC). **NO income tax** incurred on up to \$100,000 per year donation via an IRA (can apply also to 2012 if processed by January 31.) Please direct questions to your IRA custodian/financial advisor, or to Terry Parsons: 480-982-6578.

ONLINE GIVING AVAILABLE! ~

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy and convenient!

[www.goldcanyonumc.org]

"For every house is built by someone, but the builder of all things is God." Hebrews 3:4



Pastoral & Congregational Care

PASTORAL CARE NEWS

Our Pastoral and Congregational Care Ministry is now using a team approach, with Associate Pastor Rev. Fay Quanstrom and Director of Pastoral Care Jody Topping serving the pastoral care needs of our church members and friends. Pastor Fay is training Congregational Care Ministers (also known as CCMs - see related article) who will assist us in making pastoral care visits to those in need of prayer and support. Pastor Fred will continue to visit as well.

You've probably noticed that our weekly prayer lists have a slightly new look, and soon we will be replacing the prayer notebooks in the Narthex with Pastoral Care Communication Cards (see related article).

Your Pastoral Care Ministry team is working to meet your needs and walk with you on the journeys of life. We encourage you to call on us whenever you are in need of prayer or spiritual support.

ARE YOU IN NEED OF PASTORAL CARE?

If so, please call our Director of Pastoral Care, Jody Topping at the church office (480-982-3776) or on her cell phone (480-766-9272). Our Pastoral Care team is available to visit and pray with you no matter what the reason. If you would like to receive prayer prior to surgery, please call and let us know when and where the surgery is taking place. We will also

wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer

prayer support. And if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.

PRAYER MINISTRY AT GCUMC



*"Don't fret or worry. Instead of worrying, pray. **Let petitions and praises shape your worries into prayers**, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life" Philippians 4:6-7 (The Message).*

In February we are introducing Pastoral Care Communication Cards as the method for submitting prayer requests and communicating other pastoral care needs. You will find these cards at the lecterns in the narthex where the white prayer notebooks have been as well as in the sanctuary seat pockets. When you complete a card from the seat pocket, you may place it in the offering plate. The card will look something like this at the top:

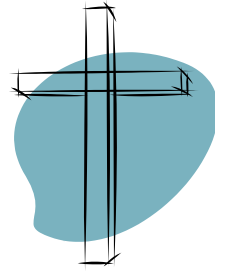


**Gold Canyon UMC
Pastoral Care
Communication Card**



By checking the appropriate lines found on the card, you can indicate the particular need that you or the person for whom you are making the request has. This might be for physical healing and surgical success, for wisdom and guidance in a difficult situation, for spiritual awakening, or for a pastoral call. You may want to write in another specific need. You may also

Pastoral & Congregational Care



request a prayer shawl or a good listener by using the cards. When you have filled the card out completely, place it in the gold envelope at the lectern in the narthex, or in the offering plate.

Prayer requests placed in the lectern envelope will be shared with the congregation during worship as part of the morning prayer. On Monday the pastoral care staff and trained lay congregational care ministers will pray for your specific need and continue to do so throughout the week. Unless confidentiality is requested the prayer needs will also be posted on the GCUMC website and sent to the GCUMC Prayer Team by e-mail. As well as praying over these requests, the pastoral staff uses e-mail, phone calls and personal visits to address the needs that are shared. To become part of the Prayer Team, share your e-mail address on the attendance slip and write "prayer team" on the blank line.

Requests remain on the prayer list for three weeks. If the need continues, you are welcome to re-submit the request on a new card.

CONGREGATIONAL CARE MINISTRY

Congregational Care Ministers are lay persons who have attended training sessions to equip them for ministry of prayer and visitation.

Training begins with development of one's own prayer life, one of the spiritual disciplines. A rich prayer life also equips a person to pray with others. Congregational Care training includes skill-building for making effective visits to homebound individuals and those who are grieving or experiencing other stressful life events. Training sessions will be held on a continuing basis approximately once a month. Watch for announcements in the Sunday bulletin for specific times and dates. The Congregational Care Ministry is distinct from but compatible with Ste-

phen Ministry. Stephen Ministers might consider volunteering as CCMS after attending CCM training.

As a Congregational Care Minister (CCM) you might call on a first-time guest, deliver Holy Communion to a homebound person, visit someone in a rehab, assisted living, or hospice facility for conversation and prayer, **anoint a person for God's healing touch, or** listen to the concerns of a grieving, lonely, or depressed person.

If this sounds like a ministry in which you could utilize your gifts, please contact Rev. Fay Quanstrom, Associate Pastor (480-458-8420), Jody Topping in the church office (480-982-3776), or simply attend the next Congregational Care Ministry training.

Thought For the Day ~ St. Francis of Assisi's Serenity Prayer

Lord, make me an instrument of thy peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.



O Divine Master,
grant that I may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love,
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born
to eternal life.



STEPHEN MINISTRY®

"Sometimes a story has to be told, if for no other reason than to unburden the heart." - Anonymous

Have you ever been to the Grand Canyon, or at least seen pictures of its magnificence? One of **God's greatest wonders, the Grand Canyon is vast and awe-inspiring.** However, along with its beauty there can be what seems to many to be a dark side. Standing at its rim it can seem dangerous, wild, threatening, scary, and like a bottomless chasm. **If you've stood there with a loved one, especially a child, you might have peered down at a sheer wall and thought "how could anyone survive a fall... there's nothing to hold onto...?!"**

As a result of these thoughts and feelings, over the decades many have asked the National Park Service (who administers the park) a variety of questions. They include – **"Why don't you make it safe? Why don't you put up walls, railings or fences? Your job is to protect the people?!"** Their answer is that **due to their mission they don't do such things – "The National Park Service preserves unimpaired the natural and cultural resources and values of the national park system for the enjoyment, education, and inspiration of this and future generations."** Their philosophy is that while walls could insure almost sure safety for all, the grandeur, beauty and ability to appreciate this natural wonder would be hindered and almost surely lost. If you only stand on the rim, it can appear that there is NO safe place or way to navigate the canyon. Yet, if you keep your eyes open and watch the signs placed there for you, there are many very accessible routes into the inner canyon. They are designed to lead you safely into that chasm you thought was inaccessible.

In some way isn't God's love for us very similar? Take Jeremiah 29:11 for example:

"For I know the plans I have for you, says the LORD. They are plans for good and not for disaster, to give you a future and a hope."

God has "plans" for us, but He allows us to make our own decisions. His plans for us are good and full of hope. Of course this doesn't mean we'll be spared pain or hardship. Our own decisions, as well as those of others, most assuredly affect our lives. He doesn't promise us everything will be easy, he doesn't build walls around our hearts and minds to completely protect us...instead he allows us to love, laugh, explore, fail, cry, fall into our sadness and soar with our successes. In this scripture, God really promises to be with us all the way, that He will see

us through it all.

Why is it then that we think we know best? Often when we are hurt, in pain, have lost a loved one to death or a damaged relationship, or have experienced a loss, grief or disappointment of some other kind...we decide that "walling ourselves in" is the best way to handle it. If we ignore it, decide the pain is too great to face, or ultimately become "comfortable" in our pain...we are not following the signs God has set out for us to follow.

God often works his miracles not in a magical way, not necessarily as Jesus worked those miracles in biblical times, but he works them through ordinary people. People who can hear you, acknowledge you, love you, and provide Christian support, can be some of the "signs" which God has placed in your path. When we feel like we are dealing with a burden as cumbersome as the inaccessible chasm of the Grand Canyon, the signs of hope may be right in front of us but we can't see past the walls we've built to shelter ourselves. Imagine what it would be like to hear *"I don't think you're off base, that makes sense to me, I can certainly see why you have come to feel the way you do"*.

If you think unloading a heavy burden could help, might you consider following a "sign" the next time you see one, and seeking out a Stephen Minister? Whether that sign is reading this article, noting a Stephen Minister name tag in your row on a Sunday morning, hearing **it announced that a new class of Stephen Minister's is graduating**, or seeing a Stephen Ministry brochure at the information center - reach out. Climb over the wall holding you in, and experience the love, hope, and joy the Lord wants opened up to you.

If you would like a **confidential** Stephen Minister referral, check the box in the Sunday morning attendance book in your row, or call the church office at 480-982-3776 and ask for Kim.



Every child of God defeats this evil world, and we achieve this victory through our faith. ~ 1 John 5:4 NLT

~ James 5:16

Therefore confess your sins to each other and pray for each other so that you may be healed

Eagle Scout Court of Honor ~ Dec. 26th

Charles Wesley Olson and Michael John Sheridan received their Eagle Scout awards at a Troop 640 Court of Honor at Gold Canyon United Methodist Church on Wednesday, December 26th.

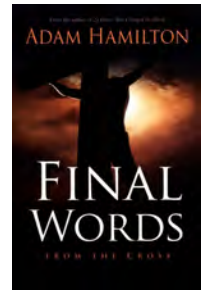
Charles Olson is the son of the Honorable Carter Olson, Superior Court Judge and his wife, Donna. His brother, Jim, received his Eagle Scout award in April, 2011. Michael Sheridan is the son of Attorney Michael Sheridan and his wife Dr. Valerie Sheridan. His two brothers, John and Sean Sheridan received their Eagle awards previously.

Retired Colonel John Berry served as Master of Ceremonies. Pastor Fred Steinberg gave the opening and closing prayers and recognized the seven Eagle Scout Community Service Projects that Eagles from troop 640 have completed on the church campus over the last seven years. Judge Carter Olson gave the Eagle charge to the new Eagles as well as all of the previous Eagles present in the "Eagles Nest". **Scott Impecoven**, Director of Field Services of the Grand Canyon Council, Boy Scouts of America, officially convened the Court of Honor. Dr. Bradford H. Bryant, **Scoutmaster**, gave the **Scoutmaster's Minute** address and presented books of letters and other items commemorating each of the Eagle's achievement.

Pictured below, left to right: Eagle Scout Michael Sheridan, Eagle Scout Charles Olson, Eagle Counselor Arlaine Bryant, and Scoutmaster Dr. Bradford Bryant.



LENTEN STUDY: *FINAL WORDS FROM THE CROSS*



This year during Lent we will explore Jesus' last words while he was being crucified. We will be using Rev. Adam Hamilton's follow-up book to *24 Hours That Changed the World*, titled *Final Words from the Cross*. This study, which will coincide with the Lenten Sermon Series, will offer participants a more in-depth learning experience as we explore in detail the meaning of Jesus' dying words. Participants will study each of the final sentences that Jesus spoke prior to their presentation in the sermon series, which will undoubtedly make the sermons even more meaningful and applicable to us as 21st Century followers of Christ.

The study will be held on **Thursday evenings (6:30-8:30pm)** and possibly also on either Tuesday or Wednesday afternoons, depending on interest. The Thursday evening class will begin on **February 21st**, with a light supper at 6:30, followed by the study at 7pm. The cost for the study book is \$11 (including shipping) and a freewill donation will be taken for the meal. (The book is also available from Amazon in Kindle format if you want to purchase it electronically.)

To sign up for the study, either contact Jody Topping in the church office, or watch for sign-up sheets in the Narthex on Sundays. We hope you will join us for this meaningful study.

Living Proof Live With Beth Moore

If you wish to join us for Living Proof Live with Beth Moore March 22-23 at Grand Canyon University Arena, we will be collecting money for those tickets as well. Or, you can purchase your own ticket(s) at lifeway.com/livingproof for \$69. Transportation will not be supplied by the church, but groups for carpooling will be formed closer to the time of the event.



Global Missions

"The world is my parish." – John Wesley

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

February 2013 – Global Missions

Global Missions Brunch & Program – Saturday, February 9, 2013, 10:00 a.m.

You are cordially invited to attend our annual **Global Missions Program** on Saturday, February 9th at 10:00 am. Brunch will be provided by the Global Missions Team. Admission is free, however, we ask that you bring an item for our local Food Bank; a free will offering will be received. The program will highlight our Costa Rica Missions Team. You will have an opportunity to learn firsthand from the fifteen members about their work at the Universidad Biblica Latinamerica in San Jose, Costa Rica, and the impact this experience had on their lives and those with whom they worked.

We will also provide updates on projects supported by our fair trade coffee sales in China and Honduras. Additionally, we will introduce a new campaign of the United Methodist Church, "Imagine No Malaria" (read further for more information).

While admission is free, we request that you sign up and obtain a ticket at the Fair Trade coffee table on Sunday mornings between now and February 3rd, in order for us to plan accordingly.

Imagine No Malaria is an extraordinary effort of the people of The United Methodist Church, putting our faith into action to end preventable deaths by malaria in Africa.

Bishop Hoshibata, of our Desert Southwest Conference, was the highest-ranking member of The United Methodist Church making office visits on Capitol Hill in December of 2012 while attending the Imagine No Malaria Conference. Bishop Hoshibata has committed to raising \$2 million toward the \$75 million goal The United Methodist Church has set for the fight against malaria. Bishop Hoshibata responded to several questions about the commitment. Two of those questions and responses follow:

Q: Raising \$75 million to \$100 million is a formidable task for any undertaking. What makes you believe The United Methodist Church can accomplish this goal?

A: Although this is an extremely ambitious goal, I

believe that a goal is only an arbitrary measure of a person's or a group's heart and soul. When one commits to making a significant difference in life, there should be no limit to what she or he can achieve. That is why we dare to set the bar high. Once you add the Holy Spirit to an endeavor as noble as Imagine No Malaria, you begin to realize that you are not talking about dollars and cents, but rather, about saving human lives. That is why we **MUST** dare to set the bar high. Lives are at stake — especially the lives of children. And we who have the means to give aid are being called by God to participate generously.

Q: How will the Desert Southwest Conference accomplish its goal of \$2 million?

A: United Methodists in the Desert Southwest Conference have consistently been generous responders to natural disasters that cause loss of life and property. I believe the people of the Desert Southwest will be even more generous in responding to Imagine No Malaria, where there is the incredible opportunity to completely eliminate deaths due to malaria. I would like to believe that our congregations will want to be in ministry through this movement in our church in partnership with sisters and brothers around the globe. We have already begun to see the generous outpouring of love and resources in pledges that have been received, and I have no doubt that we will meet and oversubscribe our goal.

We at Gold Canyon UMC will play a major role in helping our conference reach that goal. Over the next several weeks and months we will educate ourselves about malaria, and take an active part in raising money for the Imagine No Malaria project.



Imagine No Malaria

**\$10 will save one life from malaria.
How many lives can you save?
Contact the church office for more
information!**

Buy a Handcrafted Cross to Support Global Missions!

The Global Missions team is selling handcrafted wooden crosses to support Global Missions. Wally Quanstrom and Harry Warren, the creators of these crosses, are members of the Global Missions Team and mission team to Costa Rica. The workmanship in these 18" high by 12" wide crosses is exquisite. Original design crosses will be sold for \$30.00.

Custom made (special requests for particular scriptures or other wording) crosses are also available for \$40.00.

Please look for the crosses at our Global Missions table in the courtyard.



GLOBAL MISSIONS CONTACTS:

Jackie Douglass: jackied.coaz@gmail.com
 Nona Larson: enonal@hotmail.com
 John Paddison: johnpaddison@yahoo.com
 Jean Paddison: azjean@yahoo.com
 Fay Quanstrom: fay.quanstrom@gmail.com
 Wally Quanstrom: wally.quanstrom@gmail.com
 Jill Stoefen Fisher: jstoefish@q.com
 Jane DeRemer:
 walksonmountain@wavecable.com



Current UMCOR Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of your donation goes to those affected by the emergency.

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~ Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency ~ Earthquake & Tsunami ~ Advance #3021317

Liberia Emergency ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response ~ Spring Storms Advance #3021326

For more ways to help, or to donate online, go to:
<http://new.gbgn-umc.org/umcor/> -
 You can also follow UMCOR on Twitter at
 @UMC_UMCOR

Deadlines:

March Roadrunner is February 10th
Weekly Bulletin Insert is Noon Wednesday

Your GCUMC Publications are brought to you by: Bill Atkinson, Georgia Kirkpatrick, and Kim Shroyer, with help from the Friday Bulletin Team and the Roadrunner Assembly Team.



IMAGINE NO MALARIA

Imagine Saving Millions Of Lives

The people of The United Methodist Church

**A WORLD OF PEOPLE UNIFIED IN THE FIGHT
AGAINST A NEEDLESS KILLER.**

TEXT: MALARIA TO: 27722 TO GIVE \$10



Jane Hayes, Volunteer Coordinator

GCUMC
982-3776

Volunteers Do Make a Difference

January **Inspirational Values** **SACRIFICE** (giving up something of value)

Meet Brooks Dame, who in high school, had a friend named Jessica who was diagnosed with Lupus. Thanks to generous donors, Jessica's life was spared. That experience really stuck with Brooks. He said, "I had grown up with Jessica and it really got me thinking. There are a lot of people in this world that need a hand or help in one form or another. If I was sick and someone could donate bone marrow to help save my life, I'd really appreciate that. I've just been so blessed with small little miracles throughout my life that I thought maybe I could help someone out with a small little miracle of their own." A few years later, Brooks decided to get over his fear of needles and sign up for the bone marrow registry.

A year went by before Brooks received the fateful phone call informing him they had found a match for his bone marrow. The man in need was in his 30's, had a wife and a few small children, and was desperately fighting a battle with Leukemia. Brooks said, "I was nervous, but I thought a lot about that man. This was his last chance at surviving, which really helped me make the decision to donate."

After a series of tests (and more needles), Brooks flew to a hospital in Denver for the bone marrow donation. He said, "The procedure is dangerous and very painful, but I knew it was the right thing to do. I had a rather speedy recovery and the more I thought about that man and his family, the more I hoped that my small sacrifice, in some way, made a difference."

... Brooks is the Billboard for the value Sacrifice on Values.com

Now, I don't expect to hear about 50 of you donating your bone marrow this month, but I am sure there are many of you who have done similar acts of sacrifice. Thanks for all you do!



William Faulkner, novelist and Nobel Prize winner once wrote "*I believe that man will not merely endure: he will prevail. He is immortal, not because he alone among creatures has an inexhaustible voice, but because he has a soul, a spirit capable of compassion and sacrifice and endurance.*"

PLEASE SEND ME NAMES OF **THOSE WONDERFUL VOLUNTEERS** **TO RECOGNIZE!**



Do you have the time? No, I don't mean your watch! Please look over this list of volunteer needs. If you can help with one or more of the following, **complete and place this form in the collection plate, at the information center, or church office, 480-982-3776.**

<u>Time</u>	<u>Job</u>
50 min.	Greeter
40+ min.	Monthly Sunday Coffee
60 + min.	Bulletins Registration Mailings

Name _____

Phone _____

Birthdays

February Celebrations



1-Feb David Austin
Scott Johnson
Collette McNamee
Jack Behan
3-Feb Leslie Anzelmo
Colleen Hoerter
Richard Hoffman
Sharon Pittman
4-Feb Marlene Barton
Nancy Jonovich
Marilyn Jungman
Anne Pedigo
5-Feb Virginia Carr
Cynthia Hoff
Gladys Osgood
Carol Lindaman
6-Feb Daniel Bos
Pat Campbell
Gary Nord
Brianna Couturier
Bobbie Breuklander
7-Feb Thomas Feather
Devona Brown
Donna Chase
Larry Lindsay
8-Feb Roger Coad
Darlene Huffman
Amira Mogharbel
Megan Pappalardo
Sandra Novak
Joni Nelson
9-Feb Marilyn Peterson
10-Feb Herb Galliard
Louise Hays
Georgia Richardson
Amanda Wolfskill
Cindy Howard
Herbert Galliard
11-Feb Katelyn Crane
12-Feb Donna Johnson
Victor Phillips
13-Feb Bonnie Lane
Peter Rahaneotis

Gloria Willis
14-Feb Rosemary Austin
Gordon Gasser
Marjorie Kappler
Val Richter
Judy Schmidt
15-Feb Anne McGinness
16-Feb Jim Atkinson
Thomas Brannan
Trudy Carpenter
Harrison Hughes
Bob Russell
17-Feb Terry Burris
Ada Adams
Susan Malloy
Natalie Schaefer
18-Feb Adie Muratore
Edgar Newkirk
John Paddison
Muriel Reif
Gillian
19-Feb Jim Brinkman
Don Hammond Sr.
20-Feb Darlene Broderson
Gordon Hulett
21-Feb Laurie Christy
Raymond Heyse
Steve Holec
Bill Yoder
Robert Bennett
22-Feb Lyle Aasheim
William Atkinson
Liam Vara
Martha Burkinshaw
Bob Chase
23-Feb Margaret Ball
Brett Houser
24-Feb Marvin Richter
Wylladene Nelson
25-Feb Alice McConnell
Gordie Rasmussen
Wendy Whalen
Earl Beasley

26-Feb Rick Sutter
Sara Vara
27-Feb Robert Dowrick
Nancy Kurth
Shelley Halbig
28-Feb Bob Mulhair
Nancy Waechter
29-Feb Richard Schwartz

Anniversaries

3-Feb Charles & Audrey Whittier
4-Feb Duane & Sue Voreth
5-Feb Michael & Ada Adams
James & Beverly Toppin
9-Feb Kenneth & Margaret Crites
10-Feb Clark & Kathi Magnus
11-Feb Rich & Evie Bogle
13-Feb Jim & Linda Brinkman
14-Feb Nick & Evelyn Laich
Johnny & Melissa Minatree
16-Feb Ron & Laurie Logan
19-Feb Joseph & Betty Lunderg
24-Feb Paul & Joyce Fillion
25-Feb Bill & Jody Clayburg
Bob & Lu Johnson
28-Feb Bob & Jenelu Burgi

If your name isn't on this list (or you know of someone who should be), please call the church office with the information. We truly don't mean to leave anyone out.



Thinking Theologically with Jody Topping—



My how time flies!! It seems like only yesterday we celebrated the birth of our Lord and Savior Jesus Christ...and now, the season of Lent is nearly upon us!! When I was growing up, Lent was never

a big deal. I think it was because the Methodist Church, as a Protestant Denomination, viewed Lent as a purely Catholic observance, and since most Protestant denominations historically stayed away from almost anything Catholic, Lent was one of those seasons that became a bit of a footnote in the Protestant Church year. Some Protestant churches might have observed the beginning of Lent on Ash Wednesday, and of course we all celebrated Easter at the end, but what was really missing, at least in my childhood church, was the observance of the 40 days in between, which were often marked by fasting, reflection and prayer, especially by the Catholic and Orthodox denominations.

But today, more and more Protestant Denominations, including United Methodists, not only observe the Lenten season, but it has become a much bigger deal than it was 40 or 50 years ago. Many of us attend Ash Wednesday services and have a cross of ashes placed on our foreheads as a sign of repentance. We might also spend extra time each day during Lent in devotion and prayer. **Some of us even "give up" something we especially like for Lent as a symbol of self-denial.** Today we Protestants take Lent much more seriously than we used to, which I think is important for us as Christian people living in a very me-centered world.

I remember one year not so long ago I gave up chocolate for Lent. Now, those of you who know me well know how much I *love* chocolate!! I thought giving up chocolate was going to

be an easy task.....I was very, very wrong. By Easter Sunday, my chocolate cravings were so strong I almost raided the kids' Easter baskets!! I was miserable during those 40 days of Lent without my daily dose of chocolate. But you know, that was the point. It may sound trite, but by giving up something I loved — namely chocolate — I suffered. My suffering **wasn't the same as the suffering Jesus experienced**, or even the suffering experienced by the early Christians, some of whom were put to death for their faith. But it helped me better understand the suffering so many people experience today because of something they don't have: enough food, shelter, or appropriate clothing. By actively participating in the Lenten observances recommended by my church, I **became a much stronger Christian...and a better person.**

This year at GCUMC, we will be observing Lent as we have for many years, beginning with an Ash Wednesday service at 7pm on February 13th. Our Sunday morning sermon series during Lent will be based on the Seven Last Words (or Sentences) spoken by Jesus while he hung on the cross, and those who wish to participate in our weekly Lenten Study will explore these seven last phrases using the study called *Final Words*, written by Adam Hamilton. **During Holy Week, we will hear Jesus' final words presented in musical form on Good Friday**, and we will celebrate the end of Lent and the Resurrection of Jesus during several worship services on Easter Sunday. This year we have many great opportunities to strengthen our faith through worship, study, prayer, and music. I hope you will join us in observing the Lenten season more fully and completely this year.



BIBLE BANTER

MEETS EVERY MONDAY, 9:30-10:30AM, MOUNTAIN BREW COFFEE HOUSE
6832 S KINGS RANCH RD #5, (NEAR THE NW CORNER OF US 60 AND KINGS RANCH RD)



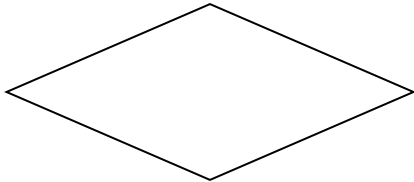
Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. **Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!**



Children's Book: *When Your Grandma Forgets*

Rev. Bob Deits has co-authored a new children's book that helps children understand and cope with the changes in a grandparent who has Alzheimer's disease. It is also an important view of the disease through the eyes of a child for adults. *When Your Grandma Forgets* is available in the church office. The cost is \$14.99.

More information on the book is found at:
www.becausehopematters.com.



A Note From Bob...

Country Western News

The attendance at 5 is steadily growing. It's hard to say which state is represented most among our winter residents-maybe Minnesota. You can always tell them because they still have icicles on their eye brows!

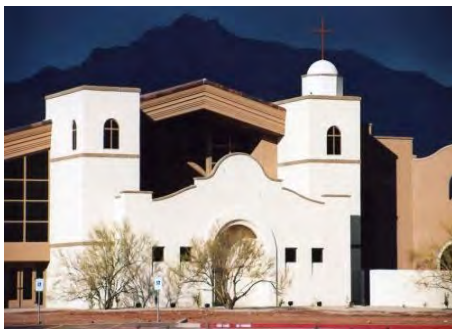
However, the fellowship is warm and the welcome mat is out, so bring your friends and drop by at the Country Western Service on Sundays. Someone is sure to greet you with a "Howdy, Pardner."



One In the Spirit will provide the music on all but the last Sunday when the Houser's and friends take over.

We look forward to seeing you.

Bob Deits and David Ballard



Our Church History ~ History Committee Update ***Memories from Joyce Gingrich***

Our first years as an organized church were exciting ones. Although at times it seemed our church would not survive, the core group of members never gave up hope. A loving spirit and genuine feeling of family were stronger than negative opinions! More importantly, for me, there was never a doubt in my mind we were a "real" church...one that was needed in Gold Canyon, and one which made its presence known even though we were small in number.

Our first mission came about as a result of meeting in Gold Canyon Elementary where I was a teacher at the time. The kindergarten classes at the school all took a milk break every morning. Many of the parents were unable to pay for milk for their children. I approached Jim Wood, our pastor, and the idea was presented to the members who voted to provide money so all the children could have milk on a daily basis! We continued this for many years.

One year we were able to hold an actual Seder Supper on Maundy Thursday as there was to be no school the next day. Usually we could not leave the church set up during the week due to school classes. This year we were allowed to use the church during the evening. We set card tables up, covered them with white cloths, and were able to celebrate the Seder Supper which then led into a celebration of Jesus' Last Supper with his disciples. It was a moving service, and I often think of how it seemed...there in the school cafeteria, taking part in that ancient ritual that is part of our Christian heritage.

Joyce (more next month)

An Update From the GCUMC Food Bank

The holidays are always exciting times in the Food Bank and 2012 was no exception. With the demands for Christmas and Thanksgiving behind us a number of blessings have recently occurred.



On December 3, 2012 we had arranged and did receive our first door to door delivery from the United Food Bank. In the past we had to recruit trucks and volunteers or rent a truck large enough to transport two pallets of food. At 6:30 AM that morning an 18 wheeler pulled into our driveway, and without any manual labor, we moved in five pallets of food. We then had to hustle to find storage for five pallets of food, within our meager square footage. We almost made it by giving out an extra loaf of bread all day, but we were eleven cases of frozen meat short. We would have loved to have had that problem in August! Then a brilliant idea was conceived. We called our friends at Bashas' and asked if we could borrow some freezer space. As usual they were glad to help.

Now, we shouldn't run into that problem again as our Food Bank was fortunate enough to be able to purchase two used commercial freezers that were delivered and installed on December 11th. We were very grateful for this opportunity and will put the extra frozen storage to good use immediately.

A special thanks to our wonderful volunteers and congregation for your continuing support of our mission. We ended the year with 1,800 families, representing over 5,200 individuals, who are clients of our mission. We look forward to continuing to serve in 2013.

Jeff Downing, Dan Gray, Rush Tucker

FOOD BANK PET MINISTRY CONTINUES



Thanks to the dedication of Les and Marlene Kimball (480-982-4906), as well as those who bag up pet food, Food Bank clients with pets receive needed pet food. We are grateful to everyone who contributes to this ministry. You can help by purchasing and donating pet food to the Food Bank.

MEMORIAL GIFTS



Dave Flitsch – Memorial Gifts to GCUMC Statue Base Fund or paving of the North parking lot

Randy Gardner – Memorial Gifts to GCUMC Stained Glass Fund

Sam Twa – Memorial Gifts to Food Bank



SCRIP/BUS FUND ~ **Welcome back** to all of you who have been away over the summer! Over the past ten years, **at no cost to participants**, the church bus fund has earned over \$104,000 from the *Scrip* program (\$86,000 from Bashas', \$18,000 from Fry's). This is fantastic!! This money was used to purchase our bus and pay for gas, insurance and maintenance. **With your continued support we just purchased a new fifteen passenger van to accompany our bus!!** Now we will put funds toward paying off that van, and providing for maintenance and service.

We are asking *all* of you who shop at these two stores to consider using a Bashas' Community Support card and/or Fry's Gift card purchased at the church Information Center on Sunday morning or at the church office during the week. Each card starts with \$20, \$50 or \$100, and you recharge it as often as necessary just before you check out at the store (or at Customer Service), using your personal charge card, a check or cash; then use the card to pay for your purchases, and you can even use it for gas at Fry's! Bashas' gives the church 6% of every dollar you load onto the card, Fry's 3%. Bashas' cards are honored at Bashas' grocery stores, A.J.'s Fine Foods and Food City. Fry's cards are accepted at Fry's grocery stores, Fry's Marketplace, and all other Kroger-owned stores throughout the US. Many of you in the past only used the "number program" at Bashas' which was a separate program - this program was discontinued about two years ago due to economic conditions. If you have any questions, please give Betty Rolley a call at 480-380-0147. Thanks for your continued support.

W.O.W. Corner

(Our Hospitality and Outreach Team – Witness Our Wonder)



SAVE THE DATE!! For the Spring EGGStravaganza – **Saturday, March 23rd from 1 – 4 pm.** We will host this for the community and beyond. It will be fun...exciting...memorable and we need **YOU** to help make this an awesome event. If you can assist in ANY capacity – with our family craft activity, filling plastic eggs, doing the egg hunt, preparing the hot dog meal, being a wonderful warm body to go back and forth, etc. please contact Katharine in the church office. The W.O.W. team is revving up for a magnificent outreach – **you don't want to miss the action.** Oh, and did we mention that we will have an "Easter Parade of Hats?" Ladies of all ages, you can begin thinking of creating your Easter bonnet and gents of all ages, you can think about a splendid top hat!



Gold Canyon United Methodist Church will be the place to be....

So, **MARCH 23rd!!!** Mark your calendars!

We love people, because Jesus first loved us!!



Join Our Hiking Group Adventures!

Whifford Canyon Hike—12/4/12

The Hiking Group meets Tuesday mornings at 9 am in the south parking lot of GCUMC. For all hikes we ask that you bring water, snacks and a nametag. We select hikes of varying difficulty and locations.

All are welcome! For more information on upcoming trips, and to join the group, call Gale Adair at 480-288-0634 or Ron Trout at 480-942-1512.



Commemorative Mugs!!!

Have your coffee, tea or hot chocolate in an attractive Gold Canyon United Methodist Church Commemorative Mug! They also make great gifts! Proceeds from the sale of the mugs are used to support outreach to the community. Only \$5.00 each at the Information Center or the office.

Lost & Found ~ Have you ever lost something and it may have been while you were at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, umbrellas, etc. If you think your item may be with us, stop by the office.



Folders For Sale

GCUMC Folders, bearing the Church logo, are for sale at the Information Center and church office. The cost is \$12.00 each and all ***proceeds go to the North Parking Lot Fund.*** Thanks for your support!

GCUMC

Permanent Endowment Fund

Benjamin Franklin said something like this, "The only things for certain are death and taxes." One can make many observations and arguments about this but the basic point is sound, that all humanity has certain things in common and not living forever is one of them. Therefore, it follows that everything we have will sometime in the future belong to someone or something else. Therefore the real question is *"will we determine what will happen to our possessions, or will it just happen?"*

During my brief tenure as chairman of your permanent endowment committee, I have learned a bit of how GCUMC functions and how we relate to our Desert Southwest United Methodist Conference. One of the resources we have available is the Desert Southwest United Methodist Foundation, DSWUMF. The DSWUMF has financial planning capabilities that it would be very difficult for a local church to match, and I wanted to share with you some of these. These capabilities can facilitate some creative decisions for you and your family, and possibly save some taxes as well.

Let's look at just a few in the immediate gifts category. You could donate your home or real property to our church and receive an immediate tax deduction, and avoid capital gains taxes. You could designate the church as the beneficiary or owner of an insurance policy as a future gift to the church. You could make a retained real estate gift, where you designate

the ownership of your home to the church while continuing to occupy it for your lifetime. There are several other ways in this category including gifting appreciated securities which avoids capital gains taxes and earns an income tax deduction.

Deferred gifts include having a bequest in your will, a living trust, and a charitable gift annuity. With a charitable gift annuity you can enter into a contract with the DSWUMF, and the DSWUMF pays your designated annuitant a regular fixed payment for life, and then distributes the remainder to your church. There are certain tax benefits to this as well.

Life income gifts include Charitable Remainder Trusts, providing fixed income for your lifetime, Charitable Remainder Unitrust, a hedge against inflation, and a Charitable Lead Trust that can reduce gift and estate taxes.

Many of the aforementioned are complex and of course must be accomplished in compliance with all tax regulations. This is what the DSWUMF can help you do. If any of this sounds like it would work for you, please **contact the Pastor in the Church Office or Wally Quanstrom, Chairman of the Permanent Endowment Committee, at 630-309-3298.** One last thing - you can designate your gift for any purpose within the mission of our church that you would like. There is no charge for consultation.



Habitat for Humanity – Winter 2013 Project



We are so excited to move forward with our Habitat Project this year, which is renovating a home with a family in Apache Junction. We are always looking for volunteers to assist in the renovation, in providing lunches, and cash gifts in any amount to support this special ministry.

For more details and information, please contact Joe and Maureen Morton, 602-284-2826 or E-mail:

Is Your Health at Risk?
Heart Disease, Stroke, Cancer
Learn if you are at risk with RightPath Health Screenings Options:

ABDOMINAL SCREENINGS (Ultrasound) Liver Kidney Gallbladder Pancreas Spleen Abdominal Aortic Aneurysm	CARDIOVASCULAR SCREENINGS Heart Ultrasound Atrial Fibrillation Stroke Screening (Carotid Artery Ultrasound) Thyroid Ultrasound Peripheral Arterial Disease (PAD)
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ALL 11 screenings for only \$200.00!
Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

Thursday, February 21st, 2013
Gold Canyon United Methodist Church
 (Rooms 101-102)

RightPath Health Screenings has been providing quality preventive health care since 1980. **Appointment Necessary** RightPath Health Screenings is a program of Cathedral Health Services, a non-profit organization.
 Call 602-254-7130

www.cathedralhealthservices.org/screenings.htm

"A cancerous thyroid condition was discovered by RightPath. Early detection led to a whole new life for my wife Maria. Thank you!"
 Michael Q. Phoenix, AZ

RightPath
HEALTH SCREENINGS
 Now you know.

The RightPath Health Screenings are Back for 2013!

Keep your eyes open for a flyer that looks like the one to the left. They are currently available at the Information Center in the narthex, and will be made available in your bulletins on February 3rd.

This is a great opportunity to get numerous screenings under one roof, for an excellent price.

An appointment **IS** necessary —
 See Date and Information Below:
Thursday, February 21st, 2013
Gold Canyon United Methodist Church
Rooms 101-102
Call 602-254-7130 for Appointment



Upcoming 2013 Events and Performances at Gold Canyon United Methodist Church

DATE	DAY	TIME	EVENT
2/10/13	Sun	3:00 pm	Jerry Nelson , outstanding Christian Pianist
2/15/13	Fri	7:30 pm	* Together Again for the 1st Time Broadway duet
2/17/13	Sun	3:00 pm	Don Engbrecht and Friends Outstanding Baritone
2/24/13	Sun	3:00 pm	The Houser Gang! Annual Country/Western concert
3/3/13	Sun	3:00 pm	John & Chris Rice Piano & cello child prodigies!
3/8/13	Fri	7:30 pm	* Charles Lindberg, the Lone Eagle Steve Carroll
3/10/13	Sun	3:00 pm	Christine Anderson Incredible Handbell Virtuoso
3/17/13	Sun	3:00 pm	Brass, Reeds & Winds, Oh My! Agape Brass and others
3/28/13	Thu	7:00 pm	Maundy Thursday Service with Communion
3/29/13	Fri	7:00 pm	Good Friday: Dubois' Seven Last Words of Christ
3/31/13	Sun	6:00 am	Easter Sunrise Service w/Communion
3/31/13	Sun	8, 9:30, 11	Easter Festival Services w/Choir, Bells, Brass
4/5/13	Fri	7:30 pm	* The Clarinet and All That Jazz The Stoltzmans
4/14/13	Sun	5:00 pm	One In the Spirit (Koinonia Room)
4/20/13	Sat	12-3 pm	Spring Fling , our annual Spring Community event
4/21/13	Sun	3:00 pm	** 2nd Annual Gold Canyon Interfaith Choral Festival
5/19/13	Sun	3:00 pm	* San Tan Choral & Orchestra

* Indicates a ticketed event for a fee, sponsored by the Gold Canyon Arts Council, *Canyon Sounds* or the *San Tan Chorale*. All other concerts are sponsored by Gold Canyon United Methodist Church *Performing Arts Series* and are open to the public at no charge though a free will offering will be received. We ask that everyone please bring at least one non-perishable food item per person for the Gold Canyon United Methodist Church Food Bank.

** This year's Festival will be at Our Savior's Lutheran Church, north of GCUMC.



The love and support shown to our family has been overwhelming. With the help of Fred, Hu, Jody and Nancy the **service to honor and celebrate Dave's life** was very personal and comforting. The lunch was great too. Thank you all!

Sue, Dan and Steve Flitsch

Thank You Dear Ladies ~

The ones who brought delicious food to my house. Your care and concern for my well-being was so heartfelt. I responded to your love and kindness by getting stronger in my recovery. Not only was your food nourishing but your care and concern was so uplifting.

With Love,
Nancy Jonovich

SUPPORT GROUPS

MIND MENDERS

Meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

CANCER

Meets each Wednesday at 11:00 am in Room 101/102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Tom or Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or by email at deenashe7580@gmail.com.

GRIEF

Led by Rev. Bob Deits, this group meets the 1st & 3rd Tuesday each month from 11 am to noon in Rooms 101/102-Ed. Bldg. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-629-8796.

Church Wish List

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund. Listed below are some items that will better enable us to fulfill our mission as a church.

Pave the North Parking Lot - \$200,000
 Playground - \$10,000-50,000
 Stain Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel)
 Organ Pipes
 Video Projector for Sanctuary \$30,000
 Building Fund Loan Payoff
 (In 2012 we prepaid \$25,825 on loan)



Donations for Student Financial Assistance

Have you ever considered financially helping a student to advance his or her education and/or **career training but weren't** sure how to go about finding qualified applicants? If so, GCUMC can now be of assistance. A scholarship program has been established to help students, young and not so young, with their financial needs. There are established criteria that must be met before a potential recipient may receive any available funds.

Brochures describing the criteria, along with more details about the program, are available at the Information Center in the narthex.

GCJMC Calendar February 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key 101/102 =Room 101/102 Music or M =Music Room K = Koinonia Room AA =Alcoholics Anonymous Sanc =Sanctuary WOW =Witness our Wonder (Outreach)						
3 – 8 am Adlt Sun. Schl-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Chld/Yth Sun. Schl-Ed. 9:30 am College/10+ Sun. Sch.- Fred's Office 11 am New Trad. Service-Sanc. 11 am Chld Sun. Schl-Ed. 12:30 Disciple 5-Tonole Home 5 pm CW Worship-K 6:30 pm Youth-Ed.	4 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1-K Rm 3 pm Stephen Min.-101/102 5:00 pm Disciple 4- Feather's 7 pm Al-Anon-101/102	5 9 am Yoga-K 10:30 am -Gentle Yoga-K 11 am Grief Support-S of G 1:30 pm Disciple 2-SofG 2 pm Disciple 1-101/102 5:30 pm Disciple 2-Feather's 6 pm One/Spirit-K Rm 6 pm WOW Meeting-101/102 6:30 pm Canyon Carillon-Sanc	6 9 am Beth Moore Bible Study-Ed. Bldg. 11am Cancer Suprt-M 4:30 pm Spirit Club-SofG 5 pm Disciple 3-101/102 5:30 pm Joyful Noise -M 6 pm Youth Handbell-Sanc. 6:30 pm Girl Scouts-SofG 7 pm Orchestra-M, S	7 9 am Yoga-K 10 am Prayer Shawls-101/102 10:30 am -Gentle Yoga-K 1 pm Stephen Ministry Training-101/102 7 pm Choir - M	8 8:30 am Citrus Gleaners meet at church 10 am Mind Menders-101/102 5:30 pm AA-101/102	9 10 am International Missions Brunch-K 10 am Sidewalk Ministry -Avalon Elementary
10 – 8 am Adlt Sun. Schl-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Chld/Yth Sun. Schl-Ed. 9:30 am College/10+ Sun. Sch.- Fred's Office 11 am New Trad. Service-Sanc. 11 am Chld Sun. Schl-Ed. 12:30 Disciple 5-Tonole Home 3 pm Jerry Nelson Pianist Concert 5 pm CW Worship-K 6:30 pm Youth-Ed.	11 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1-K Rm 5:00 pm Disciple 4- Feather's 7 pm Al-Anon-101/102	12 9 am Yoga-K 10:30 am -Gentle Yoga-K 1:30 pm Disciple 2-SofG 2 pm Disciple 1-101/102 5:30 pm Disciple 2-Feather's 6 pm One/Spirit-K Rm 6:30 pm Canyon Carillon-Sanc.	13-Ash Wednesday 9 am Beth Moore Bible Study-Ed. 11am Cancer Suprt-M 4:30 pm Spirit Club-SofG 5 pm Disciple 3-101/102 6 pm Youth Handbell-M 6:30 pm Girl Scouts-SofG 7 pm Ash Wednesday Worship 7 pm Orchestra-M	14 9 am Yoga-K 10:30 am Gentle Yoga-K 1 pm Stephen Ministry Training-101/102 3 pm GCAC Master Class-Sanc 7 pm Choir - M	15 8:30 am Citrus Gleaners meet at church 9 am Arts Council Work-shop-Sanc 5:30 pm AA-101/102 7:30 pm GCAC Canyon Sounds-Sanc.	16 10 am Sidewalk Ministry -Avalon Elementary
17– 8 am Adlt Sun. Schl-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Chld/Yth Sun. Schl-Ed. 9:30 am College/10+ Sun. Sch.- Fred's Office 11 am New Trad. Service-Sanc. 11:00 am Chld Sun. Schl-Ed. 12:30 Disciple 5-Tonole Home 3 pm Don Engbrecht in Concert-S 5 pm CW Worship-K 6:30 pm Youth-Ed.	18 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1-K Rm 3 pm Stephen Min-101/102 5:00 pm Disciple 4- Feather's 7 pm Al-Anon-101/102	19 9 am Yoga-K 10:30 am -Gentle Yoga-K 11 am Grief Support-101/102 1:30 pm Disciple 2-SofG 2 pm Disciple 1-101/102 5:30 pm Houser Gang-K Rm 5:30 pm Disciple 2-Feather's 6 pm One/Spirit-K Rm 6:30 pm Canyon Carillon-Sanc.	20 9 am Beth Moore Bible Study-Ed. 11am Cancer Suprt-M 4:30 pm Spirit Club-SofG 5 pm Disciple 3-101/102 5:30 pm Joyful Noise -M 6 pm Youth Handbell-M 6:30 pm Girl Scouts-SofG 7 pm Orchestra-M, S	21 8 a-4 p Health Screening Appt. Necessary-101/102 9 am Yoga-K 10 am Prayer Shawls-101/102 10:30 am -Gentle Yoga-K 1 pm Stephen Ministry Training-101/102 6:30 pm Lenten Study-K 7 pm Choir - M	22 8:30 am Citrus Gleaners meet at church 10 am Mind Menders-101/102 5:30 pm AA-101/102	23 10 am Sidewalk Ministry -Avalon Elementary
24 – 8 am Adlt Sun. Schl-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Chld/Yth Sun. Schl-Ed. 9:30 am College/10+ Sun. Sch.- Fred's Office 11 am New Trad. Service-Sanc. 11 am Chld Sun. Schl-Ed. 12:30 Disciple 5-Tonole Home 3 pm Augsburg Centennial Singers-Men's Gospel Choir Concert-Sanc 5 pm CW Worship-K 6:30 pm Youth-Ed.	25 9:30 am Bible Banter Mtn Brew Coffee House 2 pm Disciple 1-K Rm 5:00 pm Disciple 4- Feather's 7 pm Al-Anon-101/102	26 9 am Stitches Unlimited-101/102 9 am Yoga-K 10:30 am -Gentle Yoga-K 1:30 pm Disciple 2-SofG 2 pm Disciple 1-101/102 5:30 pm Disciple 2-Feather's 6 pm One/Spirit-K Rm 6:30 pm Canyon Carillon-Sanc.	27 8 am Newsletter Team-Narthex 9 am Beth Moore Bible Study-Ed. 11am Cancer Suprt-M 4:30 pm Spirit Club-SofG 5 pm Disciple 3-101/102 5:30 pm Joyful Noise -M 6 pm Youth Handbell-Sanc. 6:30 pm Girl Scouts-SofG 7 pm Orchestra-M, S	28 9 am Yoga-K 10:30 am -Gentle Yoga-K 1 pm Stephen Ministry Training-101/102 6:30 pm Lenten Study-K 7 pm Choir - M		



Gold Canyon United Methodist Church

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GCUMC Staff

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Minister of Pastoral Care	Fay Quanstrom: fay.quanstrom@gmail.com
Associate Pastor	Bob Deits: bobnjune@cox.net
Director of Pastoral Care	Jody Topping jody@goldcanyonumc.org
Director of Education	Katharine Keller ladiebug1214@gmail.com
Director of Music Ministries	Douglas J. Benton bellmaster@earthlink.net
Associate Director of Music	David Ballard ballardsaz@earthlink.com
Director of Youth Ministries	Wendy Moore GCUMCYouth@earthlink.net
Pianists	Carol Ballard/Linda Jones/ Marty Robison/Nancy Virden
Office Manager	Kim Shroyer: churchoffice@goldcanyonumc.org
Administrative Associate	Katherine Keller
Volunteer Coordinator	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care Taker	Rick Ceynar

E-mail Prayer Chain: gcumcprayers@mchsi.com



www.facebook.com/goldcanyonumc
@goldcanyonUMC

Addressee or Current Resident

WORSHIP SCHEDULE

8:00 & 9:30 AM

Traditional ~ Sanctuary

11:00 AM

New Traditions ~ Sanctuary

5:00 PM

Country Western ~ Koinonia Room

Childcare Provided at ALL Services

SUNDAY SCHOOL SCHEDULE

*Children's Sunday School classes begin in
the Worship Service with their families.
Children are led to their classrooms after the
Children's Sermon.*

- ✙ 8:00 AM ~ Adult ~ Room 101/102
- ✙ 9:30 AM ~ Children
- ✙ 9:30 AM ~ Youth
- ✙ 11:00 AM ~ Children

**Roadrunner Email-If you would like to
receive your Roadrunner via email,
please send US an email at
churchoffice@goldcanyonumc.org!**