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Vol. 26

November 2013

No. 11

## From The Pastor: "A Thankful Spirit"



November is the month when we remember to be thankful. It is so easy to take everything we have in life for granted. And it doesn't take much for us to begin to grumble about the problems in our lives. But in those moments when I am ready to complain I talk to or read about people who face extremely difficult circumstances with courage.

In the fall of 2000, Pastor Ed Dobson was diagnosed with ALS (or Lou Gehrig's disease), a degenerative disease with no known cause or cure. In 2012 Pastor Dobson wrote about his feelings in his book, *Seeing Through the Fog*.

There are many things for which I am not grateful. I can no longer button the buttons on my shirt. I can no longer put on a heavy jacket. I can no longer raise my right hand above my head. I can no longer write. I can no longer eat with my right hand. I eat with my left hand, and now even that is becoming a challenge. And over time all of these challenges will get worse and worse. So what in the world do I have to be grateful for?

So much.

Lord, thank you for waking me up this morning. Lord, thank you that I can turn over in my bed. Lord, thank you that I can still get out of bed. Lord, thank you that I can walk to the bathroom...Lord, thank you that I can still brush my teeth...Lord, thank you that I can still eat breakfast. Lord, thank you that I can still dress myself. Lord, thank you that I can still drive my car. Lord, thank you that I can still walk. Lord, thank you that I can still talk.

And the list goes on and on. I have learned in my journey with ALS to focus on what I can do, not on what I can't do. I have learned to be grateful for the small things in my life and for the many things I can still do.

I am reminded through Pastor Dobson's words that we always need to focus on what we can do. If Pastor Dobson can give thanks, then I think we all can find something to be thankful for. The Apostle Paul wrote in 1 Thessalonians 5:18, "give thanks in all circumstances." It takes spiritual discipline to do so when difficulties come our way. But if we are able to find things to give thanks for, then that thankful spirit lifts us up.

May we learn to give thanks for those things that bless our life. I pray you may have a Happy Thanksgiving and I will see you on Sunday.

Grace and peace,

*Fred*



## "Perplexing Parables" Sermon Series

Most of us have heard of the "Good Samaritan" or the "Prodigal Son" or the fool who built his "house on the sand." We know of the "pearl of great price" and the "lost sheep." All of these expressions share something in common: They are taken from the parables of Jesus. When Jesus taught he often spoke in parables – short stories which helped to answer important questions: What is God really like? How are we meant to live? Why do we struggle in doing the right thing? What will life be like in heaven? How is God at work in our world today? Through parables Jesus sought to reveal the truths of the Kingdom of God and to teach us the meaning of life. Some are simple to understand. Some are more challenging. During November we will finish our sermon series on five of the best known and most important of Jesus' parables. We hope you will join us.

**Nov. 3rd** – Unforgiving Servant

**Nov. 10th** – Lost and Found

**Nov. 17th** – What type of soil?

*"Following Jesus, Serving Others"*



## Christian Education

By Katharine Keller

*"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."*

Beginning in January we will be holding confirmation classes for students 6<sup>th</sup> grade and above. Confirmation is designed for youth to learn more about the tenets of our faith, the mission of the church and our Triune God. We will have weekly classes in addition to field trips. The students will then be confirmed as members of this church in the spring. If you have a student who fits this age bracket, please contact Katharine at the church office or email her at [ladiebug1214@gmail.com](mailto:ladiebug1214@gmail.com).



### "Where Moms Connect"

This year we have started a moms' group, which meets every other Thursday. Childcare is offered both at the morning session, 10 – 11:15 a.m. and at the evening session, 6:30 – 7:45 p.m. Please contact Katharine if you are interested in joining us!

### **NEW Midweek Program Has Begun!**

Our new midweek program for elementary children has already started, however, if you have a child or grandchild in this age bracket, it's not too late for them to participate. Pioneer Club runs every Wednesday from 4:30 – 6 pm and costs \$10 per student. Please contact Katharine if you have any questions.



### **Women's One Day Retreat**



Save the date ladies, for our one-day retreat on Saturday, February 1st at the Arizona Golf Resort. More details will be shared in December. Put the date on your calendar and think about a friend you might invite!

## Sidewalk Children's Ministry



### **This Wonderful Ministry Needs Volunteers!**

If you are looking for a volunteer opportunity to fill your heart with joy, GCUMC Sidewalk Ministry is for you! Sidewalk is an outdoor children's ministry, held every Saturday, 10 am - 12 noon, in Apache Junction.

Bring your passion for helping children learn of God's amazing love, through praise & worship, Bible stories, games, and crafts. You can help 1 or 2 Saturdays a month, or every Saturday if you wish.

**We are in need of van/bus drivers and riders (to be the 2nd adult on board), to transport the children.**

Please call Sherry Hussein for more information 480-529-9621 or 480-834-3512.



### **GCUMC Scholarship Program**

Our church is fortunate to have a member who has established an endowed scholarship fund available to members of GCUMC. The committee recently awarded 12 scholarships to deserving members of our congregation. Our scholarship committee has recently broadened the program to enable other members to make designated contributions for scholarships. To learn more of the details about GCUMC's scholarship program, please find brochures at the Information Center in the Narthex, or in the church office.



## Congratulate Our "Bible and Me" Graduates

Brooke Hartman, Zack Hartman,  
Dalton Adams, Amy Hansgaard,  
Sophia Hansgaard, Kateland Williams



## Habitat for Humanity Winter 2014 Project!



We are looking forward to participating in renovating a home with a family in Mesa this winter, as part of our membership in the Superstition Coalition of churches in the East Valley. The home is located at 1459 6<sup>th</sup> Place, Mesa, and needs significant work before it can be occupied by a Habitat homeowner family.

Habitat homes give families the opportunity to have a stable, safe place they can live for the long term. These families have often been moving from place to place, from one tiny, cramped apartment or trailer in a bad neighborhood to another, which is especially difficult on the children.

But this special opportunity does not come easy. Families are put through a rigorous education program; learning how to budget their money, make low cost repairs, and what to watch out for in the maintenance of their new home. There is the sweat equity too, which means they must complete 400 hours of work on the actual build of their home. All this hard work results in a better understanding of what it takes to be a homeowner. These hard working, deserving families are able to achieve their dream of an affordable home that they actually own.

We are excited about our opportunity to be part of this special ministry again. ***We are looking for volunteers to work on a couple of Saturdays in the January-March time frame, and also for volunteers to prepare and deliver lunch to the work crew on those days.*** We are

really in need of about 20 generous donors who would be willing to contribute \$100 toward our goal of \$5000. Of course gifts in any amount will be greatly appreciated. Please mark your *check memo for Habitat for Humanity*, or make your contribution online at [www.GoldCanyonUMC.org](http://www.GoldCanyonUMC.org).

We will keep you posted as plans develop. Thanks so much for your ongoing support of this ministry.

Joe and Maureen Morton  
602-284-2826  
[MoandJoeM@aol.com](mailto:MoandJoeM@aol.com)

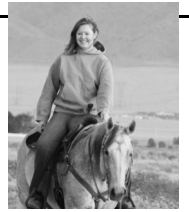






# Gold Canyon UMC Youth

## Gold Canyon United Methodist Youth Group News

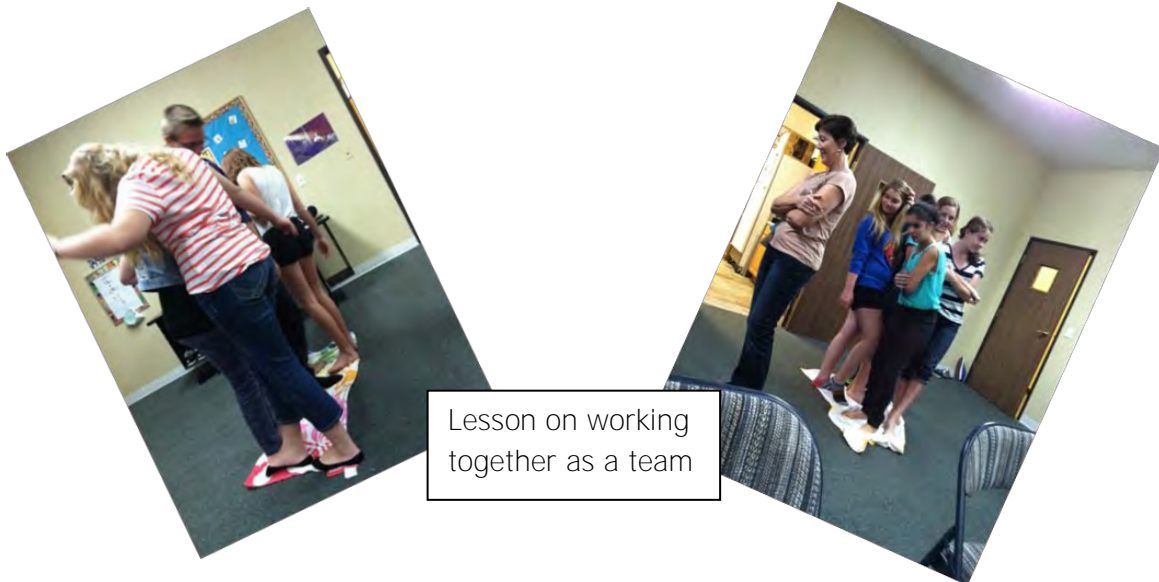


Wendy Moore, Youth Director

**Thank You to all the Youth Who Helped  
With the GCUMC Harvest Festival on Oct 27th!  
AND**



**Thank you to all the youth who participate in the upcoming Nov 2nd "Day of the Cowboy" booth. We as a youth group are partnering with Gold Canyon Community Church and the Apache Junction High School chapter of the Fellowship of Christian Athletes to let youth know what activities and events are available to them.**

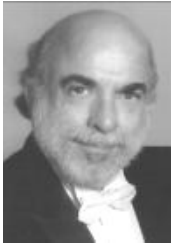


**Upcoming Events ~ Nov 10th – Zombie Wars:** Hosted by the very popular and charismatic Sean Sheridan. If you are a teen this is not something you want to miss.

**Nov 15th to 17th – Gold Canyon UMC Junior High Youth Group "Big Day of Serving":** We are all very excited for this weekend. This is a brand new way for us to do a service project (just a weekend instead of a week) and the first time our junior high group has had the opportunity to serve. We will be traveling to San Diego, CA for this project.

**In January of 2014** we will hold our annual **"Youth Sunday"** where the youth are in charge of the service. This is an event not to be missed! It gives our congregation an opportunity to hear and see what a wonderful and dynamic group of young people we have. Also, **early in 2014** we will be hosting our annual **"Shareholder's Thank You Dinner"**. The youth love to hold this event as it gives them a chance to personally thank all the members of the congregation who contribute and support us on our "Mission Trips". Please keep watching our newsletter page for specific dates for these events.

**Please encourage any youth you know to come and check out our group!!** We are fun, friendly, and love to meet new people. If they have any questions, please feel free to have them contact me – Wendy Moore at 480-459-1809.



## Music Notes

November – a time of reflection and thanksgiving, a time for family, good food and fellowship, and a time for shopping and shoving and cursing and . . . WAIT! We need to remember that all people are gifts from God! If you ever feel like shoving and cursing, take a breath, smile, and remember “this person is a gift from God!” Perhaps you might be able to take someone else’s stress from them and be a blessing to them. Isn’t this what Christ taught us? Yes, indeed! And yes, I need to remember this as well!

**Attention Instrumentalists!!!** The **GCUMC Orchestra** is coming together again to make a *joyful noise!* Rehearsals begin on **Wednesday, November 6 from 7:00 – 8:00 pm** in the Music Room. Dust off your instruments, rosin your bows, oil your valves, soak your reeds and whatever else you do to make your instruments ready to make music. Then come join us for some great fellowship and fabulous music making! I have purchased several new titles that we will play in church. If you have any questions, please give me a call. I hope to see you soon!

This month we begin our **Performing Arts Series** (see full schedule on page 13) with our **8th Annual Celebration of Veterans** on Sunday, **November 10th at 3:00 pm**. **Rae Tienen**, Chair of the committee has again gotten some very good speakers for us, including two of our Eagle Scouts, **Charles W. Olson** and **Michael J. Sheridan**, plus **Lt. Col. Tom Collins (Ret.)**, a Viet Nam P.O.W., and **Sgt. Sean Johnson**, Wounded Warrior Liaison, U.S. House of Representatives. We will also have some great music provided by **the Housers**, **George Staerkel** from **Barleen’s AZ Opry**, **Don Engbrecht**, **Gary Sauerbrunn**, the **Agape Brass Quintet** and the combined choirs from **Superstition Foothills Baptist Church**, **Our Savior’s Lutheran Church** and **Gold Canyon United Methodist Church**. A freewill offering will be taken to support the *Wounded Warriors Fund*. If you would like to write a check, please make it payable to: **Carl Hayden VA Medical Center**. Please mark in the memo: **GPF #9914** which is the designated fund for Returning Warriors. Also, please remember to bring at least one non-perishable food item for the GCUMC Food Bank. After the program in the Sanctuary, we will go outside for the **Retirement of American Flags** ceremony followed by *free* hot dogs and punch. Please join us for this very special event! Doors will open at 2:15 with special videos and music until 3:00.

The **Gold Canyon Soroptimists Club** is sponsoring a concert on **Friday, Nov. 15th at 7:30 pm**, featuring the women’s *a cappella* group, **Priority** and the men’s *a cappella* group, **Pitchforks** from Arizona State University. This is a fund-raiser for the Soroptimists, so please come, have some fun and bring some money. Tickets will be available at the door. Don’t forget food for the Food Bank.

Also, the **Gold Canyon Arts Council** begins their **Canyon Sounds** concert series on **Friday, Nov. 22nd at 7:30 pm** with a concert by **The Hutchins Consort**, a very unique collection of eight string instruments that have been scaled according to the violin, from the very large Contra-Bass Violin to the very small Violina. Discount tickets for this concert will be available on the Sunday before at the Information table, or in the church office until Friday noon. The Arts Council encourages everyone to please bring food for the Food Bank.

Looking ahead, our **12<sup>th</sup> Annual Choral Christmas Concerts** will be performed in the Sanctuary on **Saturday, Dec. 14th at 3:00 pm and again at 6:00 pm**. This is one of the biggest events we have all year. Last year, well over 2000 people came to hear us. These concerts are open to the public at no charge, as a free will offering will be received. We do ask everyone to please bring at least one non-perishable food item for the GCUMC Food Bank. Proceeds from this event help to guarantee the financial success of our *Performing Arts Series*. If you can, come to the 6:00 pm program, as there are more seats available then. Either program, be sure you come early! Doors will open one hour prior to each concert.

If you would like to sing in the Chancel Choir for our Choral Christmas Concerts, please call me. We do have some folks that are unable to commit to Sunday mornings, but would still like to sing. Our rehearsals will be on Saturday mornings until Thanksgiving, then will be on the following two Sunday afternoons. If you would like to sing on Sunday mornings, just come to our weekly rehearsals on Thursdays at 6:50 pm. Come a little early the first time so we can get you a folder and some music.

This month, please remember to breathe easy, relax, and enjoy all that God has given us – including those who cause us stress! Remember: “Like myself, this person, too, is a gift from God! Let me be a blessing to him.”

God’s blessings, grace and peace, **Doug**



Douglas J. Benton,  
Director of Music Ministries



News from the Health and Wellness Ministry  
of Susan Malloy, Parish Nurse

✝ Wishing You a Healthy Fall of 2013!



It is hard to believe that we are truly in the "Fall season". We have been blessed with some lovely weather and I hope you all are enjoying it. Recently, I was reminded that perhaps I need to educate you about the other type of "**Fall**" as in "**to leave a erect position suddenly and involuntarily**" (according to Webster's definition of the word 'fall' in this context). In recent months I have had interactions with several folks who have experienced a "fall" that resulted in pain and suffering. According to the CDC (Center of Disease Control) over 2.3 million non-fatal falls occurred in 2010, and of those treated in the emergency room, 662,000 were hospitalized. The cost of the direct medical care was \$30 billion dollars. 1 out of 3 "fall" victims were over the age of 65 and those over age 75 had the most falls. I hope this valuable information can help you PREVENT such an event and subsequent suffering.

As we age, physical changes, health challenges, and sometimes the medications used to manage those challenges can make falls more likely. Another thing that happens as we age is the belief that "it will never happen to me". As the old adage goes "Never say Never". Therefore, we must be diligent to assess our own situations and be proactive, especially in our homes.

### Questions to Think About

- Have you ever fallen, or had a close call?
- Do you take antidepressants or sedatives?
- Do you have eye/vision health challenges like cataracts, glaucoma, macular degeneration, partial blindness, or are you overdue for new glasses?
- Has a stroke affected your ability to see?
- Do you have mobility issues related to arthritis or foot problems?
- Do you have heart problems (rhythm irregularities, orthostatic hypotension, etc)?
- Has a Doctor limited your physical activity?

### Proactive Steps to Take

- **Keep moving**—This is important to maintain strength; consider walking outside (avoid rough terrain), or on a track (AJ Multi-Gen Center, or similar)
- Ask your Doctor for a **referral to a physical therapist** who can create a custom exercise program aimed at improving your balance, flexibility, muscle strength and gait.

- **Consider your footwear**—It may be time for a new size in shoes as foot size can change as we age. **For women, it's time to get rid of the high heels** and find an attractive shoe with good support and non-skid soles. For men, avoid extra thick or slick soles, and slip-ons that are floppy and lack support. Choose lace up shoes, keep the laces tied securely. If you have difficulty with laces, go with shoes that have Velcro fabric tabs.

### ▪ **Surroundings in Your Home:**

- ◊ Keep all cords away from walkways
- ◊ Remove or secure loose or very fluffy rugs (double-sided tape, tacks, slip-resistant backing)
- ◊ Move coffee tables, magazine racks and plant stands from high traffic areas
- ◊ Use non-slip mats in your shower or bathtub
- ◊ Use hand rails for both sides of stair cases and grab bars for shower or tub
- ◊ If you have difficulty in the shower/tub, purchase a sturdy plastic seat like an outdoor patio chair for the shower, & a handheld shower nozzle to use while seated.
- ◊ Consider a raised toilet seat or one with arm rests to help steady you as you rise;
- ◊ Keep your home well lit to prevent tripping over objects that are hard to see (outside and inside)
- ◊ Place night lights in the darkest areas of the house (bedroom, bathroom or hallways)
- ◊ You can now purchase GE Motion activated LED "night lights" from Wal-mart for about \$9.99 - walk into the area and the light will go on, giving light until you can reach the main light switch
- ◊ Keep flashlights & batteries in easy to reach places

Please **be proactive by utilizing these suggestions** to keep yourself safe and free of harm. A fall can do both physical and emotional damage, by causing diminished self confidence and loss of independence. The deficits caused by such an injury, have a ripple effect; your loved ones will also be affected by the harm that occurs to you.

Be Safe and Fall Prevention conscious from this day forward...FALL, WINTER, SPRING, and SUMMER.

**P.S.** If you would like an in-home consult with me to address any of these issues please call me at 480-390-1496.

Blessings of Health & Wellness,  
Susan Malloy RN BSN  
GCUMC Parish Nurse

Information gleaned from data at Center for Disease Control April 2013; Mayo Clinic/ Fall Prevention /July 2010; National Council on Aging 09/2013

## **DONATIONS AND ATTENDANCE**

*Let no debt remain outstanding except the continuing debt to love one another...*     **Romans 13:8 (NIV)**

September	2011		2012		2013		2012	2013
	General	Building	General	Building	General	Building	Worship All	Worship All
<b>1st</b>	15223	10215	16809	6453	18216	11134	490	558
<b>2nd</b>	10503	3581	10103	3805	12880	6291	555	554
<b>3rd</b>	11610	5361	13169	7336	12012	5580	550	556
<b>4th</b>	9658	3020	13124	3270	10263	3258	547	605
<b>5th</b>	—	—	8270	4096	7930	2648	643	616
<b>Total</b>	46994	22176	61475	24960	61301	28911	2785	2889



### **Electronic Funds Transfer (EFT)**

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers an easier way to support our ministries. Our electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by notifying us in writing. We believe that once you have enjoyed the convenience and savings of this program, you won't want to go back. Contact the church office now!

### **Charitable IRA Rollover**

The Charitable IRA Rollover provision expires next month (unless extended by Congress); holders of IRAs who are age 70.5 or older (e. g. required to take an MRD) may make TAX-FREE donations from an IRA directly to Gold Canyon United Methodist Church until December 31st, 2013. Such gifts are limited to \$100,000 per year, and can be designated as 2013 and/or 2014 contributions to the Church. If appealing, Terry Parsons (480-982-6578) can provide details.



### **Church Wish List**

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

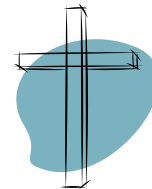
- ✚ Pave the North Parking Lot - \$400,000  
(Received \$130,000 so far)
- ✚ Playground - \$20,000-40,000
- ✚ Stained Glass for upper Sanctuary windows  
\$105,000 (\$3,000 per panel)
- ✚ Organ Pipes
- ✚ Building Fund Loan Payoff  
(\$34,000 prepaid in 2013)







## *Pastoral & Congregational Care*



As the Thanksgiving and Christmas holidays approach, many of us feel our blood pressures start to **rise as our stress levels start to increase. It's so easy** to get caught up in the hustle and bustle of the **holiday season...but for many of us who are dealing** with grief, sadness, sickness, or other personal and professional difficulties, the holidays are yet another **time when we can melt down if we're not careful.**

According to a website called "Surviving the Holidays," the months of October, November, and December can be excruciatingly painful for those who are dealing with loss or other traumatic circumstances in their lives. Whether you are dealing with grief, trauma, or stress, here are a few tips from the website on how we can not only survive the holidays, but maybe even enjoy them.

- **PREPARE** – The ambush of emotions can attack at any time; prepare yourself and expect them to occur.
- **ACCEPT** the difficulty of this time of year. **Remind yourself that it's only a season and it will pass.**
- **SOCIALIZE** – **Don't hibernate. You may be** tempted by your feelings to isolate yourself, but **force yourself to go out even if it's only for a short time.**
- **LOWER** your expectations – Movies and songs paint an unrealistic picture of the holidays. **You don't have to be everything to everyone...and you don't have to do everything yourself.**
- **DON'T ANESTHETIZE** the pain with drugs or alcohol – Numbing emotional distress with chemicals creates more depression.
- **TRIMMING** – If old ornaments or decorations **cause too much pain, don't put them out this year.** Set them aside for another time.
- **GET UP AND MOVE** – Take care of your physical well-being. Healthy foods will give you strength; fattening and sugar-filled foods can worsen your depression. Exercise produces natural stress reducers.
- **SHOP** online if going to the mall is too stressful.
- **HAVE A COPING STRATEGY** – Have the phone number of a counselor, pastor, church, close friend or hotline already taped to your phone. Make the commitment to call someone if negative thoughts get fierce.

- **LIGHT** – Get some sunshine. Winter can take its toll on your emotions by the loss of sun you experience.
- **INVITE** a new (same-sex) friend to see a movie, have dinner or help decorate the house.
- **SET BOUNDARIES** – Explain to your family and friends as clearly as you can what you are **capable of doing this year, and what you aren't. Don't** let others guilt you into taking on more than you can handle.
- **REACH OTHERS** by discovering people who might be alone during the holidays.

There are many individuals and groups available through the church that can help you get through the holiday season this year and every year. We encourage you to reach out to us and let us help.

### **CONGREGATION CARE MINISTRY (CCM) UPCOMING TRAINING!**

To reach the intangible needs in our community and within the GCUMC congregation more effectively, we need many individuals who are equipped for one-on-one interaction. Ideally, every Christian should be in a position to respond to others in a heartfelt, helpful way. Do you sense that this is an opportunity that God would have you pursue? Would you like to feel comfortable reaching out to persons who are ill, homebound, or grieving? CCM training may be just what you need.

Congregational Care Ministry training occurs in three sessions conducted by Rev. Fay Quanstrom. On **November 14** two sessions will be offered, one **from 9-12 and repeated from 1-4.** Topics include a survey of opportunities for service, discussion of personal growth opportunities in preparation for this ministry, praying aloud, focused listening, making good visits, preparing for awkward situations, legal considerations, questions on evil in the world, serving Communion to the homebound, and anointing with prayer for healing.

You may attend the morning workshop or the afternoon if you would like to be part of the ongoing opportunities to reach out in Christian love, either informally or as a trained CCM (Congregational Care Minister). All are welcome!





## Advent Study 2013 Christmasize Your Life

This year's Advent Study will once again parallel our Advent Sermon Series called *"Christmasize Your Life."* During the study, which will be led by Jody Topping, we will dig deeper into selected passages of Scripture written by the Prophet Isaiah that point to the coming Messiah, and we'll explore how these Scriptures can bring meaning and peace to this busy holiday season. Our study time will begin with a light meal at 6:30pm, followed by the study from 7-8pm according to the following schedule:

**Monday, December 2** – "A Child Will Be Born" (based on Isaiah 9:1-7)

**Wednesday, December 11** – "There Will Be Peace" (based on Isaiah 11:1-16)

**Monday, December 16** – "There Will Be Singing" (based on Isaiah 35:1-10)

**Monday, December 23** – "There Will Be Light" (based on Isaiah 2:1-5)

**After Christmas Day, date TBD** – "God Will Be With Us" based on Isaiah 7:1-25)

To enroll in this study, please watch for sign-up sheets in the Narthex during the month of November, or contact Jody Topping in the church office. There will be no charge for this study and all are invited to attend any or all of the sessions...but please sign up so we know how many handouts to print!!



## BIBLE BANTER

Meets every Monday,

9:30-10:30am

Mountain Brew

Coffee House

6832 S Kings Ranch Rd #5

(near the NW Corner of  
US 60 and Kings Ranch Rd)



Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!

## SUPPORT GROUPS

### MIND MENDERS

Meets on the 2<sup>nd</sup> & 4<sup>th</sup> Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

### CANCER

The cancer support group is back! This active group meets weekly on **Wednesdays, at 11 am, in Rm 101/102**. The group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For additional information you may call: Dee Ashe at 480-924-5483, or 480-685-7175 (cell), or e-mail her at [deenashe7580@gmail.com](mailto:deenashe7580@gmail.com).

### GRIEF

This group meets **every Tuesday** from 11 am to noon in the Sea of Galilee Room - Ed. Bldg. Rev. Bob Deits leads the group the 1st & 3rd Tuesdays of the month, and Parish Nurse Sue Malloy the 2nd & 4th Tuesdays of the month. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-396-4838.

### ARE YOU IN NEED OF PRAYER SUPPORT OR A PASTORAL VISIT?



If so, please call Jody Topping, Director of Congregational Care, either at the church office (480-982-3776) or on her cell phone (480-766-9272).

Our Congregational Care team is available to visit and pray with you whatever the reason. If you would like to receive prayer prior to surgery, please let us know when and where the surgery is taking place. We will also wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer prayer support. And, if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.



## Global Missions

"The world is my parish." – John Wesley

*"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."*

## Global Missions!

Bill Gates, who may be the wealthiest philanthropist in the world, and to whom Warren Buffett has entrusted his philanthropic distributions, has remarked that giving away money in a way that makes a positive difference is far more difficult than he ever imagined. Really?

Can helping others fail to help? Might help actually do harm? Missiologists—those who study mission and relief work—state that Haiti has been ruined by 100 years of relief. How can this be? Generous and well-meaning people have only tried to help! Much of **this giving has been done by Christians who "saw a brother in need."** Billions of dollars of relief money has poured into Haiti over the last century. That amount of expenditure of cash and effort has, sadly, not changed the lives of the average Haitian for the better.

Even Global Missions efforts can slide into charity that leaves the giver feeling good but robs the recipient of dignity, motivation, and work. Global Mission projects, then, should contribute to the dignity of the recipient, motivate self-help, provide opportunity to work, and respect local resources. The project needs to be needed.

How does the Global Missions Committee's selling of coffee, tea, and chocolate look against this standard? A person might ask if enough money is raised to make this effort worthwhile, or are there other significant considerations? Green Parrot coffee is grown by small farmers in the mountains of Honduras. Missionary Lisa Armstrong established medical and agricultural outreach in this **community after assessing local needs.** Lisa's vision includes teaching people how to nourish themselves to reduce the common problem of hunger and malnutrition. After first establishing a medical clinic to address some of the most common physical conditions and injuries, Lisa set up an agriculture project raising corn and other grains, and dairy cows. The result has been the ability of the mission to meet some of the food needs of the community while at the same time generating employment for individuals and income for the mission. Setting up a coffee co-op has helped small growers pool their product and sell it at **fair market prices, increasing the growers' self-**

sufficiency and human dignity. It is sustainable.

Everyone who purchases Green Parrot and Equal Exchange products helps people to help themselves. **It's "teaching people to fish" rather than simply giving them a fish, and it is done in Christ's name and for his sake.** Take a look at the coffee, tea, and chocolate that's available at the Global Missions booth! Please patronize this *difference-making* and *sustainable* mission project!



### **Current UMCOR** **Emergencies**

To donate to UMCOR on behalf of the following emergency, please write **your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)"** on the memo line. 100% of your donation goes to those affected by the emergency.

Imagine No Malaria ~ Advance #3021190

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~

Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency - Earthquake & Tsunami ~ Advance #3021317

Liberia Emergency ~ Advance #150300

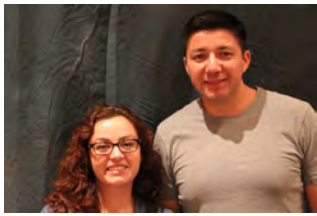
Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response - Spring Storms ~ Advance #3021326

For more ways to help, or to donate online, go to:  
<http://new.gbgbm-umc.org/umcor/> -  
Or follow UMCOR on Twitter at @UMC\_UMCOR

## New Members

Gold Canyon UMC welcomed **9 new members** on Sunday September 22nd. Many of them you may recognize, as they have already become very involved! Please welcome the following "new" members of the GCUMC family when you see them!



**Angela & Gabriel  
Barraza**



**JoAnn Clark**



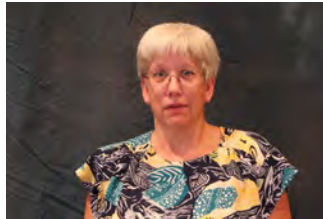
**Alice Willis**



**Janine DeWolf  
and Richard Cady**



**Patty Schultheiss**



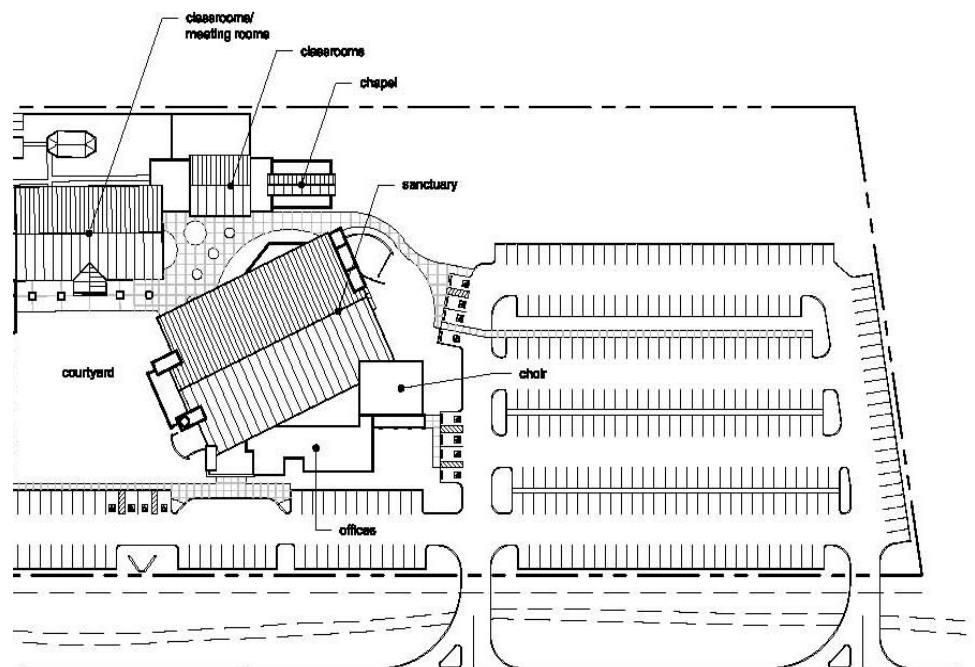
**Clara D'Angelo**



**Lora Lee Evans**

### **Map of North Parking Lot Upgrade and Future Building Plans**

**"For every house is  
built by someone,  
but the builder  
of all things  
is God."  
Hebrews 3:4**



### **ONLINE GIVING AVAILABLE!**

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy, convenient and costs nothing! [[www.goldcanyonumc.org](http://www.goldcanyonumc.org)]

**Lost & Found ~** Have you ever thought you lost something at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, etc. If you think your item may be with us, stop by the office.





Jane Hayes, Volunteer Coordinator

GCUMC  
982-3776

## Volunteers Do Make a Difference November



Thanks to all of you this month. We appreciate your participation in so many ways. One such example : **GREETERS**. Nov. 10th is Greeter Appreciation Day. By special invitation, our *Summer* Greeters are invited to enjoy a Buffet between the 8:00, 9:30, and 10:50 services. Bring your invitation and enjoy! We will follow with a Spring Buffet before Easter.



## Christmas Mission 2013

As you read this, the Angel Team is busy at work!

Our Organizational Meeting was in October. Our clients and partners for this mission continue to be: Project Help families, Hope Women's Center families, and of course, Sidewalk Sunday School families. My Communication Angels are calling each applicant and verifying the sizes for each family member, etc. Nov. 22nd our three trees will be set up for you to take tags. Bashas or Fry's cards will be available for purchase, and cash donations will be a great help for us! ***IF YOU KNOW OF A GROUP WILLING TO TAKE A FAMILY SUCH AS AN RV RESORT, CLUB, OR BUSINESS***, please call the church office.

Our countdown to Christmas will be available in your bulletin from Nov. 24 to Dec. 15.  
Want to make a difference in a family's life? Call me!



Do you have the time? If you can help with one or more of the following volunteer needs, PLEASE

**complete and place this form in the collection plate, at the Information Center, or church office, 480-982-3776.**

<u>Time</u>	<u>Job</u>
30 + min	Hospitality
40 min	Greeter
90 min	Rides to Doctors
60 min	Bake Cookies
240 min	Office Receptionist

Name \_\_\_\_\_

Phone \_\_\_\_\_

Keep those Time and Talent Sheets coming! We are making new friends and finding ways to keep our church family working together!



### The Busy Fall Season is Upon Us!

*If you are willing to try a new ministry or mission, or fill empty spots in any number of work areas,*  
**PLEASE CALL Jane!**  
*We can always use assistance .*





**2013 – 2014**  
**Events and Performances at Gold Canyon United Methodist Church**  
 6640 South Kings Ranch Road  
 Gold Canyon, AZ 85118  
[www.goldcanyonumc.org](http://www.goldcanyonumc.org) / 480-982-3776

<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>EVENT</b>
10/27/13	Sun	2:00-6:00	<b>Harvest Festival</b> family event with Country/Western Service
11/10/13	Sun	3:00 pm	<b>Celebration of Veterans</b> community-wide event
11/15/13	Fri	7:30 pm	* <b>Gold Canyon Soroptimists</b> presents <b>Priority</b> and <b>Pitchforks</b>
11/22/13	Fri	7:30 pm	* <b>The Hutchins Consort</b> unique collection of violin instruments
12/14/13	Sat	3:00 pm	<b>12<sup>th</sup> Annual Choral Christmas Concert</b>
12/14/13	Sat	6:00 pm	<b>12<sup>th</sup> Annual Choral Christmas Concert</b>
12/24/13	Tue	4:00 pm	<b>Christmas Eve Family Candlelight Service</b>
12/24/13	Tue	6 & 8 pm	<b>Christmas Eve Candlelight Services</b> with Choir & Bells
12/24/13	Tue	11:00 pm	<b>Christmas Eve Communion Candlelight Service</b>
1/10/14	Fri	7:30 pm	<b>George Dyer</b> , outstanding Tenor soloist from Branson, MO
1/11/14	Sat	3:00 pm	<b>George Dyer</b> , outstanding Tenor soloist from Branson, MO
1/17/14	Fri	7:30 pm	* <b>Carlos Bonell &amp; Brad Richter, Guitar Duo Extraordinaire</b>
1/25/14	Sat	9:00-4:00	<b>Canyon Arts Festival</b> Arts, crafts, music and food
1/26/14	Sun	3:00 pm	<b>Legacy Quartet</b> Southern Gospel men's quartet & so much more
2/7/14	Fri	7:30 pm	* <b>Oasis Vocal Jazz Sextet</b> formerly Phoenix Vocal Jazz
2/9/14	Sun	3:00 pm	<b>Doug Benton: Celebration of 50 years of Music Ministry</b>
2/21/14	Fri	7:30 pm	<b>Cynthia &amp; Wade Hoff in Concert: "We Love to Sing"</b>
2/23/14	Sun	5:00 pm	<b>The Houser Gang!</b> Annual Country/Western concert
3/2/14	Sun	3:00 pm	<b>GCUMC Choral Spring Concert</b> with Agape Brass and Handbells
3/7/14	Fri	7:30 pm	* <b>Michelle Cann, Concert Pianist</b>
3/16/14	Sun	3:00 pm	<b>Johnny &amp; Chris Rice</b> Both are virtuosos on <i>both</i> piano and cello!
3/23/14	Sun	3:00 pm	<b>Desert Bells International</b> Outstanding community handbell choir
3/28/14	Fri	7:30 pm	* <b>Saxophobia and the Side Street Strutters</b>
3/30/14	Sun	3:00 pm	<b>Interfaith Choral Festival</b> with GCUMC, Baptist and Lutheran Choirs
4/6/13	Sun	5:00 pm	<b>One In the Spirit</b> Our Country/Western Group (Koinonia Room)
4/13/13	Sun	2:00-6:00	<b>Eggstravaganza</b> Community-wide family event
4/17/14	Thu	7:30 pm	<b>Maundy Thursday Service</b> with Communion
4/18/14	Fri	7:00 pm	<b>Good Friday Service</b> with special music
4/20/14	Sun	6:00 am	<b>Easter Sunrise Service</b> w/Communion
4/20/14	Sun	8 & 9:30	<b>Easter Festival Services</b> w/Choir, Bells, Brass

\* Indicates a ticketed event for a fee, sponsored by the Gold Canyon Arts Council, *Canyon Sounds* or the *Gold Canyon Soroptimists*. All other concerts are sponsored by Gold Canyon United Methodist Church *Performing Arts Series* and are open to the public at no charge though a free will offering will be received. We ask that everyone please bring at least one non-perishable food item per person for the Gold Canyon United Methodist Church Food Bank.

**We need Your Help to Save on Church Mailing Costs**

Please pick up your printed Quarterly Giving Statement in the Narthex. They are in boxes on the table, in alphabetical order. Thank you!!



## Thinking Theologically with Jody Topping



*Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*  
(1 Thessalonians 5:18)

I can't believe the month of November is already upon us!! There is a cool, crisp feeling in the air, and the holiday displays have already started popping up in various retail establishments! Next thing we know, Thanksgiving and Christmas will be staring us in the face! I hope we are ready!!

When David and I were first married, we spent a year living in Germany so he could study with Helmuth Rilling, a famous German choral conductor. During that year, we had the privilege of singing with Rilling's world-renowned choir in places like Berlin, Stuttgart, and even in Vienna. It was a marvelous year full of exciting experiences that created timeless memories...but it was also the first year we were away from our families for the holidays. I remember as Thanksgiving approached, I began to feel quite melancholy at the thought of being away from family on that very special, very American holiday. The closer we got to Thanksgiving, the sadder I became...

Then the most wonderful thing happened. A couple with whom we were acquainted (although I don't quite remember how) decided to help us and all the other American students who were studying with Rilling that year celebrate a good, ol' fashioned American Thanksgiving, complete with turkey, stuffing, pumpkin pie and all the rest of the fixin's!! It was like a little piece of home had been transported halfway around the world just for us! I will always remember that particular Thanksgiving as one of my best. Even though we weren't with our own families, we were with a great group of Americans and Germans. We enjoyed great food and even better company. We will always be thankful to that wonderful couple who opened their hearts and their home so a bunch of American students could feel a little less homesick that Thanksgiving Day.

Thanksgiving is, as we all know, a day set aside so we can give thanks for the many blessings we have received. But Scripture tells us we are to give thanks *in all circumstances*...not just one day out of the year, and not just when we are blessed. God has indeed been good to us; but even in our darkest hours, God's presence and

love for us is sure. So it is right for us, in *everything* we do, in *everything* that happens in our lives, to give thanks to God for what God has given to us: our families, our friends, our spiritual gifts and abilities, and the opportunities to use those gifts to serve God and to serve God's people. We have much to be thankful for...each and every day of the year.

I pray your Thanksgiving celebration this month will be a wonderful day full of good times and awesome food!! But I also pray that we will all take a moment or two, *every day* of our lives to give thanks to the One who has given us the greatest gift of all: the gift of salvation through the sacrifice of Jesus Christ on the cross. May we all spend time each day giving thanks in all circumstances. God bless...Jody



### Be a Part of the GCUMC Memory Book!



To the entire GCUMC Family,

The History Committee is putting together a memory book documenting the church's path from our charter in 1989 to the present.

Since next year will be our 25th anniversary we would like to include pictures of our past. If you have any pictures (either printed or digital) of the church, it's attendees or it's activities taken during the period before 2004 we would appreciate if you could provide them to any member of the committee. (committee member names below) Or, you may leave the pictures at the church office during the week or at the Information Center on Sunday.

It would also be a great help if you provide the identity of any people in the picture and describe the activity taking place at the time. Any printed pictures will be returned to the owner.

Thank you for your involvement, so that all may enjoy the memories!

*The committee: Velma Carlson chm., Margaret Ball, Carolyn Burch, Jerri Manbeck & Bud Rolley*



## A Note From Bob... Country Western News

Every now and then I get reminded that an idea that is tossed around as a great theory is in fact **(1) Rock solid reality and (2) Not all that easy to live out.**

Recently I was on a radio program with Dr. Pierre Tariot, Director of Banner Alzheimer's Institute and Leeza Gibbons, a television talk show hostess and celebrity. The program was hosted by Maryann Makekau, the woman with whom I co-authored the children's book, *"When Your Grandma Forgets."*

In the course of the conversation between us, Leeza Gibbons, whose mother died from Alzheimer's disease, said, "I found as I struggled with being her caregiver that it served no useful purpose to focus my thoughts on the past and all the things we could no longer do together. Neither was it helpful to think too much about the dismal prospects of the future. The only thing that worked was to literally 'live in the moment' and enjoy every small conversation, moment of communication or a time when she was calm and seemed content."

As one who has worked in the field of loss and grief for 35 years, I knew that the only chance people had to enjoy each other or to find any kind of internal

peace when their loved one was gone, was in a given moment. But, I knew it only as a theory.

As I have struggled to adjust to no longer having June at home, seeing her lose every skill she had, be unable to perform the most basic functions of life and seeing this once talented dancer unable to stand up—I forgot that living in the moment is much more than a good theory.

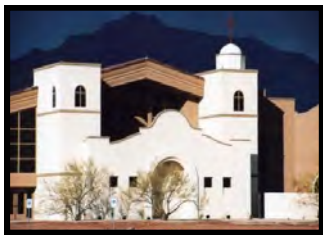
I am now practicing this idea with all the focus I can muster. I allow myself to enjoy a few minutes of balloon toss with her, seeing an occasional smile, a few peaceful minutes before she falls asleep and I go home alone. It is working.

I think my own survival is being enhanced by practicing living in the moment.

When you get faced with some stressful situation, try it.

Peace and Joy,

Bob Deits



## Our Church History History Committee Update : Early Church Memories Growing Continues ~ Memories from Jerri Manbeck

We all helped out however we could, which included taking turns manning the nursery and teaching Sunday School. I can remember alternating Sundays with Cheryl Hall to teach the 1<sup>st</sup> -3<sup>rd</sup> graders in those early years. Because there was no place to store our materials, we simply put everything in a big tote bag and passed that back and forth each week. Teaching Sunday School and supervising the nursery were not the only jobs that needed to be done. If a person could carry a tune, he/she was also encouraged to sing in the choir led by Beth O'Hara. We were lucky if we had a dozen of us singing on any give Sunday but we made our "joyful noise" just the same. In those first few years we all got to know each other pretty well. Martha Burkinshaw was the "cookie lady". Nearly every Sunday she would man the table, pass out goodies and drinks and make sure that everyone, especially the children felt welcomed. Loren Betz led us all in congregational singing before the service even started. Dr. Barry Sutter, retired superintendent of Apache Junction Schools, taught the adult Sunday School Class for awhile. We all helped set up and take down chairs. There are so many others who wore so many hats to help us grow in size and spirit during those first years. With the help of the Lord, grow we did.!

I never would have believed that 25 years later our little church would have grown into the one we know now but as Gold Canyon grew, so did the church. God knew the importance of location, location, location.

~ Memories from Jerri Manbeck

**COMPLIMENTARY**  
8x10 Portrait & Directory

## GCUMC Pictorial Directory Update!

Thank you to all the individuals who participated in our September and October photo sessions. The success of this project could not have been possible without the assistance of our **great volunteers**. If you were unable to schedule a photo session during September and October, ***session dates for January and February 2014 will be made available for sign-up as of November 1st.***

We have a ***variety of ways for you to schedule*** your photo session appointments:

- ◇ Call Kathy Weigel at 480-466-4075
- ◇ Or use our Church website and schedule online and receive a \$10.00 coupon with the appointment email reminder. Here are instructions for the online scheduling:
  - 1) Go to the GCUMC website [www.goldcanyonumc.org](http://www.goldcanyonumc.org)
  - 2) Click on the "News & Events" at the top of the home page,
  - 3) Scroll down to "Church Photo Directory Signups",
  - 4) Click on the blue "Be a part of our family album PORTRAIT SIGN-UP" button to the left of the text narrative (a hand will appear when you hover over the button/picture, meaning you can click on this link),
  - 5) Please then follow the step by step instructions on the Lifetouch site
- ◇ As the January & February dates get closer, volunteers will be available after Sunday Church services in the narthex to sign you up



***Photographs for Shut-Ins ~*** We're pleased to announce that special arrangements will be made for individuals who are unable to come to the Church (shut-ins) for their photo session. Please provide us with a name and phone number for the contact person (i.e. family member, guardian) for any Shut-In whom you know would like their picture added to the Photo Directory. Also, do you have photography skills—would you like to volunteer to help take photographs?? ***Please contact Kathy Weigel at 480-466-4075 if special arrangements need to be made for your photo session or if you can be a volunteer photographer.***

***"In Memory Of" ~*** Our directory will also include an "in memory of" page. If you would like to include a picture or comments on this page, contact Kathy Weigel at 480-466-4075, and she will let you know the best way to submit your information.

**SIGN UP NOW!**  
*Professional Portraits*

Our **January Dates and Times** are as follows:

Tuesday	01/07/2014	12:00pm - 7:30pm
Wednesday	01/08/2014	10:00am-5:30pm
Thursday	01/09/2014	10:00am -5:30pm
Friday	01/10/2014	10:00am-5:30pm
Saturday	01/11/2014	10:00am-5:30pm

Our **February Dates and Times** are as follows:

Tuesday	02/11/2014	12:00pm - 7:30pm
Wednesday	02/12/2014	10:00am-5:30pm
Thursday	02/13/2014	10:00am -5:30pm
Friday	02/14/2014	10:00am-5:30pm
Saturday	02/15/2014	10:00am-5:30pm





## W.O.W. ~ Witness Our Wonder

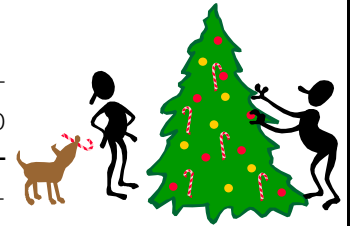


As this is the month to give thanks, I wish to thank the tremendous and fun team who made the Harvest Festival a terrific experience for the community and church members alike. Whether you assisted in the kitchen, games, costume parade, the photo booth, church tours, welcome table, entertainment, bagged candy, acted as a "runner," baked an apple pie or made donations, we couldn't have done it without YOU! And, I can't forget those who participated in the fun as well! I give thanks to the Lord, our God, for each one of you!



~ Katharine

**Greening of the Church** ~ The W.O.W. team is requesting volunteers who love to decorate or just like getting into the Christmas spirit, to help "green" the church. This fun morning happens on Friday, November 29<sup>th</sup> beginning at 9 am. We decorate Christmas trees, put up wreaths, hang outside lights, and whatever else needs to be done to make our worship facilities festive. Coffee and danish will be available for all worker bees. It's a fun time for fellowship as well. Please contact Katharine if you are available to help out.



### ...And Speaking of Christmas...

**December 14<sup>th</sup>** is the date of our ever-popular and beautiful **Church Christmas Concerts**. We are once again **looking for greeters/ushers to dress up in Dickens-like outfits**. We welcome the guests entering our doors and then help take up the offering. There will be two concert times: 3 – 4:30 pm and 6 – 7:30 pm.



For the men, we rent, no cost to you, top hats and tails and ascot. For the women we provide bonnets and capes; you must provide long skirts and blouses. Please contact Katharine as soon as you receive this newsletter if you wish to serve in this fun capacity (critical for renting costumes). She would like to know if you can do one or both concerts. A light meal will be served for those who decide to help out at both.



**Christmas Eve** volunteers are needed to be ***greeters/ushers for the 4, 6, and 8 pm services***. We dress up in Biblical garb, which will be provided for you from our costume closet. If you are interested in serving in one or more services in this capacity, please contact Katharine. A light dinner will be available for those who serve.



**Lighting the Advent Wreath** ~ We are looking for volunteers to light the Advent wreath during the four Sundays in Advent, as well as during the four Christmas Eve services. The readings will be provided for you. Who can light the wreath? Two or more single people, a study group, a family, youth group, Sunday School class, a couple, etc. Please contact Katharine if you would like to participate; and please indicate which Sunday service or Christmas Eve service you want.

# stephen MINISTRY®

It is November, and at this time of Thanksgiving it seems only fitting to share a wonderful story about one of the greatest gifts we can all have—other people, to accompany us on this journey we call “life.” The author is unknown, but gives us a powerful message:

## Two Horses



*Just up the road from a farmer's home is a field, with two horses in it. From a distance, each horse looks like any other horse. But if you stop your car, or are walking by, you will notice something quite amazing. Looking into the eyes of one horse will disclose that he is blind. His owner has chosen not to have him put down, but has made a good home for him. This alone is amazing.*

*If you stand nearby and listen, you will hear the sound of a bell. Looking around for the source of the sound, you will see that it comes from the smaller horse in the field. Attached to the horse's halter is a small bell. It lets the blind friend know where the other horse is, so he can follow.*

*As you stand and watch these two friends, you'll see that the horse with the bell is always checking on the blind horse, and that the blind horse will listen for the bell and then slowly walk to where the other horse is, trusting that he will not be led astray. When the horse with the bell returns to the shelter of the barn each evening, it stops occasionally and looks back, making sure that the blind friend isn't too far behind to hear the bell.*

*Like the owners of these two horses, God does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need.*

*Sometimes we are the blind horse being guided by the little ringing bell of those who God places in our lives. Other times we are the guide horse, helping*

*others to find their way. Good friends are like that. You may not always see them, but you know they are always there...Please listen for my bell and I'll listen for yours, and remember...Be kinder than necessary—everyone you meet is fighting some kind of battle.*

*Live simply, Love generously,  
Care deeply, Speak kindly.....*

## FOR WE WALK BY FAITH, NOT BY SIGHT!

This month, make it a point to note those around you—those who've been there when you needed them, those who appear to be struggling at the moment, and those you may not have noticed before. Take the extra step to be a friend, to see the friend in those around you, and to seek out a friend if you find yourself in need of strength, encouragement and hope.

If for some reason you are wrestling with something that you think would be easier to discuss with someone not quite so close to you, someone objective, a fellow Christian who will listen to you and keep what you share confidential, think about requesting to meet with a Stephen Minister. To do so, simply call the church office at 480-982-3776 and speak with Kim, or check the **"Request a Stephen Minister"** box on the attendance pad on Sunday morning.

## January 2014 Training!

**Have you ever wondered what it would be like to be a Stephen Minister, or thought about volunteering to become a part of this Ministry? Whether your answer is "Yes" or "No", please join us for the article in your December Newsletter to learn more about Stephen Ministry, it's origins and history, and how you could be a part of it.**



<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, <sup>4</sup> who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. <sup>5</sup> For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ." 2 Cor 1:3-5 NLT



### SCRIP BUS & VAN FUND

Now, every time you shop at *Fry's* for groceries and/or gasoline and swipe your *Fry's V.I.P. Card*, the one that gets you the sale prices, our church will earn rewards. But first you must enroll in their new program. It just takes a few steps to enroll. You can pick up detailed instructions on how to participate in their *new* Customer Rewards Program at the Information Center on Sunday or in the Church office during the week. You can get help enrolling if you need to. Any balance on the gift card you were using (and re-charging) remains for your use. One less card to carry in your wallet.

The Bashas' Community Support Program earning 6% and Albertson's Community Partners Program earning 1% remain the same.

The next item needed is a covered structure to help keep the bus and van protected from the Arizona sun and heat. The fund also covers expenses for gas, insurance and maintenance. And **the best thing is that it doesn't cost you a penny to participate!**

If you haven't previously joined the program, we are asking those of you who shop at Bashas', Fry's, or Albertson's to pick up information at the church Information Center on Sunday morning or at the church office during the week. **It's a WIN-WIN situation.**



### Deadlines:

**December Roadrunner**

**is November 10th**

**Weekly Bulletin insert**

**is Noon each Wednesday**

Your GCUMC Publications are brought to you by: Bill Atkinson, Georgia Kirkpatrick, and Kim Shroyer, with help from the Friday Bulletin Team, the Roadrunner Assembly Team, and many other volunteers along the way!



## It's Almost Time to Say Merry Christmas!



Believe it or not - ***it's time to order your Christmas Poinsettia***, in honor or in memory of, someone you love. We are pleased to offer a 3-plant floral quality poinsettia for just ***\$13.00 each***. ***To order a Poinsettia*** please fill out this order blank including payment for each plant ordered. Form, and payment, may be:

- \*\* Mailed to Gary Stemple, 8295 E Sweet Acacia Dr, Gold Canyon, AZ 85218-6998;
- \*\* Placed in the offering plate; or
- \*\* Left in the church office for Gary

Please make all ***checks payable to "GCUMC"*** and note "***Poinsettia***" in the memo section. Poinsettias will be placed in the Sanctuaries for enjoyment during the Christmas season. ***You may take yours home after the Christmas Eve services.*** A listing of those giving poinsettias will be available during Christmas Eve services.

POINSETTIAS **MUST** BE ORDERED BY

**December 8th**

### **POINSETTIA ORDER BLANK**

I am ordering a poinsettia in Memory of:

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I am ordering a poinsettia in Honor of:

---



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And payment of \$13.00 for each is **enclosed**

**Total Plant #: \_\_\_\_\_ Total \$ \_\_\_\_\_**

Your Name: \_\_\_\_\_

Env. No. (If Applicable) \_\_\_\_\_

Telephone Number: \_\_\_\_\_

**Make checks payable to "GCUMC".**

Please call the church office at 480-982-3776 if you have any questions.

*Orders must be received by December 8th.*



## "Honey Do" Home Ministry

Do you know someone who needs minor repairs around the home but has little or no resources? We can do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, replacing a door lock or other small projects. Referrals or requests can be made by contacting: goldcanyonhoneydo@att.net or calling John or Nancy at 907-232-8203. Still need male and female volunteers with various skills!



## Do Yourself and Your Family A Favor!!



It may seem a bit intimidating, and maybe you've been putting it off for quite some time, but here is an opportunity for you to lift a weight off of your shoulders. On **Friday, December 6th, at 10:00 am**, in the Koinonia Room, GCUMC will host an informational event to assist members in pre-planning for those things that will need to be taken care of upon their own death, or death of a loved one.

Come take notes and ask questions as Sandy Perin, Family Service/Advanced Planning Manager, of "A Wise Choice Cremation and Funeral Services" walks you through steps which will ease your mind, as well as any future burden on your children or other loved ones upon your death.

If you have any questions about the event prior to Dec. 6th you may call the church office, or Terry Parsons at 480-982-6578).



## "Singles Moving Forward" (SMF)

There are good ships.  
There are wood ships,  
Ships that sail the sea.



But Lord, the best ships  
Are our friendships.  
And may that always be.

Gold Canyon United Methodist  
Singles Moving Forward Group (SMF)

***Happily Invite All Singles  
To Their  
November Social!***

To be held ***Saturday,  
November 9th***

At Gold Canyon United Methodist  
Church  
Located at 6640 S Kings Ranch Road  
In the Koinonia Room  
5:00pm

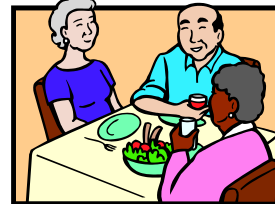


To sign up you may contact:

Judy: 480-646-1713 / wellsjdth@aol.com  
Donna: 480-671-3367 / girlydonna@msn.com  
Velma: 480-215-8031 / velmastockton@aol.com

ALL SENIORS ARE WELCOME to Gold Canyon United Methodist Church Singles Moving Forward group!

**Come Join Us!  
Meet a New Friend  
and Connect  
with an Already Friend**



## Desert Diners ~ Dinner for 8

There will be a get together on Thursday Sept 26 at 6:30 pm in the Koinonia Room to form new groups with Desert Diners/Dinner for 8. If you are interested in meeting new friends and enjoying a meal together once a month this will be something you will want to sign up for. Each group will have 8 people (4 couples but singles are certainly welcome). If you have not returned from your Summer stay in the cooler weather and want to be a part of a group, please email me your names and contact information and I will make sure you are included in a group carollindaman@gmail.com.



## Prayer Shawl Ministry

This ministry meets at GCUMC twice a month throughout the Fall and Winter months. All knitters and crocheters are invited to come! So please watch for information in the Newsletter and Bulletins for our upcoming Fall schedule. Please join us to make shawls and lap robes to give to members of our church family who are ill, or in need of comfort. Call Nancy Miller for details, 480-882-3226.



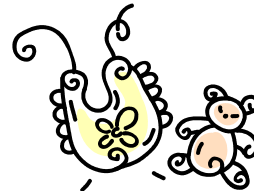
## *How Was Our Visit to St. Andrew's Clinic? Read On...*



A BIG THANK YOU for the 9 volunteers that went on the St. Andrews all-day visit, October 3, 2013. I know it was a rewarding experience for all. Thank you to all who made donations from the wish list... a big thank you to all the quilters/knitters/crocheters who contributed their time and expertise...also a thank you to all who collected stuffed animals. You can never know how rewarding it is **to see the smile on a child's face when they receive such items.** Please continue to collect for our trip in March, 2014. We will announce the March trip in the newsletter and bulletin, so if you would like to participate in this experience you can sign up. There have also been some changes in the items that St. Andrews is requesting. **They no longer want us to provide clothing or toiletries.**

### *Listed below are the items that Gold Canyon United Methodist was able to deliver:*

- |                                 |  |                                |
|---------------------------------|--|--------------------------------|
| ▪ 29 Hand knitted hats          | ▪ 5 Blenders   | ▪ 15 Prune cans juice          |
| ▪ 7 pair Hand knitted booties   | ▪ 108 AA batteries   | ▪ Large bag Tennis balls       |
| ▪ 2 Hand knitted sweaters       | ▪ 12 Pair flip flops   | ▪ 9 Large packs baby wipes     |
| ▪ 9 Fleece blankets             | ▪ 2 Receiving blankets   | ▪ 156 diapers                  |
| ▪ 9 Large afghans               | ▪ 79 Toiletry cloth bags   | ▪ 5 Large bags stuffed animals |
| ▪ 83 Large Quilts               | ▪ 79 Toiletry kits (toothbrush, toothpaste, combs, soap, shampoo, conditioner, lotion) | ▪ 1 Hearing aid                |
| ▪ 19 Small afghans              | ▪ 4 Large Lysol wipes  | ▪ A few miscellaneous items    |
| ▪ 7 Lap blankets                | ▪ 2 Large Clorox wipes   | ▪ \$ 108.38 Money order        |
| ▪ 1 Umbrella stroller           |  |                                |
| ▪ 5 Year supply, kids' vitamins |  |                                |



## *Stitches Unlimited or Quilts for St Andrews Clinic*



On Thursday, October 3rd, the quilts and afghans we had made went to St. Andrews clinic. We know that the kids and families appreciated *every one*.

Our group makes and donates quilts to the **St Andrews Clinic**. The quilts we make range from infant size (about 40" x 40") to quilts for older kids (about 42" x 60"). Donations of quilts of any size are accepted. We would also accept crocheted afghans. We are also making doll quilts (about 24" x 24") for the children at Christmas.

We have been at work all summer. We have quilt top kits already cut for simple ABC style quilts, directions included. If you sew come pick up a kit and sew a quilt top for us, return it and we will do the rest, putting batting and backing with it. Kits are located in the library room behind the kitchen. We sew toiletry bags for St. Andrews as well. Those kits and instructions are also available.

Come join us on the **last Tuesday** of every month. We work year round. Bring your sewing machine and sew (we do have a couple of machines here), your rotary cutter and cut kits, fron, or pick up some kits to sew at home.

We would also gladly take donations of cotton, flannel, light weight denim, light weight corduroy, seersucker, and fleece, in solids, tone on tone, and kid friendly prints. Any size pieces are great. Slightly used sheets (or new) are good for backing too.

Remember Matthew 25:40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'" For questions or more info call Bonnie Becker at (480) 629-8796.

## GCU MC Calendar November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div><div>Key</div><div>AA=Alcoholics Anonymous 101/102=Room 101/102 Kit = Kitchen Sanc =Sanctuary Music or M =Music Room</div></div>	<div><div>Ed.=Education Building WOW=Witness our Wonder (Outreach) K = Koinonia Room SoftG=Sea of Galilee Room</div></div>				
3 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child; Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 1 pm Disciple I- 101/102 5 pm Country Western Worship 6:30 pm Youth—Ed.	4 9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Disciple I-101/102 3 pm Stephen Ministry Mtg 6:30 pm Nominating Committee Mtg—Work Room 7 pm Al-Anon—101/102	5 11 am Grief Support—S of G 1 pm Disciple I-101/102 1 pm W.O.W. Mtg—S of G 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-M	6 11 am Cancer Support-101/102 11:30 am Girl Scouts-S of G 4:30 pm Pioneer Club-SoftG 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm Orchestra Reh—M	7 1 pm Disciple I-101/102 6:50 pm Choir Rehearsal-M	8 10 am Mind Menders-Rm 101/102 5:30 pm AA—101/102	9 9:30 am Choir Rehearsal for Christmas Concert-M 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ 5 pm Singles Moving Forward Event—K Rm
10 8:30am-Noon Buffet Honoring Summer Greeters- West Patio (Between Services) 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child; Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 1 pm Disciple I- 101/102 3pm Celebration of Veterans-Community Event-Sanctuary 5 pm Country Western Worship 6:30 pm Youth—Ed.	11 9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Disciple I-101/102 6:30 pm Finance Committee Mtg—Pastor Freds Ofc 7 pm Al-Anon—101/102	12 11 am Grief Support—S of G 1 pm Disciple I-101/102 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-M	13 11 am Cancer Support-101/102 4:30 pm Pioneer Club-SoftG 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm Orchestra Reh—M	14 9am—Noon Congregational Care Ministry(CCM) Trng-S of G 10 am Where Moms Connect-Youth Rm 12pm-3pm Congregational Care Ministry(CCM) Trng-S of G 1 pm Disciple I-101/102 6:30 pm Where Moms Connect-Youth Rm 6:50 pm Choir Rehearse-M	15 5:30pm AA—101/102 7:30pm Concert, Priority Male & the Pitchforks (ASU a cappella groups), GC Saxophonists Fundraising Event	16 9:30am-12 Choir Rehearsal for Christmas Concert -M 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ Jr. High Youth “Big Day of Service” - San Diego
17 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child; Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 1 pm Disciple I- 101/102 5 pm Country Western Worship 6:30 pm NO Youth Fellowship Tonight Jr. High Youth “Big Day of Service” - San Diego	18 9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Disciple I-101/102 3 pm Stephen Ministry Mtg -Rm 101/102 7 pm Al-Anon—101/102	19 11 am Grief Support—S of G 1 pm Disciple I-101/102 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-M	20 11 am Cancer Support-101/102 11:30 am Girl Scouts-S of G 4:30 pm Pioneer Club-SoftG 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music NO Orchestra Reh Tonight Church Conference 6 pm SPRC Mtg-S of G 6 pm Pre-Conf Meal 7 pm Conference-Open Mtg	21 10 am Where Moms Connect-Youth Rm 1 pm Disciple I-101/102 6:30 pm Where Moms Connect-Youth Rm 6:50 pm Choir Rehearsal-M	22 10 am Mind Menders-Rm 101-102 5:30 pm AA—101/102 7:30 pm Hutchins Consort Violin Performance (GCAC)-Sanc	23 9:30am-12 Choir Rehearsal for Christmas Concert -Sanc 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ
24 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child; Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 1 pm Disciple I- 101/102 5 pm Country Western Worship w/ The Houser Gang, Potluck Follows 6:30 pm Youth—Ed.	25 9:30 am Bible Banter-Mtn Brew Coffeehouse 1 pm Disciple I-101/102 7 pm Al-Anon—101/102	26 9 am In Stitches-101/102 11 am Grief Support—S of G 1 pm Disciple I-101/102 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-M	27 8 am Newsletter Team-M 11 am Cancer Support-101/102 4:30 pm Pioneer Club-SoftG 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm GCU MC Orchestra Rehearsal—M	28 Thanksgiving Day Church Office Closed	29 Church Office Closed 9am-Noon Annual Hanging of the Greens-Entire Campus 5:30 pm AA—101/102	30 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ

## Birthdays

1-Nov Gladys Kay  
Teri Lukas  
Joel Hurley  
2-Nov LuAnn Holec  
Richard Moore  
Laura Wright  
Merry Bell  
3-Nov Doug Benton  
Lucas Pape  
4-Nov Betty Hammond  
Mary Ann Wing  
5-Nov Edward Easter  
Shirley Matzke  
Bob Mott  
Betty Rolley  
Marilyn Thomas  
Jan Zabel  
Kay Ceynar  
6-Nov William Curtis  
JJ Hayes  
7-Nov Marge Hodgin  
8-Nov Brad Daniels  
Bud Goodrich  
Rich Graham  
9-Nov Cheryl Hall  
Rich Haraldson  
10-Nov Betty Fenske  
Lu Johnson  
Patricia Zirjacks  
11-Nov Patricia Fleck  
Ann Adkins  
12-Nov Andy Anderson  
Mark Brooks  
Ward McCleary  
Kevin Holland  
Kathy Beebe  
13-Nov Maggie Toner  
Clarence Hodges  
14-Nov Michael Adams  
Alyce Ancell  
Linda Austin  
Kade Owen  
15-Nov Gloria Jean Korell  
16-Nov Debbie Hellyer  
Judy Johnson  
Michael Shaw  
17-Nov Dave Hahn  
Daniel Hoeter  
Dottie House  
Calvin Quinn  
Sue Vorseth  
Rodney Wood  
LaDonna Howell  
James Bjorklund

## November Celebrations

18-Nov Marlene Edwards  
Michael Sheridan  
Gaylord Hart  
19-Nov Orville Slagle  
Audrey Whittier  
20-Nov Ron Borders  
Heddy Moore  
Wally Quanstrom  
Eldon Junkermier  
Matt Rhoton  
Robert Adair  
Carole Bailey  
Donna Bailey  
21-Nov Steve Kinder  
Sandra Mueller  
Retha Oolman  
Mike Paul  
Floy Kilbourn  
22-Nov Glenn Bargman  
Myrna Eshelman  
23-Nov Janice Anderson  
Martha Benton  
Robert Myers  
Alyssa Houseman  
Lewis Karin  
Steve Dulaney  
Marilyn Weinhold  
24-Nov Noreen Carlozzi  
David Moore  
Jayne Urbach  
Ranford Warren  
Rich Bogle  
25-Nov Adam Cascaden  
Jim Griffith  
Brenda Rahaneotis  
Ruth Rosetti  
26-Nov Gene Crawford  
Alice Hick  
Agnes O'Byrne  
Madlyn Whalen  
27-Nov John LaViolette  
Rev. Nolan Williams  
28-Nov Sharon Jelinek  
29-Nov Lynne Confer  
Wade Hoff  
Carma Kostecka  
30-Nov Mary Ann Atkinson

## Anniversaries

3-Nov David & Lucy Kidwell  
Paul Roberts & Margaret Ball  
6-Nov Roy & Andrea Pape  
9-Nov Paul & Bobbie Ryan  
Cam & Jan Zabel  
12-Nov Jeff & Jane Hayes  
James & Deborah Primeau  
17-Nov Pat & Kim Shroyer  
Don & Margie Little  
19-Nov James & Alice Bjorklund  
20-Nov Herbert & Jennifer Adams  
21-Nov Wayne & Jackie Beam  
22-Nov Rev. Hu & Wendy Rhymes  
24-Nov Rodger & Joanne Burris  
Wayne & Blanche Fritz  
25-Nov Ron & Nancy Trout  
Peter & Carol Johnson  
Reg & Diane Head  
28-Nov Warren & Ginger Martindale  
29-Nov George & Marilyn Larson  
Neil & Judy Johnson  
Abed & Dr. Karen Mogharbel  
Steve & LuAnn Holec  
30-Nov Michael & Betty Humphrey  
Bruce & Sue Berg



*If your name isn't on this list  
(or you know of someone who  
should be), please call the of-  
fice with the information.*

*We truly don't mean  
to leave anyone out.*



## Gold Canyon United Methodist Church

6640 S Kings Ranch Road

Gold Canyon, AZ 85118

Phone: 480-982-3776

Fax: 480-671-0028

Office Email: [churchoffice@goldcanyonumc.org](mailto:churchoffice@goldcanyonumc.org)

[www.goldcanyonumc.org](http://www.goldcanyonumc.org)

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Permit No. 64

### GCUMC Staff

Senior Pastor	Fred A. Steinberg: <a href="mailto:revstein78@gmail.com">revstein78@gmail.com</a>
Associate Pastor	Fay Quanstrom: <a href="mailto:fay.quanstrom@gmail.com">fay.quanstrom@gmail.com</a>
Associate Pastor	Bob Deits: <a href="mailto:bobnjune@cox.net">bobnjune@cox.net</a>
Director of Congregational Care	Jody Topping <a href="mailto:jody@goldcanyonumc.org">jody@goldcanyonumc.org</a>
Director of Education	Katharine Keller <a href="mailto:ladiebug1214@gmail.com">ladiebug1214@gmail.com</a>
Director of Music Ministries	Douglas J. Benton <a href="mailto:bellmaster@earthlink.net">bellmaster@earthlink.net</a>
Associate Director of Music	David Ballard <a href="mailto:ballardsaz@earthlink.com">ballardsaz@earthlink.com</a>
Associate Director Of Music	Cynthia Hoff <a href="mailto:cynthialeehoff@gmail.com">cynthialeehoff@gmail.com</a>
Director of Youth Ministries	Wendy Moore <a href="mailto:GCUMCYouth@earthlink.net">GCUMCYouth@earthlink.net</a>
Pianists	Carol Ballard/Linda Jones/ Marty Robison/Nancy Virden
Office Manager	Kim Shroyer <a href="mailto:churchoffice@goldcanyonumc.org">churchoffice@goldcanyonumc.org</a>
Administrative Associate	Katherine Keller
Volunteer Coordinator	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care Taker	Rick Ceynar

E-mail Prayer Chain: [gcumcprayers@mchsi.com](mailto:gcumcprayers@mchsi.com)



[www.facebook.com/goldcanyonumc](http://www.facebook.com/goldcanyonumc)



[@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

Addressee or Current Resident

### SUNDAY SCHOOL SCHEDULE

*Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.*

- ✝ 8:00 AM ~ Adult ~ Room 101/102
- ✝ 9:30 AM ~ Children
- ✝ 9:30 AM ~ Youth
- ✝ 10:50 AM ~ Children



### Please Help GCUMC Save Postage!

Make the switch! Get your Roadrunner Newsletter by e-mail. You can receive it at multiple e-mails in the same household. Fill out your name(s) and e-mail(s) below. Place in offering plate, mail it to us, or turn it in to the church office. You can also e-mail us with your e-mail address at [churchoffice@goldcanyonumc.org](mailto:churchoffice@goldcanyonumc.org). Thanks!

1. Name \_\_\_\_\_ and

E-Mail \_\_\_\_\_

2. Name \_\_\_\_\_ and

E-Mail \_\_\_\_\_

### WORSHIP SCHEDULE

**8:00 & 9:30 AM**

**Traditional ~ Sanctuary**

**10:50 AM**

**Praise ~ Koinonia Room**

**5:00 PM**

**Country Western ~ Koinonia Room**

*Childcare Provided at ALL Services*