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Vol. 27

January 2014

No. 1

**From The Pastor:
"25th Anniversary"**

We will celebrate the 25th Anniversary of Gold Canyon United Methodist Church on Sunday, January 26th. I have invited former pastor Rev. David McPhearson to preach at the morning services on the 26th. During those services we will take a look back at the faith journey of our church.

I know that shortly before I arrived 17 years ago that our church struggled to move out of the Gold Canyon Elementary School and build a new building at our current location on Kings Ranch Road. The church invited a Church Growth Consultant to evaluate the finances of the church, the growth potential of Gold Canyon, and the commitment of the members. After interviewing many people the **consultant reported that it wouldn't be possible** for our church to build. Our church members became angry with the report and built the first building anyway. I certainly am glad that our church had faith, determination and commitment to move ahead. It is interesting to note that we paid off the first building debt in only four years.

Several years later the first building was packed during the winter time. We held four services on Sunday mornings in the Koinonia Room. **We allowed only 14" of leg space so we** could cram 450 people in for worship. Our seating was as tight as airplane seating. I remember the choir surrounded me as I

preached on Sunday morning. I could have reached out to my right and tapped 3 choir members on the head. The pulpit I used in those days was like a box. I think it was designed to keep the choir out of the pulpit.

I give thanks for the faith and actions of this congregation in the first twenty five years. But I also know that the best days of this church lie in the future. Who knows what the next 25 years will bring. I will see you on Sunday.

Grace and peace,

Fred**January Sermons****Jan. 5th** – Forgiveness – Balloons**Jan. 12th** – Needing God In Your Life**Jan. 19th** – Forgiveness – 3H**Jan. 26th** – 25th Anniversary*"Following Jesus, Serving Others"*



Christian Education

By Katharine Keller

"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."

Ladies' Retreat

Ladies, we invite you to sign up for our one-day retreat on **Saturday, February 1, 2014, from 8am – 4 pm** at the Arizona Golf Resort at the corner of Power and Broadway in Mesa. Our theme is ***"Café Chocolat: where women delight in God's grace"***. If you're like most women, simply thinking about chocolate brings a smile to your face. And the thought of hanging out at a café with friends, while enjoying a cup of a favorite hot beverage, nibbling on a brownie or bit of chocolate pie, laughing, talking, and relaxing together - **it's a perfect gathering!**

Café Chocolat is a retreat where women slow down and enjoy time with other women and with God. It's an in-depth Bible study, an unforgettable worship experience, and an open invitation for women to delight in God's goodness and grace...and it's super fun!! Throughout the retreat we'll use chocolate as a metaphor for God's grace - so even though we won't eat more than a few bites, we'll taste God's goodness in abundance.

(Please note: any time chocolate is used, you may opt out of eating it if you have dietary concerns or simply do not care for chocolate. Sugar-free options will also be available).



Cost for the day will be **\$65**, which covers a continental breakfast, super lunch, and all the materials for the day. Registration forms are available now. A non-refundable \$35 deposit is a must to hold your reservation, with the remainder due one week before the retreat. If you cannot go, but wish to

sponsor an attendee, please contact Katharine Keller.

Deadline for signing up for this retreat is Sunday, January 26th.



Sidewalk Children's Ministry



Christmas has come and gone, but the joy filled memories will live on. We had many lessons leading up to **Jesus' Birthday**. The children decorated and filled 30 Christmas stockings with little toy items and spiritual messages. Stockings were given to The Salvation Army in Apache Junction. The children received Christmas bags from UMC Conference center, with a visit from Santa too. Many thanks to all the people at Gold Canyon UMC that gave gifts for the Angel Tree. Your generosity of spirit helped brighten the Christmas holiday for the children and their families.

As we look forward to the New Year with Sidewalk, we will continue nurturing and loving the children through God's word. Our ministry has been so blessed, with God's favor, and all the generous donations from the Gold Canyon UMC congregation, and our community. Thank you to all the wonderful volunteer Shepherds, and for your dedication to the children of Sidewalk. Please call Sherry Hussein at 480-529-9621 if you would like to volunteer. Sidewalk meets every Saturday, October-April, 10:00 am -12:00.

Blessings for a New Year filled with Hope, Peace, Joy, and LOVE.





Confirmation ~ Our Confirmation Class for youth will begin **Tuesday, January 21st at 5:30 pm** and will meet for 13 consecutive weeks. Part of the course of study will include class time as well as field trips. Confirmation Sunday is April 27th. Currently we have four students enrolled; if you have not discussed having your student participate, please immediately call Katharine in the church office.

Worship

The body of Christ demonstrated their generosity once again right before Thanksgiving. Food stuffs were donated to Genesis Project and the church food bank.



Church Ladies Adventure Club



December Moonlight Hike at the Lost Dutchman State Park



Breaking Free (Updated Edition): The Journey, The Stories, Beth Moore Bible Study 2014



Join us for another Bible journey unlike those we have done before. Do you have a yoke, something that binds you, perhaps you are struggling with? Or perhaps you know someone else who is going through hardship or is brokenhearted for whatever reason. Sometimes we don't know we are in captivity until God begins to work in our lives. You're not persuaded? Take God's word for it (taken from The Message): "Christ has set us free to live a free life. So take your stand! Never again let anyone put a harness of slavery on you." (Gal.5:1) Come discover the power of freedom in Jesus Christ. Come, let's do it together. We'll glorify God and break those chains.

Breaking Free **begins, Wednesday, January 8 for 11 weeks.** Keeping with tradition, we will have our salad luncheon and watch the Introductory Video **January 8 at 10:30 am** All remaining sessions will meet **Wednesdays at 9 am** We will be finished with the study before many of you need to return to your homes for the summer. Signup sheets are posted in both buildings. And, member books are \$18. If we get them in before January, we will have them available at a table between Sunday morning services, or you can pick yours up January 8.

Our annual Salad Luncheon is always a fun time. We try to be somewhat organized, so if your last name begins with the letters A-J please bring a bread to share. If your last name begins with the letters K-O please bring your favorite salad to share. And if your last name begins with the letters P-Z please bring your favorite dessert. If it is asking too much for you to bring something for whatever reason, please just come. We always have way too much anyway. And, if this is your first year to join us **please don't bring anything, just be our guest.** Come, socialize and see who your classmates will be. Fun! Look forward to seeing all of you again, and please bring a friend. If you have any questions, please call Diana Linton at 480-229-0706.

Gold Canyon UMC Youth

Gold Canyon United Methodist Youth Group News

Wendy Moore, Youth Director

Big Day of Service

Our "Big Day of Service" in San Diego, California was awesome! We took with us a wonderful group of junior high teens who have started on their journey of service through mission trips. We helped clean up a very sad street in the San Diego area. The street has a reputation that keeps most people away. The people who live on it feel as if no one really cares, but

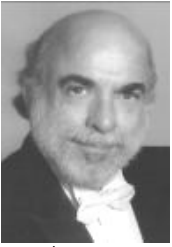


with this service day we really hope we changed their minds or at least gave them some hope. We cleaned up trash, spread mulch to beautify the landscape, and were very friendly and positive to all the residents. As always with any trip there were things that went well and things that could have gone better, but overall I think all the teens who participated would agree it was well worth the time and effort they put in.

The New Year ~ 2014

We are very excited about the New Year 2014!! We have lots of ideas of things we would like to do! But as we finished out 2013 I, as the youth leader, was struck by who our teens and young adults are. By that I mean from the youngest (13 years old) to the oldest (21 years old) they are filled with the love of God. The younger ones could not wait to go out and clean up other peoples trash and spread smelly mulch to make **someone else's life better** and the oldest ones are heading out on another mission trip this summer and in some cases this is the 6th, 7th, or 8th trip they have been on. Some of our young adults are going to be able to participate in the international mission trip to Costa Rica this year. When you hear our stories and see **these numbers**, we as a group want you to know **this wouldn't be possible without your love and support as a congregation**. You have had a huge part in making these teens into who they are today and that is servants of the Lord. So I hope you will enjoy hearing the stories and seeing pictures in the newsletter of our journeys and adventures in 2014!

God Bless You for all you do for the Youth and Young Adults at Gold Canyon UMC! We hope you have a wonderful 2014!!



Music Notes

Where has the time gone? It is January – **already!** Actually, it's mid-December as I write this, but who is keeping track?!

This is a time of reflection on the past year, and a time of anticipation, expectation and excitement as we look toward the future. In terms of reflection, I am truly humbled by the incredible dedication and talent of all our musicians at Gold Canyon United Methodist Church! All the extra work and rehearsals that went in to making our Christmas Concert so special, plus the service music on Sunday mornings and afternoons, plus the camaraderie of all participants in each group: Chancel Choir, Canyon Carillon, Houser Gang, Joyful Noise, One in the Spirit, Orchestra, Uncommon Grace, Youth Handbell Team and all the soloists, ensembles, instrumentalists and accompanists that perform for Preludes, Offertories and Special Music! This church is truly amazing, and I am so very privileged and blessed to be a part of this! Thank you all!

Looking ahead to 2014, I am intensely excited about all we are preparing to do! Again, every day **I feel like I've died and gone to heaven.** I thank God every day for Mary Ann Warren, my predecessor, who developed such a great music ministry. Also, I thank God daily for Pastor Fred and those who hired me, for giving me the opportunity to work with our great musicians and to make great music with these people for His church.

If you would like to become part of our Music Ministry, feel free to give me a call anytime. If you can sing on pitch and read music at least a little, come join our **Chancel Choir**. We rehearse on **Thursdays from 6:50 – 8:30 pm**. If you play an instrument, or if you used to and would like to do it again, come join our **Orchestra** which meets on **Wednesdays from 7:00 – 8:00 pm** in the Music Room.

This month we have two outstanding performances for you. First, the renowned tenor from Branson, MO, **George Dyer** again comes to GCUMC for two concerts: **Friday, January 10, 7:30 pm** and **Saturday, January 11, 3:00 pm**. He was named *Vocalist of the Year* by Bransoncritic.com and *Best Male Vocalist* by Bransonshowawards.com. His programs will include classical, sacred, popular, standards and Broadway music. If you like Josh Groban, Mario Lanza or Il Divo, you will love George Dyer! Both concerts will certainly fill quickly, as they have every year since he has been here, so

come early! Doors will open 45 minutes prior to each concert!

Once again we present the internationally renowned **Legacy Quartet** in their 8th annual concert here on **Sunday, January 26 at 3:00 pm**. This group began in 1981 and has toured throughout Australia, Korea and the United States presenting their exceptional blend of Southern Gospel music and so much more! Their program will include sacred, some contemporary Christian, patriotic and popular music that continues to expand their vast group of followers. Again, the Sanctuary fills up fast for this very popular group! Get here early! Doors will open at 2:15 pm.

Both George Dyer and Legacy Quartet are open to the public at no charge as free will offerings will be received. Everyone is asked to please bring at least one non-perishable food item per person for the GCUMC Food Bank. This is an excellent opportunity to bring family, friends and neighbors to our church and share some fantastic music. They will thank you!

As we all know, we are celebrating the 25th Anniversary of Gold Canyon United Methodist Church on Sunday, January 26th. The anthem that morning will be a very special piece of music commissioned by our church for this occasion. Written by Joel Raney, who wrote most of the combined organ/piano/handbell pieces we play, this commissioned piece is written especially for our Chancel Choir, Agape Brass Quintet, Canyon carillon, timpani, organ and piano! **I can't wait to share this great piece with you, our congregation and friends!** What an exciting time that day will be for all of us!!!

May God continue to bless us throughout this new year.

Doug

Douglas J. Benton,
Director of Music Ministries



Healthy Living

News from the Health and Wellness Ministry
of Susan Malloy, Parish Nurse

✝ Wishing You a Happy and Healthy 2014!



Greetings to each of you in the New Year! May God's blessings fall upon you in unexpected and delightful ways. I had the pleasure of attending a wonderful seminar called "**Prayer in Motion**" on December 7, 2013 and am excited to share with you the concept in this January article. My hope and prayer is that we will be able to have this opportunity for those who are interested to attend a similar yet shorter version so that we may begin to offer **Prayer in Motion** as an opportunity for health.

This is not just an exercise in the physical sense but in the spiritual sense as well. Our spiritual muscles need exercise too. **Prayer in Motion** is the concept of local physician Dr. Ann Borik, an Internal medicine physician and hospitalist at Mercy Gilbert Hospital. She was blessed by God to develop this to help her grandmother, who had suffered a stroke. Utilizing her grandmother's strong faith in God to be worshipful and increase her strength and stamina post stroke.

With much diligence she developed motion and music with prayer paving the way toward connecting your mind, body, and spirit. The scriptures demonstrate Posture and Prayer as found in Exodus 15:20 "Some danced and sang their prayers". Psalms 47:1 – "Some clapped their hands and shouted for joy" Psalm 95:6 "Some knelt before the Lord" and in 1 Timothy 2:8 "Some prayed with holy hands lifted high". **Prayer in Motion** gives us the opportunity to Experience Prayer on a deeper level, while providing us the means to improve our health. The word Posture refers to our physical body, and attitude of the heart and prayerful expression using sign gestures.

Examples of how incorporating **Prayer in Motion** can impact your health include these specific areas- 1-*Cardiovascular system* - one of the major causes of Cardiovascular disease is related to the word "stress" which comes from the Latin word and means to bind tight or constrict-one such diagnosis is "Broken Heart Syndrome". **Prayer in Motion** is not only Oxygen for the soul but for the heart as well. 2-*Insomnia* - a symptom of a much deeper problem that can be improved as well. Many folks today suffer from this due to the stressful world we live in, as well as certain health conditions and medications. It often occurs with

other emotional disturbances such as anxiety, nervousness, and depression. It is possible to prepare the **body and brain for a good night's sleep**. Recommendations include soft music, gentle movement, quiet meditation and prayer. Depression which is so rampant in today's world can be improved and overcome. Research shows the brain responds to positive activity such as praying. 3-*Parkinson's Disease* - research shows that slow coordinated movement with music and intention helps calm the tremors of in early Parkinson's and can help delay further deterioration.

Many of us suffer with muscle aches and pains (Arthritis, Fibromyalgia etc). We are out of shape and unfit. Since the musculoskeletal system is made up of bones, muscles, and joints we can utilize **Prayer in Motion** to become strong again because the by-product of **Prayer in Motion** is STRENGTH, FLEXIBILITY, AND BALANCE. All of these are crucial for remaining healthy and independent in our later years.

You see **Prayer in Motion** is a **WIN - WIN** for us all. I trust you will plan to join us as we prepare to start this in later January or early February 2014. Call me @ 480-390-1496 if you would like to help start or participate in this program.

Happy New Year!

Susan Malloy RN BSN GCUMC Parish Nurse



**Deadlines: February Roadrunner, Jan 10th
Weekly Bulletin, Noon Wednesdays**

Your GCUMC Publications are brought to you by:
Bill Atkinson, Georgia Kirkpatrick, and Kim Shroyer,
with help from the Friday Bulletin Team,
the Roadrunner Assembly Team,
and many other volunteers along the way!

DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... **Romans 13:8 (NIV)**

November	2011		2012		2013		2012	2013
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	25201	11411	22797	10515	19033	8009	1125	1064
2nd	16067	4584	18732	4102	12663	3571	1123	1150
3rd	15699	5137	16286	3882	12930	5363	1266	1292
4th	13742	3594	16277	4055	13334	6274	1359	1382
5th	0	0	0	0	0	0	0	
Total	\$70709	\$24725	\$74092	\$22554	\$57,960	\$23,217	4,873	4,888



Electronic Funds Transfer (EFT)

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers an easier way to support our ministries. Our electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by notifying us in writing. We believe that once you have enjoyed the convenience and savings of this program, you won't want to go back. Contact the church office now!

GCUMC Scholarship Program



Our church is fortunate to have a member who has established an endowed scholarship fund available to members of GCUMC. The committee awarded 12 scholarships to deserving members of our congregation for the 2013-2014 school year.

Our scholarship committee has recently broadened the program to enable other members to make designated contributions for scholarships. To learn more of the details about the GCUMC scholarship program, please find brochures at the Information Center in the Narthex, or in the church office.

Also, see the article on page 13 for more details on our *Permanent Endowment Fund*.

Church Wish List

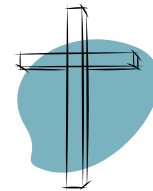
Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items that will better enable us to fulfill our mission as a church:

- ✚ Pave the North Parking Lot - \$400,000
(Received \$130,000 so far)
- ✚ Playground - \$20,000-40,000
- ✚ Stained Glass for upper Sanctuary windows
\$105,000 (\$3,000 per panel)
- ✚ Organ Pipes
- ✚ Building Fund Loan Payoff
(\$34,000 prepaid in 2013)





Pastoral & Congregational Care



Improving our Spiritual Health

Happy New Year!! Have you made your New Year's Resolutions yet? If you're like so many of us, you've not only made your resolutions, but you may have already broken them by the time you read this article! Sadly, that's what often happens with New Year's Resolutions. We want to make positive changes in our lives, but our motivation is lacking, and the first time we fall off the wagon (so to speak), we give up and spend the rest of the year beating ourselves up for having failed ourselves and others yet again.

This year, instead of making resolutions that focus on our outward appearances, what if we worked toward improving our spiritual health? In an article entitled "Spiritual Healing Should Be One of Your New Year's Resolutions", the author suggests three things we can do to improve our spiritual health:

Forgiveness ~ First of all, you must truly forgive those whom you believed to have harmed you. To truly forgive means that you acknowledge the offense, and perhaps, confront the person (if necessary), and move on. The incident should not persist in your mind anymore and when you see the person, you should feel comfortable around her.

Exercise ~ Everyone knows that exercising truly releases endorphins that make you feel happier. So start a daily exercise regimen to get you on track for better mental health. You don't have to start out running a marathon; instead, start out with walking about 15 minutes a day until you reach a rigorous routine that works for you.

Connect ~ Once you wind down from exercising, don't forget to call friends or family. However, make sure that you surround yourself with those who are supportive of you and who lift your spirits. This is also a good time to examine relationships that you might need to let go of because they bring you down. Always remember that your inner circle of friends and family should consist of people that show their love for you by listening to you when you need someone to talk to, supporting your dreams or ideas, celebrating

your successes, and making you feel like you are okay.

By concentrating on these three activities – forgiveness, exercise, and connecting with those we love – instead of some lofty, hard-to-achieve resolutions, we can all lead a more spiritually fulfilling life and be spiritually healthy, if not physically healthy as well.

Beating the January Blues

According to Dr. Cliff Arnall, a researcher from Cardiff University in Britain, the 3rd Monday in January is the most depressing day of the year. Some of the factors that cause us to be depressed on this day include the weather, consumer debt from holiday spending, and failed New Year's resolutions, among other things. If, by the middle of January, you start feeling blue, here are a few things you might consider doing in order to pep up your mood:

Try something new. Dwelling on the things that have gone wrong since January 1 is a waste of energy. Instead, try doing something different – something you've never tried before. It doesn't have to be complicated, like learning to speak a foreign language! It could be something small, like trying out a new restaurant, or shopping at a different grocery store...anything to get you out of the rut you feel like you're in.

Get Physical. Exercising can boost your mood as endorphins flood your brain. Again, you don't have to go join a gym or hire a personal trainer. Try taking a brisk walk around your neighborhood or through your local mall before the stores open. You might just enjoy it!

Contact a friend or relative you haven't seen for a while. Try writing them a note or an email...or better yet, try finding them on Facebook! You'll be amazed at how reconnecting with a friend from your past can boost your mood!

Pamper yourself. Make sure you're getting enough sleep at night, eat well, even spoil yourself with a massage, a pedicure (guys, you'd be surprised how wonderful you'll feel after a good foot massage!!), or a night out on the town with that special someone or a friend.



Watch for signs that you might be in trouble...and ask for help. If you find yourself sleeping more or less than you usually do, if you get up in the morning and don't want to get out of your pajamas, if your appetite either increases or decreases, or you feel anxious or angry, you may be on the verge of becoming depressed. We highly encourage you to seek help from a pastor or counselor if you start feeling this way.

Remember, we are here to help should you find you need someone to talk to during the month of January or anytime during the year. Our Pastors, Stephen Ministers, and Congregational Care Ministers are trained to help you through whatever difficulties you may be facing, whether grief, sadness, stress, anxiety, employment issues, or family problems. We can also recommend Mental Health professionals (psychiatrists, psychologists, or counselors) who can help you as well.

We know that all things work together for good to those who love God (Romans 8:28). God wants what is best for us. God wants us to be happy and healthy, and God wants us to seek help when we need it. May God be with you along your journey of life, in good times and in bad.



ARE YOU IN NEED OF PRAYER SUPPORT OR A PASTORAL VISIT?

If so, please call Jody Topping, Director of Congregational Care, either at the church office (480-982-3776) or on her cell phone (480-766-9272).

Our Congregational Care team is available to visit and pray with you whatever the reason. If you would like to receive prayer prior to surgery, please let us know when and where the surgery is taking place. We will also wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer **prayer support**. And, if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.

Genesis Project, Homeless and Other Families In Need Of A Few Items



Tents are needed, to be distributed to the homeless. Also, a family we are aware of needs a **washing machine**, if you have one in good working order that you could donate. If you can donate any of these items, contact Gail at 480-268-0918.

The Genesis Project, where we help feed the homeless and clothes are distributed, is in dire need of **men's jeans** - used or new - sizes 34 - 40. If you can donate jeans, please bring them to the office and mark them for Genesis. Thank you!



SUPPORT GROUPS

MIND MENDERS

Meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

CANCER

The cancer support group is back! This active group meets weekly on **Wednesdays, at 11 am, in Rm 101/102**. The group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For additional information you may call: Dee Ashe at 480-924-5483, or 480-685-7175 or email her at deenashe7580@gmail.com.

GRIEF

This group meets **every Tuesday** from 11 am to noon in the Sea of Galilee Room - Ed. Bldg. Rev. Bob Deits leads the group the 1st & 3rd Tuesdays of the month, and Parish Nurse Sue Malloy the 2nd & 4th Tuesdays of the month. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-396-4838.



Global Missions

"The world is my parish." – John Wesley

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."



Off to Costa Rica in January!

Two teams of GCUMC members will spend a week at Universidad Biblica Latinamerica in San Jose, Costa Rica in January. This is the third year of participation in the projected four-year project to build housing on and adjacent to the campus. Four work-team built homes are now rented to the public and generating scholarship income for the University.

We now begin the first of four four-plex apartments for married student housing. The site needs to be cleared of coffee and banana trees, along with an accumulation of leaf litter. Next, site lines will be shot according to the blueprints and foundation trenches dug, probably by hand. Then cement will be mixed and poured for the foundation. Meanwhile other team members will be fabricating rebar to reinforce the foundation and the corners of the concrete block walls. Team 1 leaves Phoenix on January 10, returning the 17th, the day Team 2 departs for San Jose. Team 2 will also spend a week working on the project, returning January 24.

Each of the 29 volunteers will be equipped with work gloves and clothes, fencing pliers, elbow grease, rolled-up sleeves and willingness to pitch in, but they need your prayers. **Please pray** for -

- Harmony and spiritual growth of each team member
- Safe travel and good health
- Safety on the worksite
- Good progress on the project

Team One-Jan 10-17th

- Wally & Fay Quanstrom, Leaders
- Steve & Linda Crane
- Heather Crane
- Kaitlin Crane
- Katharine Keller
- Don & Carol Lindaman
- Audra Lindaman
- Randi Olsen
- Kaylea Payne
- Sean Sheridan
- Fred & Beth Steinberg
- Tim Steinberg
- Harry Warren

Team Two-Jan 17-24th

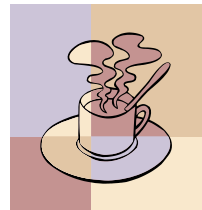
- Steve & Janet Dulaney, Leaders
- Jane DeRemer
- Vern & Dorothy Halsted
- John & Nancy Hill
- John Lane
- Don & Dianne Parker
- Duane & Sue Vorseth

Save the Date!

You are invited to the Global Missions Committee Brunch on **March 1st** to hear about the trip and the project.



Sunday Snacks



Coffee hour at GCUMC comes complete with lovely snacks, overseen by Grace Markert and assisted by other volunteers. You have no doubt noticed the appealing platters of fresh fruit and cheese in addition to a variety of sweets that are available to accompany your coffee. Everyone is welcome to enjoy the coffee hour tables.



There is no charge, but your contributions of change and folding money are important to the continuance of this hospitality. Please help keep this aspect of our W.O.W. welcome alive with your contribution!

**Imagine
No
Malaria**



**\$10 will
save one
life from
malaria.**



**How many lives can you save?
Contact the church office**

IMAGINE NO MALARIA

The people of The United Methodist Church

**A WORLD OF PEOPLE UNIFIED IN THE FIGHT
AGAINST A NEEDLESS KILLER.**

TEXT: MALARIA TO: 27722 TO GIVE \$10



Current UMCOR Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of your donation goes to those affected by the emergency.

Phillipines, Typhoon Disaster Relief ~ Advance #240235

Imagine No Malaria ~ Advance #3021190

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~

Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency - Earthquake & Tsunami ~

Advance #3021317

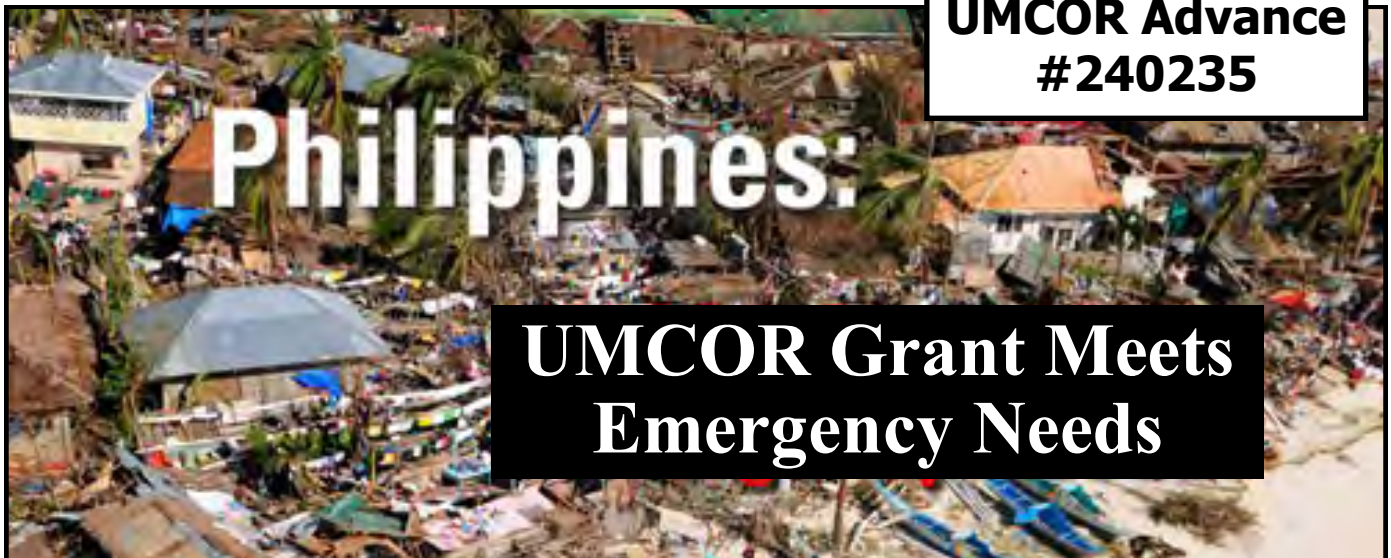
Liberia Emergency ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response - Spring Storms ~ Advance #3021326

For more ways to help, or to donate online, go to: <http://new.gbmg-umc.org/umcor/> -
Or follow UMCOR on Twitter at @UMC_UMCOR

**Donate Now,
UMCOR Advance
#240235**



ONLINE GIVING AVAILABLE!

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy, convenient and costs nothing! [www.goldcanyonumc.org]

Lost & Found ~ Have you ever thought you lost something at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, etc. If you think your item may be with us, stop by the office.



Jane Hayes, Volunteer Coordinator

GCUMC
982-3776

Volunteers Do Make a Difference January

Inspirational Values ~ PATIENCE

I often wonder how missionaries, like my daughter Sister Lisa, have the strength and patience to make it through each day. Can you imagine for months on end being in a foreign country without the ability to use the language to express what you want or feel??

I recommend reading one of Beth Moore's DEVOTIONS for EVERY DAY of the YEAR, *Voices of the Faithful*, which is filled with inspiring stories of courage from Christians serving around the world.

**If you are willing to
participate as a volunteer
using your spiritual gifts, please
do.**

WE WELCOME YOUR HELP!
Please call 480-982-3776.

Do you have the time? If you can help with one or more of the following volunteer needs,



PLEASE **complete and place
this form in the collection
plate, at the Information
Center, or church office.**

480-982-3776.

<u>Time</u>	<u>Job</u>
30 + minutes	<i>Hospitality</i>
75 min.	<i>Shut-in Meals</i>
40 min.	<i>Greeter</i>
60 min.	<i>Bake Cookies</i>
240 min.	<i>Office Receptionist</i>

Name _____

Phone _____

CHRISTMAS MISSION REVISITED

What a successful Christmas Mission 2013! Thanks to all of us, we were able to complete the tasks. Yes, it takes all of us to come to a completed project like this. I cannot possibly personally thank everyone who knitted or quilted blankets, set up and decorated three Mission Trees, wrapped gifts, baked cookies, duplicated the 800 tags and prepared them to hang on our three trees, made cash donations, bought and packed food, gifts, and gift cards, shopped, delivered gifts and food to families, made phone calls to families and gift cards to verify the amounts on each card, purchased supplies, packed 42 food boxes appropriate to the family's size, wrote Christmas cards and added food cards, moved furniture and food, greeted our families to pick-up their gifts and food, sorted over 2000 gifts, boxed 500 items of clothing in tissue paper, or added socks and tissue paper to over 145 pairs of shoes.

This list is only a part of the whole project as the organization and implementation is another dimension. Hundreds of volunteer hours were involved from October.

I am very pleased to have NEW friends and volunteers as well as NEW families. Thank you All!



Did You Make It to the 12th Annual GCUMC Christmas Concert on December 14th?

Enjoy the photos below of just some of those who gave us their all in the performances this year. And if you didn't make it this year, go ahead and make a note for yourself so you don't miss it in 2014!



GCUMC Permanent Endowment Fund

Benjamin Franklin said something like this, "The only things for certain are death and taxes." One can make many observations and arguments about this but the basic point is sound, that all humanity has certain things in common and not living forever is one of them. Therefore, it follows that everything we have will sometime in the future belong to someone or something else. Therefore, the real question is *"will we determine what will happen to our possessions, or will it just happen?"*

During my tenure as chairman of your permanent endowment committee, I have learned how GCUMC functions and how we relate to our Desert Southwest United Methodist Conference. One of the resources we have available is the Desert Southwest United Methodist Foundation (DSWUMF). The DSWUMF has financial planning capabilities that it would be very difficult for a local church to match, and I want to share with you some of them. These capabilities can facilitate some creative decisions for you and your family, and possibly **save on taxes as well**. Let's look at just a few in the **immediate gifts** category. You could—donate your home or real property to our church, receive an immediate tax deduction, and avoid capital gains taxes; designate the church as the beneficiary or owner of an insurance policy as a future gift to the church; make a retained real estate gift, designating the ownership of your home to the church while continuing to occupy it for your lifetime; gift appreciated securities which avoid capital gains taxes and earn an income tax deduction; and other ways.

Deferred gifts include having a bequest in your will, a living trust, or a charitable gift annuity. With a charitable gift annuity you can enter into a contract with the DSWUMF, DSWUMF pays your designated annuitant a regular fixed payment for life, then distributes the remainder to your church. There are also tax benefits to this. **Life income gifts** include Charitable Remainder Trusts, providing fixed income for your lifetime; Charitable Remainder Unitrust, a hedge against inflation; and a Charitable Lead Trust that can reduce gift and estate taxes. Many of these are complex and of course must be accomplished in compliance with all tax regulations. This is what the DSWUMF can help you do. If any of this sounds like it would work for you, please **contact Pastor Fred in the Church Office or Wally Quanstrom, Chairman of the Permanent Endowment Committee, at 630-309-3298**. One last thing - you can designate your gift for any purpose within the mission of our church that you would like. There is no charge for consultation.

Thinking Theologically with Jody Topping



It's hard to believe it, but the New Year is already upon us!! Happy 2014!! What did you do to celebrate the beginning of a year? If you're like many of us, you probably decided to make some New Year's Resolutions –

those little promises we make to ourselves at the beginning of the new year that often never again see the light of day after January 31.

As I was thinking about resolutions, I stumbled on an article about New Year's Resolutions that I thought was really interesting. The title of the article is "What Sort of New Year's Resolution Should a Christian Make?" Catchy title, huh? I thought so...in fact, I was so intrigued by the article that I thought it might interest you as well:

The practice of making New Year's resolutions goes back over 3,000 years to the ancient Babylonians. There is just something about the start of a new year that gives us the feeling of a fresh start and a new beginning. In reality, there is no difference between December 31 and January 1. Nothing mystical occurs at midnight on December 31. The Bible does not speak for or against the concept of New Year's resolutions. However, if a Christian determines to make a New Year's resolution, what kind of resolution should he or she make?

Common New Year's resolutions are commitments to quit smoking, to stop drinking, to manage money more wisely, and to spend more time with family. By far, the most common New Year's resolution is to lose weight, in conjunction with exercising more and eating more healthily. These are all good goals to set. However, 1 Timothy 4:8 instructs us to keep exercise in perspective: "For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come." The vast majority of New Year's resolutions, even among Christians, are in relation to physical things. This should not be.

Many Christians make New Year's resolutions to pray more, to read the Bible every day, and to attend church more regularly. These are fantastic goals. However, these New Year's resolutions fail just as often as the non-spiritual resolutions, because there is no power in a New Year's resolu-

tion. Resolving to start or stop doing a certain activity has no value unless you have the proper motivation for stopping or starting that activity. For example, why do you want to read the Bible every day? Is it to honor God and grow spiritually, or is it because you have just heard that it is a good thing to do? Why do you want to lose weight? Is it to honor God with your body, or is it for vanity, to honor yourself?

Philippians 4:13 tells us, "I can do everything through Him who gives me strength." John 15:5 declares, "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing." If God is the center of your New Year's resolution, it has chance for success, depending on your commitment to it. If it is God's will for something to be fulfilled, He will enable you to fulfill it. If a resolution is not God honoring and/or is not in agreement in God's Word, we will not receive God's help in fulfilling the resolution.

So, what sort of New Year's resolution should a Christian make? Here are some suggestions: (1) pray to the Lord for wisdom (James 1:5) in regards to what resolutions, if any, God would have you make; (2) pray for wisdom as to how to fulfill the goals God gives you; (3) rely on God's strength to help you; (4) find an accountability partner who will help you and encourage you; (5) don't become discouraged with occasional failures; instead, allow them to motivate you further; (6) don't become proud or vain, but give God the glory. Psalm 37:5-6 says, "Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun." (article found at <http://www.gotquestions.org/new-years-resolution.html>)

Sounds like good advice, doesn't it? I pray that during this coming year we will all pray for wisdom, rely on God's strength, identify partners that can help and encourage us, and avoid being discouraged, proud, or vain. And most of all let us be thankful for God's blessings every day during 2014. God bless...





A Note From Bob... Country Western News

If there is one thing the Country Western service has taught me it is that worship and

"fun" can go hand in hand.

I look around at our growing crowd and see more and more people breaking out their western wear, including some pretty fancy cowboy hats for men and women.

Our musicians and singers have developed a great rapport with the congregation through their music, smiles and greetings of "Howdy Partner!" David Ballard, our music leader even leads us in a rousing "Howdy, Lord!"

It seems that no matter how the day has gone or how tired the people are, including this preacher, by the time the service ends we are all refreshed and ready for another week.

The **first service in 2014 is January 5 at 5 PM** in the Koinonia Room. Why not make checking us out one of your New Year's resolutions?

As the guy on television says, "You will be glad you did - I guarantee it."

Bob Delts

(Oh, yes—almost forgot-Happy New Year, partners!)



BIBLE BANTER

Meets every Monday,

9:30-10:30am

Mountain Brew

Coffee House

6832 S Kings Ranch Rd #5

*(near the NW Corner of
US 60 and Kings Ranch Rd)*

Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!



Our Church History History Committee Update: Early Church Memories

The Gold Canyon United Methodist Church first met in the cafeteria of the Gold Canyon Elementary School on Kings Ranch Road. In 1988 the Southwest Annual Conference appointed an associate pastor at Velda Rose United Methodist Church to organize a church in the area. In January of 1989 the church was established and chartered with 18 charter members.

Meetings continued to be held in the Gold Canyon Elementary School. As the church began to grow the need for a larger facility soon became apparent. In 1996 land was purchased along Kings Ranch Road. The Fellowship Hall was erected on that property. As more land became available additional lots were purchased. Services began in the Fellowship Hall in January of 1997. The congregation soon outgrew that facility. Multiple services were held to accommodate the expanding congregation. The need for a Sanctuary grew. Ground was broken in January of 2003 for a 1200 seat Sanctuary. Christmas Eve services in 2004 opened the spacious new facility.

Gold Canyon United Methodist Church is open to all people who are seeking spiritual growth. We are committed to providing a place of worship and fellowship for anyone seeking God's love. Our church serves the Gold Canyon area and God's love shows throughout our congregation. We welcome all to worship with us.

Our mission is to be a church where the Gospel is preached and the Word is taught; where children are nurtured and youth are brought to maturity, where families are strengthened and where love is present, hurts are healed and joys are shared. We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life that Christ brings to all persons, (adopted January 1989)

SIGN UP NOW! GCUMC Pictorial Directory Photo Sessions Continue In 2014

Professional Portraits

We welcome back our winter Church family. Have you heard we are producing a new pictorial directory!? Our last directory was published in 2008 and we have acquired many new members and frequent attendees. We have chosen to partner with Lifetouch for our professional photographs. There is no cost to our Church, and each participating family will receive a **complementary 8x10 portrait and directory**. **Church membership is not required. If you attend our Church on a regular basis, you are part of our family!**

We have a **variety of ways for you to schedule** your photo session appointments:

- ◇ Our website is a convenient way to review available appointments and schedule your photo session. Schedule online and receive a \$10.00 coupon with the appointment email reminder. The instructions for the online scheduling are:
 - 1) Go to the GCUMC website www.goldcanyonumc.org
 - 2) Click on the "News & Events" at the top of the home page,
 - 3) Scroll down to "Church Photo Directory Signups",
 - 4) Click on the blue "Be a part of our family album PORTRAIT SIGN-UP" button to the left of the text narrative (a hand will appear when you hover over the button/picture, meaning you can click on this link),
 - 5) Please then follow the step by step instructions on the Lifetouch site
- ◇ Call Kathy Weigel at 480-466-4075.
- ◇ We will be scheduling sign-ups after each Church service while appointments are available. **The following is the Photo Session Schedule for January & February:**



Our **January Dates and Times** are as follows:

Tuesday	01/07/2014	12:00pm - 7:30pm
Wednesday	01/08/2014	10:00am-5:30pm
Thursday	01/09/2014	10:00am -5:30pm
Friday	01/10/2014	10:00am-5:30pm
Saturday	01/11/2014	10:00am-5:30pm

Our **February Dates and Times** are as follows:

Tuesday	02/11/2014	12:00pm - 7:30pm
Wednesday	02/12/2014	10:00am-5:30pm
Thursday	02/13/2014	10:00am -5:30pm
Friday	02/14/2014	10:00am-5:30pm
Saturday	02/15/2014	10:00am-5:30pm



"In Memory Of" & "Military Page" ~ Our directory will include a "in memory of" and a "military page". You may include a picture or comments for the "in memory of" page or a military photo for the "military page". Please contact Kathy Weigel at 480-466-4075 or Lucy Kidwell at 480-659-9344, and they will let know you the best way to submit your information.

Note ~ If you have had a recent photograph taken by Lifetouch we can include that photo in our directory. Please contact Lucy Kidwell for further information.

Photographs for Shut-Ins ~ We continue to take photographs of individuals (shut-ins) who are unable to come to Church for their photo sessions. Please contact Kathy Weigel at 480-466-4075, if you or a family member is unable to schedule a photo session.

Interested in Volunteering? ~ To make our directory a success we need volunteers starting with the January photo session. **It's a great opportunity to meet many of our Church family members/attendees.** If you are interested in helping during the photography sessions, please contact Kathy Weigel 480-466-4075.

W.O.W. ~ Witness Our Wonder

Many thanks to all the greeters and ushers who volunteered for the December concerts. Their costumed presence always brings a smile to our guests! You may want to participate next year!



*Greeters/Ushers
dressed as Dickens' carolers
for the Christmas concerts.*



+++++

W.O.W. also thanks the volunteers who came to green the inside of our buildings and the trees outside. The decorations truly put us in the Christmas spirit!



*It all turned out
beautifully didn't it?!*



Who Are You In Relationship With?

Wow, it's 2014!! Yes, I am fully aware that every other article in the newsletter this month has probably said something similar - what the new year has in store for us, the changes it brings, the chance it gives to leave negatives behind us, the opportunities it promises or tips to help us. But **that's okay, it really isn't trite and cliché.** In reality, what better time is there for us to reflect upon our lives and our direction? For Christians, the new year is ushered in by the celebration of what we believe is one of the most significant events for humankind, the birth of Jesus Christ.

As we move into a new year, it is a good time to evaluate our lives, our actions, and our relationships. **That relationship thing can be tricky can't it?** As humans, one of our most fundamental needs is to receive and to give love. It is no wonder that this is so. After all, God is love. Love is fundamentally relational, and God calls us into relationship with others.

We do all kinds of things to "negotiate" our way through relationships in life, keeping them as happy and functional as possible. This includes family, friends, peers, people in general. In fact, **our greatest fear is not being 'related' to or 'relational' with, other people.** As a result, we spend countless amounts of time and energy on our relationships. Sometimes they are going extremely well, sometimes fairly smoothly, and sometimes they are not. Sometimes they are even broken, and we get discouraged. When this happens we may not know what next step to take, blame is placed, feelings are hurt, and walls are built. **At these times we are left thinking "where do I go from here?"**

But wait! There is good news, actually great news!! God loves unconditionally. **Thankfully, His love for us is not based on performance.** (Whew!) He deals with us with an incredible amount of grace, always, seeing right past all of our human imperfections. His love is tireless, committed and forgiving. **1 Corinthians 13** is the very best at explaining what love is. And specifically verses 4-7 ring familiar to most of us:

"Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things."

Now for the million dollar question – how do we as mere humans extend that sort of love to others? **We aren't perfect and can't be, so we can spend a great deal of time worrying about how to fix those relationships that are broken, or possibly shutting down those relationships because we feel we were the one who was "wronged".** Author Max Lucado says this in his book *In The Grip of Grace*:

"Where the grace of God is missed, bitterness is born. But where the grace of God is embraced, forgiveness flourishes. The longer we walk in the garden, the more likely we are to smell the flowers. The more we immerse ourselves in grace, the more likely we are to give grace."



The new year seems like one of the best times there is to reconsider the relationships in our lives; consider whether or not we are being the best that we can be within those relationships; **remembering and truly appreciating God's grace for us; and extending that grace to others,** even if it means taking the first step – always the hardest and often humbling. Difficult maybe, but possible with God on your side. The peace to be found on the other side is well worth any discomfort.

In considering this, if you think it would help to voice aloud your concerns or thoughts about a relationship, or any other issue in your life, consider a Stephen Minister. Always available and always confidential, if you would like to know more about what Stephen Ministers do, or request one simply check **the box marked "Desire a Stephen Minister" on the attendance pad,** or call the church office and ask for Kim.

God Bless you in this new year and always...

Kim Shroyer

"To climb steep hills requires a slow pace at first."
~ William Shakespeare



To the Gold Canyon United Methodist Church Family:

Perhaps you sent a lovely card, or sat quietly in a chair. Perhaps you sent a funeral spray, if so, we saw it there. Perhaps you spoke the kindest words, as any friend could say, perhaps you were not there at all, just thought of us that day. Whatever you did to console our hearts, we thank you so very much, whatever the part.

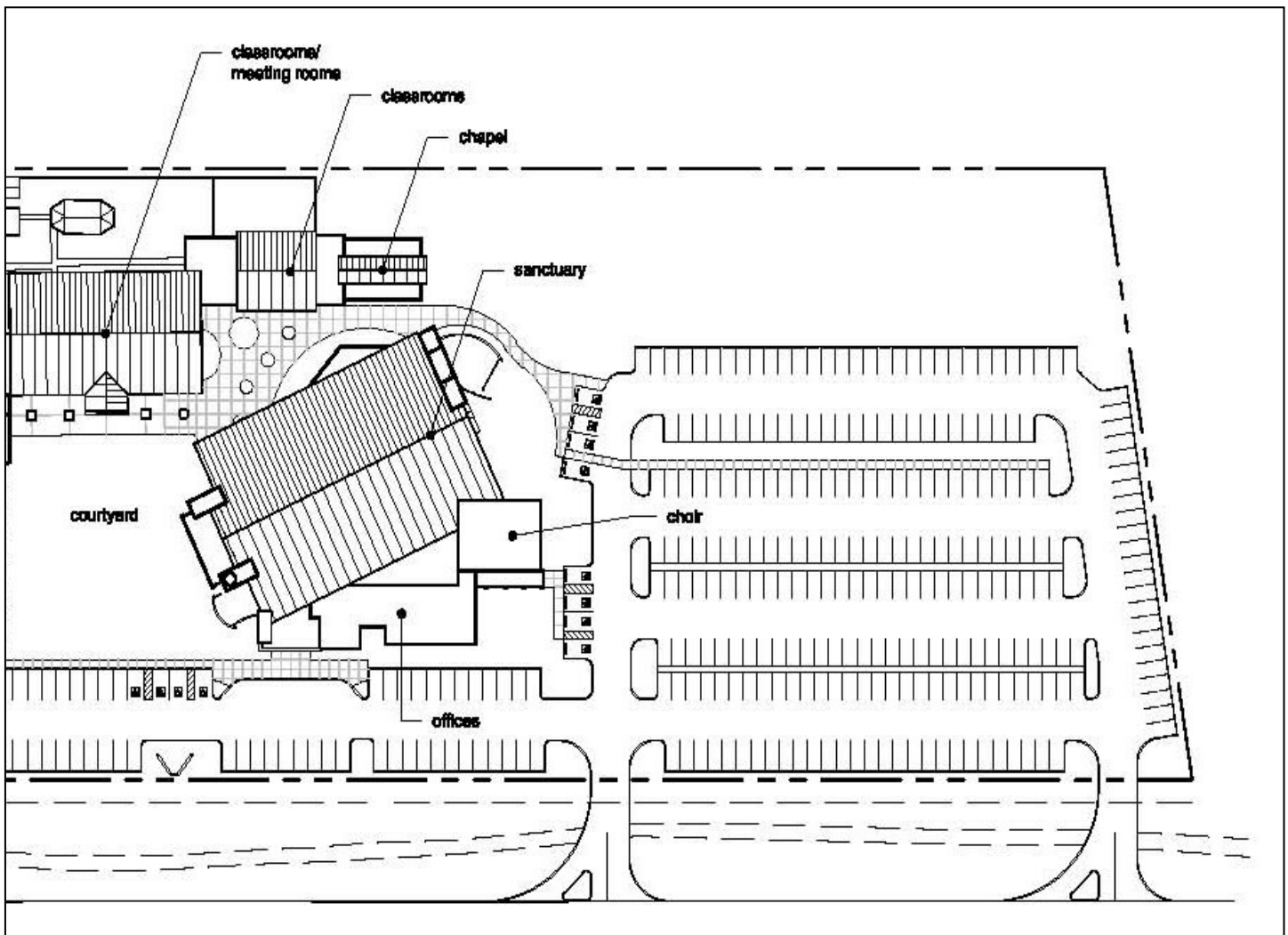
We appreciate your loving prayers, thoughts and caring at this difficult time. Thank you all.

The Family of Clarence Penninger

Map of North Parking Lot Upgrade and Future Building Plans

As we see in the new year, and so many of our winter congregation members are back with us, it seems like a good time to publish the map of the layout of north parking lot, and proposed future buildings. The parking lot upgrade, which we thought was going to still be quite some time in the future, was made possible due to a very significant donation by an anonymous donor in 2013. We are so very blessed to have donors willing to support such projects. In order to accommodate winter parking needs, and meet building requirements we had to postpone the development of the parking lot until spring. However, the cost is covered, and we will begin the work following Easter.

**"For every house is built by someone, but the builder of all things is God."
Hebrews 3:4**





"Honey Do" Home Ministry

Call us to see what we can help with...you might be surprised!

We can assist anyone needing repairs around their home. Who might that include?

- ◆ Someone who needs minor repairs around the home but has little or no resources.
- ◆ Those needing repairs but not having the tools or expertise to complete them alone.
- ◆ **Those who don't have the time to complete repairs themselves, yet need them done quickly and professionally.**



We can do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, replacing a door lock or other small projects. Referrals or requests can be made by contacting: goldcanyonhoneydo@att.net or calling John or Nancy at 907-232-8203. Still need male and female volunteers with various skills!



"Singles Moving Forward" (SMF)

It's a new year and
the season for Friendship
and New Beginnings

**Come One,
Come ALL SINGLES!**



Gold Canyon United Methodist
Singles Moving Forward Group (SMF)
invite you to join in the **our next Social Event:**

Pasta Night

Activities: Meal followed by games.

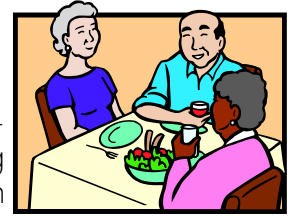
To be held **Saturday,**
January 11th, 5 pm
Gold Canyon United Methodist Church
6640 S Kings Ranch Road
In the Koinonia Room

Please RSVP by Email or Phone to:

Judy: 480-646-1713 /
wellsjdth@aol.com
Donna: 480-671-3367 /
girlydonna@msn.com



Desert Diners ~ Dinner for 8



If you are interested in meeting new friends and enjoying a meal together once a month this will be something you will want to sign up for. Each group will have 8 people (4 couples but singles are certainly welcome). If you have not returned from your Summer stay in cooler weather and want to be a part of a group, please email me your names and contact information and I will make sure you are included in a group carollin-daman@gmail.com.

Bashas'



Fry's

SCRIP BUS & VAN FUND

If your Bashas' Community Support Card is worn out because you use it so often, you can purchase a new one at the Information Center on Sunday mornings between services. The card, when reloaded and used, earns the church 6%. And the Fry's VIP card is all you now need *after you register it online* (pick up directions). There is also an Albertson's key tag that gets us 1% (it all adds up!). These funds go toward keeping our church bus and van running (gasoline, licenses, maintenance, etc.). The bus brings those individuals unable to drive to church on Sunday mornings, and both the bus and van are needed to transport all the youth/adults and supplies to the summer work retreats, as well as transporting our Sidewalk Children's Ministry children on Saturday mornings. The next item needed is a covered structure to protect them from the Arizona sun and heat.

Find out how you can use these cards to pay for your groceries at Bashas', Fry's and Albertsons, **at no cost to you**. Thanks for your continued participation.





Habitat for Humanity - Winter 2014 Project!

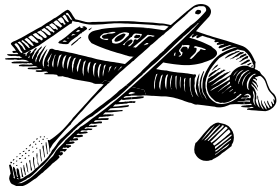


We are looking forward to participating in renovating a home with a family in Mesa this winter as part of our membership in the Superstition Coalition of churches in the East Valley. The home has been purchased by Habitat, but needs significant work before it can be occupied by a Habitat homeowner family. This year we will be building for the Soto family, Bernadino, Ana and their 6 children. They currently live in a two bedroom apartment. The address is 1459 6th Pl., Mesa, AZ.



We are excited about our opportunity to be part of this special ministry again. We still need a few more volunteers to work on Saturday, February 1st and possibly another Saturday in March. We are also in need of donations to continue this valuable ministry. Please mark your check memo for Habitat for Humanity, or make your contribution online at www.goldcanyonumc.org.

We will keep you posted as plans develop. Thanks so much for your ongoing support of this ministry. For info: Joe and Maureen Morton, 602-284-2826, MoandJoeM@aol.com



St. Andrew's Children's Clinic Collections Continue

We will once again be traveling to St. Andrews in March of this year. When you are on your travels and stay at hotels please collect the toiletries for our next trip. A few items they would like are travel size shampoo, conditioner, toothpaste, soap, and toothbrushes.



"In Stitches" or Quilts for St Andrews Clinic

Welcome back to our winter sewers and quilters. We have been working and already have about 60 quilts sandwiched and ready to be quilted. The biggest are about 40" x 60". Your help in getting these finished would be greatly appreciated. We use our domestic sewing machines and stitch in the ditch or meander or x the squares to quilt or you be creative. We have January and February to get the quilts ready to go to St. Andrews the first part of March. Donations of any quilts or crocheted afghans are also welcome.



We meet on the **last Tuesday** of the month in room 101/102 behind the kitchen. We have simple ABC style quilt kits already cut with directions for putting them together. Come get a kit and sew with us or take the kit home and sew at your leisure. Bring the completed top back to us and we will put batting and backing with it, (unless you want to do that too). We make toiletry bags for St. Andrews also. Those kits and directions are also available. We not only need sewers, but someone to iron bindings, cut squares and put kits together. Come join us!

We would also gladly take donations of fabric: cotton, flannel, denim, light weight corduroy, seersucker, and fleece in solids, tone on tone and kid friendly prints. Any size pieces are great.

Remember Matthew 25:40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.' For questions or more info call Bonnie Becker at (480) 250 9652

Prayer Shawl Ministry

This ministry meets at GCUMC twice a month throughout the Fall and Winter months. All knitters and crocheters are invited to come! So please watch for information in the Newsletter and Bulletins for our upcoming schedule. Please join us to make shawls and lap robes to give to members of our church family who are ill, or in need of comfort. Call Nancy Miller for details, 480-882-3226.



GCUMC Calendar January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> Key AA=Alcoholics Anonymous 101/102=Room 101/102 Kit = Kitchen Sanc =Sanctuary Music or M =Music Room </div> <div> Ed=Education Building WOV=Witness our Wonder (Outreach) K = Koinonia Room SoftG=Sea of Galilee Room </div> </div>						
5 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 5 pm Country Western Worship 6:30 pm Youth—Ed.	6 9:30 am Bible Banter-Mtn Brew Coffeehouse 3 pm Stephen Ministry-101/102 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon—101/102	7 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support—5 of G 1:30pm Jesus in the Gospels-Feather Home 5:30 pm Youth Handbells-Sanc 6 pm One/Spirit Reh—K Rm 6 pm WOV Meeting-101/102 6:30 pm Canyon Carillon-M 12 pm-7:30 pm Photo Directory Pictures Taken-Sanctuary Narthex (Sign up on-line)	8 10:30 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-101/102 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm Orchestra Reh—M 10 am-5:30 pm Photo Directory Pictures Taken-Sanctuary Narthex (Sign up on-line)	9 9 am Yoga-K Rm 10 am Where Moms Connect-Youth Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 6:30 pm Where Moms Connect-Youth Rm 6:50 pm Choir Rehearsal-M 10 am-5:30 pm Photo Directory Pictures Taken-Sanctuary Narthex (Sign up on-line)	10 10 am Mind Menders-5 of G 5:30 pm AA-101/102 7:30 pm George Dyer Concert-Sanc 10 am-5:30 pm Photo Directory Pictures Taken-Koinonia Room (Sign up on-line)	11 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ 3 pm George Dyer Concert-Sanc 5 pm Singles Moving Forward Event—K Rm 10 am-5:30 pm Photo Directory Pictures Taken-Koinonia Room (Sign up on-line)
12 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 5 pm Country Western Worship 6:30 pm Youth—Ed.	13 9:30 am Bible Banter-Mtn Brew Coffeehouse 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon—101/102	14 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support—5 of G 1:30pm Jesus in the Gospels-Feather Home 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-Sanc	15 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-M 11:30 am Girl Scouts-SoftG 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm Orchestra Reh—M	16 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 6:50 pm Choir Rehearse-M	17 5:30pm AA—101/102 7:30 Concert, Bonelli/Richter Guitar Duo (GCAC)-Sanc	18 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ
19 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 5 pm Country Western Worship 6:30 pm Youth - Ed.	20 MLK Jr. Day Church Office Closed 9:30 am Bible Banter-Mtn Brew Coffeehouse 3 pm Stephen Ministry-101/102 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon—101/102	21 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support—5 of G 1:30pm Jesus in the Gospels-Feather Home 5:30 pm Youth Handbells-M 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-Sanc	22 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-M 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 7 pm Orchestra Reh—M	23 9 am Yoga-K Rm 10 am Where Moms Connect-Youth Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 6:30 pm Where Moms Connect-Youth Rm 6:50 pm Choir Rehearsal-M	24 10 am Mind Menders-Rm 101-102 5:30 pm AA—101/102	25 9am—5pm Annual Arts Festival sponsored by Gold Canyon Arts Council -Entire Church Campus -10 am Sidewalk Childrens Ministry-Avalon Elem School AJ
26 8 am Traditional Worship & Adult Sunday School 9:30 am Traditional Worship & Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship & Children Sunday School 3pm Legacy Quartet Concert-Sanc 5 pm Country Western Worship w/ The Houser Gang, Potluck Follows 6:30 pm Youth—Ed.	27 9:30 am Bible Banter-Mtn Brew Coffeehouse 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon—101/102	28 9 am In Stitches—101/102 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support—5 of G 1:30pm Jesus in the Gospels-Feather Home 5:30 pm Youth Handbells-Sanc 6 pm One/Spirit Reh—K Rm 6:30 pm Canyon Carillon-Sanc	29 8 am Newsletter Team-M 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-M 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Joyful Noise-Music 6:30 pm Local Missions Mtg-5 of G 7 pm Orchestra Reh—M	30 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 6:50 pm Choir Rehearsal-M	31 5:30pm AA—101/102	



January Celebrations

Birthdays

1-Jan	Kay Bennett Doris Kingery Sheila Zieglofsky Marjorie Kimball Dena Sohocki	20-Jan	Bob Bonestell Shelby Olson Louise Broadley
2-Jan	Brikel Aguilar Marietta Doan	21-Jan	Jim Burt Rita Hawkins Sharan Norin Kellie Valentine Lynda Hammond
4-Jan	Sonja Holbrook Don Wilson Rhonda Short	22-Jan	Jerry Keyser Rich Krull Shirley McMahon
5-Jan	Nancy Virden Robin Alton Ruth Clymer Ron Logan	23-Jan	Justin Ballard Rachel Barnes Bonnie Klassen
6-Jan	Brenda Oldham	24-Jan	Matthew Anderson Abed Mogharbel Arthur Hergatt Janet Hergatt
8-Jan	Pat Calihan Channan Cassella Angela Barraza	25-Jan	Tim Carpenter Jim Ritenour
11-Jan	Troy Matthews Nicholas Saathoff	26-Jan	Jaci Allensworth Phyllis Gray Gene Johnson Gail Yoder
12-Jan	Gloria Charette David Osborn Charlie Palmer Mark Eilers Judith Bowman	27-Jan	Gene Kellough Reg Head
13-Jan	Bill Beebe	28-Jan	Donna Gavin Fred Scharringhausen
14-Jan	Myra Berry Florence Allen Larry Geske	29-Jan	Patti Baker
15-Jan	Karen Mogharbel Janine Tirrito	30-Jan	Shirley Feather
16-Jan	Kathryn Hughes Kay Johnson Peggy Williamson	31-Jan	Nancy Russell Linda Kewell Cheryl Carpenter
17-Jan	Troy Gingrich Ian Jacobson		
18-Jan	Ann Schwartz		
19-Jan	Lauren Collins-Mitchell Julie Johnson Sharon Larson Amanda Mitchell Nancy Trout Carol Wion Mickey Wenzel Gabriel Barraza		

*If your name isn't on this list
(or you know of someone who
should be), please call the of-
fice with the information.
We truly don't mean
to leave anyone out.*

Anniversaries



1-Jan	Janet & Bay West Dick & Darlyne Dresbach
5-Jan	Wayne & DeMaris Hochhalter
6-Jan	Helen & Howard Flowers
8-Jan	Connie & Dick Dauenhauer
9-Jan	Michelle & Robert Pappalardo Beth & Fred Steinberg
10-Jan	Norma & Donald Gaulke
15-Jan	Darlene & Gene Huffman Katharine & Julius Keller
17-Jan	Barb & Will Rodgers Kathy & Jim Serrine
18-Jan	Carol & David Ballard
19-Jan	Ginny & Joe Johnson Bonnie & Mike Weaver
24-Jan	Rosalie & Joe Eubanks
25-Jan	Jayne & Vern Rolf
29-Jan	Shirley & Roger Coad
31-Jan	Neta & Ward McCleary



*How did it get
to be January
2014 already?*



Gold Canyon United Methodist Church

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GCUMC Staff

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Associate Pastor	Fay Quanstrom: fay.quanstrom@gmail.com
Associate Pastor	Bob Deits: bobnjune@cox.net
Director of Congregational Care	Jody Topping jody@goldcanyonumc.org
Director of Education	Katharine Keller ladiebug1214@gmail.com
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Associate Director of Music	David Ballard ballardsaz@earthlink.com
Associate Director Of Music	Cynthia Hoff cynthialeehoff@gmail.com
Director of Youth Ministries	Wendy Moore GCUMCYouth@earthlink.net
Pianists	Carol Ballard/Linda Jones/ Marty Robison/Nancy Virden
Office Manager	Kim Shroyer churchoffice@goldcanyonumc.org
Administrative Associate	Katherine Keller
Volunteer Coordinator	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care-taker	Rick Ceynar

E-mail Prayer Chain: gcumcprayers@mchsi.com



www.facebook.com/goldcanyonumc



[@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

Addressee or Current Resident

SUNDAY SCHOOL SCHEDULE

Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.

- ✝ 8:00 AM ~ Adult ~ Room 101/102
- ✝ 9:30 AM ~ Children
- ✝ 9:30 AM ~ Youth
- ✝ 10:50 AM ~ Children



***Make Your New Years Resolution to
Please Help GCUMC Save Postage!***

Make the switch! Get your Roadrunner Newsletter by e-mail. You can receive it at multiple e-mails in the same household. Fill out your name(s) and e-mail(s) below. Place in offering plate, mail it to us, or turn it in to the church office. You can also e-mail us with your e-mail address at churchoffice@goldcanyonumc.org. Thanks!

1. Name _____ and

E-Mail _____

2. Name _____ and

E-Mail _____

WORSHIP SCHEDULE

8:00 & 9:30 AM

Traditional ~ Sanctuary

10:50 AM

Praise ~ Koinonia Room

5:00 PM

Country Western ~ Koinonia Room

Childcare Provided at ALL Services