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From The Pastor: "Seven Last Words"



Recently I was visiting a church member in a hospice care center when he died while I was there. I had just prayed with the family when he breathed his last. During the preceding days his family had gathered around him to give support to him and each other. They knew death was around the corner. They also knew that the words their husband or father spoke were precious and to be heard. When a person knows they are dying it is a time to ask for forgiveness or to give forgiveness. It is a time to talk about what happens to us after this life. It is a time to laugh and to cry. It is also a time to say goodbye. The words spoken during the last days are important and say a lot about the person.

During this Lenten season we will look at the seven last phrases Jesus spoke when he was dying on the cross. It was hard to speak during crucifixion. That's why Jesus spoke very little during this time. But the words he did speak are very important in understanding Jesus and certainly important to our Christian faith. We know that during Jesus' final hours he thought to forgive. He made arrangements for the care of his mother. He wrestled with the pain. And he finally committed his spirit. These thoughts were important to Jesus.

I hope you will join us on Sunday mornings as we seek to unpack these words and apply them to our lives. And when we come to the last Sunday of March we will have a joyous Easter celebration that reminds us that the cross was not the end. March 31st will be a day of celebration!

Grace and peace,

Fred

"Seven Last Words" Morning Sermon Series

This year during the season of Lent we will focus on Christ's dying hours and his final words as seen and heard through the eyes and ears of those who stood



near the cross. Each week we'll reflect upon one of the seven final statements of Jesus as we seek to understand the meaning of Jesus' dying words for our lives today.

- March 3 – Here is Your Son
- March 10 – Why Have You Forsaken Me
- March 17 – Today You Will Be With Me in Paradise
- March 24 – I Am Thirsty & It Is Finished
- March 29 – Into Your Hands I Commit My Spirit



5 Points From the Sermon "Growing Deeper in Faith-Sustainable Stewardship"

- 1) Have a waiting period
- 2) Always buy below your means
- 3) Get feedback from your spouse or a trusted friend before purchase
- 4) Think about the energy required to maintain your purchase
- 5) Will your purchase hinder in any way the seeking of the Kingdom of God

"Following Jesus, Serving Others"



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

FAMILY WORSHIP SUNDAY

Our next Family Worship will be on Easter Sunday. Children in 1st – 6th grades are invited to worship on this very holy and blessed day with their families. Special Easter packets for the children will be available for pick up at the doors to the sanctuary; and there will be a children's message that day. The nursery and pre-school rooms will be "open for business" at the 8:00, 9:30 and 11:00 am services, not at the sunrise service.



COME ROCK WITH US AT VACATION BIBLE SCHOOL!

Our Vacation Bible School theme this year is *Kingdom Rock ~ Where Kids Stand Strong for God!* Our team

has already begun making exciting plans.

So save the dates: **June 17 – 21.**

We're also looking for volunteer adults and youth to be "guides" for VBS crews of 5-6 children. This is not a teaching position, but one of a shepherd, leading children to each activity and doing small group discussion (questions will be provided by the activity leader). If you love children and love the Lord you will be great for this position. Please contact Katharine in the church office if you want to help out.

Sidewalk Children's Ministry

From October-April, this ministry meets every Saturday 10 am-12 noon, at Avalon Elementary school, in Apache Junction. Sidewalk is an outreach ministry for children, many of whom do not attend church. We have a wonderful group of volunteers from GCUMC who are dedicated to Sidewalk. Each Sidewalk session is filled with spiritual nurturing **through God's word, Bible stories, games, songs, and crafts.** Lunch is also provided.

If you are looking for a unique volunteer experience in which you have the opportunity to change a child's life....Sidewalk is for you!



Last month eight children from Sidewalk ministry attended Sunday School and Worship at GCUMC. It was a wonderful, uplifting experience for both the children and the congregation. There will be more children from Sidewalk attending Sunday School classes in future.

We would like to bring some of the Sidewalk children to the EGGstravaganza on March 24th, 2-5 pm. Please let us know if you are available to volunteer as chaperone by taking 2 children around to the activities at church. For more information on Sidewalk opportunities, you may indicate your interest by e-mail to slhussein@mpsaz.org, or call Sherry at 480-275-0438. We can use your skills and talents anytime between 9 am and Noon, Saturday of your choice, at Avalon Elementary school, Apache Junction. Come be a part of this rewarding mission!

Understand the vision! www.ministryWITH.org

Conference Sidewalk Vision: <http://desertsouthwestconference.org/churchmembers/missions/sidewalk/vision/>

SUMMER CAMP AT MINGUS ~

Will you consider sending your child to camp this summer in the beautiful setting of Mingus Mountain near Prescott? Church camp offers a great opportunity to learn about God while exploring God's creation, and this year, the Conference has lowered the cost to \$285. Katharine will be co-dean of the elementary camp with Rosemary Anderson on **June 3-8**, and Jody Topping will dean Senior High Camp during the **week of July 1**. Brochures and registration forms are now available – please contact Katharine or Jody if you are interested. Remember, scholarship money is available to assist those children and youth who want to go to camp. It is a terrific experience they won't want to miss!



Cozy MOUNTAIN LODGE

Where women find shelter in God.

WOMEN'S WEEKEND RETREAT ~

April 12 – 14, 2013

Are you in need of a relaxing day in the mountains? Time to slow down, savor a warm beverage while chatting with friends, and enjoy the beauty of the great outdoors? Every woman longs for a day (or two) like this – even those who live hundreds of miles from the nearest mountain!

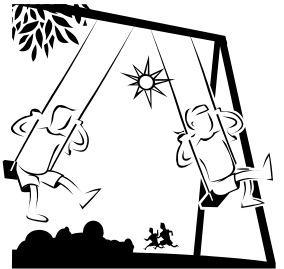
Join us in Cornville, AZ for a weekend where we will enjoy time with other women and with God. When you participate in a weekend like this, there is some Bible study, some quiet time, and lots of fun!

This will be our last full weekend retreat, so don't miss out on this time to "get away." Once again we will be staying at the Living Water Retreat Center, a perfect place to be free of distractions and our busy lives.

Cost is \$150 per person for room, board and retreat materials. Registration forms are available now in the office or at the Information Center on Sunday mornings. Your spot will be held with only a \$50 deposit. **The planning team is looking forward to providing a memorable couple of days, so don't miss out!** Please invite your female friends and/or relatives.

Children's Playground

We would like to begin in earnest to plan for a playground for our campus. A safe and fun play area for our youngest is long overdue! If you have a desire to see this dream become a reality, please contact Katharine in the church office as she builds a team to brainstorm the "hows", "wheres" and "whats" of such an undertaking. *As one child put it, "It would be great to have a place to play especially after church when the adults are standing around talking and drinking coffee!"*



Ugly Quilts



A group of volunteers from the east valley meet each Thursday morning at First United Methodist Church in Mesa. They make sleeping bags for the homeless. They are made from blankets, bed spreads, sheets, curtains, and any other material that might be thrown away, but can be sewn together to make a warm sleeping bag. They have been doing this for almost 20 years and to date have made 14,360 sleeping bags for men, women, and children. Gold Canyon UMC has given out 97 of these home-made sleeping bags over the last four years.

During cold weather there is an on-going demand for these bags. You can help us by donating blankets, bed spreads, sheets or other large pieces of fabric to the church that will be pieced together to keep someone warm on a cold night **here in the valley. Men's ties are also needed.** Four ties are sewn to each sleeping bag and used to tie the bag after it is rolled up. This is another way to give our ties and offerings!

Thank you so much for all your wonderful donations to help us continue making sleeping bags. This will allow us to provide warm comfort for our homeless brethren.

God is faithful and provides for His people. Again, thank you for your continued support.



God Bless All of You!
"Ugly Quilts Group"
Carol Gallagher

Prayer Shawl Ministry



This ministry meets on the 1st & 3rd Thursday of each month through March, at 10:00 am in the Education Building. All knitters and crocheters are invited to come! Please join us to make shawls and lap robes to give to members of our church family and friends who are ill or in need of comfort. Contact Nancy Miller for details, 480-882-3226.



Gold Canyon UMC Youth



Gold Canyon United Methodist Youth Group News

Wendy Moore, Youth Director

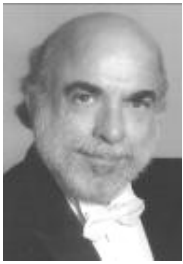
Wow! What a fantastic job our youth did on Youth Sunday 2013! We are so proud of our young people in this church. If you missed it, please go to the GCUMC website and listen to or watch the heartfelt and thoughtful sermons delivered by Mikey Sheridan, David Moore, and Charlie Olsen. Also, participating in the service were Amber, Sean, Selena, Jane, Lillie, Ally, and Megan. Anne and Taylor sang beautiful solos during the anthem with the Chancel Choir. Scott Moore created a different work of art during each service. Sixty percent of the silent auction funds raised from the paintings will buy shares for the 2013 mission trip.

How many high school kids do you know who, on their own, hold bible study on a Friday or Saturday night? Several of our youth do this on a regular basis. Sean Sheridan, was a part of our youth group for several years, and is now a member of the GCUMC Young Adults group. He is a senior at NAU and has been teaching Sunday school for over a year. It is so rewarding to see them grow into adults who will keep the faith for generations to come.



Amber, Selena, Mikey, Charlie, Jane, Lilly, Wendy, Scott, Sean, and David





Music Notes

March is here – with hopefully some of the best weather of the year: A time to get out on Saturday to explore nature and to commune with God in all His beauty.

This month we have several outstanding opportunities to experience some of God's greatest musical blessings. We begin on **Sunday, March 3 at 3:00 pm** with two young virtuosos, **the Rice Brothers – Johnny and Chris** both of whom are exceptional on the piano and the cello. Chris won a co-Gold medal at the Corpus Christi International Chopin Piano Competition, which gives him a concert series in Texas and a concert in Carnegie Hall, New York City! Their program is called, *Chopin's Heart, Your Heart* and will share the astonishing and deeply moving story of Chopin's heart, and will feature music from the past to the present that bear a strong relationship to Chopin's world. This summer they plan to tour Poland, the birthplace of Chopin. They will also talk about their unique *100 Churches Project*. Come and bring your family, friends and neighbors to hear these incredibly talented brothers!

Next, we present the internationally renowned handbell soloist **Christine Anderson** on **Sunday, March 10 at 3:00 pm**. Christine has given concerts in all fifty states, and in twenty-five countries! All who have seen and heard her will tell you superlatives about her graceful style, her great musical sensitivity and virtuosic technique. She has been **ringing since the early 1970's and began her solo ringing career in the early 80's ringing more handbells in concerts than anyone else alive!** Come see why she is so popular among not only handbell ringers, but everyone in her audiences – musician or not! **You won't believe what Christine can do with a set of handbells! Don't miss this one!**

For the first time, we are presenting our "resident" brass group, **The Agape Brass Quintet** in concert **Sunday, March 17 at 3:00 pm**. As many of you know, this group of excellent musicians play classical, sacred, popular and jazz with equal ability. Two of their members are members of our church: 1st Trumpet, Gary Sauerbrunn, and French Horn, John Nuss. These two also play in our Orchestra. We hope you will come and enjoy the sounds that made the Canadian Brass and the Spanish Brass international favorites, and the Agape Brass locally famous. There will even be some surprises at this concert!

All of these concerts are open to the public at no charge as a free will offering will be received at each event. Everyone is asked to please bring at least one non-perishable food item per person for the GCUMC Food Bank. Bring your family, friends and neighbors! These concerts are a great way to introduce people to our church!

Our **Chancel Choir** will present perhaps the most famous and most beloved Holy Week choral work, **Théodore Dubois' The Seven Last Words of Christ** on **Good Friday, March 29 at 7:00 pm**. Soloists include our own soprano **Cynthia Hoff**, tenor **Glenn Bennett** who sang this with us several years ago, and baritone **David Topping** who sings with the Phoenix Chorale and is the husband of our Pastoral Intern, Jody Topping. Organ duties will be split between myself and **Dr. Mark Ramsey** from Mesa First Presbyterian Church. This is one of the most profound expressions of Christ's passion and death ever created with music. From the opening *Introduction*, ". . . was there ever sorrow like unto my sorrow?" to the deep, deep love Christ had for us expressed in his last phrases, to the horrific pain and abuse he suffered at the hands of those seeking to rid the world of him, to the great storm and earthquake at His death, and finally the beautiful "Adoration of the Christ" at the end, this profoundly moving work will set your heart and spirit up for the incredible joy of Easter! Keep in mind, **If Christ doesn't die, there is no resurrection!** Come and experience the good and evil of Good Friday and then the ecstasy of Easter – and all that both mean to us as Christians!

Finally, our annual trek to Organ Stop Pizza will be on Wednesday, March 20 at 11:00 am. Cost is \$7.75 per person (cash or check only please...there is an ATM onsite) and includes the musical program, pizza buffet, prepared salad and tax. Drinks are on your own. The Organist will be the incredible Lew Williams, who has played at our church several times and is one of the finest – if not THE finest – theater organists in the world! Bring your friends and join us. Sign up sheets will be in the narthex of both buildings.

I hope and pray the Lord continues to bless you throughout this Lenten period,



Doug

Douglas J. Benton
Director of Music Ministries



News from the Health and Wellness Ministry of Susan Malloy, Parish Nurse

✝ *Wishing You a Healthy 2013!*

March has arrived ...do you feel like time is racing by....I sure do! Wonderful to see that the GCUMC Citrus pickers are back in action and know the Food Bank clients get to enjoy fresh citrus, as it is such a treat. I am keeping my promise (from the February Article) to provide you further information on how to reduce Inflammation in the body. Inflammation can start as a spark then become an internal, raging fire causing many diseases and untimely deaths.

Such diseases include all forms of arthritis (Osteo, rheumatoid and psoriatic) gout, bladder infections, liver disease, fibromyalgia, lupus, heart disease and even cancer. So, it is important to take note of what YOU can do to put out the spark, to help prevent you from becoming the next one diagnosed with a disease from which you will suffer greatly and require painfully hard work to get under control.

One way you can diminish inflammation is to eat good, healthy food including vegetables and fruit. I am going to focus on fruit and more specifically, CITRUS Fruit (Oranges, Lemons, Limes, Mandarin, Tangerines, Clementine's, Tangelos, Kumquat, Pummelo, and Grapefruit). These edible fruits belong to the family of RUTACEAE. The pulp of citrus fruit is juicy and these fruits can be eaten either by simply peeling off the skin or squeezed to make juice. To get the MOST benefit from your CITRUS fruit eat it whole (SLICED OR CUT UP IS FINE) not juiced. The natural sugars in fruit are intensified when juicing, raising your blood sugar more than when eating the fibrous parts of the citrus fruit.

Citrus fruits are rich in Vitamin C (ascorbic acid). It is important for the health and preservation of your teeth and gums. Vitamin C is also a great detoxifier of the blood removing chemicals and toxins that we ingest, breathe in and apply to our skin daily. Not only are the citrus fruits delicious and refreshing but they have anti-cancer properties, called flavonoids, which inhibit the growth of cancer cells and help prevent the spread of tumors. Ingestion of a sufficient amount on a consistent basis helps lower blood pressure, reduces cancer and heart disease risk. Citrus fruit is also essential in boosting our immune system. So go enjoy your fresh Citrus Fruit...2-3 daily servings of all types of fruit is a very healthy thing to do.

*****If you are taking medication(s), Please do not eat grapefruit** until you have cleared it with your pharmacist, physician or contact me at 480-390-1496 if you have questions.

Recently, it has become apparent that Grapefruit may turn more drugs deadly. Yes, you read it right DEADLY! So if you plan to jumpstart your day with a glass of grapefruit juice or eat a half of grapefruit, BE VERY CAREFUL. CHECK THE DRUGS YOU ARE TAKING TO ASSURE THEIR INTERACTION WITH GRAPEFRUIT WILL NOT CREATE A LIFE THREATENING SITUATION.

The information I obtained came from NBC News 2012

and WebMD 2005 and their research found that there are "now 26 new drugs, in the past four years, bringing the total to 43, that can cause serious harm when mixed with grapefruit." A lead author, Dr David Bailey, a clinical pharmacologist, on the study from Lawson Health Institute Research Center in London, Ontario (CANADA) stated, "More than 85 drugs interact with whole grapefruit, grapefruit concentrate or fresh grapefruit juice had been identified, though not all have serious consequences. Those that do, however, cause problems that include ACUTE KIDNEY FAILURE, RESPIRATORY FAILURE, and GASTRIC BLEEDING AND WORSE. He further stated that "When I say DEATH, I am not being sensational." (He stated there are 13 drugs that can prove fatal when mixed with grapefruit). This serious potential for harm includes a variety of different types of drugs in the following categories: Anti-Cancer Agents, Anti-Diabetic Agents, Anti-Infective Agents, Anti-Inflammatory Agents, Anti-Lipemic Agents, Cardiovascular Agents, CNS Agents, Estrogens, Gastrointestinal Agents, Immunosuppressant Agents and Urinary Tract Agents.

So PLEASE check your medical regimen and get the facts before you eat or drink GRAPEFRUIT. Timing is irrelevant - whether you consume it hours before or after ingesting the medication. It was also noted that even Seville oranges, used in orange marmalade, can trigger deleterious effects. The range of ages affected are those from age 45 to seniors older than 70. It was also noted that since the first announcement of this until now the "consumption of grapefruit has decreased from 0.44 gallons of juice per person in 2000 to 0.15 gallons per person in 2011 according to figures from the Florida Department of Citrus".

A few examples Researchers found of common drugs affected by grapefruit: LIPITOR and grapefruit can cause rhabdomyolysis (a breakdown of muscle tissue leaving you weak and incapable of standing upright, even destroying your muscle tissue to the point of death). Drinking just a cup of grapefruit (especially juice for three (3) days in a row), causes a 330% increase in concentration of the medication. Grapefruit and a heart drug, dronedarone, or MULTAQ can cause a rare form of ventricular tachycardia or rapid heart rhythm. Mixing a prescription painkiller, oxycodone with grapefruit can cause serious breathing problems which could prove fatal in someone who has lung disease.

I hope this information will be helpful as you become your own Health Advocate and learn your medication names and dosages and if they apply to the Grapefruit OFF LIMITS group. My GOAL is to EDUCATE YOU, NOT SCARE YOU OR SENSATIONALIZE THIS INFORMATION.

Blessings of Health & Wellness,
Susan L Malloy RN BSN
GCUMC Parish Nurse

DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... **Romans 13:8 (NIV)**

January	2011		2012		2013		2012	2013
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	\$21373	\$8674	18901	8048	33270	10837	1247	1774
2nd	20630	3511	21323	4961	16594	4371	1783	1589
3rd	16193	14269	24910	4799	17616	5280	1922	1802
4th	19300	7802	20068	6425	26022	4913	2071	1956
5th	17454	6672	19749	3194	0	0	2165	0
Total	\$94950	\$40928	\$104,952	\$27,425	\$93502	\$25401	9188	7121



Electronic Funds Transfer (EFT)

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers a

new way to support our ministries. Our new electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to **the church's account**. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by

notifying us in writing. We believe that once you have enjoyed the convenience and savings of this new program, you won't want to go back. Contact the church office now.

Tax-free IRA Contribution to Church Possible



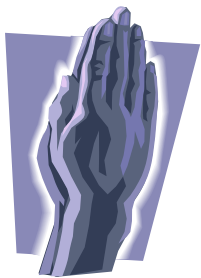
The *American Taxpayer Relief Act* has renewed through December 31 2013. Individuals aged 70.5 or older may make a tax-free contribution from an IRA to a qualified charity (e. g. GCUMC). **NO income tax** incurred on up to \$100,000 per year donation via an IRA. Please direct questions to your IRA custodian/financial advisor, or to Terry Parsons: 480 -982-6578.

ONLINE GIVING AVAILABLE!

You may give a one-time or recurring donation online by logging on to our church website at **and selecting "Click to Give"**. You will then be **guided through the steps to get set up. It's easy, convenient and costs nothing!**

[www.goldcanyonumc.org]

"For every house is built by someone, but the builder of all things is God." Hebrews 3:4



Pastoral & Congregational Care

OUR CARING CONGREGATION

Life can sometimes be messy and painful. **Whether we're dealing with relationship issues,** health concerns, facing our own mortality, or grieving the loss of a loved one, we all experience feelings of anger, guilt, fear, frustration, sadness, and grief at one time or another. When our lives are filled with pain and messiness, we often think we can deal with these feelings ourselves – or at least we think we **should. Sadly, we're usually wrong when we** think we can handle our feelings alone.

We need God's presence in our lives. When we give our problems to God through prayer, many times we will feel relieved of the burdens that have caused us to feel so bad. God is always present with us, especially when we pray. **But sometimes we need to experience God's** presence in a different way: through the care and concern offered by professional Pastoral Caregivers on staff, one of our Stephen Ministers, or through our Congregational Care Ministry team.

As a Caring Congregation, we want to help each other when times get tough and life gets messy. When you contact us, we will do our best to connect you with the person who can **help you the most, whether you're dealing with** a crisis, or simply need someone to listen and share your burdens.

We invite you to call upon us in your time of need, either by contacting Jody Topping, our Director of Pastoral Care, or by filling out one of the Pastoral Care Communication Cards located in the Sanctuary and in the church office. **We're here to walk alongside you as you deal** with the pain and the messiness of life.

*The Lord is near to all who call on him
To all who call on him in truth.
Psalm 145:18 (NIV)*

PASTORAL CARE

FREQUENTLY ASKED QUESTIONS

(Over the next several months, we will answer some of the questions you may have about Pastoral & Congregational Care. If you have a question you would like us to answer, please send it by email to Jody Topping (jody@goldcanyonumc.org) or drop it off in the church office or in the offering plate on Sunday.)

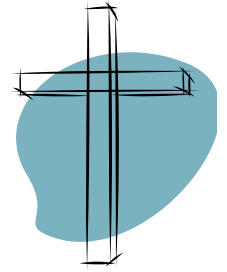
Q: When can or should I request Pastoral Care?

A: **Sometimes we are unsure whether or not it's** OK to ask for a pastoral caregiver or Stephen Minister. **Sometimes we think the problem we're dealing with isn't big enough or important enough to involve one of the pastors, or we think the pastoral care staff won't be interested in what's going on in our lives.** Both of these assumptions are false. Any problem, situation, illness, injury, can be shared with a member of the pastoral staff, a Stephen Minister, or a Congregational Care Minister. Depending on the scope of your situation, we will provide you with an appropriate caregiver from one of these groups who will walk alongside you as long as necessary. So when should you ask for Pastoral Care? **When you're sick and in need of prayer, when you're in the hospital and would like to receive a visit, when you're waiting while your loved one is in surgery, when you're sad, when you're grieving...in other words: whenever you** need spiritual support, regardless of the situation.

Q: Do I have to be a member of the congregation at GCUMC to receive pastoral care?

A: No, you do not have to be a member, or even a regular attender to receive pastoral care from one of our caregivers. You can even refer a friend or family member who has never been to worship at GCUMC to us for pastoral care. As members of the body of Christ, we care for all, regardless of their membership status.

Pastoral & Congregational Care



Q: Are the things I tell my caregiver kept confidential?

A: Absolutely. Both professional and volunteer caregivers are required to maintain confidentiality. Anything you tell us will be between you and your caregiver—unless of course the caregiver thinks you may harm yourself or someone else. Then we are bound by law to report that information to authorities.

Q: Our congregation is so big; surely you won't have time to meet with me and offer me pastoral care, will you?

A: Our desire is to make sure everyone who wants to meet with a pastoral caregiver has the **opportunity to do so. That's why we've developed a team approach to providing pastoral care. We're not too busy to meet with you, but** sometimes it may take us a little while to contact you. If this happens and you need care sooner rather than later, please contact our Director of Pastoral Care, Jody Topping on her cell phone at 480-766-9272.

ARE YOU IN NEED OF PASTORAL CARE?

If so, please call our Director of Pastoral Care, Jody Topping at the church office (480-982-3776) or on her cell phone (480-766-9272). Our Pastoral Care team is available to visit and pray with you no matter what the reason. If you would like to receive prayer prior to surgery, please call and let us know when and where the surgery is taking place. We will also wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer prayer support. **And if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.**

ANNOINTING



(The following is an excerpt from The Caring Congregation: How to Become One and Why It Matters, by Rev. Karen Lampe, Executive Pastor of Congregational Care at The United Methodist Church of the Resurrection, Leawood, Kansas.)

*In the United Methodist tradition, anointing with oil offers an opportunity for spiritual healing affirmed by Scripture in James 5:13-15. **This prayer of faith says "Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise. Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise him up" (NIV).***

*The United Methodist Book of Worship notes that **"anointing the forehead with oil is a sign act invoking the healing love of God. The oil points beyond itself and those doing the anointing to the action of the Holy Spirit and the presence of the healing Christ, who is God's Anointed One."***

Anointing gives the opportunity for spiritual healing, which is a wholeness of body, mind, and spirit....Anointing offers healing and not curing, being made whole in the love of Christ.



At Gold Canyon United Methodist Church, any of our professional pastoral care staff, Stephen Ministers, and Congregational Care ministers are available to anoint you or your loved ones. Please contact us if/when you would like to be anointed.



STEPHEN MINISTRY®

Missing the Mark

Not one of us who walk this earth in our humble, human forms hasn't experienced some pain or loss related to another. We may read an article or book, view a movie or video, or be audience to a speaker telling us that *"it's not the experience or what has happened to you that is important, it is how you deal with that experience...and who you are coming out on the other side of that experience...attitude is everything..."* - or, some other variation of the same ilk. If you were confronted with those words of wisdom at a time when things weren't going particularly well, it's possible that although you knew some of the advice might be true, your response (at least in your head!) was something like *"yea buddy, right, easy for you to say, you don't know what I'm dealing with...or...that's all fine and good mam, but how exactly do you do that, huh, tell me that?!"* And even if your verbal or internal response was not something that dramatically negative, at the very least you might still have walked away from the message at a loss for where to go next.

Many times the "another" at whose hands we experience pain or loss, is none other than ourselves. It's one thing to talk about forgiveness, and to practice it with others, but often times the one whom we can't seem to "let off the hook" for some past action or inaction is ourselves. It is easy to dwell on poor decisions or a wrong turn taken, especially if we have impacted the lives of others and have regrets. We may have immense anger at others for their sins against us, but also carry immense guilt regarding our own sins.

Is it possible we are not entirely in tune with what the term "sin" means in the Bible? Do we have so many variations of our own for the word, that in essence we are "putting words in God's mouth" as we interpret verses using the word? And if we do that, do we really know what God is telling us? Let's take a

look at it - there are several Greek words from which the word "sin" is derived, as used in the Bible, each one having a different shade of meaning. Boiled down to its simplest, the word "sin" in our scriptures comes from a classical Greek word meaning "to miss the mark". For the most part in our lives, we are aiming for God's best, and we simply miss it!

In Ephesians 1:7 Paul says *"He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins."* Christ's death on the cross points to two very powerful truths - redemption and forgiveness. Through that act, God showered his kindness on us - that kindness called "grace".

If God has forgiven us for all our sins, why then, can we find it so difficult to "let ourselves off the hook"? Often, the one sin that acts as the greatest obstacle to our freedom is a very simple one that we don't even recognize as such - we think that our past is too overwhelming for God to do anything about! God believes in us and forgives us, and shows us his grace no matter where or how we "miss the mark". We just need to ask. Our inability to see this can happen because we feel alone, we don't believe we have others whom we can trust with our embarrassing or blemished thoughts or history, we feel as if we are the only ones experiencing our particular circumstance, or for many other personal reasons.

If you find yourself in this place, consider taking a walk with a **confidential** companion who will listen, and provide you with Christian support down the path to losing some of what weighs you down. If you would like a Stephen Minister referral, check the box in the Sunday morning attendance book in your row, or call the church office at 480-982-3776 and ask for Kim.

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us." ~ Hebrews 12:1 (NLT)

LENTEN STUDY: FINAL WORDS FROM THE CROSS

During Lent, a group of about 75-80 people are studying Jesus' last statements as he died on the cross. The study, written by Rev. Adam Hamilton, offers us new insight into these final statements and what they mean to us today. The content of the study also parallels the Lenten Sermon Series "Seven Last Words"



Several individuals have also purchased the book even though they are unable to attend the study. If you are one of these folks, please remember to read the chapters in the following order (in order to coincide with the Sermon Series): 1, 3, 4, 2, 5, 6.

The book being used for the study is available at www.amazon.com and Cokesbury.



Tax Preparation Assistance Available!

Are you in need of assistance in the preparation of, and associated fees related to, your 2012 IRS & State tax returns? If so, we invite you to make an appointment with a GCUMC member volunteer who is willing to help prepare your returns. Please call the office at 480- 982-3776 or visit the Church office to make your appointment.

"Living Proof Live" With Beth Moore

If you wish to join us for Living Proof Live with Beth Moore, **March 22-23rd** at Grand Canyon University Arena, you can still purchase your own ticket(s) at lifeway.com/livingproof for \$69. Transportation will not be supplied by the church, but groups for carpooling will be formed closer to the time of the event.

Easter Lilies

Easter is just around the corner. Now is the time to order lilies for this year.



2 Options This Year!

1) As in the past, Easter lilies may be purchased for \$10.00 in honor or memory of someone you love, **2)** Additionally this year, for \$20.00, you may honor or memorialize a loved one with a lily and have \$10.00 applied to the Imagine No Malaria Fund. The \$10.00 you donate will save the life of one child in Africa.

To order an Easter lily(s), please fill out the attached order blank including payment for each flower ordered. Form, and payment, may be:

** Mailed to Gary Stemple, 8295 E Sweet Acacia Dr, Gold Canyon, AZ 85218-6998;

** Placed in the offering plate; or

** Left in the church office for Gary

Please make all checks payable to the church and mark it "Easter lily." The Easter lilies will be placed in the Sanctuary and the Koinonia Room for your enjoyment on Easter Sunday. You may take your lilies home **after** the Sunday services.

EASTER LILY ORDER BLANK

Please order an Easter lily in Memory of _____

Please order an Easter lily in Honor of _____

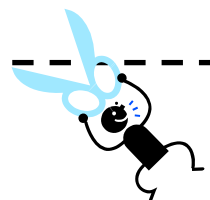
Total amount attached: \$_____

Your name: _____

Telephone Number: _____

Please call Gary or Sharon Stemple, 671-4307, if you have questions.

Order Deadline is March 17th!





Global Missions

"The world is my parish." – John Wesley

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

March 2013 – Global Missions

We would like to extend our appreciation

to those of you who attended our annual Global Missions Brunch/Program in February. We are grateful for your gifts designated for our Global Missions projects, as well as donations for our local Food Bank. Those in attendance were treated to a wonderful multimedia presentation from the Costa Rica mission team, and reflections from team members. Inspired by the passion and commitment of those presenting, twenty-one attendees have indicated an early interest in being members of the 2014 mission



trip to Costa Rica. If you have the desire to stretch your faith further by getting involved in the mission trip, please contact Fay or Wally Quanstrom. The mission trip is scheduled for January 10-17, 2014.

Last month we briefly introduced the Imagine No Malaria campaign, an endeavor of the people of The United Methodist Church, along with several global partners. The goal of this campaign is to bring an end to malaria in Africa by 2015.

Desert Southwest Conference Bishop Hoshibata has committed \$2 million toward the \$75 million goal The United Methodist Church has set for the fight against malaria. We at Gold Canyon UMC have made a commitment to contribute \$26,000 to be raised by June 2014.

How will this global campaign be accomplished? Nothing But Nets was the first step, but the Imagine No Malaria campaign takes this much further. First and foremost, the UMC will work in full partnership with communities in Africa, **empowering people** to be part of the solution.

The United Methodist Church has been in Africa

for **160** years. Combining this experience and know-how in Africa will be the first part of the plan to work against malaria. The comprehensive model is divided into four main parts: prevention, treatment, education and communication.

Additionally, the UMC is putting in place a system of accountability. By establishing health boards in Africa, these groups will be held responsible for stewardship of our donations and results, putting funds to work with a plan that creates malaria programs that truly serve the needs of their local communities. Once established and trained, these boards will be eligible to receive a lot more funding from our partners, like The Global Fund, to Fight Malaria.

We will kick-off our campaign on Easter Sunday with detailed information about the project, and you will have an opportunity to make an initial gift. We look forward to being part of this global effort over the next 15 months.

Fair Trade coffee, tea and chocolate are available for purchase between worship services on Sundays. Every purchase you make contributes to people and missions around the world.



**Imagine No Malaria
\$10 will save one life from malaria.**

**How many lives can you save?
Contact the church office for more information!**



2014 Global Missions Work Team

The 2014 Global Missions work team is forming now. We plan to return to Universidad Biblica Latinamerica, San Jose, Costa Rica, to continue building on the four-year housing project at the school. By the middle of summer 2013 the four homes that we helped to build on our first two trips will be rented. The rent will go toward scholarships at UBL. Phase two of the project is the construction of four modest four-plexes for student family housing.

The dates for the 2014 trip are January 10-17. Each participant is responsible for his/her own airfare to Costa Rica and room and board while in country. Donations through the Christmas Eve offering have provided the cost of materials for the week's work, \$350 per person, so each individual's cost is \$1500 or less. To reserve your place on the team contact Wally or Fay Quanstrom (480-982-9814) and write a check to GCUMC for \$100 (deposit counts toward your trip cost) with *UBL trip 2014* on the memo line.

To see and learn more about UBL (Universidad Biblica Latinamerica) go to www.unibiblica.net/workstudy, or search "UBL Faces." "Becky Harrell," or "Universidad Biblica Latinamerica."

Buy a Handcrafted Cross to Support Global Missions!

The Global Missions team is selling hand crafted wooden crosses to support Global Missions. Wally Quanstrom and Harry Warren, the creators of these crosses, are members of the Global Missions Team and mission team to Costa Rica. The workmanship in these 18" high by 12" wide crosses is exquisite. Original design crosses will be sold for \$30.00.

Custom made (special requests for particular scriptures or other wording) crosses are also available for \$40.00.

Please look for the crosses at our Global Missions table in the courtyard.



Current UMCOR Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of your donation goes to those affected by the emergency.

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~ Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency ~ Earthquake & Tsunami ~ Advance #3021317

Liberia Emergency ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response ~ Spring Storms Advance #3021326

For more ways to help, or to donate online, go to:

<http://new.gbmg-umc.org/umcor/> -

You can also follow UMCOR on Twitter at

@UMC_UMCOR

Deadlines:

April Roadrunner is March 10th

Weekly Bulletin Insert is Noon Wednesday

Your GCUMC Publications are brought to you by: Bill Atkinson, Georgia Kirkpatrick, and Kim Shroyer, with help from the Friday Bulletin Team and the Roadrunner Assembly Team.

GLOBAL MISSIONS CONTACTS:

Jackie Douglass: jackied.coaz@gmail.com

Nona Larson: enonal@hotmail.com

John Paddison: johnpaddison@yahoo.com

Jean Paddison: azjean@yahoo.com

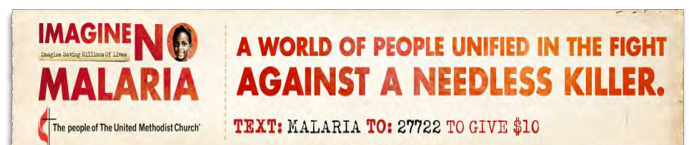
Fay Quanstrom: fay.quanstrom@gmail.com

Wally Quanstrom: wally.quanstrom@gmail.com

Jill Stoefer Fisher: jstoeffish@q.com

Jane DeRemer:

walksonmountain@wavecable.com





Jane Hayes, Volunteer Coordinator

GCUMC
982-3776

Volunteers Do Make a Difference



March Home Based MicroVolunteer Ac- tions That Benefit So Many Causes

"Change the World ~ From Just your Armchair"

I came upon this article which suggests you can benefit a worthy cause, without getting out of your favorite armchair! You can help very sick children, homeless people, animal welfare, etc. while giving back to you more self worth, self esteem, and self confidence. Plus an opportunity to do something enjoyable, stimulate mental activity, and be valued and appreciated! They go by the fancy name of **Micro-volunteering**, as they are completed in up to 30 minutes of time.

With over 800 microvolunteer actions to choose from on the database, these 7 areas seem worth consideration:

Advocacy, Craftwork, Miscellaneous, Offline Activities, Play Games, Quickies, or Research Projects.

You will find this website helpful if you are not available to volunteer outside your home.

www.helpfromhome.org/our-projects/help-from-seniors

Here is one idea from Advocacy: Free provocative 'copyright free' posters campaigning for peace. Print It out. Put it up. Pass it on!

**If you are willing to offer some of your
Spiritual gifts as a GCUMC volunteer,
PLEASE CALL me!**

GREETER APPRECIATION PIE DAY: MARCH 17TH



Yes! Our Winter greeters who have regularly served will be issued invitations by phone in the first 10 days of March.

Pie will be served following all services on March 17th.

And OH YES, THANK YOU!

PLEASE SEND ME NAMES OF THOSE WONDERFUL VOLUNTEERS TO RECOGNIZE!



Do you have the time?
No, I don't mean your watch! Please look over this list of volunteer needs. If you can help with one or more of the following, **complete and place this form in the collection plate, at the information center, or church office, 480-982-3776.**

<i>Time</i>	<i>Job</i>
30 + min.	Hospitality
40+ min.	Greeter
75 min.	Shut-in Meals
60 min.	Bake Cookies

Name _____

Phone _____

Birthdays

1-Mar Bettie Armstrong
Doris Miller
Stan Oolman
Art Schlee

2-Mar Frank McMahan

3-Mar Shirley Bobier
Gerald (Brodie)
Broderon
Nancy Denman

4-Mar Kathryn Moore
Claudine Nielsen
Pete Peterson
Peggy Tippie
David Enerson
Hailey Houseman
Johnny Minatree

5-Mar Nancy Bilensky
Lavoyce Nolan
Maxine Slagle

6-Mar Arne Eisentraut
Ellis Falk
Mary Virginia Waldorf
Sandy Pino

7-Mar Henrietta Johnson
Jonathon Sheridan
Roberta (Bobbie)
VanderRoest
Mike Weaver

8-Mar Marjorie Finley
Inge Fitzpatrick
James Fleck
Bob Norin
Ron Walker
Flo Junkermier

9-Mar Richard Kinder
Marva Masters
Rex Smith

9-Mar Frank Annin

10-Mar Mark Bird
Dorothy Bose
Richard Ervin
John Lane
Mary Catherine Myers
Charlene VanSlooten
Mylet Rush

11-Mar Don Leach
Dorothy Warren
Erin Keenan

12-Mar John Allensworth
Nancy Bradshaw
Casey Reid
Beth Gordon

March Celebrations

13-Mar Joan Carns
Carolyn Schlager
Peg Wilson
Jim Potter

14-Mar June Deits
Charles Lang
Bill Shafer
Lee F Nelson

15-Mar Loren Riley

16-Mar Noreen Beatty
Patrick Hughes
Marilyn Pearson
Pat Shroyer

17-Mar Arline Hacker
Elizabeth Miller
Dave Wiebe
Pat Wiebe

18-Mar Suzanne Cherry
Jack Richter
Beth Steinberg
Julie Krull

19-Mar Gloria Sheridan
John Toner

20-Mar Jenna Hunt
Cecilia O'Brien
Timothy Steinberg

21-Mar Jhustise Aguilar
William Bennett
Baylee Kimble
Ann Rasmussen
Baylee Kimble
Winona Eilers
Paul Fillion

22-Mar Lori Bachler-
Palmer
Monty Gingrich
James Morganegg
Hope Minatree
Brooke Hartman

24-Mar Gordon Gavin

25-Mar James Primeau
Joyce
Scharringhausen
Alyssa Schenck

26-Mar Gary Mueller
Wendy Rhymes

27-Mar Velma Carlson
Barbara Sebring

28-Mar Neil Johnson

29-Mar Dean Mansdorfer



30-Mar Ted Fite
Richard Oldham
James Riedel

31-Mar Joy Fite
Nellie Moore

Anniversaries

1-Mar Patrick & Wendy Whalen

5-Mar Marvin & Gwen Murcek

8-Mar Paul & Robin Toner
Allen & Martha Bentley

10-Mar Edward & Carol Adamski
Rich Haraldson & Barbara Sebring
Steve & Linda Crane

11-Mar Gary & Betty Lou Hunter

12-Mar Ernie & Dorothy McMurry

13-Mar Larry & Jean Graham

14-Mar James & Charlene
Van Slooten

15-Mar Rev. Bob & June Deits
Joe & Willa Ficarra

18-Mar Wesley & Marjorie Kappler
Gene & Roxie Kruschek

20-Mar John & Darla Martin

21-Mar Gary & Diane Sauerbrunn
Jeff & Crista Schaefer
Gary Diane Sauerbrunn

23-Mar Neil & Melva Houtcooper

24-Mar Rex & Charlene Smith
Bill & Claudia McAuliffe

26-Mar Rod & Becky Reid

27-Mar Mike & Cheryl O'Donnell

29-Mar Robert & Leslie Tabor

30-Mar Mark & Shirley Johnson
Ranford & Dorothy Warren
Harry & Lovena Warren

31-Mar Orville & Maxine Slagle
Don & Linda Webber



If your name isn't on this list (or you know of someone who should be), please call the church office with the information. We truly don't mean to leave anyone out.

Thinking Theologically with Jody Topping—



"I have told you these things so you may have peace in Me. In the world you will have much trouble. But take hope! I have power over the world!" (John 16:33, NLV)

Today was one of those days!! I woke up early – before 5am – and although I really wasn't ready to get out of bed, I knew if I didn't, I would be sorry. I had a list of things to do a mile long, and I also wanted to visit with some church members who were in the hospital, so I rolled out of bed and stumbled into the shower, hoping my husband would follow my lead and go out to the kitchen to make coffee. He did... and by the time I got out of the shower, my cup of java was waiting for me next to the sink! As I dried my hair and got dressed for the day, I couldn't help myself: my brain was working overtime, mentally going over my list of things to do. By the time I hit the road, heading toward my first hospital visit of the day, I realized my soul was not at peace. I was already stressed out...and it was only 8:30 in the morning! I knew if I didn't do something about my stress level, my head would probably explode. So I took a few deep breaths as I got on the freeway, turned my CD player to some soothing music, and asked God to bring peace to my troubled soul.

It's too bad I was driving; otherwise I could have turned to my Bible for comfort and peace of mind. Take, for example, the passage quoted above. Just before Jesus said these words, he told the Disciples he was going to die. He told them they could expect to be ridiculed and persecuted by those who did not believe in Jesus as the Son of God, and he tried to reassure

them that everything would be OK. I imagine, though, the Disciples were pretty stressed out about this whole turn of events. The person they believed – no, they knew – to be the savior of the world was about to leave them. They didn't quite understand the how's, the why's or even the when's of this event, but they knew it was going to happen because Jesus said so. And the last thing this news brought them was peace of mind. So Jesus says he has told them these things not to stress them out, but to give them peace – through him. Jesus knew the Disciples would have a hard time once he was gone...but he also knew that as long as they held on to him and his love for them, they would be fine. *Don't worry!! I'm in control*, Jesus says in essence. *Everything is going to work out just fine...trust me.*

Jesus also knows that the events of this world – the things we have to deal with every day – stress us out. He knows about our worries and our fears, our busy schedules and the traffic jams that threaten to knock our schedules out of kilter. Jesus knows about the inconveniences of life that make us anxious and stress us out. And Jesus responds by reminding us through Scripture that everything is going to be OK...that Jesus is in control, as long as we trust in him, in his power and his love. Jesus is in control, even when we feel like our lives are not. When we turn our troubles over to Jesus, we can be assured that we will find peace and comfort through him. I'm so glad that Jesus is in control of my life. Now, if I can just remember that the next time I feel like my life is spiraling out of control...God bless.



BIBLE BANTER

MEETS EVERY MONDAY, 9:30-10:30AM, MOUNTAIN BREW COFFEE HOUSE
6832 S KINGS RANCH RD #5, (NEAR THE NW CORNER OF US 60 AND KINGS RANCH RD)



Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!

A Note From Bob... Country Western News



The schedule for March is back to normal with One In the Spirit providing the music on **March 3, 10, 17 & 24. The Houser's will provide the music on March 31 (Easter Sunday).** All services will be at 5 PM in the Koinonia Room.



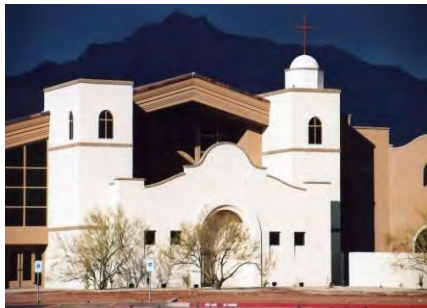
Life after Loss Reaches a Milestone

Bob Deits' book, *Life after Loss*, will reach the 25th anniversary of the first publishing in April.

Now, 25 years later with the current edition being #5, the book is still selling and still recognized as one of the most useful books ever written in the field of loss and grief.

The first edition in 1988 had 217 pages; the 5th edition, published in 2009, has 283 pages. It is translated into 7 foreign languages (Spanish, German, French, Russian, Chinese, Greek and Hebrew).

Bob leads a grief support group here at GCUMC on the 1st and 3rd Tuesdays of the month at 11 AM in the Sea of Galilee Room.



Our Church History ~ History Committee Update Early Church Memories

For several years, we planned a brunch to be held immediately after church on Easter Sunday. It was always great fun as it seemed more like a huge family gathering! We all brought food to share. I remember buying and washing two flats of strawberries one year, and of course there were eggs and homemade rolls as well. The children ran around and played and it was a wonderful way to spend Easter morning.

There was always a strong feeling of love and family as the church grew. We knew the names of everyone who attended. We held each other in prayer and shared our joys and concerns.

One summer morning as some of the adults were taking chairs down and cleaning up, some of the children came screaming into the cafeteria. They had discovered a scorpion and I must say it was the largest one I had ever seen not in a cage – at least 5 inches long, and black! Needless to say, several of the fathers took care of it.

Chairs...oh the chairs! For months, and years, our weekends were defined by whose turn it was to set up the chairs for the "sanctuary!" We all became very adept at setting up rows of chairs in record time, as well as the coffee table, altar, podium, and piano. On top of all that, we also prepared the "nursery" which was actually the school's P.E. room!

Memories from Joyce Gingrich (more next month)



+++++

Easter Joy

Jesus came to earth,
To show us how to live,
How to put others first,
How to love and how to give.

Then He set about His work,
That God sent Him to do;
He took our punishment on Himself;
He made us clean and new.

He could have saved Himself,
Calling angels from above,
But He chose to pay our price for sin;
He paid it out of love.

Our Lord died on Good Friday,
But the cross did not destroy
His resurrection on Easter morn
That fills our hearts with joy.

Now we know our earthly death,
Like His, is just a rest.

We'll be forever with Him

In heaven, where life is best.

So we live our lives for Jesus,
Think of Him in all we do.
Thank you Savior; Thank you Lord.
Help us love like you!

By Joanna Fuchs

+++++



Over the past ten years, at no cost to participants, the church bus fund has earned over \$127,000 from the Scrip program. This is fantastic!! This money was used to purchase our bus and pay for gas, insurance and maintenance. With your continued support we just purchased a new fifteen passenger van to accompany our bus!! Now we will put funds toward paying off that van, and providing for maintenance and service.

We are asking all of you who shop at these **two stores to consider using a Bashas' Community Support card and/or Fry's Gift card purchased at the church Information Center on Sunday morning or at the church office during the week.** Each card starts with \$20, \$50 or \$100, and you recharge it as often as necessary just before you check out at the store (or at Customer Service), using your personal charge card, a check or cash; then use the card to pay for your purchases, and you can even use it for gas at Fry's! **Bashas' gives the church 6% of every dollar you load onto the card, Fry's 3%.** Bashas' cards are honored at Bashas' grocery stores, A.J.'s Fine Foods and Food City. Fry's cards are accepted at Fry's grocery stores, Fry's Marketplace, and all other Kroger-owned stores throughout the US.

If you have any questions, please give Betty Rolley a call at 480-380-0147. Thanks for your continued support.



W.O.W. Corner

(Our Hospitality and Outreach Team – Witness Our Wonder)



SAVE THE DATE!! For the Spring EGGStravaganza – **Saturday, March 24th from 2 - 5 pm.** We will host this for the community and beyond. It will be fun...exciting...memorable and we need **YOU** to help make this an awesome event. If you can assist in ANY capacity – with our family craft activity, filling plastic eggs, doing the egg hunt, preparing the hot dog meal, being a wonderful warm body to go back and forth, etc. please contact Katharine in the church office. The W.O.W. team is revving up for a magnificent outreach – **you don't want to miss the action.** Oh, and did we mention that we will have an "Easter Parade of Hats?" Ladies of all ages, you can begin thinking of creating your Easter bonnet and gents of all ages, you can think about a splendid top hat!



Gold Canyon United Methodist Church will be the place to be....

So, **MARCH 24th!!!** Mark your calendars!

We love people, because Jesus first loved us!!



BREAKFAST AT EASTER SUNRISE SERVICE!

The W.O.W. team will be hosting a continental breakfast for all Easter sunrise worshippers. We are requesting the following donations from the congregation, if you are able: Danish or muffins (please no bagels) and orange and/or apple juice. We are asking that donations be brought in either Thursday, March 21st or Friday, March 22nd. If you have any questions, please contact Katharine in the church office.

Commemorative Mugs!!!

Have your coffee, tea or hot chocolate in a Gold Canyon United Methodist Church Commemorative Mug! They also make great gifts! Proceeds from the sale of the mugs are used to support outreach to the community. Only \$5.00 each at the Information Center or the office.



Lost & Found ~ Have you ever thought you lost something at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, umbrellas, etc. If you think your item may be with us, stop by the office.

GCUMC SINGLES GROUP

**Is now known as
"Singles Moving Forward"**

We are very active and have held 2 events in January and 1 in February. If you would like to be advised of all activities we need your information. Please send name, address, phone number and e-mail to Ella Sander at eusander@yahoo.com; Phone # 480-474-1488. Come join the fun!



Folders For Sale

GCUMC Folders, bearing the Church logo, are for sale at the Information Center and church office. The cost is \$12.00 each and all **proceeds go to the North Parking Lot Fund.** Thanks for your support!

GCUMC

Permanent Endowment Fund

Benjamin Franklin said something like this, "The only things for certain are death and taxes." One can make many observations and arguments about this but the basic point is sound, that all humanity has certain things in common and not living forever is one of them. Therefore, it follows that everything we have will sometime in the future belong to someone or something else. Therefore the real question is *"will we determine what will happen to our possessions, or will it just happen?"*

During my brief tenure as chairman of your permanent endowment committee, I have learned a bit of how GCUMC functions and how we relate to our Desert Southwest United Methodist Conference. One of the resources we have available is the Desert Southwest United Methodist Foundation, DSWUMF. The DSWUMF has financial planning capabilities that it would be very difficult for a local church to match, and I wanted to share with you some of these. These capabilities can facilitate some creative decisions for you and your family, and possibly save some taxes as well.

Let's look at just a few in the immediate gifts category. You could donate your home or real property to our church and receive an immediate tax deduction, and avoid capital gains taxes. You could designate the church as the beneficiary or owner of an insurance policy as a future gift to the church. You could make a retained real estate gift, where you designate the ownership of your home to the church while continuing to occupy it for your lifetime.

There are several other ways in this category including gifting appreciated securities which avoids capital gains taxes and earns an income tax deduction.

Deferred gifts include having a bequest in your will, a living trust, and a charitable gift annuity. With a charitable gift annuity you can enter into a contract with the DSWUMF, and the DSWUMF pays your designated annuitant a regular fixed payment for life, and then distributes the remainder to your church. There are certain tax benefits to this as well.

Life income gifts include Charitable Remainder Trusts, providing fixed income for your lifetime, Charitable Remainder Unitrust, a hedge against inflation, and a Charitable Lead Trust that can reduce gift and estate taxes.

Many of the aforementioned are complex and of course must be accomplished in compliance with all tax regulations. This is what the DSWUMF can help you do. If any of this sounds like it would work for you, please **contact the Pastor in the Church Office or Wally Quanstrom, Chairman of the Permanent Endowment Committee, at 630-309-3298.** One last thing - you can designate your gift for any purpose within the mission of our church that you would like. There is no charge for consultation.



"Honey Do" Home Ministry



Do you know someone who needs minor repairs around the home but has no resources? We can do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, replacing a door lock or other small projects. Referrals or requests can be made by contacting: goldcanyonhoneydo@att.net or calling John or Nancy at 907-232-8203. Still need male and female volunteers with various skills!





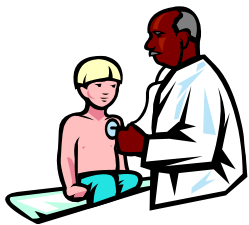
Habitat for Humanity Update – Winter 2013 Project

We are about halfway through the renovation build process on our Habitat house in Apache Junction. It will be completed by early April. Sergio and Tiffany Miramontes and their daughter Haylee have been working with us and are very excited about their new home.

Thanks to your support, we have been able to provide over \$10,000 for this year's build, the most of any of the churches in the coalition. We still welcome your contributions to start getting ready for next year.

Please make your check to GCUMC and indicate "Habitat for Humanity" in the memo, or make your contribution online at www.GoldCanyonUMC.org. **We also need a few more volunteers for March 9th.**

We will keep you posted as we near the completion and dedication. Thanks so much for your ongoing support of this ministry. For more details and information, please contact us at - Joe and Maureen Morton; 602-284-2826; E-mail: MoandJoeM@aol.com.



St. Andrew's Clinic Forty Years— Unbelievable!

St. Andrew's Clinic is celebrating its 40th year of helping impoverished children from Mexico. Once every month St. Andrew's Church in Nogales, AZ allows the Clinic to use their facility. Physicians and helpers from the United States volunteer their services. Each month about 250 children receive free medical care. Our church has supported the clinic since 2002. Members of our congregation, residents of Gold Canyon and friends from everywhere, including Canada, contribute to the Clinic by donating items from their "Wish List".

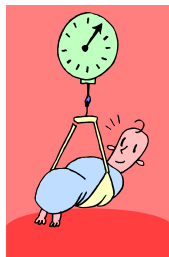
This spring our trip is scheduled for Thursday, March 7, 2013. Sign-up sheets are posted in the Narthex and Education Building along with "Wish List" items. If you would like to witness first hand this incredible Center, you are welcome to join us.

Questions? Call:

Alyce Ancell 480-983-2510;

Gail Crawford 480-268-0918

Phyllis Gray 480-671-1551



Stitches Unlimited Quilts for St. Andrews Clinic

Did you know... The Stitches Unlimited group **makes and donates quilts** to the St. Andrews Clinic? The quilts we make range from infant size (about 40" x 40") to quilts for older kids (about 42" x 60"). Donations of quilts of any size are accepted. We have kits already cut for simple ABC style quilts, with directions included. We also have the backing and batting. We **sew toiletry bags** for St. Andrews as well. Those kits and instructions are also available.

Come join us on the **first Wednesday of every month** at 9:00 am in room 101/102. We work **year round**. Bring your sewing machine and sew (we do have a couple of machines here), your rotary cutter and cut kits, iron, or pick up some kits to sew at home.

We will also **gladly take donations** of cotton, flannel, light weight denim, light weight corduroy fabric, and fleece, in solids, tone on tone, and kid friendly prints. Monetary donations are also welcome. Slightly used sheets (or new) are good for backing too. For questions or more info call Bonnie Becker at (480) 629-8796.





Scholarships Available for the 2013 Fall Term!

The GCUMC Scholarship Committee is pleased to announce the availability of funds to those seeking financial assistance for the 2013 Fall school term. Brochures regarding these scholarships are available in the Church's vestibule. Application forms and criteria for eligibility are available in the Church office. Completed application forms, along with the required supplemental information, ***must be turned in to the Church office no later than March 31, 2013.*** Applicants will receive written notification of any scholarship award by May 1, 2013.

Donations Always Being Accepted for Student Financial Assistance

Have you ever considered financially helping a student to advance his or her education and/or career training but weren't sure how to go about finding qualified applicants? If so, GCUMC can now be of assistance. A scholarship program has been established to help students, young and not so young, with their financial needs. There are established criteria that must be met before a potential recipient may receive any available funds.

Brochures describing the criteria, along with more details about the program, are available at the Information Center in the narthex.

SUPPORT GROUPS

MIND MENDERS

Meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Linstead at 480-671-9888 or the church office for more information.*

CANCER

Meets each Wednesday at 11:00 am in Room 101/102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Tom or Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or by email at deenashe7580@gmail.com.

GRIEF

Led by Rev. Bob Deits, this group meets the 1st & 3rd Tuesday each month from 11 am to noon in Rooms 101/102-Ed. Bldg. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-629-8796.

Church Wish List



Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

- Pave the North Parking Lot - \$200,000
- Playground - \$10,000-50,000
- Stained Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel)
- Organ Pipes
- Building Fund Loan Payoff

GCJMC Calendar March 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3 – 8 am Traditional/Adlt S Schl 9:30 am Traditional/Child, Yth, 10th-College S Schl 11 am New Traditions/Child S Schl 12:30 Disciple 5–Tondle Home 3 pm Rice Brothers Piana/Cello Concert–Sanc 5 pm CW Worship–K 6:30 pm Youth–Ed.</p>	<p>4 9:30 am Bible Banter Mtn Brew Coffee House 3 pm Stephen Min.-101/102 5:00 pm Disciple 4-Feather's 7 pm Al-Anon–101/102</p>	<p>5 9 am Yoga–K 10:30 am–Gentle Yoga–K 11 am Grief Support–S of G 1:30 pm Disciple 2-SofG 2 pm Lenten Study–K 5:30 pm Disciple 2-Feather's 6 pm One/Spirit Reh–K Rm 6 pm WOW Meeting–101/102 6:30 pm Canyon Carillon-Sanc</p>	<p>6 9 am Beth Moore Bible Study–Ed. Bldg. 11am Cancer Suprt–M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 5:30 pm Joyful Noise –M 6 pm Youth Handbell–M 6:30 pm Girl Scouts–SofG 7 pm Orchestra–M, S</p>	<p>7 9 am Yoga–K 10 am Prayer Shawls–101/102 10:30 am–Gentle Yoga–K 1 pm Stephen Ministry Training–101/102 6:30 pm Lenten Study–K 7 pm Choir – M</p>	<p>1 8:30 am Citrus Gleaners meet at church 5:30 pm AA–101/102</p>	<p>2-7 am Garage Sale-P/L 9:30 am Choir Spring Concert Rehearsal–M 10 am Sidewalk Ministry -Avalon Elementary</p>
<p>10 – 8 am Traditional/Adlt S Schl 9:30 am Traditional/Child, Yth, 10th-College S Schl 11 am New Traditions/Child S Schl 12:30 Disciple 5–Tondle Home 3 pm Christine Anderson Handbell Concert–Sanc 5 pm CW Worship–K 6:30 pm Youth–Ed.</p>	<p>11 9:30 am Bible Banter Mtn Brew Coffee House 5:00 pm Disciple 4-Feather's 7 pm Al-Anon–101/102</p>	<p>12 9 am Yoga–K 10:30 am–Gentle Yoga–K 1:30 pm Disciple 2-SofG 2 pm Lenten Study–K 5:30 pm Disciple 2-Feather's 6 pm One/Spirit Reh–K Rm 6:30 pm Canyon Carillon-Sanc.</p>	<p>13 9 am B. Moore Bbl Stdy 11am Cancer Suprt–M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 6 pm Youth Handbell–M 6:30 pm Girl Scouts–SofG 7 pm Orchestra–M</p>	<p>14 9 am Yoga–K 10:30 am Gentle Yoga–K 1 pm Stephen Ministry Training–101/102 6:30 pm Lenten Study–K 7 pm Choir – M</p>	<p>15 8:30 am Citrus Gleaners meet at church 5:30 pm AA–101/102</p>	<p>16 All Day–Organ Concert Rehearsal 10 am Sidewalk Ministry -Avalon Elementary</p>
<p>17 – 8 am Traditional/Adlt S Schl 9:30 am Traditional/Child, Yth, 10th-College S Schl 11 am New Traditions/Child S Schl 12:30 Disciple 5–Tondle Home 3 pm Organ Concert–S 5 pm CW Worship–K 6:30 pm Youth–Ed.</p>	<p>18 9:30 am Bible Banter Mtn Brew Coffee House 3 pm Stephen Min-101/102 5:00 pm Disciple 4-Feather's 6:30 pm Administrative Council Meeting–M 7 pm Al-Anon–101/102</p>	<p>19 9 am Yoga–K 10:30 am–Gentle Yoga–K 11 am Grief Support–S of G 1:30 pm Disciple 2-SofG 2 pm Lenten Study–K 5:30 pm Disciple 2-Feather's 6 pm One/Spirit Reh–K Rm 6:30 pm Canyon Carillon-Sanc 6:30 pm Coffee W/ Pastor–M</p>	<p>20 9 am B. Moore Bbl Stdy 11am Cancer Suprt–M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 5:30 pm Joyful Noise –M 6 pm Youth Handbell–M 6:30 pm Girl Scouts–SofG 7 pm Orchestra–M</p>	<p>21 9 am Yoga–K 10 am Prayer Shawls–101/102 10:30 am–Gentle Yoga–K 1 pm Stephen Ministry Training–101/102 6:30 pm Lenten Study–K 7 pm Choir – M</p>	<p>22 Evening–Beth Moore Event Phoenix 10 am Mind Menders –101/102 5:30 pm AA–101/102 6:30 pm Lenten Study–K 7 pm Choir – M</p>	<p>23 All Day-Beth Moore Event Phoenix 9:30 am Choir Rehearsal for Good Friday/Easter-Sanc 10 am Sidewalk Ministry -Avalon Elementary</p>
<p>24 – 8 am Traditional/Adlt S Schl 9:30 am Traditional/Child, Yth, 10th-College S Schl 11 am New Traditions/Child S Schl 12:30 Disciple 5–Tondle Home 2 pm Spring "Eggstravaganza"-Community Invited-Entire Campus 5 pm CW Worship–K 6:30 pm Youth–Ed.</p>	<p>25 9:30 am Bible Banter Mtn Brew Coffee House 5:00 pm Disciple 4-Feather's 6 pm –Choir Rehearsal-M&S 7 pm Al-Anon–101/102</p>	<p>26 9 am Stitches Unlimited–101/102 9 am Yoga–K 10:30 am–Gentle Yoga–K 1:30 pm Disciple 2-SofG 5:30 pm Disciple 2-Feather's 6 pm One/Spirit–K Rm 6 pm Trustee Mtg–Pastor's Ofc 6:30 pm Canyon Carillon-Sanc.</p>	<p>27 8 am Newsletter Team 11am Cancer Suprt–M 4:30 pm Spirit Club-SofG 5 pm Disciple 3–101/102 5:30 pm Joyful Noise –M 6 pm Youth Handbell-Sanc. 6:30 pm Girl Scouts–SofG 7 pm Orchestra–M, S</p>	<p>28- Maundy Thursday 9 am Yoga–K 10:30 am–Gentle Yoga–K 1 pm Stephen Ministry Training–101/102 7 pm Maundy Thursday Worship Service</p>	<p>29 Good Friday 5:30 pm AA–101/102 7 pm Good Friday Worship Service–Seven Last Words</p>	<p>30 10 am Sidewalk Ministry -Avalon Elementary</p>
<p>31 – Easter Sunday 6 am Sunrise Worship Service-P/L 8 am Traditional/Adlt S Schl 9:30 am Traditional/Child, Yth, 10th-College S Schl 11 am New Traditions/Child S Schl 5 pm CW Worship–K 6:30 pm Youth–Ed.</p>		<p>AA=Alcoholics Anonymous Sanc =Sanctuary WOW=Witness our Wonder (Outreach)</p>	<p><u>Key</u> 101/102=Room 101/102 Music or M =Music Room K = Koinonia Room</p>	<p>Kit = Kitchen Ed.=Education Building SofG=Sea of Galilee Room</p>		



Gold Canyon United Methodist Church

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Associate Pastor	Bob Deits: bobnjune@cox.net
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Director of Education	Katharine Keller ladiebug1214@gmail.com
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Associate Director of Music	David Ballard ballardsaz@earthlink.com
Director of Youth Ministries	Wendy Moore GCUMCYouth@earthlink.net
Pianists	Carol Ballard/Linda Jones/ Marty Robison/Nancy Virden
Office Manager	Kim Shroyer: churchoffice@goldcanyonumc.org
Administrative Associate	Katherine Keller
Volunteer Coordinator	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care Taker	Rick Ceynar

E-mail Prayer Chain: gcumcprayers@mchsi.com



www.facebook.com/goldcanyonumc
@goldcanyonUMC

Addressee or Current Resident

WORSHIP SCHEDULE

8:00 & 9:30 AM

Traditional ~ Sanctuary

11:00 AM

New Traditions ~ Sanctuary

5:00 PM

Country Western ~ Koinonia Room

Childcare Provided at ALL Services

SUNDAY SCHOOL SCHEDULE

*Children's Sunday School classes begin in
the Worship Service with their families.
Children are led to their classrooms after the
Children's Sermon.*

✚ 8:00 AM ~ Adult ~ Room 101/102

✚ 9:30 AM ~ Children

✚ 9:30 AM ~ Youth

✚ 11:00 AM ~ Children

**Roadrunner Email-If you would like to
receive your Roadrunner via email,
please send US an email at
churchoffice@goldcanyonumc.org!**