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**From The Pastor:****"People are  
Buying Silence"**

St. Peter's Church in East Blatchington, England has recorded "the sound of silence" on a CD which has become a surprise hit. Chris Parsons reports the recording features "a little bit of the silence" of the building's atmosphere. The recording features the ambient sound of footsteps, voices, background traffic noise - but mostly just silence.

Robin Yarnton, a church technician at St Peter's, said: "It does what it says on the tin. Silence is all you get. Mostly people have said it's nice and they like it, and that it's quiet and peaceful."

The full CD features a 30-minute track, with a spoken introduction, closing words, and 28 minutes of silence. An article in a Taiwanese newspaper called the CD a "half-hour of absolutely nothing". But it's more accurate to say that it's a recording of something valuable that we've lost in our frantic lives - silence. According to the church, customers from across the world have been snatching up the recording.

Do you need a time of silence? Or maybe you need a time for prayer and meditation. Solitude is helpful in spiritual formation. It allows you to get away from the busyness of the world. It allows for a time of reflection and spiritual evaluation of our lives.

In a couple of weeks we will enter the season of Lent. Lent is a spiritual time of reflection to help us evaluate our lives as we journey from Ash Wednesday to Easter. It is a time to still our busy lives and contemplate Jesus' call on us. Silence can help us accomplish this goal. Also the worship we do on Sundays can help keep us on track and focus our lives on following Jesus.

This year during Lent we plan to focus our Sunday morning worship services on the final week of Jesus' ministry. We will start with Palm Sunday on the first Sunday of Lent and end with resurrection on the last Sunday. We will explore how Jesus spent his last seven days before Easter. We hope that you will join us. And note that any silence you hear in worship is free. No need to buy it. I will see you on Sunday.

Grace and Peace,

*Fred***Sermon Series: "The Last Week"***In the Footsteps of Jesus  
on His Journey to the Cross*

This Lent join us on an remarkable journey retracing the events of the last seven days of Jesus' life. Deepen your understanding and grow in your faith as you journey with Christ through The Final Week.

March 9— Palm Sunday: From Hosanna to Offended

March 16— Monday: Marriage & Taxes

March 23— Tuesday: End of Age & Judgment

March 30— Wednesday: A Leper, A Woman & A Traitor

April 6— Maundy Thursday: A Supper & In The Gardens

April 13— Good Friday: Trial and Crucifixion

April 20— Sunday: Empty Tomb

*"Following Jesus, Serving Others"*



## Christian Education

By Katharine Keller

*"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."*

### Vacation Bible School JUNE 9 – 13th SAVE THE DATES!



This will be an amazing experience that will help kids (and adults) explore God's incredible love for his children. We are looking for adult and teen volunteers who want to help make this VBS memorable for children age 4 through fifth grade. Contact Katharine if you are interested in this role. **Look for more details in next month's newsletter. Even if you can't be hands on, we will be requesting all sorts of donations...and like all of our one-of-a-kind friends will share with us during that week – JESUS LOVES YOU!**

## PIONEER CLUB

The children continue learning about being more like Jesus, as well as earning badges. They have recently earned their cooking and My Family and Me badges and are now focused on wood project and Jesus our Savior badges. Pam and Jack Kopnick, Tammy Holland and Miss Katharine make up the **teaching team; and we couldn't get by without Grace Markert in the kitchen preparing our meals.** Wednesday afternoons are fun and go by so fast!!



**Sidewalk Children's Ministry ~** We meet every Saturday, 9:45 am - 11:45 am, at Avalon Elementary School in A.J. We are very grateful to the generosity of this charter school for accommodating our ministry needs.

Spring is in the air...planting the seeds, all the beautiful blossoms. Watching the children, as they continue to grow physically and spiritually. We keep loving & nurturing them through God's word. It's a blessing to the children to have so many dedicated, compassionate, and caring Shepherds, volunteers, and prayer team to support them. We have some exciting uplifting lessons this month. The children will continue learning of the many miracles of Jesus. The Clown Ministry will visit us on March 22nd.

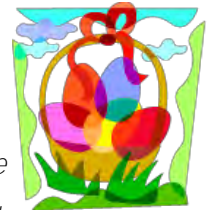
How can you get involved Sidewalk? A special talent or skill you would like to share with the children. Bake cookies, or provide lunch for one Saturday (call Sandra at 480-391-3109). Help as a bus/van driver or chaperon/rider to transport children. We always need your prayers, we can add you to our e-mails, receive overview of ministry day, along with prayer requests. For information on Sidewalk, please call Sherry @ 480-529-9621. Thank you GCUMC congregation for all your continued support, and "generosity of spirit" in this children's ministry. Sidewalk is an example of "LOVE IN ACTION". God has blessed us abundantly.



## SAVE ANOTHER DATE

SUN, APRIL 13th, 2 – 5 PM

### SPRING EGGSTRAVAGANZA!



We are gearing up for the *Spring Eggstravaganza* – SUNDAY, APRIL 13<sup>th</sup>, 2 – 5 pm. We are currently looking for musical entertainment for the stage during this event. If you know anyone who has such talent and would be willing to donate their time, please contact Katharine immediately so that we can save a spot for them.

Also, we will be collecting candy donations in early April, but if you are able, we would be happy to accept plastic eggs starting now – as many as you can provide. The egg hunt is a big part of the afternoon.

**Invite Neighborhood Children ~** As part of our evangelistic outreach to the community, we would like to offer to pick up children in the Gold Canyon neighborhoods (between Superstition Springs Road and Peralta) **for 9:30 Sunday School every week**. We need van drivers and an accompanying adult to assist in this endeavor. If we get enough volunteers, time commitments would be minimal. Drivers will need to undergo a background check; the time requirement on a Sunday would be from approximately 8:45 am until 11:00 (and volunteers could attend 9:30 worship), depending on how many children we need to transport. We would like to begin this program as soon as possible, so please contact Katharine in the church office.





# Lent 2014: The Last Week

This year's Lenten Study is called "*The Last Week*" and will focus on the last days of Jesus' life. During this study, which will parallel the Lenten Sermon Series, will focus on the days between Palm Sunday and Easter, when Jesus went from Celebrated Messiah, to Crucified Criminal, to Risen Lord. There are 2 opportunities to attend the study. It will be held in the Koinonia room on **Thursday evenings**,

**March 6th – April 10th, 7:00-8:30 pm.** A light meal will be offered before the study at 6:30pm. The sessions will then be repeated on the following **Tuesday afternoons, March 11-April 15, from 2:00-3:30pm (no meal).** Participants may attend as many of the sessions as they are able.

To join this study, sign-up in the Narthex between worship services on Sunday morning or contact Jody Topping in the church office or at [jody@goldcanyonumc.org](mailto:jody@goldcanyonumc.org) by email. If you have any questions about the study, please contact Jody either by email at the address listed above or by phone at 480-766-9272.

## ENJOY A FEW 2014 HIGHLIGHTS



**Food Bank**  
Volunteer  
Thank You  
Dinner



Time of Blessing



**Women's Retreat 2014**  
Café Chocolat



Sharing the Lord's Supper  
with our sisters



**Church Ladies  
Adventure Club  
Climbs Silly  
Mountain...  
Doing Silly  
Things**

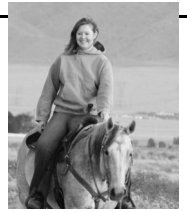


**Tuesday Hiking  
Group** - Walking a trail west of Superior. This group of 20-30 are always looking for new hikers; they hike Tuesday mornings – check the bulletins for weekly destinations.



# Gold Canyon UMC Youth

## Gold Canyon United Methodist Youth Group News



Wendy Moore, Youth Director

### Youth Mission Trip Burlington, NJ Jun 29, 2014 - Jul 05, 2014

**We are so excited for the  
youth mission trip this year!**

Workcamps selected Burlington, NJ as one of its sites for 2014. The residents who are eagerly awaiting help are low-income, and some are formerly homeless. Work that might seem common or basic maintenance is life-changing and desperately needed.

This area has seen hardship. Property taxes are some of the highest in the nation, and solid middle-class jobs continue to disappear. Combine that with ocean winters - always a mix of rain, sleet, snow, and salty wind - and you have a recipe for deteriorating homes that many people simply cannot afford to repair. Hurricane Sandy devastated this area and many people have not been able to recover.

So that's where Workcamps (and GCUMC Youth) come in. The people of Burlington need the hope, help, and energy that only followers of Jesus can bring. While team members are painting, building wheelchair ramps, doing interior and exterior carpentry, or performing other home repair projects, they'll be serving real people in need.

**"Only in the darkness can you see the stars." ~ Martin Luther King, Jr.**



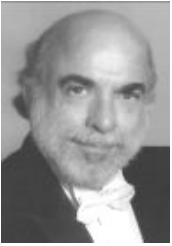
### 2nd Annual GCUMC Garage Sale

The Church garage sale will be on **Saturday, March 22nd, 2014** – Gather up your junk...er..your stuff and join us for the 2<sup>nd</sup> annual GCUMC garage sale. We're holding it in the church parking lot on Mar 22nd from 7am until 2pm. So, gather anything and everything you no longer want and bring it to the church the day of the sale. The youth group will raise funds by renting parking lot spaces, **for just \$10**, to folks wanting to participate in the garage sale. (a space equal to two parking spaces) Sellers should arrive at 6:00 to get a space and set up. Last year was a huge success with hundreds of people in attendance.



We're also looking for volunteers for traffic control. For more information contact: Lynda Hammond, The Garage Sale Gal: [Lynda@GarageSaleGal.com](mailto:Lynda@GarageSaleGal.com); or Wendy Moore through the church office.





## Music Notes

First, I thank all the musicians who helped me celebrate my 50 years of Music Ministry. I am writing this the week after, and I am still aglow, and astounded at all the cards, emails, well-wishes and love I have received from you and my friends and colleagues around the world. I am grateful that friends from Kentucky, Utah, Georgia, Montana and California were able to fly/drive here to help me celebrate! I was very grateful that the 500-plus people in attendance gave over \$2,500 to the Pipes for the Organ Fund!

Music is a gift from God that truly transcends boundaries of language and allows hearts to speak and feel together. I thank God everyday for allowing me to be able to serve Him in this way. There are sooo many people I would like to thank publically, that it would be impossible in this newsletter. Please just know how much I appreciate everyone who helped, who came, the reception, the flowers, etc., etc., etc! I am truly blown away and humbled! Thank you!

March is a great month for our *Performing Arts Series*. We begin on **March 2, 3:00 pm** with our **Spring Concert** which will include performances by our **Chancel Choir, Canyon Carillon, Chanters Men's Chorus, Orchestra, Agape Brass Quintet, Piano, Organ** and possibly others. Program will be a potpourri of all kinds of music. For sure, there will be something for everyone! We hope you will bring your family, friends and neighbors to this program! A great experience will be had by all – guaranteed!

Next, **March 16, 3:00 pm** we present the incredible **Rice Brothers: Johnny and Chris, piano & cello**. You might remember they both played for us last year and everyone raved at how unbelievably good they both were, both on the piano and both on the cello! Indeed, these two Christian-young men are virtuosi on both instruments! Chris played the Liszt *Hungarian Rhapsody No. 2* for my 50<sup>th</sup> Celebration and received an instantaneous standing ovation! People were blown away by him! He will play it again at this concert. Older brother Johnny just won Co-Gold Award at the very prestigious Corpus Christi International Chopin Piano Competition! Bring your family, friends and neighbors to see these incredible musicians, but tell them to hang on to their socks, 'cause the Rice Brothers will knock 'em off!!!

Then, **March 23, 3:00 pm** we are hosting one of the world's premier handbell groups, **Desert Bells International**. My very good friend, **Kay Cook** will bring both **Bronzeworks** and **Scottsdale Handbell Ensemble** to ring for us. Desert Bells International has toured throughout the USA, Canada, Mexico, Australia, Japan, Korea, and Europe presenting programs that show bells at their most energetic and musical best, featuring uncanny precision. Music will include all genre's from Bach to maybe even a Benton! Bring your family, friends and neighbors to this one, but come early, as the Desert Bells International has a tremendous following!

Finally, **March 30, 3:00 pm**, in our Sanctuary, we will host the **Annual Interfaith Choral Festival** with the combined choirs from **Our Saviors Lutheran Church (Gold Canyon), Superstition Foothills Baptist Church** and **Gold Canyon United Methodist Church**. This is an exciting event for all of our choirs – great fun to come together and sing! Each choir will sing a couple of pieces then combine together as a single massed choir to sing some spectacular music! This year, since we are hosting, we will include the **Canyon Carillon** and **Agape Brass Quintet** along with piano and organ. All of the proceeds from this concert will go to the *Apache Junction Unified School District* to help their *Music Programs*. Again, this is an excellent opportunity to bring friends, family and neighbors to our church for an afternoon of great music, and to help support a great cause!

In addition, the **Gold Canyon Arts Council** has two events this month: Friday, March 7 at 7:30 pm, Concert Pianist **Michelle Cann** will perform on our fantastic 9'3" Petrof *Mistral* Concert Grand Piano. Friday, March 28, 7:30 pm, the Arts Council presents the **Side Street Strutters** with **Meloney Collings**, in **"Silk Stockings"**. Both events are ticketed with a fee, but discount coupons will be available for each on the Sunday before. Coupons must be redeemed at Canyon Rose Storage, just north of our church prior to Friday at noon, the day of each concert. For more information, check out the Gold Canyon Arts Council website.

Once again, thanks to all who helped make my Celebration of 50 Years of Music Ministry so special. Truly, once in a lifetime event for me! I love you all!

Doug

Douglas J. Benton,  
Director of Music  
Ministries



## *New Members*

Gold Canyon UMC welcomed 10 new members on Sunday, February 16th, 2014. Many of them you may recognize, as they have already become very involved. Please welcome the following "new" members of the GCUMC family when you see them!

Paul & Karen VanderStoep



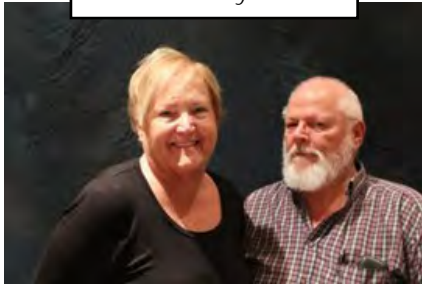
Ron & Peggy Callantine



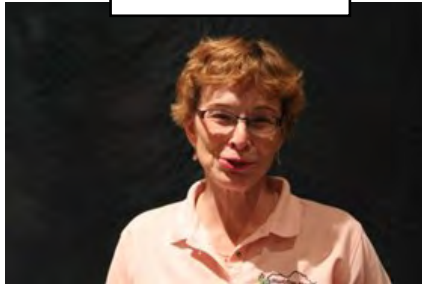
Richard O'Gary



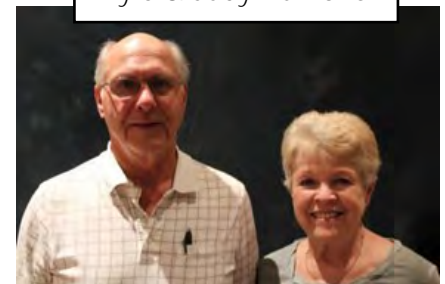
Barbara & Vyrn Muir



Carolyn Koepp



Lyle & Judy Burhans



### **"Team Outreach"**

We are continually in the process of finding ways to reach more people for Jesus Christ, not only to share the good news, but also to introduce them to our church and make them feel welcome. Here is what we have planned:

1. Making general church business cards available to whomever would like them, so that while you are golfing, shopping, socializing or doing business with unchurched folks, you can hand them a card inviting them to church.
2. Placing our Informational Brochure in the Chamber of Commerce/Welcome Center in Apache Junction.
3. Picking up local children for Sunday School. ([please see the Education page](#))

## **Celebration of Doug Benton's 50 Years of Making Music**



**Congrats Doug!**



## **DONATIONS AND ATTENDANCE**

*Let no debt remain outstanding except the continuing debt to love one another...*     **Romans 13:8 (NIV)**

January	2012		2013		2014		2013	2014
	General	Building	General	Building	General	Building	Worship All	Worship All
<b>1st</b>	18901	8048	33270	10837	26923	9083	1774	1698
<b>2nd</b>	21323	4961	16594	4371	21969	4126	1589	1760
<b>3rd</b>	24910	4799	17616	5280	25151	5695	1802	1780
<b>4th</b>	20068	6425	26022	4913	20298	5589	1956	2219
<b>5th</b>	19749	3194	0	0	0	0	—	—
<b>Total</b>	\$104,952	\$27,425	\$93,502	\$25,401	\$94,341	\$24,493	7,121	7,457



### **Electronic Funds Transfer (EFT)**

Save time, simplify your life, and support our church! In this new millennium the church is keeping up with the times by offering our givers an easier way to support our ministries. Our electronic contribution program is an automatic funds transfer program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash! **Here's how it works** you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church's account. You can also specify the frequency of the transfer to allow you to keep your check register up to date.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed in the mail, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The church will issue you a donation statement for your records, and bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund and/or our building fund. Designations to Missions or the Pastors Discretionary Fund can also be made. Of course you can cancel your authorization of transfer at any time by notifying us in writing. We believe that once you have enjoyed the convenience and savings of this program, you won't want to go back. **Contact the church office now!**

### **Church Wish List**



Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Below are some items that will better enable us to fulfill our mission as a church:

- ✚ Pave the North Parking Lot - \$400,000  
(Received \$130,000 so far)
- ✚ Playground - \$20,000-40,000
- ✚ Stained Glass for upper Sanctuary windows  
\$105,000 (\$3,000 per panel)
- ✚ Organ Pipes
- ✚ Building Fund Loan Payoff
- ✚ Food Bank Building—\$200,000



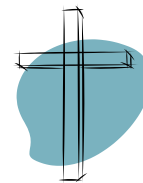
### **Need Help With Your Taxes?**

Tax preparation help is available **for those struggling to prepare and to pay preparer fees** for federal and state tax returns.

A GCUMC member volunteer will again be willing to assist you in that process. Appointments are now available. Make an appointment by visiting the Church Office or by calling 480-982-3776.



## Pastoral & Congregational Care



Sometimes we can be so hard on ourselves and the people we love. Why is that? I'm afraid I don't have the answer, but I can say I've seen many cases where people have been overly critical of the ones they are supposed to love the most. Husbands criticize wives, wives criticize husbands, parents criticize their children...and unless and until the cycle is broken, these situations can cause extreme damage to a person's self-esteem.

Self-esteem is confidence in one's own worth or abilities. People with high self-esteem know what their abilities are and respect themselves for the person they have become. On the other hand, those with low self-esteem lack confidence in their own abilities and often suffer from self-hatred, which can also lead to depression. Having low self-esteem can be dangerous not only to those who suffer from it, but can also be detrimental to those around them, as low self-esteem can sometimes lead to violent behavior. One young woman suffering from low self-esteem said it this way:

*I used to beat myself up for everything, even when I'd do a good job. Because, you know, I could always do better. I also used to say "I'm sorry" when a) I wasn't sorry and b) at the weirdest times, like when someone would bump into me or when I'd want to express a difference of opinion. And any time I'd make a mistake, big or small, I'd feel like I just committed a mortal sin. All mistakes were magnified and the guilt and shame made me want to crawl under a rock. Making mistakes became a gnawing cycle that also chipped away at my already unstable self-esteem. Saying no to someone was painful, and there were many times that I just wanted to be alone. My low self-esteem led to several toxic relationships, extra stress and a sinking mood. And along the way, I just didn't enjoy myself as much as I could have.*

People with low self-esteem are typically sensitive to criticism, socially withdrawn, hostile, experience an excessive pre-occupation with personal problems, and often exhibit physical symptoms like fatigue, insomnia, and headaches. They may also be self-critical and prone to negative thoughts about themselves and/or their abilities, and often feel worthless, which can lead to poor performance academically, professionally, and even personally.

So what can we do if we or someone we love is suffering from low self-esteem?

- **First, we can pray...not only for but with the person who is dealing with low self-esteem.** The power of prayer cannot be overstated. When we pray to God and ask God to help our loved one with his/her self-confidence, we are asking the great physician to intervene in ways we know we humans cannot.
- **Second, we can help boost our loved one's self-esteem by affirming their value, not only to us but to God and the world.** We know from scripture that we are valuable to God. Genesis tells us **we were all made in God's image...that in itself is an awesome thought, isn't it? And in Psalm 8, we read that God made humans "a little lower than the angels."** We are indeed valuable to God...but when was the last time you told your loved one that he or she is valuable to you? When did you last tell him he is handsome, or she is beautiful, or smart, or clever, or talented, or caring, or generous? When was the last time you thanked her or him for doing something kind, like preparing a meal for you? Sometimes the smallest action or compliment can not only boost our mood, but also our overall self-esteem.
- **Third, we can recognize that improving one's self-esteem is not an easy fix.** Often people with low self-esteem need to talk to someone other than their spouse, parent, or other loved one in order to start feeling better about themselves. People with low self-esteem may need to seek help from a psychologist, a professional counselor, or a pastor.

If you think you or someone you love is suffering from low self-esteem and would benefit from talking to someone in our church, we urge you to contact our Director of Congregational Care. She or one of the Pastors would welcome the opportunity to help you or your loved one understand why he/she feels the way they do and offer more ideas on boosting **one's self-esteem. We don't have to live with the notion that we are worthless, because we're not.** God loves us all and wants us to be happy and healthy, not just physically, but emotionally and spiritually. We pray you will call upon those of us at the church who can offer additional help.





## ARE YOU IN NEED OF PRAYER SUPPORT OR A PASTORAL VISIT?

If so, please call Jody Topping, Director of Congregational Care, either at the church office (480-982-3776) or on her cell phone (480-766-9272).

Our Congregational Care team is available to visit and pray with you whatever the reason. If you would like to receive prayer prior to surgery, please let us know when and where the surgery is taking place. We will also wait with your loved ones during your surgery if desired. If you or your loved one is hospitalized, let us know so we can visit and offer **prayer support**. And, if you're dealing with the death of a loved one or a crisis in your life, please call us so we can walk that journey together. No matter what the reason, we're here to help.

## SUPPORT GROUPS

### MIND MENDERS

Meets on the 2<sup>nd</sup> & 4<sup>th</sup> Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us. *Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.*

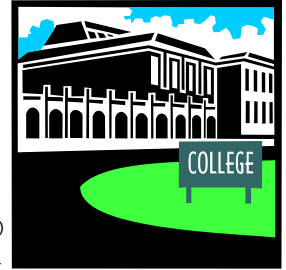
### CANCER

The cancer support group is back! This active group meets weekly on **Wednesdays, at 11 am, in Rm 101/102**. The group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For additional information please call: Dee Ashe at 480-924-5483, or 480-685-7175; email: [deenashe7580@gmail.com](mailto:deenashe7580@gmail.com).

### GRIEF

This group meets **every Tuesday** from 11 am to noon in the Sea of Galilee Room - Ed. Bldg. Rev. Bob Deits leads the group the 1st & 3rd Tuesdays of the month, and Parish Nurse Sue Malloy the 2nd & 4th Tuesdays of the month. The group is open to anyone who has experienced a major loss such as the death of a loved one, divorce or job loss. If this fits you or someone you know, this group will provide great help. For more information call Bob at 480-396-4838.

## Scholarships Available for the 2014-2015 School Year!



The GCUMC Scholarship Committee is pleased to announce the availability of funds to those seeking financial assistance for the coming 2014-2015 school year. Brochures, application forms and criteria for eligibility regarding these scholarships are available in the church office, or at the Information Center on Sunday mornings. Completed application forms, along with the required supplemental information, **must be turned in to the Church office no later than March 17th**. Applicants will receive written notification from the committee, of any scholarship award, by May 1st.

### Donations Always Being Accepted for Student Financial Assistance

Have you ever considered financially helping a student to advance his or her education and/or career training but weren't sure how to go about finding qualified applicants? If so, GCUMC can now be of assistance. A scholarship program has been established to help students, young and not so young, with their financial needs. There are established criteria that must be met before a potential recipient may receive any available funds.

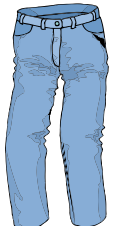
Brochures describing the criteria, along with more details about the program, are available at the Information Center in the narthex.



### Genesis Project, Homeless and Other Families In Need Of A Few Items

**Tents** are needed, to be distributed to the homeless. New or used! If you can donate one, please contact Gail at 480-268-0918, or drop it off at the church office.

The Genesis Project, where we help feed the homeless and clothes are distributed, is in dire need of **men's jeans** - used or new - sizes 34 - 40. If you can donate jeans, please bring them to the office and mark them for Genesis. AND **Thank you** to the generous donor of the washing machine for Genesis. You are all a blessing to this mission.





## Global Missions

"The world is my parish." –John Wesley

*"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."*



### Let's Save 2014 Lives in 2014! *Imagine NO Malaria!*

Just \$10 saves a life! \$10 can save the life of a malaria victim or prevent the disease entirely! Gold Canyon United Methodist Church Administrative Council has set the goal of saving **2014 lives in 2014** through our Easter Offering.

As Christians we hear the call of Christ to reach out with healing ministries to those who are ill.

**Imagine No Malaria** is part of the Global Health Initiative of the United Methodist Church aiming to combat malaria with the goal of eradicating it from the planet in the next few years. This effort uses a variety of approaches, including bed nets, medication, eliminating mosquito breeding areas, and educating the public. Numerous health and medical entities are combining their efforts in this initiative.

The Imagine No Malaria initiative is creating a powerful foundation that will build a stronger and more broad-based community health infrastructure in the fight against malaria. The Journal of the American Medical Association says that malaria remains the greatest single cause of debilitation and death throughout the world. 90% of deaths caused by malaria occur in sub-Saharan Africa, where Imagine No Malaria efforts will be concentrated.

Malaria is an acute or chronic disease caused by the presence of sporozoan parasites in the red blood cells, transmitted from infected person to uninfected person by the bite of **anopheline mosquitoes**, and characterized by periodic attacks of chills and fever that coincide with **mass destruction of blood cells** and the **release of toxic substances by the parasite** at the end of each reproductive cycle. It's the fever, destruction of blood cells, and release of toxic substances that proves fatal for so many children, as many as 3,000 people per day, primarily children under five years of age and pregnant women.

As Christians we are called to pray for one an-

other, including our brothers and sisters in Christ who live in Africa. We are also called to be generous toward others with our gifts. In our Easter celebration of Christ's victory over sin and death, let us give generously to our offering for Imagine No Malaria.

Save a life for \$10. Save a life in honor of a friend or family member! Save a life for each decade that you have enjoyed life! Save a life to celebrate a birthday, anniversary, or other special occasion! How many lives is God calling you to save through your gifts?



### Save the Date!

The Global Missions Committee invites you to a complimentary brunch on **Saturday, March 1st at 10am.**

This will be an opportunity to hear more about the life-changing impact of the mission work team experience on those who went on the 2014 trip and learn more about 2015 mission work trip plans.



### ALL THE WAY FROM COSTA RICA





## Local Missions Moment

By Colette Bos

Over the last 25 years the Local Missions work area has grown from a few very small and specific projects, like milk for school children and Christmas for two families, to projects reaching more than 10,000 people all the way to the US/Mexico border! A partial list of what we did as a group of believers last year - served 9,500 clients through the food bank and more than 40 families with blessings at Christmas. Through your generous giving 10 families were saved from eviction, 14 children received school clothes after escaping home fires or domestic violence, and hundreds of hungry homeless people received hot meals each month.

There are many groups who work under the umbrella of Local Missions. You may be very familiar with some and not so with others. Any donation to Local Missions can be specified for one of the areas listed below or can simply be identified for Local Missions and the money will be allocated to the areas of greatest need.

- *Christmas Families* – Holiday help for families with school age children
- *Food Bank* and *Sadie's Pet Food Bank*
- *Genesis Project* – Meals for the homeless
- *Habitat for Humanity*
- *Honey Do* – Volunteers to help with small jobs around the house
- *Sidewalk Children's Ministries*
- *St. Andrew's Clinic*
- *Primera Iglesia* - Food bank support
- *Quilters*
- *Rent, utility and emergency financial support*
- *Children's Book Ministry*

The Food Bank has outgrown its home in the sanctuary that was originally designed to be two offices. Every nook and cranny of storage space upstairs and outside is used for surplus and the large freezers and refrigerators are making it a pretty tight fit these days. The new master plan for the church includes an additional building, part of which will be a new home for the Food Bank which can be built as soon as the money is raised. The cost of this new facility is estimated to be \$275,000. Any contributions to this project should be specified as the **FOOD BANK BUILDING FUND**. We are excited to see this dream come true for our community!

The members of the Local Missions Committee and all the volunteers they represent want to thank you for being a part of the wonderful outreach ministries that truly are the hands of Jesus to those who need to feel the touch of grace and the see light of hope. What a wonderful anointing is upon this church and those who are blessed by your giving.



### Current UMCOR Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of donation goes to those affected.

Philippines, Typhoon Disaster Relief ~ Advance #240235

Imagine No Malaria ~ Advance #3021190

Wings of Caring - Projects ~ Advance #08595A - Supports evangelism, education, transportation & medical emergencies in rural areas

Midwest Emergencies - Projects ~ Advance #901680 - Responding to emergency victims of tornado, flood, etc.

Disaster Response, International - Projects ~

Advance #982450 - Quick response to meet emergency needs around the world.

Japan Emergency - Earthquake & Tsunami ~

Advance #3021317

Liberia Emergency ~ Advance #150300

Cote D'Ivoire Crisis ~ Advance #982450

U.S. Disaster Response - Spring Storms ~ Advance #3021326

For more ways to help, or to donate online, go to: <http://new.gb-gm-umc.org/umcor/> -  
Or follow UMCOR on Twitter at @UMC\_UMCOR





Jane Hayes, Volunteer Coordinator

GCUMC  
982-3776

## Volunteers Do Make a Difference March

### A DAY OF MUSIC APPRECIATION

February 16th

A personal note of thanks to those of you who brought dishes for our Musicians Buffet! Our musicians are among the BEST! We are so fortunate to have the variety of music offered by our church family.

RAK, "the random acts of Kindness Foundation" had its annual celebration the week of Feb 10-16th. I am so intrigued by their simple "science" behind kindness. Their philosophy is that it is more than just a nice thing to do; it's also beneficial to overall well being. Being kind improves society by boosting health, happiness and societal goodwill. (We can all use more of this). Not only does kindness have a positive effect on the recipient, but also on the giver. AND perhaps the biggest effect of all will be on a passer-by who just happens to witness the act.

Perhaps you could make use of some of their suggestions in the month of March: **1)** Smile at one extra person; **2)** Eat lunch with someone new; **3)** Make sure to say I love you or give someone special an extra hug; **4)** Send an electronic card or handwritten note as a compliment; **5)** Try some new vegetable or fruit or even a healthy recipe; **6)** Attempt to park your car a little further away than normal to allow someone who needs a little more ease a treat; **7)** Clean out a closet and donate to a shelter, non-profit or animal shelter; **8)** If you feel generous, make a contribution to offer to help pay for someone in line at the check-out or drive-thru.



Do you have the time? If you can help with one or more of the following volunteer needs, PLEASE **complete and place this form in the collection plate, at the Information Center,**

**or church office, 480-982-3776.**

**Time**

**Job**

**30 + minutes**

**Hospitality**

**75 min.**

**Shut-in Meals**

**40 min.**

**Greeter**

**60 min.**

**Bake Cookies**

**240 min.**

**Office Receptionist**

**Name** \_\_\_\_\_

**Phone** \_\_\_\_\_

If you are willing  
to participate  
as a volunteer  
using your  
spiritual gifts,  
please do.



**WE WELCOME YOUR  
HELP!**

**Please call 480-982-3776  
and let us know**



## "Honey Do" Home Ministry

***Call us to see what we can help with...you might be surprised!***

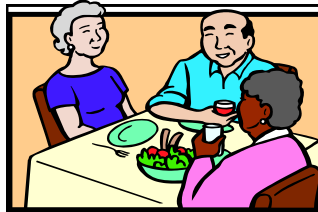
We can assist anyone needing repairs around their home. Who might that include?

- ♦ Someone who needs minor repairs around the home but has little or no resources.
- Those needing repairs but not having the tools or expertise to complete them alone.
- ♦ **Those who don't have the time to complete repairs themselves, yet need them done quickly and professionally.**



We can do jobs like changing smoke detector batteries, leaky faucet repair, replacing a faulty outlet, replacing a door lock or other small projects. Referrals or requests can be

made at: [goldcanyonhoneydo@att.net](mailto:goldcanyonhoneydo@att.net) or by calling John or Nancy at 907-232-8203. Still need male and female volunteers with various skills!



## Desert Diners Dinner For 8

If you are interested in meeting new friends and enjoying a meal together once a month this will be something you will want to sign up for. Each group will have 8 people (4 couples but singles are certainly welcome). If you want to be a part of a group, please email me your names and contact information and I will make sure you are included in a group [carollindaman@gmail.com](mailto:carollindaman@gmail.com).

## Citrus Gleaning for the United & GCUMC Food Banks



We'll probably run for another couple of weeks. Those carpooling to The Groves near Power Road and Baseline, meet in the south parking lot at 8:30 am each Friday morning thru March. For details, call Terry Parsons 480-982-6578.

## GCUMC Permanent Endowment Fund

Benjamin Franklin said something like this, "The only things for certain are death and taxes." One can make many observations and arguments about this but the basic point is sound, that all humanity has certain things in common and not living forever is one of them. Therefore, it follows that everything we have will sometime in the future belong to someone or something else. Therefore, the real question is *"will we determine what will happen to our possessions, or will it just happen?"*



During my tenure as chairman of your permanent endowment committee, I have learned how GCUMC functions and how we relate to our Desert Southwest United Methodist Conference. One of the resources we have available is the Desert Southwest United Methodist Foundation (DSWUMF). The DSWUMF has financial planning capabilities that it would be very difficult for a local church to match, and I want to share with you some of them. These capabilities can facilitate some creative decisions for you and your family, and possibly **save on taxes as well**. Let's look at just a few in the **immediate gifts** category. You could—donate your home or real property to our church, receive an immediate tax deduction, and avoid capital gains taxes; designate the church as the beneficiary or owner of an insurance policy as a future gift to the church; make a retained real estate gift, designating the ownership of your home to the church while continuing to occupy it for your lifetime; gift appreciated securities which avoid capital gains taxes and earn an income tax deduction; and other ways.

**Deferred gifts** include having a bequest in your will, a living trust, or a charitable gift annuity. With a charitable gift annuity you can enter into a contract with the DSWUMF, DSWUMF pays your designated annuitant a regular fixed payment for life, then distributes the remainder to your church. There are also tax benefits to this. **Life income gifts** include Charitable Remainder Trusts, providing fixed income for your lifetime; Charitable Remainder Unitrust, a hedge against inflation; and a Charitable Lead Trust that can reduce gift and estate taxes. Many of these are complex and of course must be accomplished in compliance with all tax regulations. This is what the DSWUMF can help you do. If any of this sounds like it would work for you, please **contact Pastor Fred in the Church Office or Wally Quanstrom, Chairman of the Permanent Endowment Committee, at 630-309-3298**. One last thing - you can designate your gift for any purpose within the mission of our church that you would like. There is no charge for consultation.

## Thinking Theologically with Jody Topping



*You are the salt of the earth... You are the light of the world.*

(Matthew 5:13, 14)

A couple of months ago I was asked to preach at one of the mobile home parks in the area. As I was considering what to preach about, I was drawn to Jesus' Sermon on the Mount, and specifically the verses about salt and light. In Matthew 5:13 Jesus says to his followers "You are the salt of the earth." This seems like a pretty odd thing to say, doesn't it? I can understand being compared to light, but salt? How many of us are really drawn toward salt? In fact, how many of us avoid salt like the plague because of health concerns? I suspect there are many of us who don't think of salt as being very valuable. And yet, Jesus tells us we are the salt of the earth... ever wonder why?

Well, in Jesus' day, salt was a very valuable substance. It was not only used as a preservative back in the day when there were no refrigerators or freezers, but it was, in some cultures, used in religious rites and as currency. Yes, people were actually paid in salt!! Over time, as technology has taken hold and things like electricity, and other means of preserving foods became commonplace, salt has lost its value...so much so that a container of salt only costs a small amount of money.

But when Jesus was preaching to the people thousands of years ago, salt was held in high esteem...and Jesus knew that. So he said to the people that day, "You are the salt of the earth." Notice the language Jesus uses: he doesn't say "You can be the salt of the earth," or "In order to be the salt of the earth, you need to do these things..." No. Jesus says very clearly, "You ARE the salt of the earth", and since salt was a very valuable commodity in those days, what Jesus is really saying is that we are valuable...not only to God, but to each other.

Now, when was the last time you felt valuable? Maybe you're one of the lucky ones who feel valuable all of the time...and if you are, I suspect it's because you are frequently affirmed by those you know and love. You are probably told that you are good looking, or talented, or generous, or compassionate, or loved. And if you're one of those people, that's awesome! We all should be so lucky. But if you're not one of those people who receive affirmations from the people you know and

love, or if you're one of those who hears things like "you're stupid" or "you're ugly" or "you have no talent" or "you have no common sense," then Jesus is telling you that those people are wrong.

I remember when I was a child, there were times when I felt like I wasn't very valuable. My mom and dad were doing their best to be good parents, but looking back, I think there were times when they were just overwhelmed with the things they had to do in order to support their family and raise their children. I don't think they intentionally meant to criticize me, but sometimes that's what it felt like. Looking back on that time in my life, I wish I had understood Jesus' words in the Sermon on the Mount.

By saying that we are the salt of the earth, Jesus is telling us that we are valuable...but he doesn't stop there. He goes on to say we are also the light of the world, and as such, we are to let the light that is in us (that is, the light of Christ) shine so the rest of the world will not only see it but will absorb it into their own souls. Because we are of such great worth to Jesus, he trusts us to let His light shine into the lives of those around us. Isn't that a wonderful thought?

So the next time somebody says "pass the salt", why not affirm who they are as valuable people of God...may your days be filled with many blessings and an abundance of salt!! God bless...Jody



### BIBLE BANTER

Meets every Monday,

9:30-10:30am

Mountain Brew

Coffee House

6832 S Kings Ranch Rd #5

(near the NW Corner of  
US 60 and Kings Ranch Rd)

Join us for coffee and stimulating conversation as we discuss ways we can live as faithful Christians in today's world. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!! All are welcome!







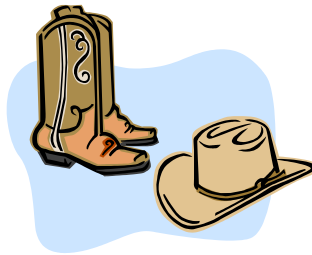
## A Note From Bob...

### Country Western News

We hope you made it to the Houser concert and enjoyed the show. What a crowd!

The Country Western worship schedule for March is back to normal. This means that our very own *One In the Spirit* will provide the music on March 2, 9, 16 and 23rd. The Houser's will provide the music on March 30th.

All services are held at 5 PM in the Koinonia Room. Whether you wear your boots and hats or come as you are, we hope to see you there for some rousing music, family, fun and fellowship.



## Experienced Chain Saw Operators Needed



Desert Southwest Conference is seeking volunteer experienced chain saw operators ("sawyers") to support Conference Emergency Relief Team (ERT) and other efforts. If you have a gas chain saw and would like to participate, please contact the below persons for details:

- Jim Reeves ([jim44@cox.net](mailto:jim44@cox.net); 602-625-4611) or
- Roger Harlow ([captntop@msn.com](mailto:captntop@msn.com); 928-533-4124)

## Sunday Snacks ~



Coffee hour at GCUMC comes complete with lovely snacks, overseen by Grace Markert and assisted by other volunteers. You have no doubt noticed the appealing platters of fresh fruit and cheese in addition to a variety of sweets that are available to accompany your coffee. Everyone is welcome to enjoy the coffee hour tables.

There is no charge, however, your contributions of change and folding money are important to the continuance of this hospitality. Please help keep this aspect of our Team Outreach welcome alive with your contribution!



## Our Church History

### History Committee Update: Early Church Memories

#### More Memories from Lorraine and Victor Phillips

I once heard someone say that singing is "praying twice" and no one can make us believe it better than our great choir led by our beloved perfectionist, Douglas Benton. They can cause spiritual goose bumps! Maybe they are giving us a sneak peek of Heaven's choir!!

The best I left for last...Pastor Fred Steinberg's sermons. His calling must have been direct in his sophomore year of college. With God's inspirational guidance he leads his church family with very interesting sermons with care and grace. We NEVER tire of his messages of truth and hope. They are uplifting, mentally challenging and soul searching that leave us with a desire to be the "church" our in the world all week. He even asked us to be Christians in the church parking lot!!! His lovely wife, Beth, is a great asset to our church also. In many capacities she silently serves and critiques his sermons. I refuse to imagine how a community would be downgraded without the influence of Christian believers and workers for God's Kingdom.

I dare not mention the great number of Christians at Gold Canyon United Methodist Church who have blessed us in so many ways and hopefully we have been able to give a small measure back.

We wanted to give back something when we celebrated our 60<sup>th</sup> wedding anniversary and we chose the saguaros that you have seen planted on Kings Ranch Road on the east side of the church. They stand close to one another, yet not quite touching. It is as if they cared deeply about each other but respected one another's individuality as if they were one and yet separate. We wanted to share our joy with the church family. We came upon these cacti that shared one root and we knew we had the perfect gift.

# SIGN UP NOW!

*Professional Portraits*

## Directory Photo Sessions Extended into March



Our February photo session was again a great success with members and regular winter attendees participating in our upcoming pictorial directory. Request for the photo session appointments exceeded our February schedule. Lifetouch has added two additional dates in March to accommodate the demand.



### **March Dates and Times** are as follows:

Monday	03/03/2014	11:00am - 6:30pm
Tuesday	03/04/2014	10:00am - 5:30pm



### **Scheduling can be completed in a variety of ways:**

Our website is a convenient way to review available appointments and schedule your photo session. Schedule online and receive a \$10.00 coupon with the appointment email reminder. The instructions for online scheduling are as follows:

- 1) Go to the GCUMC website [www.goldcanyonumc.org](http://www.goldcanyonumc.org)
- 2) Click on the "News & Events" at the top of the home page (not one of the drop-down options, click directly on "News & Events")
- 3) Scroll down to "Church Photo Directory Signups"
- 4) Click on the blue "Be part of our family album PORTRAIT SIGN-UP" button to the left of the text narrative (a hand will appear when you hover the button/picture, meaning you can click on this link)
- 5) Please then follow the step by step instructions on the Lifetouch site

*\* We will be scheduling sign-ups after each Church service while appointments are available.*

**"In Memory Of" & "Military Page"** ~ Our directory will include an "in memory of" and a "military page". Please contact **Kathy Weigel at 480-466-4075 or Lucy Kidwell at 480-659-9344 by March 4th**, and they will let you know the best way to submit your information.

**Note** ~ If you have had a recent photograph taken by Lifetouch, we can include that photo in our directory. Please contact Lucy Kidwell **by March 4th**, for further information.

**Photographs for Shut-Ins** ~ We continue to take photographs of individuals (shut-ins) who are unable to come to Church for their photo session. Please contact Kathy Weigel, **prior to March 4th**, if you or a family member is unable to schedule a photo session at the Church.

**Volunteers are still needed for our March** photo session and your participation over these past months has made this directory a success!

***Please contact Kathy Weigel at 480-466-4075 or Lucy Kidwell at 480-659-9344 with questions, or if you can volunteer.***

### **ONLINE GIVING AVAILABLE!**

You may give a one-time or recurring donation online by logging on to our church website at and selecting "Click to Give". You will then be guided through the steps to get set up. It's easy, convenient and costs nothing! [[www.goldcanyonumc.org](http://www.goldcanyonumc.org)]



# Healthy Living

News from the Health and Wellness Ministry  
of Susan Malloy, Parish Nurse

✝ March 2014!



This article is focused on our men folk but women too can benefit from this wonderful food. God never ceases to amaze me as I search for insightful material to guide you in being your Healthy Best at any age. Maintaining your health and well-being is crucial to keeping your independence and enjoying your later years. It is a wise person who early on plans ahead and starts making changes in their diet and activities to assure a healthy long life, but **starting later is ok too, as the old saying goes "better late than never".** As I was praying for God's guidance on what to share with you this month, I ran across this information in one of my medically oriented emails that I use as research. Sharing the latest and greatest information on Health promotion is very important to me as I advocate going natural.

Dr. Geo Espinosa lists twenty two(22) references of either articles written about its benefits or Research that has been done to prove its effectiveness. So what am I talking about? The POMEGRANATE - this tangy, sweet fruit is great as a snack; can be sprinkled on salads or added to **other dishes and is one of the TOP FOODS for men's health especially prostate and cardiovascular health.** This fruit is legendary and in India is used in ancient Ayurvedic medicine and traditional remedies. Many of the world's religions use it in featured verses and imagery – a symbol of life and death, birth and eternal life, fertility and marriage, as well as abundance and prosperity. Whether you agree or not, people have been valuing this richly colored fruit for a very long time.

TEN health benefits associated with the Pomegranate:

**#1 Helps Erectile Dysfunction.** One study found that men who had mild to moderate erectile dysfunction experienced maintained improvement by drinking pomegranate juice daily long term use. **#2 Fights Prostate and Lung cancer.** Studies have shown that pomegranate extracts have the ability to slow the reproduction of prostate cancer cells and cause the cells to commit a type of cellular suicide, a process known as apoptosis. The ellagitannins in pomegranates fights the growth of new blood vessels necessary for nourishing prostate cancer tumors. If you are concerned about your prostate health or are battling cancer of that organ you may want to consider a supplement formulation. It has been noted that Pomegranates may also inhibit development of lung cancer. **#3 Slows PSA Doubling.** Pomegranate juice has been shown to help PSA levels. Researchers gave men with prostate cancer who were treated with radiation or surgery but had climbing PSA levels - 8 ounces of pomegranate juice each day. Prior to this, the men's average PSA had doubled every 15 months. By the end of the study, it was taking 54 months (4 1/2 years) for the PSA to double. Intake of the juice was also associated with 17 % increase in cancer cell apoptosis, as well as 12 % decline in the spread of the cancer cells. **#4 Helps Arthritis patients.** Both rheuma-

toid and osteoarthritis sufferers may benefit. A 2012 study demonstrated that pomegranate juice helps to prevent damage to the cartilage in the knee joints of animals with arthritis. For the rheumatoid arthritis patients, the extract reduces inflammation and joint damage. It was also noted that the extract of this fruit may help rheumatoid inflammatory disease by suppressing mast cells and basophils. **#5 Lowers Blood pressure and Cholesterol.** Adults who drank 1.7 ounces of pomegranate juice every day lowered their systolic blood pressure by up to 5% (that is the top number). Other studies showed that the pomegranate juice is useful in lowering LDL (bad) cholesterol and in preventing the buildup of plaque in the arteries. **# 6 Improves Heart Health.** In addition, this fruit inhibits platelet activity, which can help reduce the risk of cardiovascular disease. Patients with CVD were able to improve stress induced myocardial ischemia by drinking pomegranate juice every day for three months. **#7 Improves Recovery from Exercise.** You can improve your isometric strength by drinking pomegranate juice ( it's the ellagitannins from the pomegranate extract) after your workouts, according to the Research at University of Texas at Austin. **#8 Helps Brain Health.** The polyphenols in pomegranate juice may offer some protection from Alzheimer's Disease according to the researchers at Loma Linda University. Mice that drank the pomegranate juice learned tasks more quickly than those drinking sugar water and had 50% less accumulation of a protein believed to play a major role in the developing of Alzheimer's. **#9 supports immunity.** Experts say that daily consumption of pomegranate extracts or juice can support your immune system antioxidant, antimalarial and antimicrobial capabilities. **#10 reduces risk of type 2 diabetes.** Pomegranate seed oil is associated with improving insulin sensitivity, according to a study done on animals that suggests that it could reduce risk of type 2 diabetes. It can also improve the health of diabetic patients by reducing their risk for developing atherosclerosis.

Overall whether you prefer to eat it fresh, drink its juice or take supplement, the pomegranate is one of God's super-foods supporting your overall health & wellbeing. Aside from these 10 benefits for men, the fruit is full of vitamin c, e, and k and well as fiber, potassium, folate and niacin.

We can praise God for providing us with wonderful natural remedies for some terrible diseases. Contact me at 480-390-1496 for any questions or assistance in finding the best pomegranate products to suite your needs.

Blessings Of Health & Wellness,  
Susan Malloy RN BSN  
GCUMC Parish Nurse



# stephen MINISTRY®

March  
2014

## Elephant Stew

**Recipe-Elephant Stew** (by Carroll Groen)

1 medium sized elephant  
1 ton salt  
1 ton pepper  
500 bushels potatoes  
200 bushels carrots  
4,000 sprigs parsley  
2 small rabbits (optional)  
1 (6 oz.) bottle Red Hot



Cut elephant meat into bite sized pieces. This will take about 2 months. Cut vegetables into cubes (another 2 months). Place meat in pan and cover with 1,000 gallons of brown gravy and simmer 4 weeks. Shovel in salt and pepper to taste. Put in Red Hot to taste. When meat is tender, add vegetables. A steam shovel is useful for this. Simmer slowly for 4 more weeks. Garnish with parsley. This will serve 3,800 people. If more are expected, add the 2 rabbits - this is not recommended, however, as very few people like hare in their stew.

It's doubtful that most of you have the above ingredients lying around, the desire to expend the energy or to spend six months preparing any one thing, even if it were possible! But it is funny.

Seeing this recipe again made me think of a phrase a good friend of mine used to use quite often to drive the point home about how to tackle a problem. It is really a good analogy for problem-solving and almost gives you a mental image to help you decide where to begin (and maybe put at least a twinge of a smile on your face). A little silly, but makes a good point:

Question: *"Do you know how to eat an Elephant?"*

Answer: *"One bite at a time!"*

Has your life ever felt like a batch of elephant stew? Have problems, tasks, challenges, concerns, duties, needs, or life's every day "to do's" piled up on you to the point that you feel like you're tackling that batch of stew? If so, you're not alone. There are just some times in our lives

when we can feel overwhelmed. When these times occur, prioritizing what to do or where to go next can seem an insurmountable task.

This is when we need to consider tackling *"one bite at a time"*. But even though we might have a funny image in our heads of biting the elephant, and we know what this means, it can still be hard to get started in the right direction.



If you've ever felt this way, you might have experienced the blessing of having a friend or family member to bounce your problem off of. You might also, then, have experienced the positive results when that friend or family member was able to stand back a bit **from the situation you were dealing with...take a look at it from a different viewpoint...and offer you another perspective** which helped you immensely. It might have been as simple as them merely listening to you vent, as you talked your way to your own solution.

As Pastor Fred said in one of his sermons in February, **"we need fellow Christians to lean upon"** as we journey through life. Food for thought - a Stephen Minister can be that for you. If you think you would like to know more about what Stephen Ministers do, or request one, simply check the box marked **"Desire a Stephen Minister"** on the attendance pad, or call the church office and ask for Kim.

God Bless you always ~ Kim Shroyer

*You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!*

*- Isaiah 26:3*





Dear United Methodist Church,

I just wanted to thank you for adopting our family to bless us with all of your help

for Thanksgiving and Christmas. Our family really appreciates all of your help. Thank you for making Thanksgiving and Christmas be possible this year for our family. God Bless all of you...

#### A Huge Thank You.

This thank you goes out to all of those who help supply the food for the memorial luncheons, and to all the workers who do the set up and clean up. Without you, we could not provide this ministry for the families who have lost loved ones. The burden this takes off of those families at such a difficult time is a large one. So thank you again!!

Dear Prayer Shawl Group,

Your beautiful shawl is on my lap as I write you this morning. It is so very warm which feels so very good this cold day. What a lovely project you ladies have to help heal a broken heart...Thank you ever so much. Keep up the good work, the Lord's work - your friend in Christ.

Amy Johns

Pastor Fred, Pastor Bob, Doug & Staff,

Well, this was the greatest day imaginable. We can't thank you, and the Lord, enough. His presence was so real. Thank you for expressing God's love in such a thoughtful way, and for including Legacy in your great 25th celebration. Also, thank you for the generous love offering. We pray that you all, and our Lord, were pleased with Legacy's part. We miss you already, and look forward to 1-25-15. You all are the greatest.

Our deepest love and best to you,

Norm & Kay, Steve & Vicki, Doug & Melissa, & Mitch (Legacy)

#### **Deadlines:**

**April Roadrunner, March 10th  
Weekly Bulletin, Noon Wednesdays**

Your GCUMC Publications are brought to you by:  
Bill Atkinson, Dee Ashe, Georgia Kirkpatrick, and  
Kim Shroyer, with help from  
the Friday Bulletin Team,  
the Roadrunner Assembly Team,  
and many other volunteers along the way!

## **Easter Lilies**

*Easter is just around the corner and now is the time to order lilies for this year.*



Easter lilies **may be purchased for \$10.00** in Honor or Memory of someone you love.

To order an Easter lily(s), please fill out the attached order blank including payment for each flower ordered. The form, and payment, may be:

- \*\* Mailed to Gary Stemple, 8295 E Sweet Acacia Dr, Gold Canyon, AZ 85218-6998;
- \*\* Placed in the offering plate; or
- \*\* Left in the church office for Gary

Please make **all checks payable to "GCUMC"** and mark it "Easter lily" in the memo section. The Easter lilies will be placed in the Sanctuary and the Koinonia Room for your enjoyment on Easter Sunday. You may take your lilies home **after** the Sunday services.

#### **EASTER LILY ORDER BLANK**

Please order an Easter lily in Memory of:

Please order an Easter lily in Honor of:

Total amount attached (\$10 @): \$\_\_\_\_\_

Your name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Please call Gary or Sharon Stemple, 480-671-4307, if you have questions.

**Order Deadline is April 13th!**

**Lost & Found ~** Have you ever thought you lost something at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, etc. If you think your item may be with us, stop by the office.

## ***“Stitches Unlimited” or Quilts for St Andrews Clinic***

I can't believe it is already March! We have to get our quilts ready to send to St Andrews by the 6th of March. We have quilts ready to be quilted. Our quilts are usually no bigger than 40" x 60". That way we can use our domestic sewing machines to stitch in the ditch or meander or x the squares to quilt or you be creative. If you would like to learn to quilt these simple quilts we will be glad to provide some instruction. Bring your machine and we will get you started.



We meet on the **last Tuesday** of the month from **9 till about noon in room 101/102** behind the kitchen. We have simple ABC style quilt kits already cut with directions for putting them together. Come get a kit and sew with us or take the kit home and sew at your leisure. Bring the completed top back to us and we will put batting and backing with it, (unless you want to do that too). We make toiletry bags for St Andrews also. Those kits and directions are also available. We not only need sewers, but someone to iron bindings, cut squares and put kits together. Come join us!

We would also gladly take donations of fabric: cotton, flannel, denim, light weight corduroy, seersucker, and fleece in solids, tone on tone and kid friendly prints. Any size piece is usable. Donations of any quilts or crocheted afghans are also welcome.

Remember Matthew 25:40: "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me'".

***For questions or more info call Bonnie Becker at (480) 250 -9652***

## ***“Singles Moving Forward” (SMF)***

2014 Has Been a Great Season for  
Friendship and New Beginnings

**Come One, Come ALL SINGLES!**

Gold Canyon United Methodist Singles Moving Forward (SMF) invite you to join us.

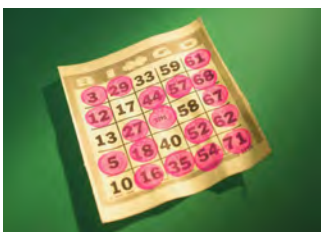
***Our next Social Event:***

***Saturday,***  
***March 8th, 5 pm***

Gold Canyon United Methodist Church  
6640 S Kings Ranch Road

***In the Education Building***

We will gather for ***good food,***  
***fun experiences, friendships,*** and the highlight  
of the evening will be ***Card Bingo!***



For More Info Contact:

Judy: 480-646-1713 /  
wellsjdth@aol.com

Donna: 480-671-3367 /  
girlydonna@msn.com



***SCRIP BUS & VAN FUND ~*** If your Bashas' Community Support Card is worn out because you use it so often, you can purchase a new one at the Information Center on Sunday mornings between services. The card, when reloaded and used, earns the church 6%. And the Fry's VIP card is all you now need *after you register it online* (pick up directions). There is also an Albertson's key tag that gets us 1% (it all adds up!). These funds go toward keeping our church bus and van running (gasoline, licenses, maintenance, etc.). The bus brings those individuals unable to drive to church on Sunday mornings, and both the bus and van are needed to transport all the youth/adults and supplies to the summer work retreats, as well as transporting our Sidewalk Children's Ministry children on Saturday mornings. The next item needed is a covered structure to protect them from the Arizona sun and heat.

Find out how you can use these cards to pay for your groceries at Bashas', Fry's and Albertsons, **at no cost to you**. Thanks for your continued participation.







## Habitat for Humanity - Winter 2014 Project!



We are looking forward to participating in renovating a home with a family in Mesa this winter as part of our membership in the Superstition Coalition of churches in the East Valley. The home has been purchased by Habitat, but needs significant work before it can be occupied by a Habitat homeowner family. This year we will be building for the Soto family, Bernadino, Ana and their 6 children. They currently live in a two bedroom apartment. The address of the Habitat home is 1459 6<sup>th</sup> Pl, Mesa, AZ.



We are excited about our opportunity to be part of this special ministry again. We still need a few more volunteers to work a Saturday in March. We are also in need of donations to continue this valuable ministry. Please mark your check memo: Habitat for Humanity, or make your contribution online at [www.goldcanyonumc.org](http://www.goldcanyonumc.org).

We will keep you posted as plans develop. Thanks so much for your ongoing support of this ministry. For info: Joe and Maureen Morton, 602-284-2826, MoandJoeM@aol.com



## **St. Andrew's Children's Clinic Collections Continue**

The time is near for our trip to St. Andrew's Children's Clinic in Nogales, AZ. The date is **Thursday, March 6th**. If you would like to experience this rewarding trip, a sign up sheet is on the bulletin board in the Narthex. Space is limited, so don't wait to sign up. In addition to the volunteers that participate, GCUMC provides much needed items from the wish list below. **If you have any questions please contact Alyce Ancell, 480-983-2510, Gail Crawford, 480-268-0918 or Teri Lukas, 480-274-3982.**



### **Please Help Supply Any of the Items Below If You Are Able:**

- |   |   |
|---|---|
| • AA batteries for speech                   | • Pediasure (generic ok)  |
| • Hearing devices                           | • Exercise balls for physical therapy (45 and 55cc)                 |
| • Benefiber                                 | • Powdered milk   |
| • Blenders                                  | • Prune juice-single serve size                                     |
| • Clorox wipes                              | • Receiving blankets  |
| • Disposable Diapers( small)                | • <b>Vitamins (children's with iron)</b>                            |
| • Disposable bibs                           | • Hand sanitizer and wipes  |
| • <b>Eyeglass frames (children's sizes)</b> | • Toiletry items (travel size toothbrush, toothpaste, combs, soaps) |
| • Hearing aids (used)                       |   |
| • Milk of Magnesia                          |   |



We would also request that you **collect small stuffed animals (new or used)** to be given to the children while they wait for their appointments. Please deliver any items to the church office **Immediately**.

In addition, we supply quilts made by our quilting group to the families.

## Prayer Shawl Ministry

This ministry meets at GCUMC twice a month throughout the Fall and Winter months. All knitters and crocheters are invited to come! So please watch for information in the Newsletter and Bulletins for our upcoming schedule. Please join us to make shawls and lap robes to give to members of our church family who are ill or in need of comfort. Call Nancy Miller for details, 480-882-3226.



## GCUMC Calendar March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>2</u> 8 am Traditional Worship &amp; Adult Sunday School 9:30 am Traditional Worship &amp; Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship &amp; Pre-K Sunday School 12:30 pm Disciple V-Tonole's 3 pm GCUMC Choral Spring Concert/Agape Brass/ Handbells-Sanc 5 pm Country Western Worship 6:30 pm Youth-Ed.</p>	<p><u>3</u> 9:30 am Bible Banter-Mtn Brew Coffeehouse 11 am-6:30 pm Photo Directory/Pics Taken-Sanc Narthex (Sign up on-line) 3 pm Stephen Ministry-101/102 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon-101/102</p>	<p><u>4</u> 9 am Yoga-K Rm 10 am-5:30 pm Photo Directory Pics Taken-Sanc Narthex (Sign up on-line) 10:15 Chair Yoga-K Rm 11 am Grief Support-S of G 1 pm Food Bank Trng-K Rm 1:30pm Jesus in the Gospels-Feather Home 4:30 pm Youth Handbells-M 5:30 pm Confirmation Class-Youth Rm 6 pm One/Spirit Reh-K Rm 6 pm Team Outreach Mtg-101/102 6:30 pm Canyon Carillon-Sanc</p>	<p><u>5</u> 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-SoftG 11 am Organ Stop Pizza-Mesa 12 pm Girl Scouts S of G 1 pm Food Bank Trng-K 4:30 pm Pioneer Club-SoftG 5 pm Disciple IV-101/102 6 pm Fun w/ Music-M 7 pm Ash Wednesday Worship Service-Sanc</p>	<p><u>6</u> 9 am Yoga-K Rm 10 am CCR/AED Trng-M 10 am Where Moms Connect-Youth Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 4 pm Emotional Wellness Class-101/102 6:30 pm Where Moms Connect-Youth Rm 6:30 pm Lenten Study w/ meal-K Rm 6:50 pm Choir Rehearsal-M</p>	<p><u>7</u> 8:30 am Right Path Health Screening (tentative -TBa) 5:30 pm AA-101/102 7:30 pm Michelle Cann, Concert Pianist Concert-Sanc</p>	<p><u>1</u> 9 am Global Missions Brunch-K Rm 10 am Sidewalk Ministry Avalon Schl-AJ 2 pm Toast to Bette Armstrong-K Rm</p>
<p>9 8 am Traditional Worship &amp; Adult Sunday School 9:30 am Traditional Worship &amp; Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship &amp; Pre-K Sunday School 12:30 pm Disciple V-Tonole's 5 pm Country Western Worship 6:30 pm Youth-Ed.</p>	<p>10 8:30 am Food Bank Trng-K 9:30 am Bible Banter-Mtn Brew Coffeehouse 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon-101/102</p>	<p>11 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support-S of G 1:30pm Jesus in the Gospels-Feather Home 2 pm Lenten Study-K Rm 4:30 pm Youth Handbells-M 5:30 pm Confirmation Class-Youth Rm 6 pm One/Spirit Reh-K Rm 6:30 pm Canyon Carillon-Sanc</p>	<p>12 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-SoftG 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Fun w/ Music-M 7 pm Orchestra Reh-M</p>	<p>13 9 am Yoga-K Rm 10 am Prayer Shawl Group-101/102 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 1 pm Food Bank Trng-K 4 pm Emotional Wellness Class-101/102 6:30 pm Lenten Study w/ meal-K Rm 6:50 pm Choir Rhearsal-M</p>	<p>14 10 am Mind Menders-Rm 101-102 5:30 pm AA-101/102</p>	<p>15 10 am Sidewalk Ministry Avalon Schl-AJ</p>
<p>16 8 am Traditional Worship &amp; Adult Sunday School 9:30 am Traditional Worship &amp; Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship &amp; Pre-K Sunday School 12:30 pm Disciple V-Tonole's 3 pm Johnny &amp; Chris Rice Piano &amp; Cello Concert-Sanc 5 pm Country Western Worship 6:30 pm Youth-Ed.</p>	<p>17 9:30 am Bible Banter-Mtn Brew Coffeehouse 3 pm Stephen Ministry-101/102 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon-101/102</p>	<p>18 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support-S of G 1:30pm Jesus in the Gospels-Feather Home 2 pm Lenten Study-K Rm 4:30 pm Youth Handbells-M 5:30 pm Confirmation Class-Youth Rm 6 pm One/Spirit Reh-K Rm 6:30 pm Canyon Carillon-Sanc</p>	<p>19 9 am Beth Moore Bible Study-Educ Bldg 11 am Cancer Support-M 12 pm Girl Scouts S of G 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Fun w/ Music-M 7 pm Orchestra Reh-M</p>	<p>20 9 am Yoga-K Rm 10 am Where Moms Connect-Youth Rm 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 4 pm Emotional Wellness Class-101/102 6:30 pm Lenten Study w/ meal-K Rm 6:30 pm Where Moms Connect-Youth Rm 6:50 pm Choir Rehearse-M</p>	<p>21 5:30pm AA-101/102</p>	<p>22 7 am-2 pm Community Garage Sale-GCUMC South Parking Lot 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ</p>
<p>23 8 am Traditional Worship &amp; Adult Sunday School 9:30 am Traditional Worship &amp; Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship &amp; Pre-K Sunday School 12:30 pm Disciple V-Tonole's 3 pm Desert Bells Int'l Handbell Choir Concert-Sanc 5 pm Country Western Worship 6:30 pm Youth - Ed.</p>	<p>24 9:30 am Bible Banter-Mtn Brew Coffeehouse 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon-101/102</p>	<p>25 9 am In Stitches-101/102 9 am Yoga-K Rm 10:15 Chair Yoga-K Rm 11 am Grief Support-S of G 1:30 pm Jesus in the Gospels-Feather Home 2 pm Lenten Study-K Rm 4:30 pm Youth Handbells-M 5:30 pm Confirmation Class-Youth Rm 6 pm One/Spirit Reh-K Rm 6:30 pm Canyon Carillon-Sanc</p>	<p>26 8 am Newsletter Team-M 11 am Cancer Support-Rm 101/102 4:30 pm Pioneer Club-K Rm 5 pm Disciple IV-101/102 6 pm Fun w/ Music-M 7 pm Orchestra Reh-M</p>	<p>27 9 am Yoga-K Rm 10 am Prayer Shawl Group-101/102 10:15 Chair Yoga-K Rm 1 pm Disciple I-101/102 4 pm Emotional Wellness Class-101/102 6:30 pm Lenten Study w/ meal-K Rm 6:50 pm Choir Rehearsal-M</p>	<p>28 10 am Mind Menders-Rm 101-102 5:30 pm AA-101/102 7:30 pm Saxophobias &amp; the Side Street Strutters Jazz Band in Concert-Sanc</p>	<p>29 9 am Choir "Goodbye" Brunch-K Rm 10 am Sidewalk Childrens Ministry-Avalon Elem School AJ</p>
<p>30 8 am Traditional Worship &amp; Adult Sunday School 9:30 am Traditional Worship &amp; Child, Yth, 11th-College Sun Schl 10:50 am Praise Worship &amp; Pre-K Sunday School 12:30 pm Disciple V-Tonole's 3 pm GC Interfaith Choral Festival-GCUMC Sanctuary 5 pm Country Western Worship-w/ Houser Gang 6:30 pm Youth-Ed.</p>	<p>31 9:30 am Bible Banter-Mtn Brew Coffeehouse 5 pm Jesus in the Gospels-Feather Home 7 pm Al-Anon-101/102</p>					

### Key

AA=Alcoholics Anonymous  
101/102=Room 101/102  
Kit = Kitchen  
Sanc =Sanctuary  
Music or M =Music Room

Ed.=Education Building  
WOW=Witness our Wonder (Outreach)  
K = Koinonia Room  
SoftG=Sea of Galilee Room



# March Celebrations

## Birthdays

## Anniversaries

1-Mar Bettie Armstrong  
Stan Oolman  
Art Schlee  
Jennifer Adams  
2-Mar Dick Messmer  
3-Mar Shirley Bobier  
Brodie Broderson  
Nancy Denman  
Joe Graba  
4-Mar Kathryn Moore  
Claudine Nielsen  
Pete Peterson  
Peggy Tippie  
David Enerson  
Hailey Houseman  
Johnny Minatree  
5-Mar Nancy Bilensky  
Lavoyce Nolan  
6-Mar Arne Eisentraut  
Ellis Falk  
Sandy Pino  
7-Mar Henrietta Johnson  
Jonathon Sheridan  
Bobbie VanderRoest  
Mike Weaver  
Jackie Beam  
8-Mar Marjorie Finley  
Inge Fitzpatrick  
James Fleck  
Bob Norin  
Flo Junkermier  
9-Mar Richard Kinder  
Marva Masters  
Rex Smith  
Annin Frank  
10-Mar Mark Bird  
Dorothy Bose  
Richard Ervin  
John Lane  
Mary Catherine Myers  
Charlene VanSlooten  
Mylet Rush  
11-Mar Don Leach  
Dorothy Warren  
Erin Keenan  
12-Mar John Allensworth  
Nancy Bradshaw  
Beth Gordon  
13-Mar Carolyn Schlager  
Peg Wilson  
Jim Potter  
LaVia Merrick

14-Mar June Deits  
Charles Lang  
Lee F Nelson  
JoAnn Clark  
David Larsen  
15-Mar Loren Riley  
16-Mar Noreen Beatty  
Patrick Hughes  
Marilyn Pearson  
Pat Shroyer  
17-Mar Arline Hacker  
Elizabeth Miller  
Dave Wiebe  
Pat Wiebe  
18-Mar Jack Richter  
Beth Steinberg  
Julie Krull  
Karen Poppe  
19-Mar Gloria Sheridan  
John Toner  
20-Mar Cecilia O'Brien  
Tim Steinberg  
21-Mar William Bennett  
Ann Rasmussen  
Winona Eilers  
Esther Ann Brown  
22-Mar Paul Fillion  
23-Mar Lori Bachler-Palmer  
Monty Gingrich  
James Morganegg  
Hope Minatree  
Brooke Hartman  
24-Mar Gordon Gavin  
25-Mar James Primeau  
Joyce Scharringhausen  
26-Mar Gary Mueller  
Wendy Rhymes  
Barbara Kennedy  
27-Mar Velma Carlson  
Barbara Sebring  
28-Mar Neil Johnson  
30-Mar Ted Fite  
James Riedel  
31-Mar Joy Fite  
Nellie Moore



1-Mar Patrick & Wendy Whalen  
5-Mar Marvin & Gwen Murcek  
Steven & Linda Crane  
8-Mar Allen & Martha Bentley  
Paul & Robin Toner  
10-Mar Edward & Carol Adamski  
Rich Haraldson & Barbara Sebring  
11-Mar Gary & Betty Lou Hunter  
13-Mar Larry & Jean Graham  
14-Mar James & Charlene Van Slooten  
15-Mar Rev. Bob & June Deits  
18-Mar Gene & Roxie Kruscheck  
20-Mar John & Darla Martin  
21-Mar Gary & Diane Sauerbrunn  
Robert Louthan & Ruth Dutton  
Jeff & Crista Schaefer  
24-Mar Bill & Claudia McAuliffe  
William & Claudia McAuliffe  
Rex & Charlene Smith  
27-Mar Mike & Cheryl O'Donnell  
29-Mar Robert & Leslie Tabor  
30-Mar Harry & Lovena Warren  
Mark & Shirley Johnson  
Ranford & Dorothy Warren  
31-Mar Don & Linda Webber



*If your name isn't on this list (or you know of someone who should be),  
or if you find an error, please call the office with the information.  
We truly don't mean to make mistakes or to leave anyone out.*





### Gold Canyon United Methodist Church

6640 S Kings Ranch Road

Gold Canyon, AZ 85118

Phone: 480-982-3776

Fax: 480-671-0028

Office Email: [churchoffice@goldcanyonumc.org](mailto:churchoffice@goldcanyonumc.org)

[www.goldcanyonumc.org](http://www.goldcanyonumc.org)

Non-Profit Organization

U.S. Postage

PAID

Apache Junction, Arizona

Permit No. 64

#### GCUMC Staff

Senior Pastor	Fred A. Steinberg: <a href="mailto:revstein78@gmail.com">revstein78@gmail.com</a>
Associate Pastor	Fay Quanstrom: <a href="mailto:fay.quanstrom@gmail.com">fay.quanstrom@gmail.com</a>
Associate Pastor	Bob Deits: <a href="mailto:bobnjune@cox.net">bobnjune@cox.net</a>
Director of Congregational Care	Jody Topping <a href="mailto:jody@goldcanyonumc.org">jody@goldcanyonumc.org</a>
Director of Education	Katharine Keller <a href="mailto:ladiebug1214@gmail.com">ladiebug1214@gmail.com</a>
Director of Music Ministries	Douglas J. Benton <a href="mailto:bellmaster@earthlink.net">bellmaster@earthlink.net</a>
Associate Director of Music	David Ballard <a href="mailto:ballardsaz@earthlink.com">ballardsaz@earthlink.com</a>
Associate Director Of Music	Cynthia Hoff <a href="mailto:cynthialeehoff@gmail.com">cynthialeehoff@gmail.com</a>
Director of Youth Ministries	Wendy Moore <a href="mailto:GCUMCYouth@earthlink.net">GCUMCYouth@earthlink.net</a>
Pianists	Carol Ballard/Linda Jones/ Marty Robison/Nancy Virden
Office Manager	Kim Shroyer <a href="mailto:churchoffice@goldcanyonumc.org">churchoffice@goldcanyonumc.org</a>
Administrative Associate	Dee Ashe
Volunteer Coordinator	Jane Hayes
Parish Nurse	Susan Malloy
Nursery Care Giver	Sherry Hussein
Facility Care-taker	Rick Ceynar

E-mail Prayer Chain: [gcumcprayers@mchsi.com](mailto:gcumcprayers@mchsi.com)



[www.facebook.com/goldcanyonumc](http://www.facebook.com/goldcanyonumc)



[@goldcanyonUMC](https://twitter.com/goldcanyonUMC)

Addressee or Current Resident

#### SUNDAY SCHOOL SCHEDULE

*Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.*

- ✝ 8:00 AM ~ Adult ~ Room 101/102
- ✝ 9:30 AM ~ Children
- ✝ 9:30 AM ~ Youth
- ✝ 10:50 AM ~ Children



#### Please Help GCUMC Save Postage!

Make the switch! Get your Roadrunner Newsletter by e-mail. You can receive it at multiple e-mails in the same household. Fill out your name(s) and e-mail(s) below. Place in offering plate, mail it to us, or turn it in to the church office. You can also e-mail us with your e-mail address at [churchoffice@goldcanyonumc.org](mailto:churchoffice@goldcanyonumc.org). Thanks!

1. Name \_\_\_\_\_ and

E-Mail \_\_\_\_\_

2. Name \_\_\_\_\_ and

E-Mail \_\_\_\_\_

#### WORSHIP SCHEDULE

**8:00 & 9:30 AM**

**Traditional ~ Sanctuary**

**10:50 AM**

**Praise ~ Koinonia Room**

**5:00 PM**

**Country Western ~ Koinonia Room**

*Childcare Provided at ALL Services*